

CATEGORIA MASCULINA

60 metres llisos

| Marca  | Atleta                        | Any | Club                | Data     | Lloc          |
|--|-------------------------------|-----|---------------------|----------|---------------|
| 6.65   | José Illán Blanco             | 77  | CD Nike I.          | 22/2/97  | València      |
| 6.69   | Josep Carbonell Rodés         | 57  | CN Barcelona        | 6/3/82   | Milán (ITA)   |
| 6.69   | Lluís Turón Juvanteny         | 70  | FC Barcelona        | 8/3/91   | Sevilla       |
| 6.72   | Jordi Mayoral Rodríguez       | 73  | GEiE Gironí         | 11/2/95  | San Sebastián |
| 6.74   | Eduard Viles Farreny          | 91  | CA Igualada         | 1/2/14   | Zaragoza      |
| 6.75   | Alvaro Aljarilla Fernández    | 84  | FC Barcelona        | 25/2/06  | San Sebastián |
| 6.75   | Bernat Canet Vidal            | 00  | Cornellà At.        | 16/2/20  | Salamanca     |
| 6.77   | Rubén Pros Guasch             | 90  | FC Barcelona        | 22/2/14  | Sabadell      |
| 6.77   | Arnau Monné Canal             | 00  | FC Barcelona        | 17/2/19  | Antequera     |
| 6.78   | Oscar Caveró Catalán          | 74  | FC Barcelona        | 13/1/96  | Vilafranca    |
| 6.78   | Sergio Ruiz Serrano           | 89  | JA Sabadell         | 25/1/15  | València      |
| 6.79   | Chinedu Patrick Ike Origa     | 84  | Playas de Castellón | 4/2/17   | Zaragoza      |
| 6.80   | Jan Sans Riola                | 98  | CA Tarragona        | 26/1/20  | Sabadell      |
| 6.81   | Alberto Ruiz Benito           | 61  | CN Barcelona        | 16/2/85  | Madrid        |
| 6.81   | Antonio J. Gonzalez Galindo   | 78  | AA Catalunya        | 20/2/99  | Sevilla       |
| 6.81   | Joan Martínez Peñalver        | 99  | FC Barcelona        | 16/2/19  | Antequera     |
| 6.82   | Javier Martínez Jiménez       | 53  | FC Barcelona        | 1/2/75   | Madrid        |
| 6.82   | Ferran Canet Avilés           | 75  | Integra 2-L'H-CNB   | 20/2/00  | Vilafranca    |
| 6.83   | Adrià Reina Garcia            | 97  | Cornellà At.        | 10/2/19  | Salamanca     |
| 6.84   | A. Alejandro Gotay Bonilla    | 89  | JA Sabadell         | 5/2/12   | Sabadell      |
| 6.84   | Arnau Nuñez Pozuelo           | 98  | Cornellà At.        | 16/2/20  | Salamanca     |
| 6.85   | Diego Gómez Durán             | 67  | CN Reus Ploms       | 12/2/87  | Madrid        |
| 6.85   | Carles Sala Molera            | 60  | Larios AAM          | 30/1/88  | Oviedo        |
| 6.85   | Adrià Burriel Guerrero        | 92  | FC Barcelona        | 15/12/13 | Sabadell      |
| 6.85   | Sergi Tomás Franch            | 93  | AA Catalunya        | 18/2/18  | València      |
| 6.85   | Pol Retamal Avila             | 99  | FC Barcelona        | 25/2/18  | Sabadell      |
| 6.85   | Pol Casals Anglada            | 03  | CA Sant Celoni      | 6/3/21   | Antequera     |
| 6.86   | Theo Felix Mensah Ekuban      | 83  | CAB Puerto Alicante | 25/2/12  | Sabadell      |
| 6.87   | Avelino Fernández Molina      | 68  | JA L'Hospitalet     | 28/2/87  | Zaragoza      |
| 6.88   | Israel Luque Sánchez          | 67  | L'Hospitalet Atl.   | 25/2/95  | València      |
| 6.88   | Gonzalo Corroto Garfia        | 73  | FC Barcelona        | 27/1/96  | Vilafranca    |
| 6.88   | Marc Puigtió Rebollo          | 82  | FC Barcelona        | 27/1/02  | Vilafranca    |
| 6.88   | Nelson de la Puente Fernández | 93  | CE Universitari     | 21/12/14 | Sabadell      |
| 6.88   | Ramon Garcia Seuma            | 95  | Lleida UA           | 18/2/17  | Salamanca     |
| 6.89   | David Salvador Minguillón     | 79  | CN Reus Ploms       | 5/2/00   | Sevilla       |
| 6.89   | David Castellanos Garcia      | 85  | CEA Tenerife        | 19/2/05  | Madrid        |
| 6.89   | Marc Altés Virgili            | 88  | CN Reus Ploms       | 16/2/08  | Zaragoza      |
| 6.89   | Soldeplata Saketos Candela    | 83  | ADAS                | 19/2/11  | València      |
| 6.90   | Marc Luque Vila               | 69  | FC Barcelona        | 30/1/88  | Oviedo        |
| 6.90   | Carlos Fernández Rivero       | 74  | CN Poble Nou        | 13/3/93  | San Sebastián |
| 6.90   | Jordi González Charneco       | 67  | CN Poble Nou        | 26/2/94  | Sevilla       |
| 6.91   | Fco. Javier Espinach Badra    | 54  | FC Barcelona        | 14/2/76  | Madrid        |
| 6.91   | Carles Turró Mayné            | 64  | FC Barcelona        | 12/2/86  | Madrid        |
| 6.91   | Jordi Salvador González       | 69  | FC Barcelona        | 4/2/90   | Zaragoza      |
| 6.91   | Jesús Puigmartí Sánchez       | 72  | FC Barcelona        | 2/2/91   | Oviedo        |
| 6.91   | Txomin Txurruka Foruria       | 82  | Carrefour.Lleida    | 25/1/03  | Vilafranca    |
| 6.91   | Arnau Sala Estévez            | 99  | CA Nou Barris       | 5/3/16   | Salamanca     |
| 6.92   | Juan Reverter Praxedes        | 56  | CN Barcelona        | 14/12/74 | Madrid        |
| 6.92   | David Vigo Anglada            | 66  | JA Barcelona        | 10/1/87  | Oviedo        |
| 6.92   | Enric Sebastiani Obrador      | 64  | AE L'Hospitalet     | 20/2/88  | València      |
| 6.92   | Joan Fuentes Moyano           | 97  | UA Terrassa         | 16/2/18  | Sabadell      |
| 6.93   | Jaime Campderrós Deu          | 59  | FC Barcelona        | 26/1/85  | València      |
| 6.93   | José Guzmán Navarro           | 82  | Integra 2-L'H-CNB   | 25/1/03  | València      |
| 6.93   | Oriol Madí Besalú             | 97  | CA Sant Celoni      | 29/1/17  | Sabadell      |
| 6.94   | José M. Rispa Pifarré         | 62  | AD Antorxa          | 21/2/82  | Oviedo        |
| 6.94   | Roberto Prat Campoy           | 70  | FC Barcelona        | 28/1/89  | Sevilla       |
| 6.94   | Eduard Perales Galindo        | 76  | AA Catalunya        | 27/1/96  | Vilafranca    |
| 6.94   | David Canal Valero            | 78  | Adidas RT           | 9/1/00   | Vilafranca    |
| 6.94   | Marc Julià Bonmatí            | 78  | GEiE Gironí         | 22/2/04  | València      |
| 6.94   | Albert Álvarez López          | 89  | CA Manresa          | 28/2/09  | San Sebastián |
| <u>Atletes estrangers amb llicència catalana</u> |                               |     |                     |          |               |
| 6.69   | Chinedu Patrick Ike (NGR)     | 84  | FC Barcelona        | 25/2/12  | Sabadell      |
| 6.87   | Aziz El Hourri (MAR)          | 70  | FC Barcelona        | 24/2/01  | València      |
| 6.88   | Nelson de la Puente (CUB)     | 93  | FC Barcelona        | 13/3/11  | Sabadell      |

CATEGORIA MASCULINA

200 metres llisos.

| Marca  | Atleta                         | Any | Club                | Data    | Lloc          |
|--|--------------------------------|-----|---------------------|---------|---------------|
| 20.99  | Pol Retamal Avila              | 99  | FC Barcelona        | 4/3/18  | Ourense       |
| 21.07  | Gaietà Cornet Pamies           | 63  | CG Tarragona        | 10/2/89 | San Sebastián |
| 21.08  | Jordi Mayoral Rodríguez        | 73  | GEiE Gironí         | 23/2/97 | València      |
| 21.21  | Josep Maria Bartrés Llovet     | 76  | FC Barcelona        | 24/2/99 | Gènova        |
| 21.21  | Oriol Madí Besalú              | 97  | SG Pontevedra       | 21/2/21 | Madrid        |
| 21.32  | Gonzalo Corroto Garfia         | 73  | FC Barcelona        | 25/2/96 | San Sebastián |
| 21.33  | Sergio Ruiz Serrano            | 89  | JA Sabadell         | 8/2/15  | Sabadell      |
| 21.40  | Lluís Vallejo Miret            | 91  | Playas de Castellón | 5/3/16  | Madrid        |
| 21.41  | Joel Ferrando Ruiz             | 98  | FC Barcelona        | 9/2/19  | Salamanca     |
| 21.42  | Alex Kingue Porteros           | 93  | AA Catalunya        | 4/2/18  | Sabadell      |
| 21.50  | Edgar Pérez Torvisco           | 88  | AA Catalunya        | 26/2/12 | Sabadell      |
| 21.51  | David Canal Valero             | 78  | CN Poble Nou        | 16/2/97 | Vilafranca    |
| 21.53  | Enric Martín Panadés           | 80  | L'Hospitalet Atl.   | 25/2/06 | San Sebastián |
| 21.56  | Carles Turró Mayné             | 64  | Cornellà At.        | 5/2/89  | Sevilla       |
| 21.56  | Adrià Burriel Guerrero         | 92  | FC Barcelona        | 16/2/14 | Sabadell      |
| 21.58  | Joan Martínez Peñalver         | 99  | FC Barcelona        | 16/2/20 | Salamanca     |
| 21.62  | Pau Fradera Miralles           | 87  | FC Barcelona        | 31/1/15 | San Sebastián |
| 21.63  | Lluís Turón Juvanteny          | 70  | FC Barcelona        | 30/1/93 | San Sebastián |
| 21.63  | Iker Gómez Escudero            | 98  | AA Catalunya        | 28/1/18 | Sabadell      |
| 21.64  | Marc Orozco Torres             | 89  | FC Barcelona        | 30/1/11 | Sabadell      |
| 21.67  | Bernat Erta Majó               | 01  | FC Barcelona        | 9/2/20  | Sabadell      |
| 21.70  | Israel Luque Sánchez           | 67  | UA Terrassa         | 26/2/94 | Sevilla       |
| 21.74  | Xavier Carrión Pla             | 91  | JA Sabadell         | 7/3/10  | San Sebastián |
| 21.74  | Eduard Viles Farreny           | 91  | CA Igualada         | 26/1/14 | Sabadell      |
| 21.74  | Robert Díez Ibáñez             | 88  | Huracán Fent Camí   | 22/2/14 | Sabadell      |
| 21.76  | Aleix Porrás Cantons           | 99  | FC Barcelona        | 14/2/16 | Sabadell      |
| 21.78  | Jesús Puigmartí Sánchez        | 72  | FC Barcelona        | 17/2/91 | Sevilla       |
| 21.79  | Raül Sánchez Astrain           | 76  | FC Barcelona        | 5/2/00  | Vilafranca    |
| 21.81  | Joaquim Casadellà Muntané      | 73  | GEiE Gironí         | 12/2/95 | San Sebastián |
| 21.81  | Sergi Tomás Franch             | 93  | AA Catalunya        | 14/2/16 | Sabadell      |
| 21.82  | Alvaro Saez Vives              | 81  | Medilast Lleida     | 21/2/09 | Sevilla       |
| 21.84  | Miguel Gasch Cañadas           | 01  | FC Barcelona        | 7/3/20  | Sabadell      |
| 21.86  | Arnau Gómez Verdugo            | 04  | CA Canaletes        | 8/3/20  | Valencia      |
| 21.88  | Didac Mañas Garcia             | 70  | CA Sant Celoni      | 18/2/89 | Sevilla       |
| 21.89  | David Salvador Minguillón      | 79  | AA Catalunya-UBAE   | 9/2/03  | Vilafranca    |
| 21.89  | Javier Delgado Osorio          | 96  | FC Barcelona        | 6/2/16  | Sabadell      |
| 21.89  | Jordi Merucci Planas           | 99  | Playas de Castellón | 5/3/16  | Salamanca     |
| 21.91  | Marc Altés Virgili             | 88  | CN Reus Ploms       | 3/2/07  | València      |
| 21.91  | Julián Lozano Brau             | 83  | Decatlón Kondy      | 18/2/07 | Sevilla       |
| 21.92  | Alex Iranzo Pérez              | 80  | Integra 2-L'H-CNB   | 5/2/03  | València      |
| 21.95  | Higinio López Garcia           | 63  | CG Barcelonès       | 12/2/84 | San Sebastián |
| 21.97  | Carlos González Cebrecos       | 93  | JA Sabadell         | 10/2/13 | San Sebastian |
| 21.97  | Jan Roca Carreras              | 96  | CA Igualada         | 16/3/14 | Sabadell      |
| 21.98  | Rubén Pros Guasch              | 90  | FC Barcelona        | 9/2/14  | Sabadell      |
| 22.00  | Xavier Paz Penche              | 71  | FC Barcelona        | 25/2/95 | València      |
| 22.00  | Arnau Monné Canal              | 00  | FC Barcelona        | 5/1/19  | Sabadell      |
| 22.01  | Ruben de Prado Noguer          | 78  | GEiE Gironí         | 23/2/03 | Vilafranca    |
| 22.01  | Jairo Vera Guillén             | 83  | Integra 2-L'H-CNB   | 9/2/03  | Vilafranca    |
| 22.01  | Marc Crespi Hromcova           | 01  | Barcelona At.       | 8/2/21  | Barcelona-PSJ |
| 22.02  | José Guzmán Navarro            | 82  | Integra 2-L'H-CNB   | 11/1/04 | Vilafranca    |
| 22.02  | Cesar Gràcia Gómez             | 81  | Carrefour-Lleida    | 30/1/05 | Vilafranca    |
| 22.04  | Jesus Font Artuñedo            | 72  | FC Barcelona        | 21/2/98 | Vilafranca    |
| 22.05  | Diego Gómez Durán              | 67  | CN Reus Ploms       | 4/2/89  | Sevilla       |
| 22.05  | Joan Fuentes Moyano            | 97  | UA Terrassa         | 27/2/19 | Sabadell      |
| 22.05  | Jordi Fossas Fernández         | 96  | AA Catalunya        | 8/2/19  | Sabadell      |
| 22.06  | Jaume Pérez Sánchez            | 77  | CA Manresa          | 24/2/96 | San Sebastián |
| 22.07  | Javier Durán Basté             | 65  | CE Universitari     | 8/2/87  | San Sebastián |
| 22.08  | Marc Puigtió Rebollo           | 82  | FC Barcelona        | 27/1/07 | València      |
| 22.08  | Marc Louis Vekemans Espligares | 98  | Cornellà At.        | 9/2/19  | Salamanca     |
| <u>Atletes estrangers amb llicència catalana</u> |                                |     |                     |         |               |
| 21.42  | Joseph Loua (MAR)              | 76  | CA Vic              | 2/2/97  | Vilafranca    |
| 21.74  | Nelson de la Puente (CUB)      | 93  | FC Barcelona        | 13/3/11 | Sabadell      |
| 21.82  | Jhon Valoyes Cordoba (COL)     | 84  | CAB Pto. Alicante   | 24/1/04 | San Sebastián |
| 21.87  | Gabor Pasztor (HUN)            | 82  | Playas de Castellón | 23/1/11 | Sabadell      |
| 21.96  | Udomsinachi O.A. Erete (NGR)   | 85  | FC Barcelona        | 18/1/13 | Sabadell      |

CATEGORIA MASCULINA

400 metres llisos.

