

## ACTA DEL CAMPEONATO

### 10.000m FEM. AL

Pto	Dor	Nombre Club	F de Nac Lic	Cat	Orden	Marca
Final 18/03/2018 17:00						
1	316	Miriam Ortiz Rivas AA Catalunya	09/09/1984 CT11847	SF	15	<b>35:43.91</b>
2	378	(t) Laura Vilchez Sequera CE Irunwithleiva	09/03/1986 CL11791	SF	8	<b>38:00.17</b>
3	399	Laura Pelegri Guillem GA Lluisos Mataro	16/12/1993 CT17940	SF	6	<b>38:51.23</b>
4	315	Marina Garcia Gonzalez AA Catalunya	11/05/1997 CT21465	PF	10	<b>39:24.30</b>
5	342	Berta Estragues Higuero Avinent Manresa	18/09/1998 CT22516	PF	12	<b>39:50.51</b>
6	331	Anna Costa Reina CA Laietania	06/06/1997 CT25344	PF	14	<b>40:27.20</b>
7	321	Sandra Alonso Ruiz Barcelona At.	08/09/1980 CT14900	W-35	2	<b>42:13.43</b>
8	333	Eva Sans Cruces Lleida UA	21/04/1976 CT26981	W-40	4	<b>42:58.40</b>
9	406	Esmeralda Zaragoza Saez Martorell AC	03/04/1972 CT20411	W-45	13	<b>43:05.11</b>
10	367	Silvia Cedillo Costa CA Montornes	13/05/1978 CT23330	W-35	5	<b>43:44.85</b>
11	348	Antonia Royo Fabregat CA Tarragona	09/09/1964 CT27087	W-50	3	<b>47:58.84</b>
	400	Laila Ruth Vivas Glaser GA Lluisos Mataro	08/11/1995 CT20067	SF	11	<b>SM</b>
	341	Lorena Cubillas Flores Avinent Manresa	11/03/1996 CT20613	PF	9	<b>SM</b>
	360	Marta Mora Manzano CA Canovelles	22/04/1977 CT25654	W-40	7	<b>SM</b>
	343	Meritxell Soler Delgado Avinent Manresa	20/07/1992 CT17359	SF	1	<b>SM</b>



