

DATES i ESCENARIS DELS CAMPIONATS DE CATALUNYA SUB 23

| Any | Dates | Lloc | Escenari |
|------|------------------|---------------|------------------------------------|
| 1986 | 31 maig-1 juny | Sant Celoni | Estadi Municipal |
| 1987 | 4-5 juliol | Barcelona | Estadi Joan Serrahima |
| 1988 | 18-19 juny | Reus | Estadi CN Reus Ploms |
| 1989 | 10-11 juny | Cornellà | Estadi Municipal |
| 1990 | 30 juny-1 juliol | Reus | Estadi CN Reus Ploms |
| 1991 | 27-28-29 juny | Granollers | Estadi Municipal |
| 1992 | 18-19 juliol | Mataró | Estadi Municipal |
| 1993 | 10-11 juliol | Palafrugell | Estadi Josep Plà Arbonès |
| 1994 | 10-11-12 juny | L'Hospitalet | Estadi Municipal L'Hospitalet Nord |
| 1995 | 2-3-4 juny | Barcelona | Estadi Joan Serrahima |
| 1996 | 31 maig 1-2 juny | Barcelona | Estadi Joan Serrahima |
| 1997 | 14-15 juny | L'Hospitalet | Estadi Municipal L'Hospitalet Nord |
| 1998 | 27-28 juny | Granollers | Estadi Municipal |
| 1999 | 5 juny | Barcelona | Estadi Parc Can Dragó |
| 2000 | 15 juliol | Barcelona | Estadi Joan Serrahima |
| 2001 | 9 juny | Reus | Estadi CN Reus Ploms |
| 2002 | 8-9 juny | Vic | Estadi Josep Maria Pallàs |
| 2003 | 7-8 juny | Manresa | Estadi d'El Congost |
| 2004 | 5-6 juny | Sabadell | Estadi Josep Molins |
| 2005 | 4-5 juny | Barcelona | Estadi Joan Serrahima |
| 2006 | 3 juny | Barcelona | Estadi Joan Serrahima |
| 2007 | 23 juny | Granollers | Estadi Municipal |
| 2008 | 14 juny | Granollers | Estadi Municipal |
| 2009 | 27 juny | Vic | Estadi Josep Maria Pallàs |
| 2010 | 20 juny | Barcelona | Estadi Joan Serrahima |
| 2011 | 19 juny | Barcelona | Estadi Mar Bella |
| 2012 | 7 juliol | El Prat | Estadi Moisès Llopart |
| 2013 | 1-2 juny | Igualada | Estadi Municipal |
| 2014 | 21-22 juny | Lloret de Mar | Estadi Municipal |
| 2015 | 20-21 juny | Lloret de Mar | Estadi Municipal |
| 2016 | 4- 5 juny | Lloret de Mar | Estadi Municipal |
| 2017 | 3- 4 juny | Lloret de Mar | Estadi Municipal |
| 2018 | 2- 3 juny | Barcelona | Estadi Joan Serrahima |
| 2019 | 9 juny | Tarragona | Estadi Camp Clar |
| 2020 | 11-12 octubre | Igualada | Estadi Municipal |
| 2021 | 30 maig | Tarragona | Estadi Natàlia Rodríguez |
| 2022 | 19 juny | Barcelona | Estadi Joan Serrahima |
| 2023 | 17 juny | Palafrugell | Estadi Josep Plà Arbonès |

Desde la temporada 2012-2013, els atletes estrangers que per 3r any consecutiu hagin diligenciat llicència amb la FCA poden ser campions.

Desde la temporada 2017-2018 la categoria Promesa canvia el nom a Sub 23.

RECORDS DELS CAMPIONATS DE CATALUNYA SUB 23 (M)
(fins 22 anys)

| Prova | Atleta | Club | Marca | Any |
|------------|--------------------------------------|------------------|----------|----------|
| 100 | Alvaro ALJARILLA FERNANDEZ | FC Barcelona | 10.65 | 2006 (*) |
| | Diego GOMEZ DURAN | CN Reus Ploms | 10.4 | 1987 |
| 200 | Jordi MAYORAL RODRIGUEZ | GEiE Gironí | 21.00 | 1995 (*) |
| 400 | Sergi TORRES SALA | FC Barcelona | 47.77 | 2014 |
| 800 | Rafael MELERO ROJO | CN Reus Ploms | 1:50.74 | 1994 |
| 1.500 | Abdelmounim EL JOUKH | Lleida UA | 3:47.42 | 2018 |
| 5.000 | Carlos CASERO ROCA | Seguros Soliss | 14:30.63 | 1994 |
| 10.000 | Francesc JESUS VIVES | CA Diputació-BCN | 30:14.7 | 1999 |
| 110 t | Jesus FONT ARTUÑEDO | FC Barcelona | 14.24 | 1994 (*) |
| 400 t | Roger ANGÜES SOLANS | CGB-L'Hospitalet | 52.33 | 1992 |
| 3.000 o. | Joan HERRERA LOPEZ | AA Catalunya | 8:46.76 | 1995 |
| Alçada | Lemen FATTY KOMA | Integra 2 | 2.17 | 2002 |
| Perxa | Gabriel MARTINEZ PONS | CA Laietània | 5.20 | 1998 |
| | Albert VELEZ MARTIN | FC Barcelona | 5.20 | 2009 |
| Llargada | Jaime GUERRA ALEJANDRE | Cornellà At. | 7.71 | 2021 |
| Triple | Eduardo PEREZ NEILA | Larios AAM | 16.06 | 1998 |
| Pes | José Javier ORTEGA ROZALEN | ISS-L'Hospitalet | 17.01 | 2010 |
| Disc | Ivan TIRADO CHAVES | Transports T2 | 54.25 | 1999 |
| Javelina | Jordi SANCHEZ FERNANDEZ | FC Barcelona | 67.62 | 2007 |
| Martell | Moisés CAMPENY BRUGUE | Airtel AAM | 70.02 | 2001 |
| 10000 m.m. | David MARQUEZ LAGUNA | Transports T2 | 42:15.0 | 1999 |
| 4 x 100 | | BARCELONA AT. | 41.18 | 2022 |
| | G.Crespi-J.C.Brito-M.Crespi-O.Garcia | | | |

(*) Marca aconseguida a les semifinals.