| Marca  | Atleta                       | Any | Club                | Data    | Lloc          |
|--|------------------------------|-----|---------------------|---------|---------------|
| 46.00  | David Canal Valero           | 78  | Adidas RT           | 21/2/99 | Sevilla       |
| 46.21  | Gaietà Cornet Pamies         | 63  | CG Tarragona        | 19/2/89 | La Haia (HOL) |
| 46.73  | Bernat Erta Majó             | 01  | FC Barcelona        | 1/3/20  | Ourense       |
| 46.87  | Pau Fradera Miralles         | 87  | FC Barcelona        | 22/2/15 | Antequera     |
| 47.29  | Marc Orozco Torres           | 89  | FC Barcelona        | 20/2/11 | València      |
| 47.42  | Sergi Torres Sola            | 94  | FC Barcelona        | 13/2/15 | Boston (USA)  |
| 47.47  | Aleix Porrás Cantons         | 99  | FC Barcelona        | 17/2/18 | València      |
| 47.4m  | Alfons Gabernet Martí        | 47  | CF Barcelona        | 15/3/72 | Gènova (ITA)  |
| 47.81  | Xavier Carrión Pla           | 91  | CA Fent Camí M.     | 18/2/17 | Salamanca     |
| 47.82  | Javier Delgado Osorio        | 96  | FC Barcelona        | 8/1/17  | Sabadell      |
| 47.94  | Daniel Gómez Sala            | 79  | CAV Andorra         | 6/2/00  | Sevilla       |
| 47.95  | Ramon Montejano Moreso       | 90  | AA Catalunya        | 6/2/11  | Sevilla       |
| 47.96  | Lluís Vallejo Miret          | 91  | Playas de Castellón | 10/1/16 | Sabadell      |
| 47.96  | Daniel Ponce Bedmar          | 96  | ISS-L'Hospitalet    | 16/2/19 | Antequera     |
| 48.00  | Lluís Cumellas Ruiz          | 67  | CGB-L'H             | 17/2/91 | Sevilla       |
| 48.02  | Raul Sabaté Cervelló         | 71  | CN Reus Ploms       | 26/2/94 | Sevilla       |
| 48.04  | Manuel González Solanes      | 63  | CG Barcelonès       | 7/2/87  | San Sebastián |
| 48.10  | Carlos Heredia Tapia         | 68  | FC Barcelona        | 1/2/92  | San Sebastián |
| 48.34  | Roberto Tello Benedicto      | 94  | SG Pontevedra       | 22/2/20 | Sabadell      |
| 48.41  | Marcos Cabanas González      | 72  | T2-L'H-CNB          | 20/2/99 | Sevilla       |
| 48.46  | Oriol Calsina Berni          | 00  | Unió Colomenca At.  | 15/2/20 | Salamanca     |
| 48.48  | Daniel Pedro Garcia Jerez    | 87  | ISS-L'Hospitalet    | 11/2/07 | Vilafranca    |
| 48.51  | Albert Martínez Saura        | 93  | FC Barcelona        | 16/2/14 | Sabadell      |
| 48.51  | Juan Enrique Vallès Pastor   | 86  | FC Barcelona        | 8/2/15  | Sabadell      |
| 48.54  | Guillem Valls Sala           | 95  | Simply Scorpio 71   | 21/2/16 | San Sebastián |
| 48.55  | Guillermo López Hortal       | 77  | FC Barcelona        | 7/2/99  | Vilafranca    |
| 48.57  | Israel Luque Sánchez         | 67  | CG Barcelonès       | 17/2/90 | San Sebastián |
| 48.57  | Joaquim Casadellà Muntané    | 73  | GEiE Gironí         | 13/2/94 | Zaragoza      |
| 48.57  | Didac Mañas Garcia           | 70  | CA Sant Celoni      | 27/2/94 | Sevilla       |
| 48.58  | Jairo Vera Guillén           | 83  | Integra 2-L'H-CNB   | 2/3/02  | València      |
| 48.58  | Roger Font Ribas             | 79  | AA Catalunya-UBAE   | 25/1/03 | València      |
| 48.68  | Samuel Carnicero Fernández   | 90  | FC Barcelona        | 16/2/13 | Sabadell      |
| 48.70  | Mohamed Ezzagnouini Bouzian  | 91  | Unicaja Atl.        | 18/1/15 | Sabadell      |
| 48.72  | Cristian González Álvarez    | 90  | SG Pontevedra       | 10/2/08 | San Sebastián |
| 48.77  | Robert Díez Ibáñez           | 88  | Huracán Fent Camí   | 16/2/14 | Sabadell      |
| 48.79  | Raül Sánchez Astrain         | 76  | AA Catalunya-UBAE   | 24/2/01 | València      |
| 48.81  | Enric Martín Panadés         | 80  | FC Barcelona        | 27/1/01 | València      |
| 48.84  | Oriol Piqueras Aragó         | 91  | ISS-L'Hospitalet    | 7/1/18  | Sabadell      |
| 48.87  | Jordi Rabal Valero           | 86  | FC Barcelona        | 3/2/08  | Vilafranca    |
| 48.87  | Carlos Segovia Romero        | 86  | ISS-L'Hospitalet    | 29/1/11 | Sabadell      |
| 48.88  | Marc Crespi Hromcova         | 01  | Barcelona At.       | 13/2/21 | València      |
| 48.89  | Biel Mayans Montes           | 97  | GA Lluisos Mataró   | 9/2/19  | Salamanca     |
| 48.90  | Albert Pamies Lacunza        | 81  | AA Catalunya-UBAE   | 21/2/04 | València      |
| 48.92  | Oriol Madí Besalú            | 97  | Playas de Castellón | 19/1/20 | Sabadell      |
| 48.95  | Isaac Segura Massó           | 03  | CA Molins           | 10/3/19 | València      |
| 48.96  | Rafael Navarro Viñas         | 74  | FC Barcelona        | 24/1/98 | San Sebastián |
| 48.99  | Roger Pons Oliván            | 03  | CE Universitari     | 10/3/19 | València      |
| 49.01  | Roger Velázquez Reull        | 77  | AA Catalunya        | 7/2/99  | Vilafranca    |
| 49.01  | Vladyslav Ivaschenko K.      | 98  | UA Terrassa         | 27/1/19 | Sabadell      |
| 49.02  | Xavier Paz Penche            | 71  | FC Barcelona        | 30/1/93 | San Sebastián |
| 49.02  | Alex Iranzo Pérez            | 80  | Medilast Sport      | 17/2/07 | Sevilla       |
| 49.04  | Xavier Miranda Marcos        | 84  | Integra 2-L'H-CNB   | 14/2/04 | Vilafranca    |
| 49.04  | Iker Gómez Escudero          | 98  | AA Catalunya        | 21/1/18 | Sabadell      |
| 48.9m  | Antoni Mayoral Simón         | 62  | GEiE Gironí         | 22/1/89 | Zaragoza      |
| 49.05  | Jonathan Romera Tejero       | 80  | JA Sabadell         | 9/2/03  | Vilafranca    |
| 49.10  | Cristobal Garcia Espinosa    | 82  | Carrefour-Lleida    | 6/2/05  | Vilafranca    |
| 49.11  | David Puy Ampurdanes         | 69  | UA Terrassa         | 1/2/92  | San Sebastián |
| 49.14  | Andreu Gómez Cortada         | 65  | CA Sant Celoni      | 17/2/90 | San Sebastián |
| 49.14  | Julio E. Solanes Hernández   | 81  | AA Catalunya-UBAE   | 9/2/02  | Vilafranca    |
| 49.16  | Joan Galí Pla                | 76  | Girona CB-CAP       | 28/2/04 | Genova (ITA)  |
| 49.21  | Sergio Arteaga Delgado       | 82  | Integra 2-L'H-CNB   | 18/2/01 | Vilafranca    |
| <u>Atletes estrangers amb llicència catalana</u> |                              |     |                     |         |               |
| 48.09  | Edvin Josué Canales (HON)    | 01  | GEiE Gironí         | 12/3/17 | Sabadell      |
| 48.55  | Udomsinachi O.A. Erete (NGR) | 85  | Simply Scorpio 71   | 19/1/14 | Sabadell      |
| 48.62  | Ali Dahhan (MAR)             | 64  | FC Barcelona        | 29/1/94 | San Sebastián |

CATEGORIA MASCULINA

800 metres llisos.

| Marca   | Atleta                        | Any | Club                | Data    | Lloc            |
|---------|-------------------------------|-----|---------------------|---------|-----------------|
| 1:47.19 | Francisco Roldán Martínez     | 90  | FC Barcelona        | 27/1/13 | València        |
| 1:47.59 | Miguel Quesada Velasco        | 79  | JA Sabadell         | 10/2/07 | València        |
| 1:48.05 | Alejandro Rodríguez Pritchard | 89  | ISS-L'Hospitalet    | 2/2/14  | Athlone (IRL)   |
| 1:49.17 | Carles Lorente González       | 83  | CA Sant Celoni      | 8/3/03  | Espinho (POR)   |
| 1:49.52 | Llorenç Sales Ferré           | 88  | FC Barcelona        | 14/2/16 | Sabadell        |
| 1:49.82 | Francesc Tugores Sastre       | 84  | CA Lloret-La Selva  | 4/2/06  | Zaragoza        |
| 1:49.9  | Andreu Ballbé Garcia          | 52  | FC Barcelona        | 8/2/81  | San Sebastián   |
| 1:49.91 | Lluís Francisco Martín Guil   | 79  | GEiE Gironí         | 22/2/03 | Sevilla         |
| 1:50.23 | Reyes Estevez López           | 76  | Adidas RT           | 24/2/96 | San Sebastián   |
| 1:50.38 | Marc Alcalá Ibáñez            | 94  | FC Barcelona        | 12/2/17 | Sabadell        |
| 1:51.03 | Oriol Bonet Alcantara         | 89  | CA Laietània        | 19/2/11 | València        |
| 1:51.23 | Miquel Domenech Villoldo      | 97  | CA Gavà             | 10/2/19 | Salamanca       |
| 1:51.29 | Arnau Parareda Pujolras       | 90  | ISS-L'Hospitalet    | 19/2/12 | Sabadell        |
| 1:51.3  | Antonio Herrador Rius         | 66  | CPE Canaletes       | 7/2/87  | San Sebastián   |
| 1:51.38 | Guillem Carner Carrer         | 98  | CA Igualada         | 16/2/19 | Antequera       |
| 1:51.4  | Enric Bondia Domper           | 46  | FC Barcelona        | 24/2/68 | Madrid          |
| 1:51.4  | Jaime López de Egea Morera    | 55  | Atletiko Sta Coloma | 1/3/78  | Cosford (GBR)   |
| 1:51.47 | Angel Fariña Carrión          | 67  | Nike AC             | 12/2/95 | València        |
| 1:51.47 | Jan Badia Celma               | 02  | Cornellà At.        | 7/3/20  | Sabadell        |
| 1:51.50 | José A. Prieto Gasques        | 70  | FC Barcelona        | 3/2/94  | Sevilla         |
| 1:51.63 | Abdelam Louah Khattabi        | 81  | CA Sant Boi         | 17/2/07 | Sevilla         |
| 1:51.66 | Mohamed Jebari El Majdoub     | 88  | CA Laietània        | 23/1/15 | Sabadell        |
| 1:51.73 | Carlos Saez Sadornil          | 99  | Unió Calomenca At.  | 19/2/20 | Sabadell        |
| 1:51.80 | Eric Guzmán González          | 02  | New Balance         | 8/2/21  | Barcelona-PSJ   |
| 1:51.83 | Francesc Bonet Jou            | 73  | CA Lleida-UdL       | 24/2/96 | San Sebastián   |
| 1:51.85 | Aitor Martín Cámara           | 93  | ISS-L'Hospitalet    | 11/2/18 | Sabadell        |
| 1:51.86 | Rafael Melero Rojo            | 72  | FC Barcelona        | 24/2/96 | San Sebastián   |
| 1:52.1  | Antonio Fernández Agudo       | 61  | CN Barcelona        | 2/2/80  | San Sebastián   |
| 1:52.27 | Javier Jurado Sencianes       | 90  | JA Sabadell         | 16/2/13 | Sabadell        |
| 1:52.31 | Jesús Manuel Cardó Fernández  | 87  | ISS-L'Hospitalet    | 21/2/10 | Vilafranca      |
| 1:52.32 | Llorenç Esteve Pons           | 95  | JA Sabadell         | 7/2/17  | Sabadell        |
| 1:52.33 | Adrià Mas Baurier             | 99  | FC Barcelona        | 13/2/18 | Sabadell        |
| 1:52.38 | Rubén Castro Algora           | 81  | Puerto Alicante     | 2/2/08  | Zaragoza        |
| 1:52.4  | Ramon Serrano Martínez        | 58  | FC Barcelona        | 2/2/80  | San Sebastián   |
| 1:52.4  | Javier Estruch Garcia         | 58  | FC Barcelona        | 20/2/82 | Oviedo          |
| 1:52.41 | Abel de la Varga Pastor       | 89  | FC Barcelona        | 3/2/13  | Sabadell        |
| 1:52.45 | Jordi Guixens Durán           | 71  | L'Hospitalet Atl.   | 25/2/95 | València        |
| 1:52.51 | Fco. Miguel Robles Rodríguez  | 78  | CA Lloret-LS        | 7/2/99  | Vilafranca      |
| 1:52.53 | Sergio Heredia Tapia          | 70  | FC Barcelona        | 26/1/91 | San Sebastián   |
| 1:52.63 | Youssef Taoussi Yahyaoui      | 94  | Playas de Castellón | 26/2/16 | Sabadell        |
| 1:52.79 | Pol Solanelles Manzanares     | 94  | UA Terrassa         | 17/3/13 | Antequera       |
| 1:52.93 | Ignasi Taló Valls             | 68  | FC Barcelona        | 23/1/88 | San Sebastián   |
| 1:52.99 | Teòfilo Benito Padilla        | 66  | CN Reus Ploms       | 25/2/84 | Zaragoza        |
| 1:53.0  | Magín Brufau de Barberà       | 59  | CN Reus Ploms       | 10/2/80 | Oviedo          |
| 1:53.01 | Abel Casalí Carvajal          | 90  | CA Vic              | 13/2/15 | Sabadell        |
| 1:53.05 | Anas El Idrissi El Messaoudi  | 94  | ISS-L'Hospitalet    | 26/2/16 | Sabadell        |
| 1:53.08 | Sergi Silvero Campos          | 80  | CN Sabadell         | 20/1/02 | Vilafranca      |
| 1:53.11 | Javier Medina Prats           | 82  | JA Sabadell         | 16/2/02 | Sevilla         |
| 1:53.18 | Carlos Roguera Sánchez        | 97  | Ripollet UA         | 15/2/15 | Sabadell        |
| 1:53.19 | Abdelmounhim Jebari Jebari    | 78  | CA Vic              | 7/2/99  | Vilafranca      |
| 1:53.22 | Jesús Ariño Laviña            | 63  | FC Barcelona        | 10/2/85 | San Sebastián   |
| 1:53.23 | Jaime Villalonga Guitart      | 65  | CN Barcelona        | 10/2/85 | San Sebastián   |
| 1:53.30 | Marc Moreno Martín            | 89  | CA Igualada         | 3/2/13  | Sabadell        |
| 1:53.34 | Pol Torrent Aceituno          | 02  | UA Montsià          | 2/2/20  | Sabadell        |
| 1:53.36 | Tomàs Revilla Sangüesa        | 00  | CE Universitari     | 2/2/20  | Sabadell        |
| 1:53.37 | Aleix Serra Viladrich         | 99  | CM Sant Cugat       | 6/2/19  | Sabadell        |
| 1:53.46 | Roger Vila Herrada            | 83  | FC Barcelona        | 6/2/05  | Madrid          |
| 1:53.49 | Sergio Pérez López            | 01  | FC Barcelona        | 7/3/20  | Sabadell        |
| 1:53.59 | Marçal Herraiz Prat           | 03  | CA Mollet           | 2/2/20  | Sabadell        |
| 1:53.64 | Daniel Abate Garcia Ardiaca   | 94  | CA Igualada         | 14/2/15 | Allendale (USA) |
| 1:53.78 | Sergi Giménez de la Parte     | 74  | GEiE Gironí         | 14/3/93 | San Sebastián   |
| 1:53.80 | Sergi Labrador Sierra         | 80  | Girona CB-CAP       | 24/1/04 | Vilafranca      |
| 1:53.89 | Roger Jardí Cedó              | 85  | Medilast Lleida     | 21/2/10 | Vilafranca      |
| 1:53.89 | Noel Bolós Tudón              | 97  | CA Sant Celoni      | 9/2/19  | Salamanca       |
| 1:53.92 | Luis Grima Reyes              | 95  | UA Barberà          | 14/2/16 | Sabadell        |

CATEGORIA MASCULINA

800 metres llisos.

| Marca  | Atleta                    | Any | Club             | Data    | Lloc       |
|--|---------------------------|-----|------------------|---------|------------|
| <u>Atletes estrangers amb llicència catalana</u> |                           |     |                  |         |            |
| 1:48.86  | Pol Moya Betriu (AND)     | 96  | Andorra At.      | 7/2/17  | Sabadell   |
| 1:51.06  | Elvin Josué Canales (HON) | 01  | GEiE Gironí      | 7/3/20  | Sabadell   |
| 1:51.56  | Brahim Fateh (MAR)        | 93  | ISS-L'Hospitalet | 8/2/19  | Sabadell   |
| 1:51.63  | Mohamed Maman (MAR)       | 94  | Lleida UA        | 11/2/18 | Sabadell   |
| 1:51.68  | Lukasz Jozwiak (POL)      | 83  | CA Laietània     | 29/1/12 | Sabadell   |
| 1:52.51  | Mouad Mbarki (MAR)        | 98  | CA Montornès     | 12/2/17 | Sabadell   |
| 1:52.7   | Alan Mark Jackson (USA)   | 63  | CN Montjuïc      | 6/2/88  | Torí (ITA) |
| 1:53.12  | El Mehdi Aboujanah (MAR)  | 87  | FC Barcelona     | 19/2/16 | Sabadell   |
| 1:53.14  | Khalid Merroune (MAR)     | 85  | CAIES D.Catalán  | 19/2/16 | Sabadell   |
| 1:53.21  | Jean Luc Mendes (SEN)     | 87  | AA Catalunya     | 29/1/12 | Sabadell   |

CATEGORIA MASCULINA

1.500 metres llisos.