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Pto	Dor	Nombre Club	F de Nac Lic	Cat	Orden	Marca
<b>Final 18/03/2018 17:50</b>						
1	322	Abdelaziz Merzougui Nourdinne Atletismo Bikila	30/08/1991 CT17057	SM	15	<b>30:16.09</b>
2	416	Driss Lakhouaja Allah CA La Sansi	26/02/1972 CT5570	M-45	7	<b>30:36.64</b>
3	361	Carles Montllor Vegas Cornellà At.	15/01/1987 CT25251	SM	28	<b>31:15.57</b>
4	417	(t) Carlos Rodriguez Ordoñez CA La Sansi	25/10/1992 CL28324	SM	27	<b>31:22.04</b>
5	381	Alejandro Abellaneda Lopez JA Sabadell	15/04/1997 CT27803	PM	10	<b>31:27.25</b>
6	314	Jordi Pujol Dominguez AA Catalunya	30/09/1998 CT25656	PM	19	<b>32:01.96</b>
7	323	Alex Arellano Tresserras CA Baix Montseny	28/06/1996 CT24140	PM	21	<b>32:16.88</b>
8	388	David Campo Garcia GA Lluísos Mataro	05/04/1988 CT14710	SM	13	<b>32:51.10</b>
9	364	Eloi Cabezas Garcia CA Montornes	29/06/1995 CT22887	SM	12	<b>32:53.17</b>
10	365	Miquel Corbera Rubio CA Montornes	16/11/1999 CT23694	JM	9	<b>32:53.62</b>
11	384	Pedro Ordoñez Sobrado JA Sabadell	29/01/1972 CT8915	M-45	18	<b>32:55.82</b>
12	313	Gabriel Pombo Hillenius AA Catalunya	30/07/1999 CT23803	JM	8	<b>32:59.61</b>
13	434	Joaquim Garcia Romera U Colomenca At.	03/09/1997 CT21138	PM	17	<b>33:00.41</b>
14	433	Kevin Fernandez Cerrato U Colomenca At.	24/01/2000 CT24411	JM	3	<b>33:01.53</b>
15	353	(t) Pau Congost Sabater CN Banyoles	15/03/1991 CL15263	SM	25	<b>33:40.20</b>
16	411	Marc Castan Canillas Atletico Oroel	25/04/1992 CT24377	SM	26	<b>33:42.37</b>
17	336	Arnau Lopez Mazorriaga Avinent Manresa	27/12/1999 CT23138	JM	2	<b>33:45.71</b>
18	330	Ramon Linares Parareda CA Granollers	06/07/1992 CT16879	SM	24	<b>34:25.42</b>
19	370	(e) Mohammed Dairak CA Palafrugell-GiCB	03/06/1999 CT24166	JM	22	<b>34:42.94</b>
20	377	(e) Redouan Rouaz CE Irunwithleiva	23/03/1989 CT28134	SM	1	<b>34:54.14</b>
21	398	Dan Noah Vivas Glaser GA Lluísos Mataro	02/03/1999 CT24126	JM	29	<b>34:57.31</b>
22	362	Roger Abad Campins CA Montornes	30/08/1997 CT22568	PM	16	<b>35:03.17</b>
23	371	Mateu Navarro Masip ISS - L'Hospitalet	21/10/1996 CT22463	PM	20	<b>35:03.62</b>
24	379	Hugo Calvo Carbo JA Montcada	06/06/2000 CT23881	JM	4	<b>35:43.41</b>
25	401	(t) Isaac Valls Gimenez CA Lloret-La Selva	27/03/2000 CL27893	JM	5	<b>36:27.88</b>
26	432	(t) Sergi Diaz Ramirez U Colomenca At.	04/01/1991 CL16895	SM	11	<b>36:53.56</b>
	428	(t) David Fernandez Egea UA Terrassa	04/07/1996 CL27525	PM	23	<b>SM</b>
	332	Ahmed Hfairi Zannouti Lleida UA	15/05/1997 CT24449	PM	6	<b>SM</b>
	334	Toni Baños Tor Avinent Manresa	12/04/2000 CT23134	JM	14	<b>SM</b>