| Marca   | Atleta                        | Any | Club                | Data    | Lloc            |
|---------|-------------------------------|-----|---------------------|---------|-----------------|
| 3:36.51 | Reyes Estévez López           | 76  | CD Nike Bowerman    | 24/2/05 | Madrid          |
| 3:38.30 | Adel Mechaal Mechaal          | 90  | AA Palamós          | 13/2/15 | Sabadell        |
| 3:38.91 | José Manuel Abascal Gómez     | 58  | FC Barcelona        | 7/3/82  | Milà (ITA)      |
| 3:39.33 | Marc Alcalá Ibáñez            | 94  | FC Barcelona        | 7/2/16  | Sabadell        |
| 3:40.47 | Victor Montaner Novellón      | 86  | FC Barcelona        | 13/2/10 | València        |
| 3:40.66 | Llorenç Sales Ferré           | 88  | UA Montsià          | 24/2/21 | Madrid          |
| 3:42.11 | Miguel Quesada Velasco        | 79  | JA Sabadell         | 20/2/07 | Estocolmo (SWE) |
| 3:42.41 | Ignasi Taló Valls             | 68  | FC Barcelona        | 17/2/95 | Sevilla         |
| 3:42.67 | Jaime López de Egea Morera    | 55  | Atletiko Sta Coloma | 12/2/84 | San Sebastián   |
| 3:42.94 | Santiago Catrofe Cacharrón    | 99  | CA Sta Cristina Aro | 19/2/20 | Sabadell        |
| 3:43.10 | Antonio Herrador Rius         | 66  | CN Poble Nou        | 3/3/94  | San Sebastián   |
| 3:43.16 | Jordi Torrents Teixidor       | 97  | FC Barcelona        | 22/1/17 | Sabadell        |
| 3:43.31 | Yusef El Nasri Serhani        | 79  | Reebok RC           | 8/2/00  | Sevilla         |
| 3:43.74 | Artur Bossy Anguera           | 94  | FC Barcelona        | 12/2/17 | Sabadell        |
| 3:45.30 | Rubén Castro Algora           | 81  | Puerto Alicante OHL | 14/2/09 | València        |
| 3:45.3  | José A. Martínez Bayo         | 52  | CN Barcelona        | 8/2/75  | Dortmund (GER)  |
| 3:45.38 | Adam Maijo Frigola            | 01  | Independent         | 31/1/21 | Barcelona-PSJ   |
| 3:45.70 | Youssef Taoussi Yahyaoui      | 94  | FC Barcelona        | 1/2/20  | Luxemburg (LUX) |
| 3:46.0  | Antonio Fernández Agudo       | 61  | CN Barcelona        | 29/1/83 | Oviedo          |
| 3:46.18 | Joan Viudes Sánchez           | 67  | Nike AC             | 18/2/90 | San Sebastián   |
| 3:46.26 | David Pujolar Segura          | 70  | Atl. Tossal         | 7/2/93  | Zaragoza        |
| 3:46.34 | Xavier Areny Cluet            | 81  | FC Barcelona        | 16/2/02 | Sevilla         |
| 3:46.34 | Abdeslam Louah Khattabi       | 81  | Huracán Fent Camí   | 15/2/14 | Sabadell        |
| 3:46.52 | Jesús Manuel Cardó Fernández  | 87  | ISS-L'Hospitalet    | 13/2/10 | València        |
| 3:46.55 | Victor Vinyals Domingo        | 71  | FC Barcelona        | 29/1/94 | San Sebastián   |
| 3:46.87 | Francisco Roldán Martínez     | 90  | FC Barcelona        | 13/2/15 | Sabadell        |
| 3:47.42 | José A. Prieto Gasques        | 70  | FC Barcelona        | 25/2/96 | San Sebastián   |
| 3:47.5  | Teofilo Benito Padilla        | 66  | CN Reus Ploms       | 26/1/85 | València        |
| 3:47.77 | Esteban Riaseco Díaz          | 75  | Puma Chapín Jerez   | 27/1/01 | València        |
| 3:47.87 | Sergi Silvero Campos          | 80  | JA Sabadell         | 2/2/08  | Zaragoza        |
| 3:47.99 | Alejandro Rodríguez Pritchard | 89  | ISS-L'Hospitalet    | 18/1/15 | Sabadell        |
| 3:48.25 | Abdelaziz Merzougui Nourddine | 91  | FC Barcelona        | 13/2/15 | Sabadell        |
| 3:48.28 | Alexis Rodríguez Coronado     | 97  | FC Barcelona        | 4/2/18  | Madrid          |
| 3:48.37 | Lluís Mezquida Andreu         | 74  | CA Chapín           | 17/1/98 | València        |
| 3:48.51 | Miquel Domenech Villoldo      | 97  | L'Hospitalet At.    | 31/1/21 | Barcelona-PSJ   |
| 3:48.58 | Raül Aldehuela Pascual        | 76  | FC Barcelona        | 12/2/00 | San Sebastián   |
| 3:48.84 | Jaime Villalonga Guitart      | 65  | Nike AC             | 2/2/91  | Oviedo          |
| 3:49.43 | Anasse Mahboub El Hamdouini   | 99  | AA Palamós          | 25/2/18 | Sabadell        |
| 3:49.89 | Juan Torres Díaz              | 57  | FC Barcelona        | 19/2/83 | València        |
| 3:50.04 | Benito Nogales Cremades       | 65  | Nike AC             | 7/2/93  | Zaragoza        |
| 3:50.06 | Antonio López Segura          | 00  | FC Barcelona        | 3/2/18  | Sabadell        |
| 3:50.18 | José Blas Serrano Ros         | 72  | CA Diputació BCN    | 27/1/96 | València        |
| 3:50.20 | Elias Rachidi Ben Haddi       | 99  | Unió Colomeenca At. | 19/2/20 | Sabadell        |
| 3:50.3  | Juan Carreras Codina          | 47  | CA Manresa          | 22/2/69 | Barcelona       |
| 3:50.33 | Juan José Verdugo Notario     | 70  | CN Montjuic         | 2/3/91  | Turín (ITA)     |
| 3:50.36 | Aleix Serra Viladrich         | 99  | AA Catalunya        | 19/2/20 | Sabadell        |
| 3:50.65 | Francesc Portet Sabe          | 69  | CA Granollers       | 7/2/93  | Zaragoza        |
| 3:50.68 | Francisco López Sánchez       | 71  | UA Terrassa         | 7/2/93  | Zaragoza        |
| 3:50.96 | Anfel Fariña Carrión          | 67  | FC Barcelona        | 8/2/87  | San Sebastián   |
| 3:51.05 | Guillem Carner Carrer         | 98  | CA Igualada         | 3/2/19  | Sabadell        |
| 3:51.22 | Adrià Mas Baurier             | 99  | FC Barcelona        | 3/2/19  | Sabadell        |
| 3:51.36 | Ibrahim Chakir Elosri         | 94  | Atletismo Numantino | 30/1/21 | Salamanca       |
| 3:51.43 | Carlos Saez Sadornil          | 99  | At. Albacete        | 17/1/21 | Barcelona-PSJ   |
| 3:51.48 | Raul Soriano Garcia           | 73  | FC Barcelona        | 8/2/97  | Vilafranca      |
| 3:51.63 | Llorenç Esteve Pons           | 95  | JA Sabadell         | 7/2/18  | Sabadell        |
| 3:51.66 | Roger Vila Herrada            | 83  | Barcelona At.       | 7/3/21  | Barcelona-PSJ   |
| 3:51.68 | Francesc Tugores Sastre       | 84  | CA Lloret-La Selva  | 13/3/11 | Sabadell        |
| 3:51.77 | Oriol Nin Barrull             | 71  | FC Barcelona        | 26/1/91 | San Sebastián   |
| 3:51.98 | Juan Carlos Ginés Puertas     | 68  | CA Nou Barris       | 17/2/90 | San Sebastián   |
| 3:52.06 | Pau Bundó Teixidó             | 70  | FC Barcelona        | 20/1/96 | Vilafranca      |
| 3:52.08 | Mourad Mounim Naaman          | 95  | ISS-L'Hospitalet    | 7/2/18  | Sabadell        |
| 3:52.1  | José Luis Gil Rampérez        | 56  | FC Barcelona        | 15/1/77 | Sabadell        |
| 3:52.27 | José Bueno Fernández          | 75  | CA Dominiques       | 28/1/01 | Vilafranca      |
| 3:52.35 | Marc Zuñiga Bernadell         | 96  | FC Barcelona        | 22/1/17 | Sabadell        |
| 3:52.93 | Albert Nogueras Tarrero       | 92  | ISS-L'Hospitalet    | 21/1/18 | Sabadell        |
| 3:52.93 | Jan Badia Celma               | 02  | Cornellà At.        | 1/2/20  | Sabadell        |
| 3:53.33 | Eric Guzmán González          | 02  | New Balance         | 1/2/20  | Sabadell        |

CATEGORIA MASCULINA

1.500 metres llisos.

| Marca  | Atleta                   | Any | Club             | Data    | Lloc     |
|--|--------------------------|-----|------------------|---------|----------|
| <u>Atletes estrangers amb llicència catalana</u> |                          |     |                  |         |          |
| 3:45.80  | Khalid Merroune (MAR)    | 85  | CAIES D.Catalán  | 13/2/16 | València |
| 3:48.31  | El Mehdi Aboujanah (MAR) | 87  | FC Barcelona     | 10/1/16 | Sabadell |
| 3:48.61  | Pol Moya Betriu (AND)    | 96  | Andorra At.      | 24/1/20 | Valencia |
| 3:49.84  | Brahim Fateh (MAR)       | 93  | ISS-L'Hospitalet | 3/2/19  | Sabadell |
| 3:50.27  | Mouad Mbarki (MAR)       | 98  | CA Montornès     | 18/1/15 | Sabadell |
| 3:52.49  | Abdelhak Sabhi (MAR)     | 85  | Medilast Lleida  | 26/1/08 | València |
| 3:53.37  | Abdelhakim Hamid (MAR)   | 97  | CA Igualada      | 27/1/19 | Sabadell |

CATEGORIA MASCULINA

3.000 metres llisos.

| Marca   | Atleta                        | Any | Club                | Data    | Lloc                |
|---------|-------------------------------|-----|---------------------|---------|---------------------|
| 7:40.14 | Adel Mechaal Mechaal          | 90  | New Balance Team    | 3/2/18  | Karlsruhe (GER)     |
| 7:43.80 | Reyes Estévez López           | 76  | CD Nike Bowerman    | 15/2/05 | Estocolm (SWE)      |
| 7:47.19 | Yusef El Nasri Serhani        | 79  | Reebok RC           | 29/1/00 | Karlsruhe (GER)     |
| 7:55.26 | Abdessamad Oukhelfen B Haddou | 98  | CD Nike Running     | 6/2/21  | Metz (FRA)          |
| 7:55.42 | Artur Bossy Anguera           | 94  | FC Barcelona        | 6/2/19  | Sabadell            |
| 7:55.81 | Ricard Pintado Carbonell      | 65  | CN Montjuïc         | 3/3/94  | San Sebastián       |
| 7:55.87 | Antonio López Segura          | 00  | At. Intec Zoiti     | 13/3/21 | Fayetteville (USA)  |
| 7:56.01 | Llorenç Sales Ferré           | 88  | FC Barcelona        | 19/1/18 | Sabadell            |
| 7:57.88 | Ruben Palomeque Barrera       | 80  | FC Barcelona        | 10/2/07 | València            |
| 7:57.97 | Jordi Torrents Teixidor       | 97  | FC Barcelona        | 7/2/17  | Sabadell            |
| 7:58.25 | Marc Alcalá Ibáñez            | 94  | FC Barcelona        | 15/1/17 | Sabadell            |
| 7:58.3  | José Manuel Abascal Gómez     | 58  | FC Barcelona        | 2/2/80  | San Sebastián       |
| 7:58.47 | Victor Vilalta Aguado         | 68  | CA Vic              | 17/2/91 | Sevilla             |
| 7:59.49 | Victor Montaner Novellón      | 86  | FC Barcelona        | 11/2/11 | Sevilla             |
| 7:59.5  | Jaime López de Egea Morera    | 55  | At. Santa Coloma    | 11/1/86 | San Sebastián       |
| 7:59.75 | Ibrahim Ezzaydouny B.         | 91  | FC Barcelona        | 6/2/19  | Sabadell            |
| 7:59.77 | Joan Ramon Moya García        | 65  | CGB-L'H             | 17/2/91 | Sevilla             |
| 7:59.83 | José Luis Blanco Quevedo      | 75  | CA Lloret-LS        | 3/2/01  | Sevilla             |
| 8:00.11 | Adam Maijo Frigola            | 01  | Independent         | 8/2/21  | Barcelona-PSJ       |
| 8:00.14 | Xavier Areny Cluet            | 81  | FC Barcelona        | 21/2/04 | València            |
| 8:01.58 | Youssef Taoussi Yahyaoui      | 94  | FC Barcelona        | 8/2/21  | Barcelona-PSJ       |
| 8:02.52 | Lluís Mezquida Andreu         | 74  | CG Tarragona        | 28/2/96 | València            |
| 8:02.64 | Pol Guillén Duñó              | 77  | FC Barcelona        | 1/3/03  | València            |
| 8:04.32 | Marco Antonio Cepeda Martín   | 74  | Puma SA             | 20/2/00 | Vilafranca          |
| 8:05.45 | Juan Torres Díaz              | 57  | FC Barcelona        | 22/2/83 | València            |
| 8:05.45 | Ricard Fernández Carrión      | 74  | CD Nike Int.        | 9/1/00  | Vilafranca          |
| 8:05.74 | Abdelaziz Merzougui Nourddine | 91  | FC Barcelona        | 16/2/13 | Sabadell            |
| 8:05.78 | Santiago Catrofe Cacharrón    | 99  | CA Sta Cristina Aro | 8/2/20  | Zaragoza            |
| 8:05.88 | Pau Bundó Teixidó             | 70  | FC Barcelona        | 25/2/95 | València            |
| 8:05.90 | Raül Aldehuela Pascual        | 76  | FC Barcelona        | 9/1/00  | Vilafranca          |
| 8:06.0  | José Luis Gil Rampérez        | 56  | FC Barcelona        | 29/1/77 | San Sebastián       |
| 8:06.50 | Victor Vinyals Domingo        | 71  | FC Barcelona        | 23/2/97 | València            |
| 8:06.54 | Mohamed Zarhouni Zaitouni     | 95  | FC Barcelona        | 7/2/17  | Sabadell            |
| 8:07.50 | Juan José Gómez Titos         | 76  | CD Nike I.          | 1/2/98  | Vilafranca          |
| 8:07.51 | Abdessamad Oukhelfen B Haddou | 98  | Playas Castellón    | 26/1/20 | Sabadell            |
| 8:07.68 | Ilias Fifa Temsamani          | 89  | FC Barcelona        | 30/1/16 | València            |
| 8:08.11 | Daniel Abate Garcia Ardiaca   | 94  | CA Igualada         | 19/1/18 | Bloomington (USA)   |
| 8:08.60 | Sergi Silvero Campos          | 80  | JA Sabadell         | 19/1/08 | Vilafranca          |
| 8:08.66 | Ignacio Cáceres Llorca        | 76  | Puma Chapín Jerez   | 27/1/01 | València            |
| 8:08.77 | Anasse Mahboub El Hamdouini   | 99  | AA Palamós          | 13/2/18 | Sabadell            |
| 8:09.16 | Carles Castillejo Salvador    | 78  | FC Barcelona        | 22/1/05 | València            |
| 8:09.24 | Antonio López Segura          | 00  | FC Barcelona        | 7/2/20  | Winston-Salem (USA) |
| 8:09.74 | Fco. Javier Munuera Díaz      | 72  | CA Diputació BCN    | 3/3/95  | Barcelona           |
| 8:10.75 | Benito Nogales Cremades       | 65  | CA Vic              | 3/3/95  | Barcelona           |
| 8:11.1  | Inocencio López López         | 66  | Nike AC             | 5/2/94  | San Sebastián       |
| 8:11.25 | Ignasi Taló Valls             | 68  | EE Brafa            | 18/1/97 | Vilafranca          |
| 8:11.50 | Juan Ramón Muñoz López        | 65  | FC Barcelona        | 23/1/88 | San Sebastián       |
| 8:11.98 | Ibrahim Chakir Elosri         | 94  | Atletismo Numantino | 2/2/19  | San Sebastián       |
| 8:12.01 | Mourad Mounim Naaman          | 95  | AA Catalunya        | 26/1/20 | Sabadell            |
| 8:12.29 | Victor M. Morente Guerrero    | 71  | Puma SS             | 1/2/98  | Vilafranca          |
| 8:13.17 | Roger Roca Dalmau             | 78  | CA Igualada         | 14/2/04 | València            |
| 8:13.19 | Lahcen Ait Alibou Ouahda      | 96  | CA Igualada         | 8/2/21  | Barcelona           |
| 8:14.47 | Juan Viudes Sánchez           | 67  | Nike AC             | 3/3/95  | Barcelona           |
| 8:15.17 | Manuel Garcia Díaz            | 73  | Nike AC             | 27/2/93 | San Sebastián       |
| 8:15.48 | David Pujolar Segura          | 70  | Atl. Tossal         | 11/2/93 | Madrid              |
| 8:15.95 | Francisco López Sánchez       | 71  | JA Sabadell         | 16/2/92 | Oviedo              |
| 8:16.16 | Mateo de Dalmases Friday      | 96  | Cornellà At.n       | 3/2/18  | Boston (USA)        |
| 8:16.6  | José A. Martínez Bayo         | 52  | CN Barcelona        | 2/3/74  | Sabadell            |
| 8:17.09 | Jorge Bello Sarasa            | 63  | CN Barcelona        | 10/2/85 | San Sebastián       |
| 8:17.70 | Jose Blas Serrano Ros         | 72  | CA Diputació BCN    | 1/2/98  | Vilafranca          |
| 8:17.88 | Miguel A. Arjona Rodríguez    | 68  | AA Catalunya        | 25/2/95 | Barcelona           |
| 8:17.89 | Jordi Ledesma Calvet          | 76  | CA Lleida-UdL       | 28/1/01 | Vilafranca          |
| 8:17.96 | Eduardo Exposito Izquierdo    | 79  | Integra 2-L'H-CNB   | 26/1/02 | València            |
| 8:18.79 | Raul Soriano Garcia           | 73  | CN Montjuïc         | 18/2/96 | Vilafranca          |
| 8:18.94 | Albert Casals Barat           | 70  | FC Barcelona        | 18/1/92 | Zaragoza            |
| 8:20.12 | Abdeslam Louah Khattabi       | 81  | CE Sant Julià       | 15/1/17 | Sabadell            |
| 8:20.12 | Elias Rachidi Ben Haddi       | 99  | At. Albacete        | 13/2/21 | València            |



CATEGORIA MASCULINA

3.000 metres llisos.

| Marca  | Atleta                      | Any | Club                | Data     | Lloc          |
|--|-----------------------------|-----|---------------------|----------|---------------|
| <u>Atletes estrangers amb llicència catalana</u> |                             |     |                     |          |               |
| 8:06.56  | Ilias Fifi (MAR)            | 89  | FC Barcelona        | 25/2/12  | Sabadell      |
| 8:07.11  | Omar Oughzif (MAR)          | 85  | JA Sabadell         | 25/2/12  | Sabadell      |
| 8:09.52  | Abderrahim Ougra (MAR)      | 99  | GEiE Gironí         | 8/2/20   | Zaragoza      |
| 8:09.99  | Nahuel Carabaña (AND)       | 99  | Playas de Castellón | 8/2/21   | Barcelona-PSJ |
| 8:10.58  | Khalid Merroune (MAR)       | 85  | ADAS                | 11/12/11 | Sabadell      |
| 8:10.72  | Khalid Aamri (MAR)          | 77  | Medilast-Carrefour  | 28/1/06  | València      |
| 8:11.35  | El Mehdi Aboujanah (MAR)    | 87  | FC Barcelona        | 7/2/17   | Sabadell      |
| 8:12.31  | Brahim Fateh (MAR)          | 93  | ISS-L'Hospitalet    | 13/2/18  | Sabadell      |
| 8:15.06  | Khalid Oughzif (MAR)        | 96  | AA Catalunya        | 7/2/17   | Sabadell      |
| 8:20.25  | Mohaned Ait Ben Aissa (MAR) | 89  | Cornellà At.        | 1/2/15   | Sabadell      |

CATEGORIA MASCULINA

60 metres tanques. (1,067)

| Marca | Atleta                         | Any | Club                | Data     | Lloc           |
|-------|--------------------------------|-----|---------------------|----------|----------------|
| 7.52  | Jackson A. Quiñonez Vermaza    | 80  | FC Barcelona        | 24/2/08  | València       |
| 7.60  | Javier Moracho Torrente        | 57  | FC Barcelona        | 12/2/84  | San Sebastián  |
| 7.69  | Javier Vega Rubio              | 75  | València CA         | 13/2/00  | San Sebastián  |
| 7.71  | Carles Sala Molera             | 60  | FC Barcelona        | 8/2/85   | Madrid         |
| 7.78  | Antoni Lanau Martí             | 66  | L'Hospitalet Atl.   | 11/3/95  | Barcelona      |
| 7.81  | Juan Lloveras Calvet           | 55  | FC Barcelona        | 1/3/78   | Cosford (GBR)  |
| 7.85  | Jesús Font Artuñedo            | 72  | FC Barcelona        | 27/2/94  | Sevilla        |
| 7.86  | Gerard Mateu Porrás Cantons    | 96  | FC Barcelona        | 26/2/16  | Madrid         |
| 7.90  | Felix Belmar López             | 78  | FC Barcelona        | 8/2/00   | Sevilla        |
| 7.91  | Marc Galé González             | 98  | Cornellà At.        | 21/2/21  | Madrid         |
| 7.94  | Arnau Erta Majó                | 92  | FC Barcelona        | 9/2/19   | Gante (BEL)    |
| 7.97  | Daniel Carrillo Roldán         | 77  | AA Catalunya        | 9/2/97   | Zaragoza       |
| 7.99  | Carles Lloveras Calvet         | 61  | CA Vilanova         | 21/2/88  | València       |
| 8.00  | Xavier Brunet Pamies           | 71  | CA Igualada         | 7/2/93   | Zaragoza       |
| 8.08  | David Sitjà Serra              | 74  | GEiE Gironí         | 19/1/92  | Zaragoza       |
| 8.09  | Aleix Porrás Cantons           | 99  | FC Barcelona        | 11/1/19  | Sabadell       |
| 8.10  | Carlos Adosis Besa             | 76  | FC Barcelona        | 9/2/97   | Zaragoza       |
| 8.11  | Marc José Díaz                 | 93  | Fent Camí Mislata   | 21/2/15  | Antequera      |
| 8.12  | Adrià Parellada Díez           | 53  | CD Universitari     | 15/2/75  | Madrid         |
| 8.12  | Daniel Bonet López             | 68  | FC Barcelona        | 9/2/92   | Zaragoza       |
| 8.12  | Jan Sans Riola                 | 98  | CA Tarragona        | 5/2/17   | Sabadell       |
| 8.12  | Javier Lorente Unión           | 98  | L'Hospitalet At.    | 29/2/20  | Ourense        |
| 8.14  | Santi Ferrer Graboleda         | 77  | AA Catalunya-UBAE   | 10/2/02  | Zaragoza       |
| 8.15  | Albert Torné Ripoll            | 63  | FC Barcelona        | 25/2/84  | Zaragoza       |
| 8.15  | Esteve Martín Guiral           | 75  | FC Barcelona        | 4/3/00   | Escaldes (AND) |
| 8.16  | David Sanahuja Llord           | 68  | FC Barcelona        | 9/2/92   | Zaragoza       |
| 8.17  | Jesús Castillo Patiño          | 93  | Cornellà At.        | 17/2/19  | Antequera      |
| 8.23  | Marc Magrans de Abril          | 76  | Playas de Castellón | 22/2/04  | València       |
| 8.22  | Santi Ramos Sanz               | 95  | CA Igualada         | 12/2/17  | Madrid         |
| 8.24  | Sergi Raya Blanco              | 81  | FC Barcelona        | 4/3/00   | Escaldes (AND) |
| 8.25  | Cristian López Mondejar        | 80  | AA Catalunya-UBAE   | 16/2/02  | Sevilla        |
| 8.25  | Agustí Felix Esbri             | 79  | Playas Castelló     | 12/2/06  | Praga (CZE)    |
| 8.26  | Antonio José Piedra Usero      | 67  | AE L'Hospitalet     | 13/3/88  | Zaragoza       |
| 8.27  | Eloi Santafé Pagà              | 01  | CA Igualada         | 9/2/20   | Sabadell       |
| 8.28  | Marc Julià Bonmatí             | 78  | GEiE Gironí         | 1/2/04   | Vilafranca     |
| 8.28  | Christian Montero Hernández    | 91  | JA Sabadell         | 16/2/13  | Sabadell       |
| 8.28  | Esteban Fernández-Dávila Lazo  | 95  | ISS-L'Hospitalet    | 23/12/18 | Sabadell       |
| 8.29  | Juan Manuel Corbacho Rodríguez | 85  | CA Granollers       | 13/3/11  | Sabadell       |
| 8.29  | Joan Moreno Martínez           | 00  | L'Hospitalet At.    | 9/2/20   | Sabadell       |
| 8.30  | Daniel Pacheco Polonio         | 93  | Cornellà At         | 17/2/19  | Antequera      |
| 8.31  | Romà Blum Serra                | 70  | GEiE Gironí         | 7/2/93   | Zaragoza       |
| 8.31  | Marcel Moliner Fabregas        | 93  | FC Barcelona        | 9/2/13   | San Sebastián  |
| 8.32  | Mario Farré Suria              | 67  | CN Barcelona        | 11/1/86  | San Sebastián  |
| 8.32  | Marc Cucala Puig               | 73  | CN Poble Nou        | 13/2/94  | Zaragoza       |
| 8.33  | Francisco J. Macián Figuerola  | 57  | CN Barcelona        | 5/2/77   | Madrid         |
| 8.33  | Jesús Catón Villarroya         | 68  | FC Barcelona        | 9/2/91   | Zaragoza       |
| 8.33  | Sergi Matas Garcia             | 78  | Oviedo At           | 13/2/11  | Sabadell       |
| 8.35  | Jordi Costa Casadevall         | 74  | CN Barcelona        | 23/2/97  | València       |
| 8.37  | Marc Bel Pascual               | 76  | CN Poble Nou        | 28/1/01  | Vilafranca     |
| 8.41  | Sergio Alarcón Rubio           | 65  | FC Barcelona        | 16/2/85  | Madrid         |
| 8.41  | Luis Sobrado Garcia            | 84  | Integra 2-L'H-CNB   | 2/3/02   | València       |
| 8.42  | Fafael Serra Soler             | 67  | CG Barcelonès       | 21/2/88  | València       |
| 8.42  | Carlos González Acebes         | 73  | CGB-L'H             | 24/2/91  | Zaragoza       |
| 8.43  | Angel Massa Sala               | 72  | CA Lloret           | 12/2/94  | Zaragoza       |
| 8.44  | Antoni Creus Melgosa           | 64  | CA Castellar        | 6/2/88   | Torino (ITA)   |
| 8.44  | Albert Álvarez López           | 89  | CA Manresa          | 1/3/09   | San Sebastián  |
| 8.44  | Eric Pérez Chica               | 97  | AA Catalunya        | 21/1/18  | Sabadell       |
| 8.45  | Manuel Alpuente Toledano       | 63  | AE L'Hospitalet     | 5/2/89   | Sevilla        |
| 8.45  | Pau Aragonés Camacho           | 98  | AA Catalunya        | 26/1/20  | Sabadell       |
| 8.46  | José Carlos Martín Bermudo     | 78  | CA Cambrils         | 15/1/00  | Vilafranca     |
| 8.46  | Gerard Pérez Robusté           | 97  | Playas de Castellón | 22/2/20  | Sabadell       |
| 8.47  | Paul Buscail Pavia             | 65  | FC Barcelona        | 3/3/91   | Zaragoza       |
| 8.47  | Josep Maria Esteban Martín     | 73  | CA Igualada         | 7/2/93   | Zaragoza       |
| 8.47  | Iván Benítez Lazcano           | 89  | CN Reus Ploms       | 29/1/11  | Sabadell       |
| 8.47  | Oscar Quesada Cano             | 98  | ISS-L'Hospitalet    | 27/1/19  | Sabadell       |

CATEGORIA MASCULINA

60 metres tanques. (1,067)

| Marca  | Atleta                       | Any | Club              | Data    | Lloc          |
|--|------------------------------|-----|-------------------|---------|---------------|
| <u>Atletes estrangers amb llicència catalana</u> |                              |     |                   |         |               |
| 7.86   | Igor Kazanov (RUS)           | 63  | Integra 2-L'H-CNB | 16/1/00 | Vilafranca    |
| 8.12   | James Thorson (USA)          | 63  | FC Barcelona      | 8/2/85  | Madrid        |
| 8.13   | Mustapha Sdad (MAR)          | 70  | CA Vic            | 24/2/96 | San Sebastián |
| 8.15   | Vadim Zadoinov (MDA)         | 69  | Integra 2-L'H-CNB | 3/2/02  | Vilafranca    |
| 8.24   | Nabil Fahmi (MAR)            | 71  | CA Vic            | 20/2/00 | Vilafranca    |
| 8.25   | Yassir EL BOUSSETTAOUI (MAR) | 01  | CA Figueres       | 27/2/21 | Zaragoza      |
| 8.43   | Cvetomir Rumenov Kirov (BUL) | 85  | FC Barcelona      | 9/2/13  | Sabadell      |

CATEGORIA MASCULINA

Salt d'Alçada.

| Marca  | Atleta                      | Any | Club               | Data    | Lloc            |
|--|-----------------------------|-----|--------------------|---------|-----------------|
| 2.23   | Jordi Rofes Moliner         | 76  | FC Barcelona       | 26/2/94 | Sevilla         |
| 2.21   | Gustavo A. Becker Lasso     | 66  | FC Barcelona       | 16/2/85 | Madrid          |
| 2.20   | Lemen Fatty Koma            | 82  | Integra 2-L'H-CNB  | 24/2/02 | Zaragoza        |
| 2.18   | Martí Perarnau Grau         | 55  | FC Barcelona       | 10/2/80 | Oviedo          |
| 2.18   | Marc Sánchez Alonso         | 95  | CA Igualada        | 13/2/18 | Sabadell        |
| 2.17   | Xesc Tresens Redón          | 97  | FC Barcelona       | 9/2/20  | Sabadell        |
| 2.16   | Xavier Brunet Pamies        | 71  | Integra 2-L'H-CNB  | 27/1/02 | Zaragoza        |
| 2.15   | Xavier Fabian Ballabriga    | 64  | CAV Andorra        | 16/2/91 | Sevilla         |
| 2.15   | Miquel Vélez Martín         | 83  | FC Barcelona       | 18/2/07 | Sevilla         |
| 2.14   | Marc Pagès Corella          | 74  | FC Barcelona       | 20/2/00 | Vilafranca      |
| 2.13   | Carles Triadó Subirana      | 87  | ISS-L'Hospitalet   | 28/2/10 | València        |
| 2.13   | Angel Torrero Pozo          | 01  | AA Catalunya       | 29/2/20 | Ourense         |
| 2.12   | Esteve Martín Guiral        | 75  | CAV Andorra        | 4/2/96  | Vilafranca      |
| 2.12   | Albert Pujadas Tortosa      | 84  | AA Catalunya-UBAE  | 8/2/04  | Oviedo          |
| 2.12   | Jackson Quiñonez Vermaza    | 80  | FC Barcelona       | 8/2/09  | Vilafranca      |
| 2.11   | Sergi Lanau Agustina        | 77  | FC Barcelona       | 1/2/98  | Vilafranca      |
| 2.10   | Carlos J. González Calderón | 71  | AA Catalunya       | 28/1/95 | Sant Cugat      |
| 2.10   | Agustí Felix Esbri          | 79  | Playas Castelló    | 27/1/07 | Zaragoza        |
| 2.10   | Marc Bertrán Santos         | 90  | AA Catalunya       | 22/1/12 | Sabadell        |
| 2.10   | Eduard Fabregas Pérez       | 97  | At. Intec-Zoiti    | 29/2/20 | Ourense         |
| 2.09   | Francisco J. Sacrest Roca   | 57  | CA Vic             | 5/2/77  | Madrid          |
| 2.09   | Ranesc Perarnau Grau        | 64  | FC Barcelona       | 11/1/86 | San Sebastián   |
| 2.08   | Ramon Campa Stops           | 62  | CN Barcelona       | 1/3/81  | Madrid          |
| 2.08   | Juan Valderrama Jiménez     | 58  | GE Seat            | 16/2/85 | Madrid          |
| 2.08   | Lluís Orona Sanz            | 70  | CAV Andorra        | 3/3/90  | Sant Cugat      |
| 2.08   | Marc Tuset Pallarés         | 83  | AA Catalunya-UBAE  | 25/1/03 | Zaragoza        |
| 2.08   | Ignasi Abián Damians        | 86  | AA Catalunya       | 19/2/11 | València        |
| 2.08   | Hector Ramos Gandia         | 00  | CA Igualada        | 3/3/18  | Ourense         |
| 2.08   | Daniel Torrero Pozo         | 01  | AA Catalunya       | 24/1/21 | Barcelona-PSJ   |
| 2.07   | Jesús Castillo Patiño       | 93  | Cornellà At.       | 18/2/17 | Salamanca       |
| 2.07   | Roger Martínez Roig         | 96  | AA Catalunya       | 2/2/20  | Sabadell        |
| 2.06   | Pere Servetto Olivé         | 64  | CN Vilafranca      | 26/2/83 | San Sebastián   |
| 2.06   | Edgar Climent Zhou          | 03  | Unió Colomenca At. | 7/3/21  | Antequera       |
| 2.05   | José Luis Jiménez Villar    | 59  | CN Barcelona       | 26/1/80 | Sabadell        |
| 2.05   | Xavier López Hernández      | 70  | CA Sitges          | 2/3/91  | Turín (ITA)     |
| 2.05   | Fernando Molero Cuevas      | 72  | CAL-CNF            | 19/2/94 | Zaragoza        |
| 2.05   | Victor Coll Sicluna         | 98  | FC Barcelona       | 14/1/18 | Sabadell        |
| 2.05   | Adrià Navajón Fabregat      | 01  | FC Barcelona       | 16/1/21 | Manhattan (USA) |
| 2.04   | Antonio Corgos Cervantes    | 60  | CD Universitari    | 25/2/79 | Madrid          |
| 2.04   | Jordi Vila Viñas            | 55  | AD Antorxa         | 10/2/80 | Oviedo          |
| 2.04   | Antonio Albarrán Baca       | 64  | CA Granollers      | 16/2/85 | Madrid          |
| 2.03   | Jesús M. López Mañoso       | 47  | RCD Español        | 15/3/69 | Barcelona       |
| 2.03   | Abraham Ferriz Alvaro       | 69  | CAV Andorra        | 14/1/95 | Sant Cugat      |
| 2.03   | Jordi Y. Matsuoka Satorras  | 96  | CA Igualada        | 8/3/14  | Sabadell        |
| 2.02   | Fernando Riera Fischer      | 62  | CG Barcelonès      | 11/2/79 | Zaragoza        |
| 2.02   | Rafael Sánchez Muñoz        | 76  | JA Sabadell        | 14/1/96 | Vilafranca      |
| 2.02   | Jorge Romero Vargas         | 89  | CA Lloret-La Selva | 4/3/07  | Zaragoza        |
| 2.02   | Gerard Girbau López         | 02  | CA Granollers      | 31/1/21 | Barcelona-PSJ   |
| 2.01   | Jacinto Santamaria Pérez    | 62  | CA Igualada        | 1/3/81  | Madrid          |
| 2.01   | Juan C. Fernández González  | 64  | CN Barcelona       | 26/2/83 | San Sebastián   |
| 2.01   | Xabier Sanjuan Muñoz        | 77  | CA Tarragona       | 3/3/95  | Barcelona       |
| 2.01   | Ignasi Perona Guirado       | 76  | CAV Andorra        | 5/3/95  | Barcelona       |
| 2.01   | Josep Maria Torres Muñoz    | 79  | JA Sabadell        | 19/1/97 | Vilafranca      |
| 2.01   | Marc Bel Pascual            | 76  | AA Catalunya       | 7/2/98  | Sevilla         |
| 2.01   | Albert Álvarez López        | 89  | CA Manresa         | 12/3/06 | San Sebastián   |
| 2.01   | Daniel Lorente Unión        | 98  | L'Hospitalet At.   | 12/2/21 | Barcelona-PSJ   |
| 2.01   | Pol Roca Carreras           | 02  | CA Igualada        | 12/2/21 | Barcelona-PSJ   |
| 2.00   | Angel Luis Garcia Jerez     | 55  | Reus Deportiu      | 14/3/81 | Oviedo          |
| 2.00   | Lluís Gibert Serrano        | 69  | CN Reus Ploms      | 28/2/87 | Zaragoza        |
| 2.00   | Ramón Llahuet Borrull       | 62  | GEiE Gironí        | 20/2/88 | València        |
| 2.00   | Paul Buscail Pavia          | 65  | AE L'Hospitalet    | 4/2/89  | Sevilla         |
| 2.00   | Josep Ma. Gener Boadas      | 80  | GEiE Gironí        | 27/1/01 | Vilafranca      |
| 2.00   | Frederic Cubells Fernández  | 84  | FC Barcelona       | 2/2/03  | Vilafranca      |
| <u>Atletes estrangers amb llicència catalana</u> |                             |     |                    |         |                 |
| 2.06   | Viktor Fajoyomi (HUN)       | 63  | CA Canaletes       | 17/1/16 | Sabadell        |