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10.000m MASC. AL

Final

Pto	Dor	Nombre Club	F de Nac Lic	Cat	Orden	Marca
<b>Final A 18/03/2018 18:25</b>						
1	374	(e) Lahcen Harbil CE Irunwithleiva	01/08/1976 CT22024	M-40		<b>32:32.78</b>
2	376	Juan Miguel Moreno Rivert CE Irunwithleiva	28/06/1976 CT24872	M-40		<b>32:32.83</b>
3	335	Manel Deli Andujar Avinent Manresa	02/09/1974 CT25181	M-40		<b>32:55.16</b>
4	423	David Gallego Arredondo UA Barberà	27/11/1977 CT20121	M-40		<b>33:25.10</b>
5	363	Albert Caballero Recio CA Montornes	14/04/1974 CT6870	M-40		<b>33:31.78</b>
6	347	Pedro Ortega Ridao CA Tarragona	12/10/1977 CT16079	M-40		<b>33:48.72</b>
7	425	Albert Reixach Comino UA Barberà	26/04/1976 CT22592	M-40		<b>34:06.10</b>
8	340	Sergio Verges Rocher Avinent Manresa	16/04/1974 CT27968	M-40		<b>34:19.58</b>
9	390	Abdelhamed El Harrak Tarfi GA Lluïsos Mataro	25/01/1978 CT26474	M-40		<b>34:41.39</b>
10	324	(t) Ricard Fernandez Carrion CA Baix Montseny	07/05/1974 CL20947	M-40		<b>35:00.40</b>
11	327	(t) Daniel Martinez Diaz CA Baix Montseny	24/11/1976 CL27243	M-40		<b>35:10.73</b>
12	382	Frederic Borrell Avila JA Sabadell	31/07/1975 CT15395	M-40		<b>35:29.84</b>
13	339	Mario Terre Vega Avinent Manresa	23/09/1975 CT25448	M-40		<b>36:10.59</b>
14	409	(t) Jordi Cruxent Cort CA Nou Barris	17/01/1976 CL26104	M-40		<b>36:18.66</b>
15	375	Javier Lopez Sanchez CE Irunwithleiva	30/10/1980 CT12445	M-35	5	<b>36:20.18</b>
16	403	David Francisco Castro Martorell AC	01/03/1979 CT19657	M-35	6	<b>37:24.86</b>
17	328	(t) Carlos Masvidal Hernandez CA Baix Montseny	24/02/1981 CL27809	M-35	2	<b>38:53.17</b>
18	338	Oscar Demetrio Shigue Velepucha Avinent Manresa	06/08/1975 CT27816	M-40		<b>39:09.51</b>
19	404	(t) Carles Salvador Valls Martorell AC	06/12/1973 CL26760	M-40		<b>40:42.53</b>
	346	(t) Oscar Gomez Carballo CA Tarragona	17/11/1976 CL28192	M-40		<b>SM</b>
	356	Alfonso Guillen Zurera CA Canovelles	11/09/1974 CT14593	M-40		<b>SM</b>
	354	Antonio Antunez Soria CA Canovelles	01/04/1980 CT27711	M-35	3	<b>SM</b>
	415	Antonio Godoy Caro Pratenc AA	23/04/1975 CT17689	M-40		<b>SM</b>
	320	Daniel Alonso Ruiz Barcelona At.	04/12/1978 CT5565	M-35	1	<b>SM</b>
	426	Daniel Rueda Naharro UA Barberà	27/03/1981 CT17227	M-35	7	<b>SM</b>
	373	David Guiamet Redondo CE Irunwithleiva	13/04/1980 CT22978	M-35	4	<b>SM</b>
	389	Francisco Coria Benitez GA Lluïsos Mataro	17/09/1973 CT27716	M-40		<b>SM</b>
	318	Jose Maria Cañadas Vazquez CA Castellar	12/12/1974 CT26692	M-40		<b>SM</b>
	325	Manuel Garcia Diaz CA Baix Montseny	07/07/1973 CT24591	M-40		<b>SM</b>
	402	Sergio Cinto Sabate Martorell AC	15/09/1973 CT20845	M-40		<b>SM</b>
	420	Victor Manuel Abad Romera UA Barberà	16/12/1977 CT21044	M-40		<b>SM</b>
<b>Final B 18/03/2018 19:10</b>						
1	337	Gerard Olivares Codina Avinent Manresa	24/01/1972 CT19960	M-45		<b>33:27.42</b>