CATEGORIA MASCULINA

Salt amb Perxa.

| Marca  | Atleta                        | Any | Club                | Data    | Lloc                   |
|--|-------------------------------|-----|---------------------|---------|------------------------|
| 5.70   | Javier García Chico           | 66  | Adidas RT           | 15/2/97 | Zaragoza               |
| 5.65   | Daniel Martí Lluch            | 73  | Larios AAM          | 12/2/94 | Zaragoza               |
| 5.65   | Juan G. Concepción Zambrano   | 72  | Larios AAM          | 2/2/97  | Vilafranca             |
| 5.60   | Igor Bychkov Bychkova         | 87  | Playas de Castellón | 1/3/14  | Madrid-CSD             |
| 5.60   | Didac Salas Planas            | 93  | FC Barcelona        | 6/3/15  | Praga (CZE)            |
| 5.55   | Alberto Ruiz Benito           | 60  | CN Barcelona        | 3/2/85  | Torí (ITA)             |
| 5.50   | David Gracia Ochoa            | 70  | FC Barcelona        | 27/2/93 | San Sebastián          |
| 5.42   | Santiago Bañón Clivillé       | 74  | JA Sabadell         | 24/2/96 | San Sebastián          |
| 5.42   | Alex Gracia Gasulla           | 00  | FC Barcelona        | 20/2/21 | Madrid                 |
| 5.40   | Roger Oriol Segura            | 57  | FC Barcelona        | 17/1/81 | Zaragoza               |
| 5.40   | Francesc Mas Sánchez          | 68  | València CF         | 27/2/93 | San Sebastián          |
| 5.40   | Roger Noguera Fornós          | 82  | CA Carrefour.Lleida | 8/3/03  | Espinho (POR)          |
| 5.35   | Manel Concepción Martín       | 90  | Playas de Castellón | 25/2/12 | Sabadell               |
| 5.33   | Albert Vélez Martín           | 88  | FC Barcelona        | 12/1/13 | Aubiere (FRA)          |
| 5.31   | Gabriel Martínez Pons         | 77  | CA Laietània        | 20/2/99 | Sevilla                |
| 5.31   | Raul Mayor Gómez              | 79  | Medilast Sport      | 17/2/07 | Sevilla                |
| 5.25   | Jordi Villalabeitia Sánchez   | 78  | AA Catalunya-UBAE   | 17/2/01 | Sant Cugat             |
| 5.35   | Aleix Pí Portet               | 96  | AA Catalunya        | 9/2/19  | Rouen (FRA)            |
| 5.22   | Robert Aleu Consegal          | 65  | FC Barcelona        | 27/2/90 | Sevilla                |
| 5.21   | Joan Planas Illas             | 81  | AA Catalunya-UBAE   | 14/2/04 | València               |
| 5.21   | Oscar Oliver Obiol            | 92  | AD Marathon         | 9/2/13  | San Sebastián          |
| 5.20   | Miguel Angel Ruiz Cuadra      | 73  | CA Vilanova         | 11/2/95 | San Sebastián          |
| 5.20   | Robert Villa Carol            | 81  | Puma Chapín Jerez   | 27/1/02 | Vilafranca             |
| 5.20   | David Moya Moreno             | 89  | AA Catalunya        | 16/2/14 | Sabadell               |
| 5.20   | Oscar Prieto Blasco           | 99  | FC Barcelona        | 15/2/20 | Salamanca              |
| 5.15   | Noel del Cerro Vilalta        | 97  | AA Catalunya        | 18/1/15 | Sabadell               |
| 5.15   | Ricard Clemente Martí         | 94  | Avinent Manresa     | 5/3/16  | Madrid                 |
| 5.11   | Fco. J. Rodríguez Granados    | 80  | CAB Puerto Alicante | 29/1/05 | Zaragoza               |
| 5.10   | Oriol Adeva Fillol            | 84  | FC Barcelona        | 6/2/05  | Madrid                 |
| 5.10   | Eloi Guimerà Prieto           | 92  | JA Sabadell         | 22/1/11 | Sabadell               |
| 5.05   | Albert Merigó Magriñà         | 69  | AA Catalunya        | 27/1/96 | Vilafranca             |
| 5.05   | Marc Vela Genesca             | 94  | FC Barcelona        | 10/3/12 | San Sebastián          |
| 5.04   | Alex Cristià Pérez            | 86  | ISN Navarra At      | 9/2/13  | Villeurbanne (FRA)     |
| 5.03   | Salvador Vila Camprodón       | 65  | CA Vic              | 26/1/91 | Sant Cugat             |
| 5.01   | Tomás Abellán Alonso d Medina | 88  | Medilast Sport      | 3/3/07  | Zaragoza               |
| 5.01   | Artur Coll Sicluna            | 01  | FC Barcelona        | 31/1/21 | Barcelona-PSJ          |
| 5.00   | Salvador Maranges Costa       | 56  | FC Barcelona        | 17/1/81 | Zaragoza               |
| 5.00   | Xavier Saz Corcoll            | 58  | CN Barcelona        | 20/2/82 | Oviedo                 |
| 5.00   | Javier Marqués Sánchez        | 70  | CN Montjuïc         | 16/1/93 | Sant Cugat             |
| 5.00   | Victor Zardoya Lladó          | 83  | CAI Gran Canaria    | 6/2/05  | Madrid                 |
| 5.00   | Agustí Felix Esbri            | 79  | Playas Castelló     | 12/2/06 | Praga (TXE)            |
| 5.00   | Marc Tomey Cebollero          | 00  | JA Sabadell         | 26/1/20 | Sabadell               |
| 4.96   | Victor Coll Sicluna           | 98  | FC Barcelona        | 4/3/17  | València               |
| 4.95   | Marc Magrans de Abril         | 76  | Playas Castelló     | 6/2/05  | Clermont Ferrand (FRA) |
| 4.95   | Albert Álvarez López          | 89  | FC Barcelona        | 3/2/13  | Sabadell               |
| 4.95   | Jon Cervellera Domínguez      | 97  | UA Montsià          | 9/2/19  | Salamanca              |
| 4.92   | Jorge Inglavaga López         | 65  | FC Barcelona        | 5/3/94  | Sant Cugat             |
| 4.92   | Miquel Vilchez Vendrell       | 93  | CAV Andorra         | 9/2/17  | Andorra (AND)          |
| 4.90   | Xavier Pozuelo Monfort        | 87  | CAB Pto. Alicante   | 12/2/06 | Zaragoza               |
| 4.90   | Alex Teruel Sánchez           | 03  | CA Canaletes        | 27/1/19 | Sabadell               |
| 4.90   | Oriol Almirall Soler          | 00  | CA Nou Barris       | 3/2/19  | Sabadell               |
| 4.90   | Biel Tenias Tenas             | 02  | ISS-L'Hospitalet    | 9/2/19  | Sabadell               |
| 4.85   | Edgar Nolla Mateu             | 02  | UA Montsià          | 9/2/19  | Sabadell               |
| 4.82   | Miquel Consegal Oliveras      | 43  | CN Barcelona        | 5/2/72  | Sabadell               |
| 4.80   | Julio Rifater Ferrer          | 54  | AD Antorxa          | 17/2/79 | Madrid                 |
| 4.80   | Aurelio Oriol Segura          | 60  | CN Barcelona        | 19/1/80 | Zaragoza               |
| 4.80   | Xavier Ripoll Pérez           | 68  | Cornellà At.        | 30/1/93 | Sant Cugat             |
| 4.80   | Sergio Soldado Guerra         | 75  | CN Montjuïc         | 18/1/97 | Vilafranca             |
| 4.80   | Xavier Brunet Pamies          | 71  | Integra 2-L'H-CNB   | 13/2/00 | San Sebastián          |
| 4.80   | Pere Joseph Vilaplana         | 85  | FC Barcelona        | 26/1/03 | Cardiff (GBR)          |
| 4.80   | Esteban Montero Rutllán       | 89  | ISS-L'Hospitalet    | 3/2/07  | Vilafranca             |
| 4.80   | Adrià Puig Facundo            | 91  | CA Laietània        | 8/2/15  | Sabadell               |
| 4.80   | Theo Ruiz Jovar               | 01  | CA Igualada         | 7/2/21  | Barcelona-PSJ          |
| <u>Atletes estrangers amb llicència catalana</u> |                               |     |                     |         |                        |
| 5.00   | Kirill Potapovich (SWE)       | 90  | ISS-L'Hospitalet    | 10/2/08 | San Sebastián          |

CATEGORIA MASCULINA

Salt de Llargada.

| Marca  | Atleta                      | Any | Club               | Data    | Lloc           |
|--|-----------------------------|-----|--------------------|---------|----------------|
| 8.12   | Antonio Corgos Cervantes    | 60  | FC Barcelona       | 22/2/86 | Madrid         |
| 7.66   | Jordi Y. Matsuoka Satorras  | 96  | CA Igualada        | 14/2/16 | Sabadell       |
| 7.61   | Rubén Pros Guasch           | 90  | FC Barcelona       | 5/2/11  | Sevilla        |
| 7.58   | Ponciano Ramírez Muñoz      | 71  | FC Barcelona       | 14/2/93 | Zaragoza       |
| 7.58   | Jaume Vila Massagué         | 69  | CA Granollers      | 27/2/94 | Sevilla        |
| 7.57   | Josep Maria Gener Boadas    | 80  | GEiE Gironí        | 24/2/01 | València       |
| 7.54   | Jordi Llop Perelló          | 76  | CG Tarragona       | 11/2/96 | Vilafranca     |
| 7.53   | Francesc Xavier Valls Tort  | 71  | AA Catalunya-UBAE  | 28/1/01 | Vilafranca     |
| 7.52   | Esteve Martín Guiral        | 75  | FC Barcelona       | 20/2/00 | Vilafranca     |
| 7.50   | Jordi Alcaide Mondejar      | 71  | FC Barcelona       | 26/2/95 | València       |
| 7.48   | Francisco Miranda Díaz      | 60  | CG Barcelonès      | 6/2/82  | París (FRA)    |
| 7.48   | Alberto Sanz Lorenzo        | 77  | FC Barcelona       | 19/1/02 | Zaragoza       |
| 7.44   | Jordi Vila Viñas            | 55  | FC Barcelona       | 15/2/85 | Madrid         |
| 7.44   | Agustín Felix Esbri         | 79  | FC Barcelona       | 21/2/09 | Sevilla        |
| 7.43   | Albert Andrade Corbalán     | 77  | FC Barcelona       | 18/2/96 | Sevilla        |
| 7.42   | Adrià Navajón Fabregat      | 01  | FC Barcelona       | 9/2/20  | Sabadell       |
| 7.41   | Miguel Moya Moreno          | 84  | Carrefour-Lleida   | 16/1/05 | Vilafranca     |
| 7.40   | Manuel Gutierrez Toca       | 60  | AE L'Hospitalet    | 28/1/89 | Sevilla        |
| 7.40   | José Campos Garcia          | 65  | FC Barcelona       | 19/1/91 | Oviedo         |
| 7.40   | Jaime Guerra Alejandro      | 99  | Cornellà At.       | 13/1/19 | Sabadell       |
| 7.39   | José De Sola Susperregui    | 52  | FC Barcelona       | 4/2/78  | Oviedo         |
| 7.39   | Eduardo Pérez Neila         | 78  | Airtel AAM         | 7/2/99  | Vilafranca     |
| 7.39   | Robert Díez Ibáñez          | 88  | ISS-L'Hospitalet   | 16/1/10 | Vilafranca     |
| 7.38   | Josep Ma. Torras Floriach   | 72  | L'Hospitalet Atl.  | 27/2/94 | Sevilla        |
| 7.36   | Sergio Acera Villanueva     | 94  | AA Catalunya       | 28/2/15 | New York (USA) |
| 7.35   | Gabriel Pedrerol Durall     | 65  | CE Universitari    | 8/2/86  | Madrid         |
| 7.33   | Marc Julià Bonmatí          | 78  | GEiE Gironí        | 16/1/00 | Vilafranca     |
| 7.33   | Roger Carulla Ensink        | 87  | Medilast-Carrefour | 15/1/06 | Vilafranca     |
| 7.33   | Gonzalo Ferrer Minguez      | 83  | Medilast Sport     | 11/2/07 | Vilafranca     |
| 7.32   | Marc Magrans de Abril       | 76  | GEiE Gironí        | 22/2/97 | València       |
| 7.31   | Dario Sirerol Jiménez       | 96  | CA Igualada        | 13/2/21 | Barcelona-PSJ  |
| 7.30   | Francesc X. Ballell Boleda  | 56  | CG Barcelonès      | 17/1/81 | Zaragoza       |
| 7.30   | Jesús F. Montolio Alcón     | 70  | CN Reus Ploms      | 9/2/92  | Zaragoza       |
| 7.29   | Albert Álvarez López        | 89  | CA Manresa         | 7/3/09  | Cardiff (GBR)  |
| 7.29   | Daniel Pacheco Polonio      | 93  | Cornellà At        | 7/2/18  | Sabadell       |
| 7.27   | Alvaro Bartolomé Estevez    | 75  | FC Barcelona       | 25/1/97 | Vilafranca     |
| 7.27   | Rubén Ferrer López          | 81  | Integra 2-L'H-CNB  | 1/2/04  | Vilafranca     |
| 7.26   | Luis Garcia Rafanell        | 61  | CN Barcelona       | 14/1/84 | Zaragoza       |
| 7.25   | Gerard Puig Vila            | 89  | CA Laietània       | 11/2/07 | Vilafranca     |
| 7.21   | Xavier Barrubés Masip       | 00  | L'Hospitalet At.   | 9/2/20  | Sabadell       |
| 7.20   | Josep Maria Povill Moliner  | 56  | FC Barcelona       | 3/3/79  | Oviedo         |
| 7.20   | Marc Garcia Peiró           | 98  | Cornellà At.       | 31/1/21 | Barcelona-PSJ  |
| 7.19   | Oscar Moratonas Marqués     | 74  | JA Sabadell        | 14/3/93 | San Sebastián  |
| 7.19   | Victor Martínez Amezcua     | 87  | AA Catalunya-UBAE  | 27/2/05 | Vilafranca     |
| 7.18   | David Ruiz Cuadra           | 75  | CA Vilanova        | 20/1/96 | Vilafranca     |
| 7.18   | Pere Joseph Vilaplana       | 85  | FC Barcelona       | 13/1/06 | Vilafranca     |
| 7.17   | Rafael Raga Pujol           | 66  | CG Barcelonès      | 4/2/84  | San Sebastián  |
| 7.17   | Rubén Alvarez Serrano       | 75  | Pratenc AA         | 12/2/95 | San Sebastián  |
| 7.17   | Aleix Marín Alonso          | 97  | CA Igualada        | 28/1/18 | Sabadell       |
| 7.17   | Pau Abelló Simón            | 99  | CA Fent Camí M.    | 13/2/21 | València       |
| 7.14   | Pau Tarés Chain             | 67  | CGB-L'H            | 2/2/91  | Sant Cugat     |
| 7.13   | Pol Ferrer Moncusí          | 03  | Cornellà At.       | 25/1/20 | Madrid         |
| 7.12   | Eduardo Pineda Martínez     | 82  | FC Barcelona       | 8/2/04  | Oviedo         |
| 7.11   | Jordi Costa Casadevall      | 74  | CN Barcelona       | 25/2/95 | València       |
| 7.10   | Javier Moracho Torrente     | 57  | FC Barcelona       | 10/2/85 | San Sebastián  |
| 7.10   | Xavier Brunet Pamies        | 71  | CA Igualada        | 30/1/93 | Zaragoza       |
| 7.09   | José Ricardo Milán Cabezas  | 83  | CA El Corvo        | 23/1/05 | Vilafranca     |
| 7.09   | Eloi Santafé Pagà           | 01  | JA Sabadell        | 2/3/19  | Sabadell       |
| 7.08   | Alex Ballesta Alias         | 76  | CAV Andorra        | 25/1/97 | Vilafranca     |
| 7.08   | Francisco Garcia Ramos      | 87  | CA Montornès       | 23/1/10 | Vilafranca     |
| 7.08   | Aitor Caldito Gandia        | 02  | CA Igualada        | 9/3/19  | València       |
| 7.07   | Bernardo de Sola Superregui | 47  | CD Universitari    | 24/2/73 | Madrid         |
| 7.06   | Antoni Borrás Calvet        | 56  | CN Barcelona       | 19/2/83 | València       |
| <u>Atletes estrangers amb llicència catalana</u> |                             |     |                    |         |                |
| 7.09   | Dmitry Bufistov (RUS)       | 83  | CE Universitari    | 11/2/07 | Vilafranca     |

CATEGORIA MASCULINA

Triple Salt.

| Marca  | Atleta                        | Any | Club                | Data    | Lloc              |
|--|-------------------------------|-----|---------------------|---------|-------------------|
| 16.59  | Alvaro Bartolomé Estevez      | 75  | FC Barcelona        | 20/2/99 | Sevilla           |
| 16.49  | Josep Maria Torras Floriach   | 72  | L'Hospitalet Atl.   | 25/2/95 | València          |
| 16.36  | Pere Joseph Vilaplana         | 85  | FC Barcelona        | 25/2/06 | San Sebastián     |
| 16.35  | Ramon Adalia Agustí           | 98  | AA Catalunya        | 16/2/20 | Salamanca         |
| 16.34  | Jordi Vila Viñas              | 55  | FC Barcelona        | 23/2/86 | Madrid            |
| 16.33  | Antonio Corgos Cervantes      | 60  | FC Barcelona        | 20/2/80 | Milà (ITA)        |
| 16.15  | Eduardo Pérez Neila           | 78  | FC Barcelona        | 20/2/05 | Madrid            |
| 16.02  | Robert Díez Ibañez            | 88  | FC Barcelona        | 8/2/09  | Vilafranca        |
| 15.93  | Francesc Xavier Valls Tort    | 71  | FC Barcelona        | 18/2/96 | Vilafranca        |
| 15.87  | David Reinal Solans           | 69  | CGB-L'H             | 27/2/93 | San Sebastián     |
| 15.81  | Albert Batalla Flores         | 61  | CG Barcelonès       | 10/1/87 | Oviedo            |
| 15.75  | Albert Andrade Corbalán       | 77  | FC Barcelona        | 17/2/96 | Sevilla           |
| 15.72  | Jesús Bartolomé Carrascal     | 43  | FC Barcelona        | 28/2/70 | Madrid            |
| 15.72  | Jaime Guerra Alejandre        | 99  | Cornellà At.        | 1/3/20  | Ourense           |
| 15.65  | Jaume Vila Massagué           | 69  | CA Granollers       | 6/2/94  | Zaragoza          |
| 15.43  | Albert Orfila Tena            | 51  | FC Barcelona        | 20/1/73 | A Coruña          |
| 15.41  | Sergio Fernández López        | 81  | AA Catalunya-UBAE   | 31/1/04 | Zaragoza          |
| 15.39  | Daniel Pacheco Polonio        | 93  | Cornellà At         | 13/3/11 | Sabadell          |
| 15.38  | Dario Sirerol Jiménez         | 96  | CA Igualada         | 20/2/16 | San Sebastián     |
| 15.36  | Luis Miguel Amez Garcia       | 71  | FC Barcelona        | 16/2/92 | Oviedo            |
| 15.35  | Adrià Alferez Baquero         | 89  | ISS-L'Hospitalet    | 13/3/11 | Sabadell          |
| 15.21  | Albert Raga Batiste           | 94  | JA Sabadell         | 17/3/13 | Antequera         |
| 15.14  | Joaquim Fontané Masachs       | 63  | GEiE Gironí         | 8/2/87  | San Sebastián     |
| 15.09  | Gonzalo Ferrer Minguez        | 83  | Carrefour-Lleida    | 6/2/05  | Madrid            |
| 15.08  | Jaume Roca Serdà              | 96  | FC Barcelona        | 16/3/14 | Sabadell          |
| 15.04  | Guillem Domingo Ruiz          | 92  | FC Barcelona        | 8/2/15  | Sabadell          |
| 15.02  | Rubén Ferrer López            | 81  | Integra 2-L'H-CNB   | 25/3/00 | València          |
| 15.00  | Julen Sayago Cerezo           | 99  | Cornellà At.        | 13/1/19 | Sabadell          |
| 14.99  | Lamin Jammeh Sanneh           | 90  | ISS-L'Hospitalet    | 12/2/12 | Antequera         |
| 14.97  | David Serrano Fernández       | 79  | FC Barcelona        | 31/1/04 | Zaragoza          |
| 14.97  | Marc Sala Muñoz               | 03  | AA Catalunya        | 7/3/21  | Antequera         |
| 14.94  | Andrey Lavila Tort            | 03  | L'Hospitalet At.    | 7/3/21  | Antequera         |
| 14.86  | Gerard Puig Vila              | 89  | CA Laietània        | 27/1/07 | Vilafranca        |
| 14.85  | Luis Angel Caballero Garcia   | 46  | Univ. Laboral T     | 17/2/68 | Madrid            |
| 14.85  | Josep Ma. Charles Vallcanera  | 70  | CPE Canaletes       | 19/1/91 | Sant Cugat        |
| 14.81  | Xavier Montané Atero          | 71  | CAV Andorra         | 25/1/92 | Sant Cugat        |
| 14.81  | Jordi Y. Matsuoka Satorras    | 96  | CA Igualada         | 6/2/16  | Sabadell          |
| 14.81  | Pau Abelló Simón              | 99  | AA Catalunya        | 25/2/18 | Sabadell          |
| 14.78  | Juan Alberto Benito Herraes   | 72  | CA Lleida-UdL       | 14/1/96 | Vilafranca        |
| 14.78  | Miguel A. Rodríguez Rodríguez | 79  | JA Sabadell         | 22/2/98 | Vilafranca        |
| 14.76  | Alberto González Gómez        | 83  | CA Laietània        | 9/2/03  | Vilafranca        |
| 14.75  | Albert Urquia Sanz            | 95  | ISS-L'Hospitalet    | 5/2/17  | Sabadell          |
| 14.72  | Guillem Verdaguer Fajà        | 98  | AA Catalunya        | 6/2/21  | Barcelona-PSJ     |
| 14.68  | Victor del Rio Escribano      | 95  | FC Barcelona        | 17/3/13 | Antequera         |
| 14.65  | Xavier Fabian Ballabriga      | 64  | FC Barcelona        | 28/1/89 | Sevilla           |
| 14.62  | Sergio Acera Villanueva       | 94  | Playas de Castellón | 20/1/17 | Bloomington (USA) |
| 14.58  | José A. Márquez González      | 66  | AE L'Hospitalet     | 21/2/88 | València          |
| 14.55  | Lemen Fatty Koma              | 82  | Integra 2-L'H-CNB   | 18/2/01 | Vilafranca        |
| 14.53  | Ricardo Benito Guillo         | 62  | AD Antorxa          | 2/3/80  | Zaragoza          |
| 14.52  | Emilio J. Benito Sanz         | 64  | CN Barcelona        | 12/2/84 | San Sebastián     |
| 14.49  | Ramon Llahuet Borrul          | 62  | CN Barcelona        | 25/2/84 | Zaragoza          |
| 14.47  | Manuel Tamayo Perea           | 66  | FC Barcelona        | 1/3/86  | València          |
| 14.46  | Carles Gené Torelló           | 64  | CN Reus Ploms       | 31/1/88 | Zaragoza          |
| 14.46  | Jordi Bedmar Pascual          | 68  | CGB-L'H             | 16/1/93 | Sant Cugat        |
| 14.44  | Cristobal Garcia Tort         | 68  | FC Barcelona        | 28/2/87 | Zaragoza          |
| 14.40  | Oscar Moratonas Marques       | 74  | JA Sabadell         | 1/2/92  | Sant Cugat        |
| 14.37  | Cristobal Tello Olmos         | 76  | CA Vilanova         | 12/1/97 | Vilafranca        |
| 14.34  | Lucio José Martínez González  | 58  | CE Universitari     | 25/1/92 | Sant Cugat        |
| 14.34  | Xavier Martín Jarque          | 89  | CE Universitari     | 3/2/07  | Vilafranca        |
| 14.32  | Alex Frutos Colom             | 79  | AA Catalunya        | 1/2/98  | Vilafranca        |
| 14.32  | Guillem Roca Castany          | 91  | CA Vic              | 20/2/10 | Vilafranca        |
| 14.31  | Juan Carlos Ureña Sanz        | 65  | AD Altius           | 27/2/83 | San Sebastián     |
| <u>Atletes estrangers amb llicència catalana</u> |                               |     |                     |         |                   |
| 14.78  | Abdeljalil Smaq (MAR)         | 66  | Cornellà At.        | 28/1/95 | Sant Cugat        |

CATEGORIA MASCULINA

Llançament de Pes. (7,260 Kg)

| Marca  | Atleta                        | Any | Club              | Data    | Lloc            |
|--|-------------------------------|-----|-------------------|---------|-----------------|
| 18.06  | Eloi Rovira Campos            | 82  | FC Barcelona      | 25/2/06 | San Sebastián   |
| 18.01  | Carles Geronès Sierra         | 75  | FC Barcelona      | 2/2/97  | Sassnitz (GER)  |
| 17.76  | José Javier Ortega Rozalen    | 89  | FC Barcelona      | 23/2/14 | Sabadell        |
| 17.46  | Daniel Martínez Cascales      | 88  | FC Barcelona      | 30/1/16 | València        |
| 16.94  | Daniel López Suárez           | 81  | AA Catalunya      | 20/1/13 | Sabadell        |
| 16.73  | Aaron Solà Sanjuan            | 99  | AA Catalunya      | 31/1/21 | Barcelona-PSJ   |
| 16.61  | Sergi Moliner Ribelles        | 71  | CN Barcelona      | 18/1/91 | CSD-Madrid      |
| 16.32  | Josep Agustí Camats Cabré     | 68  | FC Barcelona      | 1/2/97  | San Sebastián   |
| 16.16  | Juan Briceño Serra            | 53  | FC Barcelona      | 21/2/82 | Oviedo          |
| 16.11  | V. Cristian Ravar Ladislau    | 95  | UA Montsià        | 2/12/18 | Jonesboro (USA) |
| 16.10  | Ivan Tirado Chaves            | 77  | Integra 2-L'H-CNB | 20/2/00 | Vilafranca      |
| 16.03  | Antoni Ortiz Gras             | 80  | AA Catalunya-UBAE | 27/1/02 | Vilafranca      |
| 15.72  | Ricard Ballbé Sendra          | 61  | CG Barcelonès     | 2/2/85  | Zaragoza        |
| 15.57  | José Luis Valencia Gil        | 74  | Airtel AAM        | 31/1/99 | Vilafranca      |
| 15.55  | Luis Lizaso Sainz             | 61  | FC Barcelona      | 21/2/88 | València        |
| 15.48  | Javier Rodríguez Casablanca   | 74  | CA Laietània      | 3/3/95  | Barcelona       |
| 15.46  | Iker Vaqué Mahedero           | 00  | AA Catalunya      | 26/1/20 | Sabadell        |
| 15.44  | Alfons Vidal-Quadras Rosales  | 30  | CN Barcelona      | 12/2/66 | Madrid          |
| 15.27  | Daniel Cogul Guardiola        | 01  | Lleida UA         | 24/1/21 | Barcelona-PSJ   |
| 15.25  | Albert Herrero Reñé           | 91  | CA Montornès      | 16/2/14 | Sabadell        |
| 15.22  | Alberto Tusquellas Carreño    | 66  | CN Reus Ploms     | 12/1/85 | Zaragoza        |
| 15.21  | Albert Segués Solsona         | 71  | AA Catalunya-UBAE | 12/2/00 | San Sebastián   |
| 14.98  | Sergi López Morales           | 90  | L'Hospitalet      | 31/1/21 | Barcelona-PSJ   |
| 14.96  | Isaac Clavé Guerra            | 79  | CA Laietània      | 10/1/99 | Vilafranca      |
| 14.95  | Lluis Santos Vilana           | 69  | FC Barcelona      | 19/1/92 | Zaragoza        |
| 14.90  | Armando Silvestre Morata      | 62  | CA Vilanova       | 6/2/88  | Torino (ITA)    |
| 14.84  | Joan Antoni Segarra Font      | 70  | UA Terrassa       | 4/3/89  | València        |
| 14.62  | Jaume León Fernández dSevilla | 88  | AA Catalunya      | 15/2/09 | Vilafranca      |
| 14.57  | Juan Ruiz Gracia              | 52  | AE L'Hospitalet   | 28/1/89 | Sevilla         |
| 14.24  | Antoni Pujol Garcia           | 70  | AA Catalunya      | 14/2/99 | Vilafranca      |
| 14.20  | Jordi Moya Munmany            | 94  | CA Vic            | 2/2/14  | Sabadell        |
| 14.06  | Agustín Felix Esbri           | 79  | FC Barcelona      | 19/2/11 | València        |
| 14.03  | Alberto Rey Rodríguez         | 53  | CN Barcelona      | 15/2/75 | Sabadell        |
| 14.02  | Francisco Burgos Bermejo      | 76  | CA Laietània      | 20/2/00 | Vilafranca      |
| 14.01  | Florencio Cerdà Poch          | 45  | CN Barcelona      | 13/3/65 | Madrid          |
| 14.01  | Josep Ramon Pauls Satué       | 63  | UA Terrassa       | 5/2/89  | Sevilla         |
| 13.95  | Jesús Castillo Patiño         | 93  | Cornellà At.      | 30/1/21 | Barcelona-PSJ   |
| 13.93  | Imanol Cardona Ardanuy        | 87  | UA Barberà        | 29/1/11 | Reims (FRA)     |
| 13.92  | Vicente Rodríguez Esplugas    | 75  | CA Vilafranca     | 23/2/20 | Sabadell        |
| 13.84  | Orlando Santos Rodríguez      | 47  | CF Barcelona      | 8/2/69  | Barcelona       |
| 13.81  | Sergi Cabezón Ortas           | 97  | Avinent Manresa   | 29/1/17 | Sabadell        |
| 13.75  | Bonaventura Homs Benedet      | 82  | CA Lleida-UdL     | 30/1/00 | Vilafranca      |
| 13.73  | Angel Luis Garcia Jerez       | 55  | CA Manresa        | 11/1/98 | Vilafranca      |
| 13.72  | Llorenç Cassi Morató          | 40  | CN Barcelona      | 2/3/74  | Sabadell        |
| 13.72  | Miquel Sala Cava              | 76  | CAV Andorra       | 21/1/96 | Vilafranca      |
| 13.69  | Xavier Brunet Pamies          | 71  | Integra 2-L'H-CNB | 28/1/01 | Praga (CZE)     |
| 13.68  | Eduard Homs Pagès             | 82  | Integra 2-L'H-CNB | 11/3/00 | València        |
| 13.67  | Jordi Solé Fortuny            | 73  | CA Tarragona      | 20/2/00 | Vilafranca      |
| 13.67  | Marc Magrans de Abril         | 76  | Playas Castellón  | 1/3/03  | València        |
| 13.66  | Francesc Casals Blanch        | 81  | CA Lleida-UdL     | 14/2/99 | San Sebastián   |
| 13.65  | David Rubio López             | 78  | CA Lleida-UdL     | 16/2/97 | Vilafranca      |
| 13.64  | Antonio Lamua Duaso           | 38  | CF Barcelona      | 16/2/69 | Barcelona       |
| 13.63  | Domingo Sánchez Salicio       | 58  | AA Catalunya      | 1/2/98  | Vilafranca      |
| 13.57  | Fernando Altés Fajula         | 42  | CD Hispamer       | 27/1/68 | Barcelona       |
| 13.56  | Jesús Sánchez Soriano         | 81  | FC Barcelona      | 2/2/03  | Vilafranca      |
| 13.53  | Anscari Salgado Sendra        | 77  | FC Barcelona      | 3/2/96  | Vilafranca      |
| 13.53  | Didac Exposito Garcia         | 73  | CA Tarragona      | 20/1/02 | Vilafranca      |
| 13.52  | José Queralt Zueras           | 61  | CA Granollers     | 1/3/80  | Zaragoza        |
| <u>Atletes estrangers amb llicència catalana</u> |                               |     |                   |         |                 |
| 15.97  | Oscar Ubaldo Peñalba (ARG)    | 61  | CAV Andorra       | 19/2/94 | Zaragoza        |
| 15.66  | Jorge Antonio Vázquez (PAR)   | 76  | CN Barcelona      | 2/2/97  | Vilafranca      |
| 14.69  | Carlos Jorge Queiros (POR)    | 73  | CAV Andorra       | 31/1/09 | Vilafranca      |
| 14.18  | Arturo Ruf Giménez (GER)      | 38  | CN Barcelona      | 14/2/70 | Barcelona       |



CATEGORIA MASCULINA

Heptatló.