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Pto	Dor	Nombre Club	F de Nac Lic	Cat	Orden	Marca
2	431	Enric Vila Ruiz UA Terrassa	10/05/1969 CT11660	M-45		<b>33:37.00</b>
3	437	Alexandre Tasies Llordes AA Xafatolls	17/05/1971 CT26863	M-45		<b>33:41.93</b>
4	368	(t) Sergio Cherta Chalmeta CA Gavà	09/03/1973 CL27439	M-45		<b>35:19.69</b>
5	383	Jose Maria Fernandez Martinez JA Sabadell	04/10/1972 CT18257	M-45		<b>35:37.42</b>
6	407	(t) Raul David Gonzalez Del Pozo CA Mollet	31/10/1972 CL26931	M-45		<b>35:46.75</b>
7	397	Albert Rosello Castañeres GA Lluísos Mataro	05/10/1971 CT27723	M-45		<b>36:05.37</b>
8	344	(t) Fernando Flores Montes CA Tarragona	17/06/1969 CL15201	M-45		<b>36:50.72</b>
9	372	Jose Reina Fernandez ISS - L'Hospitalet	08/02/1969 CT19452	M-45		<b>36:57.46</b>
10	413	(t) Pedro Chivite Garcia CE Picornell	25/06/1968 CL15955	M-45		<b>37:07.77</b>
11	387	Aleix Aznar Tornamorell GA Lluísos Mataro	23/02/1971 CT27715	M-45		<b>37:25.51</b>
12	394	Abdelkader Nabi Maiti GA Lluísos Mataro	22/06/1970 CT18429	M-45		<b>37:36.23</b>
13	349	Sergio Guzman Arroyo Cerdanyola C d'Hoquei	24/12/1971 CT26726	M-45		<b>37:53.03</b>
14	422	(t) Roberto Ferrero Pintor UA Barberà	08/01/1971 CL24939	M-45		<b>39:22.54</b>
15	421	(t) Toni Bermudez Martos UA Barberà	31/08/1969 CL27937	M-45		<b>40:48.20</b>
16	385	(t) Ricard Rubio Ribas JA Sabadell	27/05/1968 CL27980	M-45		<b>41:02.49</b>
	391	(t) Albert Lopez Font GA Lluísos Mataro	24/01/1970 CL12825	M-45		<b>SM</b>
	408	(t) Marc Tort Moreno CA Mollet	11/03/1971 CL21053	M-45		<b>SM</b>
	329	(t) Victor Manuel Morente Guerrero CA Baix Montseny	28/04/1971 CL27811	M-45		<b>SM</b>
	410	Albert Pascual Albareda CA Canyelles	08/01/1970 CT4426	M-45		<b>SM</b>
	351	Juan Jose Verdugo Notario Cerdanyola C d'Hoquei	15/01/1970 CT24478	M-45		<b>SM</b>
	358	Manuel Matutano Guerrero CA Canovelles	03/08/1968 CT25655	M-45		<b>SM</b>
	419	Pedro Jose Abad Romera UA Barberà	19/12/1971 CT21870	M-45		<b>SM</b>
	350	Xavier Pastor Manzano Cerdanyola C d'Hoquei	18/09/1972 CT24842	M-45		<b>SM</b>
<b>Final C 18/03/2018 19:55</b>						
1	396	Ferran Rey Roncero GA Lluísos Mataro	13/12/1967 CT27774	M-50		<b>36:06.62</b>
2	355	Jose Corral Rodriguez CA Canovelles	29/05/1965 CT22257	M-50		<b>36:24.77</b>
3	395	Alfred Redrado Gil GA Lluísos Mataro	11/02/1967 CT27722	M-50		<b>36:39.75</b>
4	319	Francisco Del Rio Alvarez AA Palamos	26/04/1960 CT18718	M-55		<b>37:12.13</b>
5	427	Josep Boada Batalla UA Terrassa	14/07/1961 CT18453	M-55		<b>37:25.27</b>
6	436	Manuel Parejo Macho U Colomenca Àt.	21/10/1963 CT2445	M-50		<b>38:45.38</b>
7	412	Francisco Vila Torremorell CE Penedès	29/09/1961 CT18241	M-55		<b>38:51.34</b>
8	380	Ildefonso Teruel Sanchez JA Montcada	12/11/1959 CT793	M-55		<b>39:39.61</b>
9	345	Jose Francisco Garcia Navarrete CA Tarragona	24/09/1967 CT3972	M-50		<b>40:02.50</b>
10	393	Francisco Molina Rubio GA Lluísos Mataro	01/06/1963 CT26152	M-50		<b>41:15.25</b>