60 m.11. - Llargada - Pes (7,260 Kg) - Alçada / 60 m.t. (1,067) - Perxa - 1.000 m.11.

| Punts       | Atleta                                 | Any | Club               | Data     | Lloc          |
|-------------|--|-----|--------------------|----------|---------------|
| 5.807       | Marc Magrans de Abril                  | 76  | Playas Castellón   | 20/2/05  | Madrid        |
| 7.13 - 7.22 | - 13.57 - 1.94 - 8.33 - 4.90 - 2:40.03 |     |                    |          |               |
| 5.784       | Agustín Félix Esbrí                    | 79  | Playas Castellón   | 26/2/06  | San Sebastián |
| 7.10 - 7.34 | - 13.67 - 2.04 - 8.27 - 5.00 - 2:59.57 |     |                    |          |               |
| 5.742       | Xavier Brunet Pamies                   | 71  | T2-L'H-CNB         | 21/2/99  | Sevilla       |
| 7.17 - 6.93 | - 13.44 - 2.09 - 8.32 - 4.60 - 2:42.27 |     |                    |          |               |
| 5.603       | Jesús Castillo Patiño                  | 93  | Cornellà At.       | 17/2/19  | Antequera     |
| 7.16 - 6.88 | - 13.35 - 2.03 - 8.17 - 4.30 - 2:43.88 |     |                    |          |               |
| 5.442       | Albert Álvarez López                   | 89  | CA Manresa         | 1/3/09   | San Sebastián |
| 6.94 - 6.98 | - 12.44 - 1.98 - 8.44 - 4.60 - 3:01.78 |     |                    |          |               |
| 5.425       | Paul Buscail Pavia                     | 65  | FC Barcelona       | 9/2/92   | Zaragoza      |
| 7.38 - 6.90 | - 12.63 - 1.99 - 8.55 - 4.60 - 2:46.17 |     |                    |          |               |
| 5.407       | Jordi Costa Casadevall                 | 74  | CN Barcelona       | 23/2/97  | València      |
| 7.07 - 6.98 | - 12.86 - 1.90 - 8.35 - 4.30 - 2:49.68 |     |                    |          |               |
| 5.387       | Marc Julià Bonmatí                     | 78  | Integra 2-L'H-CNB  | 2/3/03   | València      |
| 6.95 - 7.27 | - 12.83 - 1.87 - 8.43 - 4.20 - 2:54.92 |     |                    |          |               |
| 5.251       | Josep Maria Gener Boadas               | 80  | GEiE Gironí        | 14/2/99  | San Sebastián |
| 7.14 - 7.03 | - 11.69 - 1.93 - 8.67 - 4.10 - 2:46.33 |     |                    |          |               |
| 5.241       | Ferran Merino Sardañes                 | 98  | Cornellà At.       | 19/2/21  | Madrid        |
| 7.14 - 6.93 | - 12.10 - 1.85 - 8.85 - 4.40 - 2:44.95 |     |                    |          |               |
| 5.153       | Eloi Santafé Pagà                      | 01  | CA Igualada        | 14/2/21  | València      |
| 7.32 - 6.98 | - 11.84 - 1.80 - 8.43 - 4.30 - 2:49.67 |     |                    |          |               |
| 5.089       | Marc Bel Pascual                       | 76  | AA Catalunya       | 24/1/99  | Vilafranca    |
| 7.20 - 6.74 | - 10.52 - 1.91 - 8.60 - 4.20 - 2:49.16 |     |                    |          |               |
| 5.032       | Imanol Cardona Ardanuy                 | 87  | UA Barberà         | 26/2/12  | Sabadell      |
| 7.25 - 6.58 | - 13.29 - 1.82 - 8.69 - 3.80 - 2:45.54 |     |                    |          |               |
| 5.021       | Carles Torra Cid                       | 85  | Carrefour-Lleida   | 23/1/05  | Vilafranca    |
| 7.42 - 7.01 | - 10.90 - 1.81 - 8.92 - 4.30 - 2:44.46 |     |                    |          |               |
| 5.007       | Daniel Pacheco Polonio                 | 93  | Cornellà At.       | 23/12/18 | Sabadell      |
| 7.23 - 6.76 | - 11.70 - 1.90 - 8.45 - 3.90 - 2:57.95 |     |                    |          |               |
| 4.975       | Santi Ferrer Graboleda                 | 77  | UA Terrassa        | 8/2/98   | Sevilla       |
| 7.35 - 6.54 | - 10.61 - 1.83 - 8.62 - 4.40 - 2:49.79 |     |                    |          |               |
| 4.948       | Jordi Carrión Ferrer                   | 72  | CAL-CNF            | 28/2/93  | San Sebastián |
| 7.45 - 6.71 | - 12.98 - 1.91 - 8.85 - 3.80 - 2:52.15 |     |                    |          |               |
| 4.924       | Alberto Castillo Patiño                | 82  | AA Catalunya-UBAE  | 16/2/03  | Sevilla       |
| 7.43 - 6.70 | - 12.24 - 1.92 - 8.78 - 3.80 - 2:52.87 |     |                    |          |               |
| 4.919       | Salvador González Berenguer            | 85  | CA Montornès       | 26/2/12  | Sabadell      |
| 7.43 - 6.37 | - 13.34 - 1.85 - 8.82 - 3.90 - 2:48.55 |     |                    |          |               |
| 4.904       | Joan Moreno Martínez                   | 00  | L'Hospitalet At.   | 16/2/20  | Salamanca     |
| 7.23 - 6.65 | - 10.18 - 1.83 - 8.37 - 3.70 - 2:47.25 |     |                    |          |               |
| 4.902       | Iker Martín Saladich                   | 00  | Cornellà At.       | 12/1/20  | Sabadell      |
| 7.06 - 6.79 | - 11.35 - 1.81 - 8.95 - 3.90 - 2:53.76 |     |                    |          |               |
| 4.870       | Joan Garrido París                     | 68  | CA Manresa         | 18/2/90  | San Sebastián |
| 7.44 - 6.57 | - 9.91 - 1.90 - 8.74 - 4.10 - 2:48.41  |     |                    |          |               |
| 4.869       | Jordi Alsina Pujols                    | 85  | CA Vic             | 16/1/11  | Sabadell      |
| 7.37 - 6.62 | - 10.34 - 1.80 - 8.92 - 4.30 - 2:47.65 |     |                    |          |               |
| 4.849       | Moisès Gilabert Dragó                  | 82  | Integra 2-L'H-CNB  | 26/3/00  | València      |
| 7.34 - 6.73 | - 11.20 - 1.90 - 8.83 - 4.00 - 3:00.32 |     |                    |          |               |
| 4.836       | Eric Rossell Fernández                 | 90  | Alcampo Scorpio 71 | 31/1/21  | Barcelona-PSJ |
| 7.39 - 6.93 | - 10.76 - 1.83 - 9.28 - 4.13 - 2:49.82 |     |                    |          |               |
| 4.831       | Rafael Centella Algaba                 | 72  | CG Tarragona       | 14/2/93  | Zaragoza      |
| 7.49 - 6.40 | - 11.26 - 1.90 - 8.56 - 3.70 - 2:48.34 |     |                    |          |               |
| 4.797       | Oriol Tarragó Costa                    | 70  | CA Manresa         | 10/2/91  | Madrid        |
| 7.37 - 6.24 | - 12.55 - 1.92 - 9.00 - 3.80 - 2:53.98 |     |                    |          |               |
| 4.796       | Alex Valverde Valencia                 | 00  | Cornellà At.       | 16/2/20  | Salamanca     |
| 7.17 - 6.83 | - 9.15 - 1.71 - 8.86 - 4.00 - 2:45.05  |     |                    |          |               |
| 4.775       | David Fajula Rebollo                   | 72  | GEiE Gironí        | 13/2/00  | San Sebastián |
| 7.57 - 6.38 | - 11.73 - 1.90 - 8.82 - 3.80 - 2:50.22 |     |                    |          |               |
| 4.766       | Esteve Martín Guiral                   | 75  | CAV Andorra        | 25/1/98  | Vilafranca    |
| 7.16 - 7.17 | - 9.46 - 2.06 - 8.39 - 3.00 - 3:14.30  |     |                    |          |               |
| 4.750       | Sandro Malagrida Filippi               | 81  | Integra 2-L'H-CNB  | 11/2/01  | Vilafranca    |
| 7.62 - 6.46 | - 12.30 - 1.87 - 8.98 - 3.90 - 2:52.95 |     |                    |          |               |
| 4.746       | Alfredo Sánchez Chacón                 | 78  | AA Catalunya       | 28/2/10  | València      |
| 7.22 - 6.46 | - 10.58 - 1.66 - 9.13 - 4.60 - 2:55.20 |     |                    |          |               |

CATEGORIA MASCULINA

Heptatló.

60 m.11. - Llargada - Pes (7,260 Kg) - Alçada / 60 m.t. (1,067) - Perxa - 1.000 m.11.

| Punts       | Atleta                                 | Any | Club              | Data     | Lloc           |
|-------------|--|-----|-------------------|----------|----------------|
| 4.719       | Ivan Bel Pascual                       | 74  | CN Poble Nou      | 27/2/94  | Sevilla        |
| 7.27 - 6.37 | - 11.27 - 1.91 - 9.00 - 3.20 - 2:44.39 |     |                   |          |                |
| 4.710       | Ferran Fontarnau Bigas                 | 85  | CA Vic            | 26/2/06  | Eaubonne (FRA) |
| 7.48 - 6.43 | - 11.10 - 1.92 - 9.18 - 3.80 - 2:50.79 |     |                   |          |                |
| 4.705       | J. Benjamín Aguilera Luis              | 87  | CAV Andorra       | 15/1/17  | Sabadell       |
| 7.17 - 6.93 | - 11.39 - 1.74 - 9.12 - 4.42 - 3:19.92 |     |                   |          |                |
| 4.699       | Carlos Castaño Rocamora                | 76  | UGE Badalona      | 20/2/94  | San Sebastián  |
| 7.51 - 6.12 | - 10.97 - 1.93 - 9.10 - 4.20 - 2:56.88 |     |                   |          |                |
| 4.698       | Ignasi Abián Damians                   | 86  | AA Catalunya      | 20/2/11  | València       |
| 7.59 - 6.23 | - 10.34 - 2.08 - 9.24 - 3.60 - 2:47.67 |     |                   |          |                |
| 4.673       | Eduard Homs Pagès                      | 82  | Integra 2-L'H-CNB | 20/2/00  | Vilafranca     |
| 7.49 - 6.25 | - 13.00 - 1.77 - 9.06 - 3.80 - 2:51.31 |     |                   |          |                |
| 4.695       | Julen Garralaga Álvarez                | 99  | CA Gavà           | 22/12/19 | Sabadell       |
| 7.17 - 6.84 | - 10.12 - 1.69 - 9.07 - 3.80 - 2:49.10 |     |                   |          |                |
| 4.628       | Christian Montero Hernández            | 91  | Girona CB-CAP     | 16/1/11  | Sabadell       |
| 7.33 - 6.07 | - 8.72 - 1.89 - 8.65 - 3.80 - 2:50.94  |     |                   |          |                |
| 4.626       | Adrià Serrés Pardines                  | 83  | CA Tarragona      | 8/2/04   | Oviedo         |
| 7.48 - 6.73 | - 9.93 - 1.80 - 8.81 - 3.50 - 2:48.74  |     |                   |          |                |
| 4.599       | Rubén Ferrer López                     | 81  | AA Catalunya-UBAE | 22/1/06  | Vilafranca     |
| 7.50 - 6.51 | - 10.92 - 1.83 - 8.57 - 3.60 - 3:02.48 |     |                   |          |                |
| 4.598       | Àlvar Solà Serrabou                    | 58  | CA Vic            | 16/2/85  | Madrid         |
| 7.50 - 6.42 | - 9.43 - 1.76 - 9.22 - 4.00 - 2:42.35  |     |                   |          |                |
| 4.584       | Ander Mirambell Viñas                  | 83  | FC Barcelona      | 23/1/05  | Vilafranca     |
| 7.37 - 5.99 | - 11.63 - 1.78 - 8.98 - 3.90 - 2:55.26 |     |                   |          |                |

CATEGORIA MASCULINA

Relleus 4 x 200 (RANKING DES DE LA TEMPORADA 2006-07)

| Marca   | Club<br>Components  | Data    | Lloc                   |
|---------|---|---------|------------------------|
| 1:25.64 | <b>FC Barcelona</b><br>O.Husillos-I.Pérez-G.Rojo-L.Bua                  | 28/1/17 | Madrid                 |
| 1:28.14 | <b>AA Catalunya</b><br>S.Casadesús-S.Tomás-E.Pérez-R.Montejano          | 20/1/13 | Sabadell               |
| 1:28.95 | <b>JA Sabadell</b><br>D.Garcia-S.Ruiz-R.Tello-J.Merucci                 | 11/1/15 | Sabadell               |
| 1:30.77 | <b>Cornellà At.</b><br>E.Burgos-M.Mondria-X.Regino-J.Castillo           | 18/1/14 | Sabadell               |
| 1:30.91 | <b>UA Terrassa</b><br>J.Fuentes-V.Ivaschenko-A.Pardo-E.Rodríguez        | 7/1/17  | Sabadell               |
| 1:31.15 | <b>CA Igualada</b><br>J.Y.Matsuoka-V.Pifarré-S.Ramos-J.Roca             | 8/1/17  | Sabadell               |
| 1:31.42 | <b>ISS-L'Hospitalet</b><br>A.Chicón-O.Piqueras-C.Segovia-J.Navarro      | 9/1/11  | Sabadell               |
| 1:31.45 | <b>CA Canaletes</b><br>X.Barrubés-L.Monge-M.Pérez-E.Ruiz                | 29/1/17 | Sabadell               |
| 1:32.06 | <b>Avinent Manresa</b><br>A.Babí-A.Martínez-P.Soliva-V.Torras           | 9/1/11  | Sabadell               |
| 1:32.75 | <b>CA Montornès</b><br>J.Arias-M.Capell-A.Garcia-J.Jiménez              | 13/1/13 | Sabadell               |
| 1:32.75 | <b>Lleida UA</b><br>D.Rodríguez-S.Vidal-G.Valls-G.Sans                  | 18/1/14 | Sabadell               |
| 1:33.11 | <b>UA Barberà</b><br>A.Garcia-M.López-I.Pavlovs-D.Ponce                 | 10/1/15 | Sabadell               |
| 1:33.65 | <b>CA Laietània</b><br>V.Cediño-A.Estivill-A.Fernández-G.Puig           | 12/1/14 | Sabadell               |
| 1:33.77 | <b>CA Nou Barris</b><br>J.Belenguer-J.Martínez-A.Sala-A.Sterling        | 8/3/15  | Sabadell               |
| 1:33.88 | <b>GEiE Gironí</b><br>J.Galí-J.M.Badosa-L.F.Martín-M.Julià              | 14/1/07 | Vilafranca del Penedès |
| 1:34.02 | <b>CA Castellar</b><br>V.Candela-D.Garcia-D.Gomez-A.Moreno              | 13/1/13 | Sabadell               |
| 1:34.05 | <b>Pratenc AA</b><br>M.Azanay-A.Comas-J.de la Fuente- J.Santaolalla     | 17/1/16 | Sabadell               |
| 1:34.25 | <b>CA Valls d'Andorra</b><br>P.Blasi-P.Moya-K.Poulet-M.Vilchez          | 7/1/17  | Sabadell               |
| 1:34.30 | <b>CA Vic</b><br>J.Alsina-A.D.Jiménez-D.Pedrotti-A.Rodríguez            | 9/1/11  | Sabadell               |
| 1:34.90 | <b>CE Universitari</b><br>F.Bonfill-A.Moyano-A.Coma-M.Pérez             | 18/1/14 | Sabadell               |
| 1:35.19 | <b>CA Granollers</b><br>N.Bolos-P.Carrera-A.Sagrera-A.Segura            | 7/1/17  | Sabadell               |
| 1:35.22 | <b>Girona Costa Brava-CAP</b><br>D.Durán-J.I.Aizpun-C.Montero-R.Montero | 9/1/11  | Sabadell               |
| 1:35.42 | <b>CA Tarragona</b><br>J.Almale-Y.Aguilera-A.Cruset-G.Parera            | 29/1/17 | Sabadell               |
| 1:35.43 | <b>CA Cambrils</b><br>D.Pérez-X.Crusells-R.Tomás-J.C.Martín             | 15/1/00 | Vilafranca del Penedès |
| 1:36.04 | <b>CA Mollet</b><br>A.Burriel-A.Agudo-G.Casellas-A.Selva                | 22/2/09 | Vilafranca del Penedès |
| 1:36.32 | <b>Barcelona At.</b><br>M.Crespi-H.Gómez-O.Rodríguez-C.Villegas         | 29/1/17 | Sabadell               |
| 1:36.49 | <b>CA Terres de l'Ebre</b><br>E.Aragón-T.Giménez-I.Santillana-A.Turch   | 29/1/17 | Sabadell               |
| 1:36.52 | <b>UA Rubí</b><br>O.Bravo-I.Gómez-E.Pérez-F.Merino                      | 2/2/14  | Sabadell               |
| 1:36.61 | <b>AE Molins 2000</b><br>A.Artés-J.Moreno-F.Pedrola-M.Pizarro           | 6/2/16  | Sabadell               |
| 1:36.66 | <b>CN Reus Ploms</b><br>I.Martín-J.Montolio-A.Plaza-M.Altés             | 14/1/07 | Vilafranca del Penedès |
| 1:36.67 | <b>CA Tarragona</b><br>H.Mellakhi-R.Romaní-F.Tortosa-M.José             | 17/1/10 | Vilafranca del Penedès |
| 1:36.71 | <b>GA Lluïsos Mataró</b><br>S.Adalid-G.Chiva-P.Rey-J.Sánchez            | 29/1/17 | Sabadell               |

CATEGORIA MASCULINA

Relleus 4 x 400 (RANKING DES DE LA TEMPORADA 2017-18)

| Marca   | Club<br>Components  | Data    | Lloc          |
|---------|---|---------|---------------|
| 3:09.17 | <b>FC Barcelona</b><br>O.Husillos-G.Rojo-A.Porras-L.Bua                   | 27/1/18 | Valencia      |
| 3:18.57 | <b>ISS-L'Hospitalet</b><br>E.Fernández-Davila-O.Piqueras-D.Ponce-A.Vallès | 13/1/19 | Sabadell      |
| 3:21.75 | <b>AA Catalunya</b><br>I.Gómez-O.López-B.Mayans-R.Díez                    | 24/1/21 | Barcelona-PSJ |
| 3:22.44 | <b>L'Hospitalet At.</b><br>O.Piqueras-I.Segura-A.Vallès-P.Blanco          | 5/1/20  | Sabadell      |
| 3:23.07 | <b>UA Terrassa</b><br>I.Azuara-Z.Cherkaoui-V.Ivaschenko-J.Fuentes         | 12/1/20 | Sabadell      |
| 3:26.50 | <b>CE Universitari</b><br>J.Bru-R.Pons-T.Revilla-G.Skordis                | 5/1/19  | Sabadell      |
| 3:27.09 | <b>GEiE Gironí</b><br>M.Boubes-E.Canales-P.Mora-E.Puertas                 | 12/1/19 | Sabadell      |
| 3:27.36 | <b>CA Canaletes</b><br>F.López-L.Monge-E.Ruiz-R.Ponce                     | 7/1/18  | Sabadell      |
| 3:27.41 | <b>Cornellà At.</b><br>J.Baena-J.Castillo-G.Valverde-I.Martín             | 5/1/20  | Sabadell      |
| 3:27.82 | <b>Lleida UA</b><br>A.Capell-M.Carbó-A.Mendes-V.Sainz de la Maza          | 7/1/18  | Sabadell      |
| 3:28.28 | <b>JA Sabadell</b><br>L.Esteve-L.Grima-A.Cámara-E.Santafé                 | 7/1/18  | Sabadell      |
| 3:28.73 | <b>UA Montsià</b><br>A.Domínguez-A.Panisello-P.Torrent-E.Valldepérez      | 9/2/19  | Sabadell      |
| 3:28.85 | <b>Barcelona At.</b><br>E.Piñera -S.Teixeira-P.Verdugo-A.Louah            | 12/1/19 | Sabadell      |
| 3:29.61 | <b>Avinent Manresa</b><br>C.Cort-J.Llanas-M.Mendoza-M.Valero              | 12/1/20 | Sabadell      |
| 3:29.85 | <b>GA Lluïsos Mataró</b><br>S.Adalid-V.Ballesta-O.Blal-P.Rey              | 14/1/18 | Sabadell      |
| 3:31.48 | <b>Unió Colomenca At.</b><br>O.Calsina-A.Díaz-S.Mendoza-C.Saez            | 5/1/20  | Sabadell      |
| 3:31.69 | <b>CA Igualada</b><br>G.Carner-O.Castells-M.Jalón-E.Verdugo               | 5/1/20  | Sabadell      |
| 3:32.12 | <b>CN Reus Ploms</b><br>R.Fontbote-B.Gisbert-A.Martos-M.Rodríguez         | 16/2/20 | Sabadell      |
| 3:32.33 | <b>CA Mollet</b><br>M.Herraiz-I.Paradas-J.Salgado-P.Yerpes                | 9/2/19  | Sabadell      |
| 3:33.81 | <b>CA Tarragona</b><br>P.Angel-J.Sans-X.Ros-A.Lago                        | 12/1/20 | Sabadell      |
| 3:35.97 | <b>UGE Badalona</b><br>X.Bielsa-M.Garcia-H.Habas-E.Rodríguez              | 16/2/20 | Sabadell      |

CATEGORIA MASCULINA

Atletes catalans que van fer la seva millor marca amb llicència per un altre Federació.

**60 metres llisos.**

|      |                          |    |                  |        |        |
|------|--------------------------|----|------------------|--------|--------|
| 6.75 | Antonio Corgos Cervantes | 60 | CA Sol de España | 8/2/85 | Madrid |
| 7.05 | Juan Lloveras Calvet     | 55 | Vallehermoso     | 4/3/79 | Oviedo |

**200 metres llisos.**

|       |                      |    |            |         |               |
|-------|----------------------|----|------------|---------|---------------|
| 20.89 | Gaietà Cornet Pamies | 63 | Larios AAM | 18/2/90 | San Sebastián |
|-------|----------------------|----|------------|---------|---------------|

**400 metres llisos.**

|       |                      |    |            |        |               |
|-------|----------------------|----|------------|--------|---------------|
| 46.00 | Gaietà Cornet Pamies | 63 | Larios AAM | 3/3/90 | Glasgow (SCO) |
|-------|----------------------|----|------------|--------|---------------|

**800 metres llisos.**

|         |                        |    |       |         |         |
|---------|------------------------|----|-------|---------|---------|
| 1'47.82 | Teófilo Benito Padilla | 66 | Kelme | 27/2/90 | Sevilla |
|---------|------------------------|----|-------|---------|---------|

**1.500 metres llisos.**

|         |                        |    |       |         |               |
|---------|------------------------|----|-------|---------|---------------|
| 3:38.02 | Angel Fariña Carrión   | 67 | Kelme | 27/2/90 | Sevilla       |
| 3:40.63 | Teófilo Benito Padilla | 66 | Kelme | 15/3/91 | San Sebastián |

**3.000 metres llisos.**

|         |                        |    |       |         |               |
|---------|------------------------|----|-------|---------|---------------|
| 8:01.82 | Teófilo Benito Padilla | 66 | Kelme | 30/1/88 | San Sebastián |
|---------|------------------------|----|-------|---------|---------------|

**60 metres tanques.**

|      |                    |    |            |         |          |
|------|--------------------|----|------------|---------|----------|
| 7.66 | Carles Sala Molera | 60 | Larios AAM | 17/2/88 | València |
|------|--------------------|----|------------|---------|----------|

**Salt d'Alçada**

|      |                         |    |            |        |        |
|------|-------------------------|----|------------|--------|--------|
| 2.28 | Gustavo A. Becker Lasso | 66 | Larios AAM | 2/2/91 | Oviedo |
|------|-------------------------|----|------------|--------|--------|

**Salt de Llargada**

|      |                          |    |             |         |        |
|------|--------------------------|----|-------------|---------|--------|
| 7.51 | José De Sola Susperregui | 52 | M. Ejercito | 16/2/74 | Madrid |
|------|--------------------------|----|-------------|---------|--------|

CATEGORIA MASCULINA

**Altres proves**

**50 metres llisos**

| Marca | Atleta                     | Any | Club            | Data    | Lloc           |
|-------|----------------------------|-----|-----------------|---------|----------------|
| 5.7   | Javier Espinach Badia      | 54  | CD Universitari | 19/2/72 | A Coruña       |
| 5.7   | Antonio Corgos Cervantes   | 60  | CD Universitari | 17/2/79 | Sabadell       |
| 5.7   | Josep Carbonell Rodés      | 57  | CN Barcelona    | 26/1/80 | Sabadell       |
| 5.8   | Fco. Javier Lechuga Garcia | 48  | CD Universitari | 1/2/69  | Barcelona      |
| 5.8   | Pere Agudé Casado          | 49  | GEiE Gironí     | 22/2/69 | Barcelona      |
| 5.8   | José Jorge Parellada Diaz  | 51  | CD Universitari | 22/1/72 | Sabadell       |
| 5.8   | Juan Reverter Praxedes     | 56  | CN Barcelona    | 19/1/74 | Madrid         |
| 5.8   | José de Sola Superregui    | 52  | M. Ejercito     | 19/1/74 | Madrid         |
| 5.8   | Javier Martínez Jiménez    | 53  | CF Barcelona    | 25/1/75 | Sabadell       |
| 5.8   | Juan Antonio López Cancho  | 51  | CD Universitari | 15/2/75 | Sabadell       |
| 5.8   | Antoni Borrás Calvet       | 56  | CN Barcelona    | 3/2/79  | Sabadell       |
| 5.8   | Teodoro M. Ibañez Rojo     | 60  | GE Seat         | 26/1/80 | Sabadell       |
| 5.8   | Juli Queralt Zueras        | 60  | CA Granollers   | 8/1/83  | València       |
| 5.8   | Jaume Campderrós Deu       | 59  | FC Barcelona    | 15/1/83 | València       |
| 5.82  | Josep Carbonell Rodés      | 57  | CN Barcelona    | 21/2/81 | Grenoble (FRA) |
| 6.04  | Soldeplata Saketos Candela | 83  | ADAS            | 12/1/13 | La Coruña      |
| 6.06  | Jorge Vernetta Monterde    | 57  | FC Barcelona    | 8/3/75  | Madrid         |
| 6.07  | Oscar Serrano Climent      | 58  | AD Antorxa      | 8/2/81  | San Sebastián  |
| 6.08  | Higinio López Garcia       | 63  | CG Barcelonès   | 14/2/81 | San Sebastián  |

**1.000 metres llisos.**

| Marca   | Atleta                      | Any | Club            | Data    | Lloc              |
|---------|-----------------------------|-----|-----------------|---------|-------------------|
| 2:20.45 | Marc Alcalá Ibañez          | 94  | FC Barcelona    | 17/2/16 | Estocolm (SWE)    |
| 2:22.30 | Teofilo Benito Padilla      | 66  | Kelme           | 13/2/91 | Madrid            |
| 2:23.5  | José Manuel Abascal Gómez   | 58  | FC Barcelona    | 1/2/81  | Vittel            |
| 2:23.61 | Antonio López Segura        | 00  | At. Intec Zoiti | 22/1/21 | Blacksburg (USA)  |
| 2:25.01 | Antonio Herrador Rius       | 66  | CE Canaletes    | 12/3/87 | València          |
| 2:27.0  | Enric Bondia Domper         | 46  | FC Barcelona    | 25/2/67 | Lyon (FRA)        |
| 2:27.24 | Daniel Abate Garcia Ardiaca | 94  | CA Igualada     | 17/2/17 | Bourbonnais (USA) |
| 2:28.19 | Pol Solanelles Manzanares   | 94  | AA Catalunya    | 19/2/16 | Blacksburg (USA)  |
| 2:28.4  | José Antonio Martínez Bayo  | 52  | CN Barcelona    | 18/1/75 | Madrid            |
| 2:29.2  | Tomás Barris Ballestín      | 30  | CF Barcelona    | 25/2/60 | Madrid            |
| 2:29.8  | Andreu Ballbé Garcia        | 52  | CF Barcelona    | 19/1/74 | Madrid            |
| 2:29.9  | José Maria Reina Terreros   | 46  | CN Barcelona    | 15/3/69 | Barcelona         |

**Milla (1.609,30 metres)**

| Marca   | Atleta                      | Any | Club            | Data    | Lloc                  |
|---------|-----------------------------|-----|-----------------|---------|-----------------------|
| 3:52.56 | José Manuel Abascal Gómez   | 58  | FC Barcelona    | 27/2/83 | East Rutherford (GBR) |
| 3:59.60 | Antonio López Segura        | 00  | At. Intec Zoiti | 6/2/21  | Blacksburg (USA)      |
| 4:01.26 | Teofilo Benito Padilla      | 66  | CN Reus PLoms   | 12/3/87 | València              |
| 4:07.73 | Daniel Abate Garcia Ardiaca | 94  | CA Igualada     | 13/2/15 | Allendale (USA)       |
| 4:07.44 | Toni Baños Tor              | 00  | Avinent Manresa | 13/2/21 | Houston (USA)         |
| 4:14.50 | David Pujolar Segura        | 70  | Sport Canet     | 4/3/92  | San Sebastián         |
| 4:14.06 | Oussama Chouati (MAR)       | 94  | Avinent Manresa | 4/2/17  | Staten Island (USA)   |

CATEGORIA MASCULINA

**Altres proves**

50 metres tanques.

| Marca | Atleta                 | Any | Club            | Data    | Lloc          |
|-------|------------------------|-----|-----------------|---------|---------------|
| 6.7   | Carles Lloveras Calvet | 61  | PPCD Vilanova   | 22/1/83 | València      |
| 6.8   | Adrià Parellada Díaz   | 53  | CD Universitari | 26/1/74 | Sabadell      |
| 6.8   | Joan Lloveras Calvet   | 55  | PPCD Vilanova   | 9/3/74  | A Coruña      |
| 6.8   | Albert Torné Ripoll    | 63  | FC Barcelona    | 22/1/83 | València      |
| 6.83  | Carles Sala Molera     | 60  | FC Barcelona    | 8/2/81  | San Sebastián |
| 6.95  | Carles Lloveras Calvet | 61  | PPCD Vilanova   | 7/2/81  | San Sebastián |

CATEGORIA MASCULINA

**Altres proves**

**5.000 metres marxa**

| Marca    | Atleta                     | Any | Club                | Data    | Lloc          |
|----------|----------------------------|-----|---------------------|---------|---------------|
| 18:59.60 | Valentí Massana Gracia     | 70  | CN Barcelona        | 23/2/91 | París (FRA)   |
| 19:28.45 | Josep Marín Sospedra       | 50  | CN Barcelona        | 17/2/88 | València      |
| 19:29.19 | Ricard Pueyo Ministral     | 67  | UGE Badalona        | 17/2/88 | València      |
| 19:51.61 | Jaime Barroso Ramirez      | 68  | FC Barcelona        | 18/1/92 | Zaragoza      |
| 20:20.23 | German Nieto Montesinos    | 70  | Cornellà At.        | 17/2/91 | Sevilla       |
| 20:22.91 | Julian Rizo Vivancos       | 70  | CN Barcelona        | 5/2/89  | Sevilla       |
| 20:26.54 | Francisco Abellán Barnes   | 72  | CGB-L'H             | 17/2/91 | Sevilla       |
| 20:36.34 | Manuel Alcalde Fornieles   | 56  | FC Barcelona        | 25/1/86 | Madrid        |
| 20:37.00 | Jordi Llopart Ribas        | 52  | La Seda             | 6/2/82  | París (FRA)   |
| 20:43.0  | Faustino Ruiz Rubio        | 65  | FC Barcelona        | 26/1/91 | San Sebastián |
| 20:50.6  | Francisco Botonero Garrido | 63  | FC Barcelona        | 15/2/85 | Madrid        |
| 21:08.32 | Antonio González Arrabal   | 62  | JA L'Hospitalet     | 9/2/86  | Madrid        |
| 21:12.0  | Andrés Marín Lebrero       | 61  | UGA Badalona        | 21/2/82 | Oviedo        |
| 21:14.04 | Nil Rodés Llorens          | 96  | AA Catalunya        | 7/1/18  | Sabadell      |
| 21:15.7  | David Pueyo Ministral      | 73  | UGE Badalona        | 13/3/93 | San Sebastián |
| 21:25.60 | Mario Viñas Picazo         | 96  | AA Catalunya        | 8/1/17  | Sabadell      |
| 21:31.83 | Daniel Plaza Montero       | 66  | CGB-L'H             | 16/2/91 | Sevilla       |
| 21:32.5  | Fco. Piedra Montesinos     | 55  | FC Barcelona        | 13/2/82 | Oviedo        |
| 21:49.3  | Miguel Laguna Pes          | 59  | CN Montjuïc         | 25/2/84 | Zaragoza      |
| 21:54.1  | Luis Fco. Saladie Lafuente | 61  | CN Barcelona        | 8/2/81  | San Sebastián |
| 21:55.45 | Adrià Galín Pons           | 93  | FC Barcelona        | 10/1/15 | Fronton (FRA) |
| 21:55.6  | Jordi Asín Fernández       | 62  | PPCD Vilanova       | 12/2/84 | San Sebastián |
| 21:57.88 | Marc Guerrero Plaza        | 95  | FC Barcelona        | 8/1/17  | Sabadell      |
| 21:59.9  | Manuel Nieto López         | 64  | FC Barcelona        | 7/3/82  | Madrid        |
| 22:01.4  | J. A. Dieguez Montesinos   | 59  | Cornellà At.        | 13/2/82 | Oviedo        |
| 22:03.52 | Kevin Cerro Gudiño         | 98  | Cornellà At.        | 7/1/18  | Sabadell      |
| 22:05.93 | Rafael Moreno Garcia       | 72  | JA Sabadell         | 4/3/90  | Oviedo        |
| 22:06.02 | Eduard Ribas Forcadell     | 71  | Sport Canet         | 10/2/91 | Madrid        |
| 22:11.5  | Juan A. Nieto Montesinos   | 64  | FC Barcelona        | 7/3/82  | Madrid        |
| 22:16.10 | David Sánchez Ferrer       | 73  | FC Barcelona        | 13/2/94 | Zaragoza      |
| 22:17.9  | Luis Abadias Palacín       | 59  | FC Barcelona        | 15/2/85 | Madrid        |
| 22:20.9  | Enrique Vila Ruiz          | 69  | AA Catalunya        | 13/3/88 | San Sebastián |
| 22:25.49 | Rafael A. Garcia Gallardo  | 69  | CAL-CNF             | 26/2/94 | Sevilla       |
| 22:26.4  | José Berlandino Fernández  | 67  | CPE Canaletes       | 2/3/86  | València      |
| 22:27.30 | Rafael Cobos Navarro       | 58  | CA Sant Celoni      | 4/2/89  | Sevilla       |
| 22:28.03 | Lluís Roquet Covelo        | 65  | CO Vidreres         | 6/2/94  | Zaragoza      |
| 22:30.04 | Andreu Garcia Pujola       | 68  | AE L'Hospitalet     | 28/1/89 | Sevilla       |
| 22:34.4  | Eduardo Amorós Morales     | 54  | CN Montjuïc         | 12/2/84 | San Sebastián |
| 22:37.1  | Jorge Ballesteros Simón    | 63  | PPCD Vilanova       | 12/2/84 | San Sebastián |
| 22:39.19 | Pere Armengol Canos        | 63  | CO Farners          | 13/2/83 | València      |
| 22:39.71 | Sergio Roca Mulero         | 71  | Cornellà At.        | 11/1/92 | Zaragoza      |
| 22:44.5  | José Vinuesa Méndez        | 48  | L'Hospitalet        | 25/2/84 | Zaragoza      |
| 22:58.50 | Andreu Garcia Pujola       | 68  | Costa Calvià        | 9/2/92  | Zaragoza      |
| 23:01.52 | Oscar Font Amigó           | 66  | FC Barcelona        | 28/1/89 | Sevilla       |
| 23:02.72 | Jordi Picó Lerín           | 71  | FC Barcelona        | 3/3/90  | Oviedo        |
| 23:14.70 | Antoni Roura Davesa        | 66  | CA Vic              | 7/2/93  | Zaragoza      |
| 23:25.1  | Ramon Álvarez Martínez     | 64  | AD Antorxa          | 7/3/82  | Madrid        |
| 23:25.41 | José Mula Fernández        | 70  | CA Calella          | 19/1/92 | Zaragoza      |
| 23:35.2  | Luis García Mur            | 64  | CG Barcelonès       | 13/2/82 | Oviedo        |
| 23:37.0  | José Sobrino Jiménez       | 65  | CN Barcelona        | 27/2/83 | San Sebastián |
| 23:45.41 | Ferran Campins Pitart      | 00  | UA Terrassa         | 7/1/18  | Sabadell      |
| 23:45.71 | Joan Izquierdo Cabello     | 72  | CG Barcelonès       | 4/3/90  | Oviedo        |
| 24:06.13 | Antonio Gómez Arrabal      | 62  | AD Antorxa          | 19/2/83 | València      |
| 24:15.24 | David Oramas González      | 73  | CGB-L'H             | 25/1/92 | Valencia      |
| 24:20.5  | Manuel Jurado Ruiz         | 63  | Atletiko Sta Coloma | 7/3/82  | Madrid        |
| 24:21.2  | Javier Navarro Moncho      | 64  | AD Antorxa          | 27/2/83 | San Sebastián |
| 24:25.1  | Eloy Moncada Elias         | 71  | CA Vilanova         | 13/3/88 | San Sebastián |
| 24:31.18 | José M. Rodríguez Aguilar  | 72  | AE Santa Eulàlia    | 4/3/89  | València      |
| 24:34.97 | Reinaldo Alarcón Ruiz      | 77  | Sicoris Club        | 6/2/94  | Zaragoza      |