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Pto	Dor	Nombre Club	F de Nac Lic	Cat	Orden	Marca
11	424	Jose Luis Martos Sierra UA Barberà	05/11/1967 CT28086	M-50		<b>41:54.00</b>
12	405	Juan Vaz Guerrero Martorell AC	27/10/1963 CT24034	M-50		<b>43:14.09</b>
13	357	Juan Ramon Martos Castro CA Canovelles	19/10/1958 CT26188	M-55		<b>43:14.80</b>
14	366	Javier Lopez Merino CA Montornes	10/10/1951 CT26418	M-65		<b>43:22.07</b>
15	435	(t) Eduardo Ines Barrios U Colomenca At.	24/05/1954 CL19112	M-60		<b>43:22.62</b>
16	392	(t) Jose Luis Martin Lopez GA Lluísos Mataro	07/12/1962 CL26676	M-55		<b>43:45.43</b>
17	369	Xavier Alfonso Estevez GEiE Gironí	25/12/1955 CT21818	M-60		<b>44:29.09</b>
18	414	Josep Gimenez Martin Pratenc AA	05/06/1948 CT19758	M-65		<b>44:33.27</b>
19	326	(t) Laureano Lopez Arza CA Baix Montseny	05/02/1958 CL25582	M-60		<b>45:06.42</b>
20	359	Antonio Torres Mora CA Canovelles	09/06/1955 CT24015	M-60		<b>45:23.51</b>
21	386	Albert Artigas Lloret GA Lluísos Mataro	17/04/1955 CT17935	M-60		<b>48:12.96</b>
22	430	Domingo Ortega Medina UA Terrassa	29/02/1948 CT17152	M-70		<b>53:51.39</b>
	317	(t) Francesc Fauria Capdevila CA Sant Celoni	12/04/1965 CL27004	M-50		<b>SM</b>
	429	Joan Manel Galan Elias UA Terrassa	20/10/1965 CT16106	M-50		<b>SM</b>
	418	Juan Pedro Crescenti Arnau Simply-Scorpio 71	29/06/1967 CT23259	M-50		<b>SM</b>
	352	Manuel Salvador Tarrason CE Universitari	17/01/1959 CT87	M-55		<b>SM</b>





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### 5.000m MASC. AL

Pto	Dor	Nombre Club	F de Nac Lic	Cat	Orden	Marca
<b>Final 18/03/2018 16:30</b>						
1	302	Jan Bayona Olive Avinent Manresa	28/12/2002 CT26900	LM	3	<b>16:20.20</b>
2	312	Jan Soler Prior UA Rubí	04/10/2002 CT27240	LM	7	<b>16:40.22</b>
3	307	(e) Youssef Azar CA Palafrugell-GiCB	03/04/2002 CT27551	LM	1	<b>16:47.04</b>
4	300	Marc Garriga Molina CA Castellar	07/10/2001 CT26283	LM	9	<b>16:49.32</b>
5	309	Youssef El Yazidi El Yakoubi CA Palafrugell-GiCB	28/11/2002 CT25994	LM	6	<b>17:39.44</b>
	308	(e) Zouhir Bachari Sadaki CA Palafrugell-GiCB	31/12/2002 CT27546	LM	2	<b>SM</b>
	304	(t) Daniel Vizcaino Mateo CA Canovelles	10/12/2001 CL27220	LM	5	<b>SM</b>
	306	(t) Eric Garcia Medina CA Montornes	10/05/2002 CL28421	LM	8	<b>SM</b>
	303	(t) Sergi Valdes Gris CA Canovelles	08/03/2001 CL26790	LM	4	<b>SM</b>

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Pto	Dor	Nombre Club	F de Nac Lic	Cat	Orden	Marca
<b>Final 18/03/2018 16:30</b>						
1	301	Marina Suria Asensio CA Igualada	07/06/2000 CT23590	JF	1	<b>18:53.46</b>
2	310	la Vidal Soler CA Lloret-La Selva	23/09/2000 CT23016	JF	2	<b>19:08.41</b>
	305	(t) Maria Atares Lopez CA Canovelles	10/01/2001 CL26191	LF	3	<b>SM</b>
	311	Andrea Bernal Castello CN Reus Ploms	03/04/2001 CT24541	LF	4	<b>SM</b>