RECORDS DELS CAMPIONATS DE CATALUNYA SUB 23 (F)
(fins 22 anys)

| Prova | Atleta | Club | Marca | Any |
|------------|------------------------------------|------------------|----------|------|
| 100 | Anna OBRADORS BARO | ISS-L'Hospitalet | 11.80 | 2018 |
| 200 | Anna OBRADORS BARO | ISS-L'Hospitalet | 24.22 | 2018 |
| 400 | Verònica MALUENDA CABEZAS | FC Barcelona | 55.36 | 1998 |
| 800 | Zoya NAUMOV CORBERA | AA Catalunya | 2:07.21 | 2017 |
| 1.500 | Jaqueline MARTÍN ALVAREZ | FC Barcelona | 4:26.39 | 1994 |
| 5.000 | Trinidad SERRANO LOPEZ | FC Barcelona | 16:55.89 | 1997 |
| 10.000 | Clara LAS HERAS RUPEREZ | L'Hospitalet | 35:51.70 | 2023 |
| 100 t | Mireia LOPEZ URBANO | CA Tarragona | 13.81 | 2022 |
| 400 t | María José LOPEZ CORDOBA | CGB-L'Hospitalet | 59.51 | 1993 |
| 3.000 o. | Marina GUERRERO PUIGDEVALL | FC Barcelona | 10:50.28 | 2015 |
| Alçada | Núria CABALLERO PACHECO | FC Barcelona | 1.80 | 2023 |
| Perxa | Anna Maria PINERO ORTIZ | FC Barcelona | 4.10 | 2007 |
| Llargada | Silvia RIBA YLLA-CATALÀ | CA Vic | 6.08 | 2008 |
| Triple | Naiara ESTANGA MASSAGUER | AA Catalunya | 13.05 | 2019 |
| Pes | Irache QUINTANAL FRANCO | T2-L'H-CNB | 15.04 | 1998 |
| Disc | Sònia GODALL CASSI | CG Barcelonès | 51.02 | 1989 |
| Javelina | Elia PASCUAL HERNANDEZ | CA Igualada | 48.22 | 2011 |
| Martell | Laura REDONDO MORA | FC Barcelona | 61.83 | 2010 |
| 5000 m.m. | Maria IBARS ALVAREZ | FC Barcelona | 22:51.6 | 1999 |
| 10000 m.m. | Mar JUAREZ GALLARDO | CA Montornès | 48:33.90 | 2015 |
| 4 x 100 | A.Cabrera-M.Pujol-L-Solà-M.Tarragó | AVINENT MANRESA | 48.28 | 2021 |

HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 23 MASCULI

100 METRES LLISOS

| Any | Guanyador | Club | Marca | Vent |
|------|-----------------------|---------------------|-------|---------|
| 1986 | - Diego Gómez | CN Reus Ploms | 10.8 | |
| 1987 | - Diego Gómez | CN Reus Ploms | 10.4 | (+1.51) |
| 1988 | - Diego Gómez | CN Reus Ploms | 11.05 | (-1.62) |
| 1989 | - Jordi Salvador | FC Barcelona | 11.05 | (-0.17) |
| 1990 | - Jordi Salvador | FC Barcelona | 11.05 | (-1.1) |
| 1991 | - Xavier Paz | FC Barcelona | 11.10 | (-1.1) |
| 1992 | - Jesús Puigmartí | FC Barcelona | 11.19 | (-2.9) |
| 1993 | - Carles Franqués | CG Tarragona | 10.61 | (+5.6) |
| 1994 | - Jordi Mayoral | GEiE Gironí | 10.99 | (-1.7) |
| 1995 | - Carlos Fernández | CN Poble Nou | 10.84 | (+2.1) |
| 1996 | - Carles Montserrat | CA Lleida-UdL | 10.82 | (+2.4) |
| 1997 | - Pau Moreno | UA Terrassa | 11.07 | (-1.0) |
| 1998 | - José Illan | CD Nike Int. | 10.71 | (-1.7) |
| 1999 | - David Salvador | CN Reus Ploms | 10.76 | (+3.3) |
| 2000 | - David Salvador | CN Reus Ploms | 10.72 | (+1.4) |
| 2001 | - Ernest Roca | FC Barcelona | 10.98 | (-0.1) |
| 2002 | - José Guzmán | Integra 2 | 10.74 | (-0.6) |
| 2003 | - Marc Puigtió | FC Barcelona | 10.95 | (-2.6) |
| 2004 | - José Guzmán | Integra 2 | 10.94 | (-2.9) |
| 2005 | - David Castellanos | CEA Tenerife | 11.03 | (+0.8) |
| 2006 | - Alvaro Aljarilla | FC Barcelona | 10.86 | (-2.2) |
| 2007 | - Javier Ramos | FC Barcelona | 11.12 | (-0.5) |
| 2008 | - Marc Altés | FC Barcelona | 10.94 | (-1.9) |
| 2009 | - Sergio Ruiz | JA Sabadell | 11.03 | (-3.7) |
| 2010 | - Rubén Pros | Medilast Lleida | 10.41 | (+2.5) |
| 2011 | - Sergio Ruiz | JA Sabadell | 11.13 | (-2.6) |
| 2012 | - Adrià Burriel | CA Mollet | 11.04 | (-1.7) |
| 2013 | - Sergi Tomás | AA Catalunya | 11.19 | (-0.3) |
| 2014 | - Marc José | Huracán Fent Camí | 11.34 | (-1.9) |
| 2015 | - Nelson de la Puente | CE Universitari | 10.70 | (-0.5) |
| 2016 | - Jordi Anguera | CA Terres de l'Ebre | 11.18 | (-1.6) |
| 2017 | - Oriol Madí | CA Sant Celoni | 10.91 | (-1.8) |
| 2018 | - Oriol Madí | CA Sant Celoni | 10.54 | (+4.3) |
| 2019 | - Oriol Madí | CA Sant Celoni | 10.84 | (-0.8) |
| 2020 | - Joan Martínez | FC Barcelona | 10.96 | (+0.8) |
| 2021 | - Bernat Canet | Cornellà At. | 10.88 | (-3.5) |
| 2022 | - Adam Tallón | CA Calella | 10.76 | (+2.4) |
| 2023 | - Pol Casals | CA Sant Celoni | 10.48 | (+4.0) |

HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 23 MASCULI

200 METRES LLISOS

| Any | Guanyador | Club | Marca | Vent |
|------|---------------------|-------------------|-------|---------|
| 1986 | - Antoni Lanau | CG Barcelonès | 22.1 | |
| 1987 | - Israel Luque | JA Sabadell | 21.8 | (+1.81) |
| 1988 | - Israel Luque | JA Sabadell | 22.41 | (-2.88) |
| 1989 | - Oscar Valdivielso | CA Laietània | 22.16 | (+1.51) |
| 1990 | - David González | CA Lloret | 22.65 | (-1.8) |
| 1991 | - David Díaz | CA Manresa | 22.46 | (-2.9) |
| 1992 | - Jesús Puigmartí | FC Barcelona | 22.31 | (-1.2) |
| 1993 | - Joaquim Casadellà | CA La Selva | 21.97 | (-2.5) |
| 1994 | - Marcos Cabanas | L'Hospitalet Atl. | 22.96 | (-4.3) |
| 1995 | - Gonzalo Corroto | FC Barcelona | 21.07 | (+3.5) |
| 1996 | - Eduard Perales | AA Catalunya | 21.85 | (+3.6) |
| 1997 | - Jose Illán | CD Nike Int. | 21.24 | (+0.2) |
| 1998 | - Raul Sanchez | UA Terrassa | 22.19 | (-1.1) |
| 1999 | - José Illan | CD Nike Int. | 21.92 | (+5.2) |
| 2000 | - David Salvador | CN Reus Ploms | 21.79 | (+1.9) |
| 2001 | - Enric Martín | FC Barcelona | 22.11 | (+0.8) |
| 2002 | - José Guzmán | Integra 2 | 21.82 | (+0.7) |
| 2003 | - José Guzmán | Integra 2 | 21.75 | (-1.8) |
| 2004 | - José Guzmán | Integra 2 | 22.04 | (-1.8) |
| 2005 | - Alvaro Aljarilla | Carrefour-Lleida | 21.54 | (+1.4) |
| 2006 | - Marc Compte | Girona CB-CAP | 22.72 | (0.0) |
| 2007 | - Javier Ramos | FC Barcelona | 22.08 | (-0.7) |
| 2008 | - Edgar Pérez | AA Catalunya | 22.30 | (-3.2) |
| 2009 | - Sergio Ruiz | JA Sabadell | 22.41 | (-5.2) |
| 2010 | - Edgar Pérez | AA Catalunya | 21.27 | (+2.8) |
| 2011 | - Sergio Ruiz | JA Sabadell | 22.28 | (-1.1) |
| 2012 | - Adrià Burriel | CA Mollet | 22.13 | (-0.8) |
| 2013 | - Adrià Burriel | CA Mollet | 21.23 | (-0.5) |
| 2014 | - Virgili Cediño | CA Laietània | 22.55 | (-0.3) |
| 2015 | - Alex Kingue | AA Catalunya | 21.86 | (-0.7) |
| 2016 | - Marcel Mondria | FC Barcelona | 22.17 | (+1.2) |
| 2017 | - Oriol Madí | CA Sant Celoni | 21.56 | (-0.5) |
| 2018 | - Joel Ferrando | FC Barcelona | 21.39 | (+1.3) |
| 2019 | - Oriol Madí | CA Sant Celoni | 21.81 | (-2.2) |
| 2020 | - Joan Martínez | FC Barcelona | 22.26 | (-1.4) |
| 2021 | - Aleix Porras | FC Barcelona | 21.80 | (-1.7) |
| 2022 | - Adrià Alfonso | CA Canaletes | 21.29 | (0.0) |
| 2023 | - Guillem Crespi | Barcelona At. | 20.87 | (+2.9) |

HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 23 MASCULI

400 METRES LLISOS

| Any | Guanyador | Club | Marca |
|------|------------------------|-------------------|-------|
| 1986 | - Antoni Blanch | Sicoris Club | 49.8 |
| 1987 | - Antoni Blanch | JA L'Hospitalet | 49.6 |
| 1988 | - Israel Luque | JA Sabadell | 49.22 |
| 1989 | - Carlos Romero | CN Reus Ploms | 49.65 |
| 1990 | - David Puy | UA Terrassa | 49.61 |
| 1991 | - Raul Sabaté | CN Reus Ploms | 48.42 |
| 1992 | - David Sardà | UGE Badalona | 48.90 |
| 1993 | - Marcos Cabanas | CGB-L'Hospitalet | 50.84 |
| 1994 | - Marcos Cabanas | L'Hospitalet Atl. | 49.66 |
| 1995 | - Oscar Méndez | CF Badalona | 50.52 |
| 1996 | - David Martín | Pratenc AA | 49.32 |
| 1997 | - Oscar Criado | Cornellà At. | 49.76 |
| 1998 | - David Martín | Transports T2 | 48.83 |
| 1999 | - Roger Velazquez | AA Catalunya | 49.81 |
| 2000 | - Enric Martín | FC Barcelona | 49.75 |
| 2001 | - Julio E. Solanes | AA Catalunya-UBAE | 48.96 |
| 2002 | - Jonathan Romera | CN Reus Ploms | 48.67 |
| 2003 | - Albert Pamies | AA Catalunya-UBAE | 49.30 |
| 2004 | - Cristobal Garcia | CA Dominiques | 49.19 |
| 2005 | - Francesc Torrens | Oviedo At. | 48.94 |
| 2006 | - Carles Doz | CN Reus Ploms | 49.80 |
| 2007 | - Jordi Rabal | FC Barcelona | 50.25 |
| 2008 | - Daniel Pedro Garcia | ISS-L'Hospitalet | 48.73 |
| 2009 | - Luis Lizán | Puerto Alicante | 49.56 |
| 2010 | - Ramon Montejano | AA Catalunya | 47.85 |
| 2011 | - Alfredo Orts | AA Catalunya | 48.86 |
| 2012 | - Ramon Montejano | AA Catalunya | 48.24 |
| 2013 | - Albert Martínez | FC Barcelona | 48.73 |
| 2014 | - Sergi Torres | FC Barcelona | 47.77 |
| 2015 | - Guillem Valls | Simply-Scorpio 71 | 48.36 |
| 2016 | - Guillem Valls | Simply-Scorpio 71 | 49.97 |
| 2017 | - Guillem Valls | Simply-Scorpio 71 | 49.08 |
| 2018 | - Alejandro Vallès | CE Universitari | 48.41 |
| 2019 | - Vladyslav Ivaschenko | UA Terrassa | 48.06 |
| 2020 | - Ivan Azuara | UA Terrassa | 49.09 |
| 2021 | - Ivan Azuara | UA Terrassa | 48.64 |
| 2022 | - Ivan Azuara | UA Terrassa | 47.99 |
| 2023 | - Claudi Gómez | CA Sant Celoni | 48.40 |

HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 23 MASCULI

800 METRES LLISOS

| Any | Guanyador | Club | Marca |
|------|-----------------------|--------------------|---------|
| 1986 | - Jordi Llobet | CG Tarragona | 1:56.5 |
| 1987 | - José Ginés Cerdán | EE Brafa | 1:56.8 |
| 1988 | - José Ginés Cerdán | AA Catalunya | 1:54.51 |
| 1989 | - Juan Carlos Ginés | CA Nou Barris | 1:55.02 |
| 1990 | - Guillem Montagut | CG Barcelonès | 1:54.27 |
| 1991 | - Francisco López | JA Sabadell | 1:54.87 |
| 1992 | - Francisco López | JA Sabadell | 1:55.48 |
| 1993 | - José Blas Serrano | CA Laietània | 1:52.31 |
| 1994 | - Rafael Melero | CN Reus Ploms | 1:50.74 |
| 1995 | - Fco. Garcia-Moreno | C Fons Sta Coloma | 1:55.17 |
| 1996 | - Victor Martínez | CAV Andorra | 1:54.61 |
| 1997 | - Victor Martínez | CAV Andorra | 2:00.76 |
| 1998 | - Fco. Miguel Robles | CA Lloret/La Selva | 1:53.87 |
| 1999 | - David Alvarado | FC Barcelona | 1:59.55 |
| 2000 | - Alejandro Fernández | CN Montjuïc | 1:54.97 |
| 2001 | - Miquel Quesada | JA Sabadell | 1:51.15 |
| 2002 | - Javier Medina | JA Sabadell | 1:53.92 |
| 2003 | - Jorge Linares | CA Olesa | 1:57.71 |
| 2004 | - Roger Vila | FC Barcelona | 1:54.72 |
| 2005 | - Francisco Tugores | CA Lloret-LS | 1:53.23 |
| 2006 | - Oriol Vilaplana | Ripollet UA | 1:58.46 |
| 2007 | - Francesc Lazaro | CA Canaletes | 1:56.36 |
| 2008 | - Abde. Ait Khampuch | AE Blanc i Blau | 1:55.59 |
| 2009 | - Oriol Bonet | ISS-L'Hospitalet | 1:54.47 |
| 2010 | - Llorenç Sales | AA Catalunya | 1:55.68 |
| 2011 | - Arnau Parareda | ISS-L'Hospitalet | 1:55.62 |
| 2012 | - Arnau Parareda | ISS-L'Hospitalet | 1:57.39 |
| 2013 | - Lluç Farrera | CA Vilafranca | 1:53.04 |
| 2014 | - Brahim Fateh (e) | ISS-L'Hospitalet | 1:54.03 |
| 2015 | - Brahim Fateh (e) | ISS-L'Hospitalet | 1:54.43 |
| 2016 | - Anas El Idrissi | ISS-L'Hospitalet | 1:54.35 |
| 2017 | - Jordi Torrents | FC Barcelona | 1:54.85 |
| 2018 | - Miquel Domenech | CA Gavà | 1:51.68 |
| 2019 | - Miquel Domenech | CA Gavà | 1:53.42 |
| 2020 | - Carlos Sáez | Unió Colomenca | 1:53.54 |
| 2021 | - Carlos Sáez | At. Albacete | 1:55.46 |
| 2022 | - Pol Torrent | AA Catalunya | 1:56.97 |
| 2023 | - Martí Jurado | UA Barberà | 1:57.66 |

HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 23 MASCULI

1.500 METRES LLISOS

| Any | Guanyador | Club | Marca |
|------|------------------------|---------------------|---------|
| 1986 | - Sancho Ayala | CA Manresa | 4:00.8 |
| 1987 | - Joan Viudes | FC Barcelona | 3:55.6 |
| 1988 | - Sancho Ayala | CA Manresa | 4:00.06 |
| 1989 | - Pere Cornella | CE Universitari | 3:57.91 |
| 1990 | - David Pujolar | Nike AC | 4:02.58 |
| 1991 | - David Pujolar | Sport Canet | 3:53.95 |
| 1992 | - Victor Vinyals | CE Universitari | 3:49.99 |
| 1993 | - Joan Herrera | CN Reus Ploms | 4:15.17 |
| 1994 | - Ricard Fernández | CA Laietània | 3:56.62 |
| 1995 | - Lluís Mezquida | CG Tarragona | 3:54.21 |
| 1996 | - Carlos Medina | FC Barcelona | 4:11.94 |
| 1997 | - Carlos Medina | FC Barcelona | 4:10.44 |
| 1998 | - Pol Guillen | UGE Badalona | 3:55.84 |
| 1999 | - Pol Guillen | UGE Badalona | 3:55.55 |
| 2000 | - Eduardo Exposito | FC Barcelona | 3:58.40 |
| 2001 | - Sergi Silvero | CN Sabadell | 4:04.10 |
| 2002 | - Sergi Silvero | CN Sabadell | 4:08.96 |
| 2003 | - Xavier Areny | FC Barcelona | 3:51.23 |
| 2004 | - Carles Lorente | Playas Castellón | 4:01.60 |
| 2005 | - Roger Vila | FC Barcelona | 4:00.40 |
| 2006 | - Ramon Gasull | FC Barcelona | 4:11.10 |
| 2007 | - Ramon Gasull | FC Barcelona | 4:08.73 |
| 2008 | - Jesús Manuel Cardó | ISS-L'Hospitalet | 3:54.81 |
| 2009 | - Llorenç Sales | AA Catalunya | 4:04.99 |
| 2010 | - Francisco Roldán | FC Barcelona | 4:28.43 |
| 2011 | - Javier Jurado | JA Sabadell | 3:54.66 |
| 2012 | - Abdelkabir Zaroual | ADAS | 4:09.40 |
| 2013 | - Lluç Farrera | CA Vilafranca | 4:11.72 |
| 2014 | - Ibrahim Chakir (e) | CA Vilafranca | 4:04.19 |
| 2015 | - Llorenç Esteve | JA Sabadell | 3:57.40 |
| 2016 | - Daniel Abate Garcia | CA Igualada | 3:54.12 |
| 2017 | - Jordi Torrents | FC Barcelona | 3:56.29 |
| 2018 | - Abdelmounim El Joukh | Lleida UA | 3:47.42 |
| 2019 | - Abdessamad Oukhelfen | CA Igualada | 3:53.52 |
| 2020 | - Abdessamad Oukhelfen | Playas de Castellón | 3:57.90 |
| 2021 | - Carlos Sáez | At. Albacete | 4:07.13 |
| 2022 | - Aniol Borrás | AA Catalunya | 4:20.07 |
| 2023 | - Joan Bru | CE Universitari | 4:13.47 |

HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 23 MASCULI

5.000 METRES LLISOS

| Any | Guanyador | Club | Marca |
|------|-----------------------------|---------------------|-------------------------|
| 1986 | - Pedro Moreno | Sant Adrià | 14:38.8 |
| 1987 | - Agustín García | AA Catalunya | 15:39.8 |
| 1988 | - Victor Vilalta | CA Vic | 15:28.64 |
| 1989 | - Raimon Casajoana | Condal Sport | 15:25.92 |
| 1990 | - Rafael Illán | CA Sitges | 14:49.91 |
| 1991 | - Pau Bundó | CN Reus Ploms | 14:50.63 |
| 1992 | - Pere Parada | CN Reus Ploms | 15:56.06 |
| 1993 | - Jaime López | JA Sabadell | 14:51.00 |
| 1994 | - Carlos Casero | Seguros Soliss | 14:30.63 |
| 1995 | - José Luis Blanco | CA Lloret/La Selva | 14:49.60 |
| 1996 | - Marco A. Cepeda | CN Barcelona | 15:03.82 |
| 1997 | - Raul Aldehuela | U Colomenca Atl. | 14:54.22 |
| 1998 | - Raul Aldehuela | Mizuno AD | 14:58.78 |
| 1999 | - Pol Guillen | UGE Badalona | 14:50.19 |
| 2000 | - Josep Sansa | CAV Andorra | 14:53.91 |
| 2001 | - Ivan Limia | FC Barcelona | 15:29.45 |
| 2002 | - Fernando Martínez | FC Barcelona | 14:56.99 |
| 2003 | - David Bernardo | CA Olesa | 15:09.24 |
| 2004 | - Oriol Cascallo | Integra 2 | 15:03.95 (27/3 Calella) |
| 2005 | - Carlos Herreras | FC Barcelona | 15:52.48 |
| 2006 | - David Martínez | CA Manresa | 14:53.90 |
| 2007 | - Jordi Galvez | CEAT-Caja Canarias | 15:30.84 |
| 2008 | - David Martínez | CA Manresa | 15:31.00 |
| 2009 | - Joan Molins | CA Granollers | 16:43.04 |
| 2010 | - David Campo | GA Lluïsos-Mataró | 15:27.34 |
| 2011 | - Adrià Vila | JA Sabadell | 15:05.26 |
| 2012 | - Adrià Vila | JA Sabadell | 15:20.61 |
| 2013 | - Abdensasser Oukhelfen (e) | CE Penedès | 14:57.31 |
| 2014 | - Abderrazak Samaoui | CA Vilafranca | 16:09.54 |
| 2015 | - Soufiane Mahboub | AA Palamós | 15:22.92 |
| 2016 | - Mourad Mounim | CA Montornès | 15:16.58 |
| 2017 | - Youssef Fateh (e) | ISS-L'Hospitalet | 15:01.58 |
| 2018 | - Jordi Torrents | Playas de Castellón | 15:05.17 |
| 2019 | - Bernat Kun | Unió Colomenca At. | 15:37.05 |
| 2020 | - Naoufal Erraoui (e) | Trespack Team | 14:42.96 |
| 2021 | - Joan Tapias | Alcampo Scorpio 71 | 14:55.71 |
| 2022 | - Joan Solé | CE Universitari | 15:39.61 |
| 2023 | - Marc Bartolí | UA Terrassa | 16:09.67 |

HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 23 MASCULI

10.000 METRES LLISOS

| Any | Guanyador | Club | Marca | |
|------|--------------------------|---|----------|----------------------|
| 1988 | - Eduard Parra | CN Reus Ploms | 34:12.01 | Inici prova |
| 1989 | - Fernando Tapia | JA Sabadell | 33:35.65 | |
| 1990 | - Ivan Hompanera | Nike AC | 30:33.01 | |
| 1991 | - Albert Pascual | CA Vilanova | 31:59.59 | |
| 1992 | - Manuel García | UDA Gramenet | 33:06.91 | |
| 1993 | - | -Suspès per manca de participants- | | |
| 1994 | - Eduard Aixalà | Sicoris Club | 31:00.98 | |
| 1995 | - Manuel Cabrera | Atletiko Sta Coloma | 31:21.73 | |
| 1996 | - David Gil | CN Barcelona | 32:10.64 | |
| 1997 | - Raul Aldehuela | U Colomenca Atl. | 31:20.16 | |
| 1998 | - Daniel Luz | CA Nou Barris | 34:49.83 | |
| 1999 | - Francesc Jesus | CA Diputació-Bcn | 30:14.7 | (27/3 Gavà) |
| 2000 | - Josep Sansa | CAV Andorra | 30:23.6 | (25/3 Palafrugell) |
| 2001 | - Albert Pineda | FC Barcelona | 31:14.36 | (24/3 Rubí) |
| 2002 | - Fernando Martínez | FC Barcelona | 31:41.33 | (23/3 Olot) |
| 2003 | - Fernando Martínez | FC Barcelona | 32:32.56 | (5/4 Castellar) |
| 2004 | - David Bernardo | Joma Sport | 31:35.57 | (27/3 Calella) |
| 2005 | - Carlos Cera | JA Montcada | 30:43.93 | (19/3 Mataró) |
| 2006 | - Enrique Luque | AA Catalunya-UBAE | 30:35.18 | (1/4 Castellar) |
| 2007 | - Ramon Gasull | FC Barcelona | 31:46.27 | (24/3 Palafrugell) |
| 2008 | - Ramon Gasull | FC Barcelona | 31:43.30 | (5/4 Olot) |
| 2009 | - Hamid Kabouri | Aquadiver-GEiEG | 31:43.80 | (28/3 Granollers) |
| 2010 | - Abdelkabir Zaroual | ISS-L'Hospitalet | 30:46.13 | (13/3 Manresa) |
| 2011 | - Manuel Salvador | ISS-L'Hospitalet | 32:05.36 | (19/3 Gavà) |
| 2012 | - Abel Casalí | CA Vic | 32:34.20 | (17/3 Manresa) |
| 2013 | - Abderrazak Samaoui (e) | CA Vilafranca | 31:36.98 | (23/3 Gavà) |
| 2014 | - Oussama Chouati (e) | Avinent Manresa | 33:01.92 | (22/3 Mataró) |
| 2015 | - Abderrazak Samaoui | CA Vilafranca | 31:45.73 | (21/3 Olot) |
| 2016 | - Xavier Figuerola | Castillejo Cáceres | 32:46.17 | (20/3 Lloret) |
| 2017 | - Yassine Ezzaydouny (e) | Cornellà At. | 30:23.40 | (25/3 Sta.Coloma G.) |
| 2018 | - Alejandro Abellaneda | JA Sabadell | 31:27.25 | (18/3 Sant Celoni) |
| 2019 | - Alejandro Abellaneda | JA Sabadell | 31:39.79 | (23/3 Sta.Coloma G.) |
| 2020 | - | - No es va realitzar a causa de la Covid-19 - | | |
| 2021 | - Miquel Corbera | CA Montornès | 31:13.51 | (4/4 Sta.Coloma G.) |
| 2022 | - Marc Fernández | AA Catalunya | 30:13.47 | (20/3 Gavà) |
| 2023 | - Ismail Atriki | GEiE Gironí | 32:27.02 | (4/3 Olot) |

HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 23 MASCULI

110 METRES TANQUES

| Any | Guanyador | Club | Marca | Vent |
|------|-----------------------------|-------------------|-------|---------|
| 1986 | - Antonio Piedra | UA Terrassa | 14.4 | |
| 1987 | - Antonio Piedra | UA Terrassa | 14.7 | (+1.46) |
| 1988 | - Rafael Serra | CG Barcelonès | 15.46 | (-3.62) |
| 1989 | - Daniel Bonet | FC Barcelona | 15.13 | (+1.05) |
| 1990 | - Moises Gongora | CA Laietània | 15.41 | (-0.9) |
| 1991 | - Xavier Brunet | CN Montjuïc | 15.38 | (-3.9) |
| 1992 | - Bernat Buscà | CA Laietània | 15.12 | (-1.2) |
| 1993 | - Edgar Antón | CE Universitari | 15.36 | (+3.2) |
| 1994 | - David Sitjà | GEiE Gironí | 14.69 | (-1.6) |
| 1995 | - Marc Cucala | CN Barcelona | 15.00 | (+1.2) |
| 1996 | - Carlos Adosis | FC Barcelona | 14.93 | (+1.1) |
| 1997 | - Daniel Carrillo | AA Catalunya | 14.45 | (-0.1) |
| 1998 | - Felix Belmar | FC Barcelona | 14.53 | (-2.1) |
| 1999 | - Daniel Carrillo | AA Catalunya | 14.07 | (+3.8) |
| 2000 | - Cristian López | FC Barcelona | 14.87 | (+3.2) |
| 2001 | - Cristian López | FC Barcelona | 14.84 | (-1.0) |
| 2002 | - Cristian López | AA Catalunya-UBAE | 15.19 | (+1.1) |
| 2003 | - Rubén Ferrer | Integra 2 | 15.96 | (-2.9) |
| 2004 | - Marc Girós | FC Barcelona | 15.51 | (-3.2) |
| 2005 | - Marc Girós | FC Barcelona | 14.96 | (+2.6) |
| 2006 | - Juan Manuel Corbacho | CA Granollers | 16.08 | (+2.0) |
| 2007 | - Juan Manuel Corbacho | CA Granollers | 15.99 | (+4.2) |
| 2008 | - Jordi Navarro | ISS-L'Hospitalet | 16.27 | (-0.2) |
| 2009 | - Jordi Navarro | ISS-L'Hospitalet | 15.49 | (+1.5) |
| 2010 | - Gerard sans | Medilast Lleida | 15.25 | (+4.8) |
| 2011 | - José Ángel Quintanal | CA Mollet | 15.80 | (-3.4) |
| 2012 | - Arnau Erta | FC Barcelona | 14.92 | (-0.5) |
| 2013 | - Arnau Erta | FC Barcelona | 14.79 | (-1.5) |
| 2014 | - Arnau Erta | FC Barcelona | 14.86 | (-1.4) |
| 2015 | - Marc José | Fent Camí Mislata | 15.22 | (-1.2) |
| 2016 | - Santi Ramos | CA Igualada | 15.87 | (-0.8) |
| 2017 | - Santi Ramos | CA Igualada | 15.15 | (-1.4) |
| 2018 | - Marc Galé | Cornellà At. | 14.69 | (0.0) |
| 2019 | - Marc Galé | Cornellà At. | 14.64 | (-1.5) |
| 2020 | - Marc Galé | Cornellà At. | 14.56 | (-1.2) |
| 2021 | - Yassir El Boussetaoui (e) | CA Figueres | 15.48 | (-2.7) |
| 2022 | - Yassir El Boussetaoui (e) | FC Barcelona | 14.62 | (-1.3) |
| 2023 | - Roger Martínez | JA Sabadell | 14.50 | (+5.2) |

HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 23 MASCULI

400 METRES TANQUES

| Any | Guanyador | Club | Marca |
|------|-------------------------|-------------------|-------|
| 1986 | - Antonio Fernández | CA Manresa | 55.4 |
| 1987 | - David Sanahuja | FC Barcelona | 54.6 |
| 1988 | - David Sanahuja | FC Barcelona | 53.89 |
| 1989 | - David Sanahuja | FC Barcelona | 53.52 |
| 1990 | - Enrique de la Hoz | FC Barcelona | 55.41 |
| 1991 | - Albert González | CGB-L'Hospitalet | 53.55 |
| 1992 | - Roger Ang es | CGB-L'Hospitalet | 52.33 |
| 1993 | - Raul Sabaté | CN Reus Ploms | 53.50 |
| 1994 | - Ramón Pérez | Sicoris Club | 54.96 |
| 1995 | - Rafael Navarro | CN Poble Nou | 54.01 |
| 1996 | - Antonio Delgado | L'Hospitalet Atl. | 53.33 |
| 1997 | - Guillermo Lopez | Cornellà At. | 52.54 |
| 1998 | - Guillermo Lopez | FC Barcelona | 52.35 |
| 1999 | - Guillermo Lopez | FC Barcelona | 53.52 |
| 2000 | - Bernat Bartolomé | AA Catalunya-UBAE | 55.24 |
| 2001 | - Bernat Bartolomé | AA Catalunya-UBAE | 55.18 |
| 2002 | - Cristobal Garcia | Integra 2 | 53.89 |
| 2003 | - Cristobal Garcia | CA Carrefour | 53.81 |
| 2004 | - Cristobal Garcia | CA Dominiques | 52.43 |
| 2005 | - Roger Jardí | CN Reus Ploms | 57.24 |
| 2006 | - Jordi Rabal | FC Barcelona | 55.09 |
| 2007 | - Daniel Pedro Garcia | ISS-L'Hospitalet | 54.49 |
| 2008 | - Baldemar José Bottini | AA Catalunya | 56.46 |
| 2009 | - Eduard Zamora | UGE Badalona | 56.58 |
| 2010 | - Samuel Carnicero | CA Calella | 53.73 |
| 2011 | - Samuel Carnicero | ISS-L'Hospitalet | 53.52 |
| 2012 | - Samuel Carnicero | FC Barcelona | 54.31 |
| 2013 | - Xavier Carrión | JA Sabadell | 53.17 |
| 2014 | - Roberto Tello | JA Sabadell | 53.88 |
| 2015 | - Roberto Tello | JA Sabadell | 52.99 |
| 2016 | - Esteban Fdez-Dávila | ISS-L'Hospitalet | 54.50 |
| 2017 | - Esteban Fdez-Dávila | ISS-L'Hospitalet | 53.90 |
| 2018 | - Iker Gómez | AA Catalunya | 53.14 |
| 2019 | - Iker Gómez | AA Catalunya | 55.10 |
| 2020 | - Iker Gómez | AA Catalunya | 55.18 |
| 2021 | - Marc Gil | Unió Colomenca | 53.70 |
| 2022 | - Joan Moreno | L'Hospitalet At. | 52.43 |
| 2023 | - Daniel de la Hoz | AA Catalunya | 54.07 |

HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 23 MASCULI

3.000 METRES OBSTACLES

| Any | Guanyador | Club | Marca |
|------|--------------------------|--------------------|---------------------|
| 1986 | - Ivo Clotet | CA Manresa | 5:52.0 (2.000 m.O.) |
| 1987 | - Victor Vilalta | CA Vic | 9:10.4 |
| 1988 | - Victor Vilalta | CA Vic | 9:18.55 |
| 1989 | - Dario Pallarolas | CA Mataró | 9:13.16 |
| 1990 | - Joan Beascoechea | Nike AC | 9:22.17 |
| 1991 | - José García Alcaraz | Nike AC | 9:20.68 |
| 1992 | - José Manuel Jiménez | CA Calella | 9:13.35 |
| 1993 | - D. Sánchez | CA Granollers | 9:36.73 |
| 1994 | - Joan Herrera | CN Reus Ploms | 8:58.91 |
| 1995 | - Joan Herrera | AA Catalunya | 8:46.76 |
| 1996 | - Fernando Izaguirre | CE Montornès | 9:09.44 |
| 1997 | - Jordi Ledesma | CA Lleida-UdL | 9:00.72 |
| 1998 | - Jordi Ledesma | CA Lleida-UdL | 9:13.93 |
| 1999 | - Eric Segura | JA Sabadell | 9:04.18 |
| 2000 | - Eric Segura | JA Sabadell | 8:59.83 |
| 2001 | - Rubén Palomeque | Puma Chapín Jerez | 9:30.84 |
| 2002 | - Rubén Palomeque | Puma Chapín Jerez | 9:29.34 |
| 2003 | - Jeremy Maldonado | FACVAC | 9:26.40 |
| 2004 | - Luis Bielsa | AA Catalunya-UBAE | 9:29.84 |
| 2005 | - Angel Mullera | CA Lloret-LS | 9:16.55 |
| 2006 | - Ismael Charro | AA Catalunya-UBAE | 9:46.86 |
| 2007 | - Javier Torres | ISS-L'Hospitalet | 10:05.38 |
| 2008 | - Javier Torres | ISS-L'Hospitalet | 9:55.06 |
| 2009 | - Mohamed Jebari | AA Catalunya | 9:20.98 |
| 2010 | - Daniel Sánchez | CA Canovelles | 10:17.57 |
| 2011 | - Carlos Díaz | CA Canovelles | 9:52.98 |
| 2012 | - Gerard Monteverde | AA Catalunya | 9:49.83 |
| 2013 | - Zakaria Bourihou | Real Sociedad | 9:18.40 |
| 2014 | - Jonathan Romeo | FC Barcelona | 9:16.53 |
| 2015 | - Omar Es Salmouny | FC Barcelona | 9:23.09 |
| 2016 | - Jonathan Romeo | FC Barcelona | 9:00.73 |
| 2017 | - Boubacar Sabaly (e) | CA Lloret-LS | 9:08.09 |
| 2018 | - Marc Rodríguez | Unió Colomenca At. | 9:28.37 |
| 2019 | - Abderrahim Ougra (e) | GEiE Gironí | 9:12.87 |
| 2020 | - Cap atleta participant | | |
| 2021 | - Arnau López | Avinent Manresa | 10:03.94 |
| 2022 | - Marc Fernández | AA Catalunya | 9:54.17 |
| 2023 | - Ismail Atriki | GEiE Gironí | 9:18.84 |

HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 23 MASCULI

SALT D'ALÇADA

| Any | Guanyador | Club | Marca |
|------|------------------------|-------------------|-------|
| 1986 | - José Antonio Márquez | CN Barcelona | 1.96 |
| 1987 | - Joan Garrido | CA Manresa | 1.99 |
| 1988 | - Joan Pons | GEiE Gironí | 1.93 |
| 1989 | - Lluís Gibert | CN Reus Ploms | 2.00 |
| 1990 | - Xavier López | CA Vilanova | 1.92 |
| 1991 | - Xavier López | CA Sitges | 1.97 |
| 1992 | - Santiago Pérez | GG Llu sos | 1.92 |
| 1993 | - Fernando Molero | CA Laietània | 2.01 |
| 1994 | - Roberto Zamora | L'Hospitalet Atl. | 1.99 |
| 1995 | - Marc Pagès | CA Laietània | 2.09 |
| 1996 | - Jordi Rofes | Nike-CEU | 2.15 |
| 1997 | - Jordi Rofes | CD Nike Int. | 2.16 |
| 1998 | - Jordi Rofes | CN Reus Ploms | 2.14 |
| 1999 | - Xabier San Juan | CA Tarragona | 2.05 |
| 2000 | - Josep Ma. Gener | GEiE Gironí | 1.95 |
| 2001 | - Sandro Malagrida | Integra 2 | 1.83 |
| 2002 | - Lemen Fatty | Integra 2 | 2.17 |
| 2003 | - Marc Tuset | AA Catalunya-UBAE | 2.01 |
| 2004 | - Lemen Fatty | CA Dominiques | 2.13 |
| 2005 | - Miquel Vélez | FC Barcelona | 2.15 |
| 2006 | - Albert Pujadas | FC Barcelona | 2.03 |
| 2007 | - Jordi Vallès | CA Laietània | 2.04 |
| 2008 | - Carles Triadó | ISS-L'Hospitalet | 2.04 |
| 2009 | - Carles Triadó | ISS-L'Hospitalet | 2.12 |
| 2010 | - Marc Bertrán | AA Catalunya | 2.00 |
| 2011 | - Marc Bertrán | AA Catalunya | 2.05 |
| 2012 | - Marc Bertrán | AA Catalunya | 1.99 |
| 2013 | - Jesús Castillo | Cornellà At | 1.95 |
| 2014 | - Roger Ribó | CE Universitari | 1.95 |
| 2015 | - Marc Sánchez | CA Igualada | 1.98 |
| 2016 | - Marc Sánchez | CA Igualada | 2.04 |
| 2017 | - Marc Sánchez | CA Igualada | 2.15 |
| 2018 | - Eduard Fàbregas | At. Intec Zoiti | 2.08 |
| 2019 | - Xesc Tresens | FC Barcelona | 2.16 |
| 2020 | - Daniel Lorente | L'Hospitalet At. | 1.96 |
| 2021 | - Daniel Torrero | AA Catalunya | 2.03 |
| 2022 | - Angel Torrero | AA Catalunya | 2.10 |
| 2023 | - Daniel Torrero | AA Catalunya | 2.09 |

HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 23 MASCULI

SALT AMB PERXA

| Any | Guanyador | Club | Marca |
|------|-----------------------|---------------------|-------|
| 1986 | - Xavier Inglavaga | CN Reus Ploms | 4.50 |
| 1987 | - Francesc Mas | FC Barcelona | 4.70 |
| 1988 | - Francesc Mas | AE L'Hospitalet | 4.60 |
| 1989 | - Francesc Mas | AE L'Hospitalet | 4.80 |
| 1990 | - David Gracia | CN Montjuïc | 4.80 |
| 1991 | - David Gracia | FC Barcelona | 4.79 |
| 1992 | - Sergio Fañanas | AA Catalunya | 4.30 |
| 1993 | - Xavier Torrens | CA Granollers | 3.80 |
| 1994 | - Miguel Angel Ruiz | CA Vilanova | 4.65 |
| 1995 | - Santiago Bañón | JA Sabadell | 5.15 |
| 1996 | - Santiago Bañón | JA Sabadell | 5.00 |
| 1997 | - Jonathan Hernández | AA Catalunya | 4.60 |
| 1998 | - Gabriel Martínez | CA Laietània | 5.20 |
| 1999 | - Jordi Villalabeitia | Transports T2 | 5.10 |
| 2000 | - Raul Mayor | FC Barcelona | 4.90 |
| 2001 | - Joan Planas | CA Laietània | 4.90 |
| 2002 | - Roger Noguera | CA Dominiques | 4.80 |
| 2003 | - Victor Zardoya | Integra 2 | 4.90 |
| 2004 | - Roger Noguera | CA Dominiques | 5.10 |
| 2005 | - Victor Zardoya | CAI Gran Canaria | 4.70 |
| 2006 | - Oriol Adeva | FC Barcelona | 4.70 |
| 2007 | - Xavier Pozuelo | CAB Puerto Alicante | 4.25 |
| 2008 | - Tomàs Abellán | Medilast Sport | 4.90 |
| 2009 | - Albert Vélez | FC Barcelona | 5.20 |
| 2010 | - Albert Vélez | FC Barcelona | 5.20 |
| 2011 | - David Moya | AA Catalunya | 4.85 |
| 2012 | - Adrià Puig | CA Laietània | 4.05 |
| 2013 | - Adrià Puig | CA Laietània | 4.40 |
| 2014 | - Marc Vela | FC Barcelona | 4.55 |
| 2015 | - Ricard Clemente | Avinent Manresa | 4.70 |
| 2016 | - Ricard Clemente | Avinent Manresa | 4.50 |
| 2017 | - Aleix Pi | AA Catalunya | 4.90 |
| 2018 | - Aleix Pi | AA Catalunya | 5.15 |
| 2019 | - Jon Cervellera | UA Montsià | 4.85 |
| 2020 | - Oriol Almirall | AA Catalunya | 4.45 |
| 2021 | - Alex Gracia | FC Barcelona | 5.15 |
| 2022 | - Eloi Caparrós | L'Hospitalet At. | 4.90 |
| 2023 | - Theo Ruiz | Aldahra Lleida UA | 4.90 |

HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 23 MASCULI

SALT DE LLARGADA

| Any | Guanyador | Club | Marca | Vent |
|------|------------------------|---------------------|-------|---------|
| 1986 | - José Antonio Márquez | CN Barcelona | 7.35 | |
| 1987 | - Jordi Queralt | CA Granollers | 6.79 | (+3.06) |
| 1988 | - Jordi Queralt | CA Granollers | 6.96 | (+2.15) |
| 1989 | - Francisco Forcada | CG Tarragona | 6.90 | (-0.20) |
| 1990 | - Jesús Montoliu | CN Reus Ploms | 6.97 | (+0.7) |
| 1991 | - Jesús Montoliu | CN Reus Ploms | 7.32 | (+0.5) |
| 1992 | - Alberto Benito | Sicoris Club | 6.41 | (-0.9) |
| 1993 | - Ponciano Ramírez | FC Barcelona | 7.20 | (+8.3) |
| 1994 | - Jordi del Amo | UA Terrassa | 6.75 | (-1.4) |
| 1995 | - Ra l Álvarez | Pratenc AA | 7.15 | (+4.8) |
| 1996 | - Jordi Llop | CG Tarragona | 7.29 | (+1.5) |
| 1997 | - Jordi Llop | CG Tarragona | 7.43 | (-0.2) |
| 1998 | - Jordi Llop | FC Barcelona | 7.11 | (+1.9) |
| 1999 | - Eduardo Perez | Airtel AAM | 7.19 | (+4.6) |
| 2000 | - Antonio Alonso | FC Barcelona | 7.05 | (+1.0) |
| 2001 | - Josep Ma. Gener | GEiE Gironí | 7.11 | (-1.3) |
| 2002 | - Rubén Ferrer | Integra 2 | 6.89 | (+0.8) |
| 2003 | - Eduardo Pineda | FC Barcelona | 7.09 | (-0.1) |
| 2004 | - Miguel Moya | AA Catalunya-UBAE | 7.11 | (+1.1) |
| 2005 | - Miguel Moya | Carrefour-Lleida | 7.37 | (+2.5) |
| 2006 | - Carlos Garcia | CA Calella | 6.94 | (+2.4) |
| 2007 | - Roger Carulla | Medilast Sport | 6.87 | (0.0) |
| 2008 | - Roger Carulla | Medilast Sport | 7.31 | (+1.7) |
| 2009 | - Robert Díez | FC Barcelona | 7.33 | (+3.3) |
| 2010 | - Rubén Pros | Medilast Lleida | 7.48 | (+1.0) |
| 2011 | - Gerard Puig | Puerto Alicante OHL | 7.02 | (+1.3) |
| 2012 | - Lamin Jammeh | ISS-L'Hospitalet | 6.98 | (+2.3) |
| 2013 | - Guillem Roca | CA Vic | 6.63 | (+1.1) |
| 2014 | - Ricard Clemente | Avinent Manresa | 6.79 | (+0.4) |
| 2015 | - Daniel Pacheco | Cornellà At. | 7.34 | (+3.0) |
| 2016 | - Ricard Clemente | Avinent Manresa | 7.05 | (+2.1) |
| 2017 | - Jordi Y. Matsuoka | CA Igualada | 7.46 | (+1.4) |
| 2018 | - Jordi Y. Matsuoka | CA Igualada | 7.15 | (+1.9) |
| 2019 | - Jan Termens | Lleida UA | 6.87 | (+1.7) |
| 2020 | - Xavier Barrubés | L'Hospitalet At. | 7.69 | (+1.0) |
| 2021 | - Jaime Guerra | Cornellà At. | 7.71 | (+1.9) |
| 2022 | - Aitor Caldito | CA Igualada | 7.10 | (+2.1) |
| 2023 | - Joan Gea | UA Barberà | 7.36 | (+3.2) |

HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 23 MASCULI

TRIPLE SALT

| Any | Guanyador | Club | Marca | Vent |
|------|------------------------|-------------------|-------|---------|
| 1986 | - José Antonio Márquez | CN Barcelona | 14.59 | |
| 1987 | - Joan Garrido | CA Manresa | 13.92 | (+3.05) |
| 1988 | - Joan Garrido | CA Manresa | 14.30 | (+2.64) |
| 1989 | - Cristobal García | FC Barcelona | 14.71 | (+1.46) |
| 1990 | - David Reinal | CG Barcelonès | 14.37 | (+0.6) |
| 1991 | - Josep Maria Charles | CPE Canaletes | 15.02 | (+1.7) |
| 1992 | - Alberto Benito | Sicoris Club | 14.39 | (+1.6) |
| 1993 | - Francisco López | GG Llu sos | 14.06 | (+1.4) |
| 1994 | - Abel Gurt | CA Vic | 14.64 | (+2.0) |
| 1995 | - Alvaro Bartolomé | FC Barcelona | 15.28 | (+0.4) |
| 1996 | - Cristobal Tello | CA Vilanova | 13.61 | (+1.0) |
| 1997 | - Cristobal Tello | CA Vilanova | 14.34 | (+2.1) |
| 1998 | - Eduardo Pérez | Larios AAM | 16.06 | (+1.7) |
| 1999 | - Eduardo Perez | Airtel AAM | 15.94 | (+2.3) |
| 2000 | - Eduardo Pérez | Airtel AAM | 15.59 | (+1.8) |
| 2001 | - Ivan Carbonell | CN Reus Ploms | 14.31 | (+1.6) |
| 2002 | - Sergio Fernández | AA Catalunya-UBAE | 13.65 | (-0.2) |
| 2003 | - Sergio Fernández | AA Catalunya-UBAE | 15.23 | (-2.9) |
| 2004 | - Gonzalo Ferrer | CE Universitari | 14.40 | (-0.2) |
| 2005 | - Gonzalo Ferrer | Carrefour-Lleida | 14.63 | (+0.8) |
| 2006 | - Pere Joseph | FC Barcelona | 15.85 | (+1.4) |
| 2007 | - Pere Joseph | FC Barcelona | 15.80 | (+2.6) |
| 2008 | - Robert Díez | FC Barcelona | 15.25 | (+0.2) |
| 2009 | - Robert Díez | FC Barcelona | 14.95 | (+0.3) |
| 2010 | - Adrià Alferez | ISS-L'Hospitalet | 15.20 | (-1.8) |
| 2011 | - Lamin Jammeh | ISS-L'Hospitalet | 14.04 | (-4.3) |
| 2012 | - Lamin Jammeh | ISS-L'Hospitalet | 14.20 | (-1.7) |
| 2013 | - Guillem Domingo | FC Barcelona | 15.11 | (+2.1) |
| 2014 | - Guillem Domingo | FC Barcelona | 15.00 | (+1.6) |
| 2015 | - Victor del Rio | FC Barcelona | 15.31 | (+1.7) |
| 2016 | - Victor del Rio | AA Palamós | 15.12 | (+1.0) |
| 2017 | - Victor del Rio | AA Palamós | 15.22 | (+0.9) |
| 2018 | - Dario Sirerol | CA Igualada | 15.24 | (+1.3) |
| 2019 | - Jaime Guerra | Cornellà At. | 15.88 | (+3.4) |
| 2020 | - Ramon Adalia | AA Catalunya | 15.53 | (+0.0) |
| 2021 | - Julen Sayago | Cornellà At. | 14.97 | (+1.6) |
| 2022 | - Mario Montes | CEA Tenerife 1984 | 13.56 | (+1.0) |
| 2023 | - Marc Sala | AA Catalunya | 14.81 | (+2.7) |

HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 23 MASCULI

LLANÇAMENT DE PES

| Any | Guanyador | Club | Marca |
|------|-------------------------|-------------------|-------|
| 1986 | - Daniel Pérez | UGE Badalona | 12.25 |
| 1987 | - Josep Agustí Camats | CA Olesa | 14.02 |
| 1988 | - Josep Agustí Camats | CG Barcelonès | 14.41 |
| 1989 | - Josep Agustí Camats | CG Barcelonès | 15.18 |
| 1990 | - Antoni Pujol | CPE Canaletes | 12.45 |
| 1991 | - Josep Antoni Segarra | UA Terrassa | 13.85 |
| 1992 | - Albert Seguès | CN Reus Ploms | 13.82 |
| 1993 | - Albert Seguès | CN Reus Ploms | 13.53 |
| 1994 | - Jordi Solé | CA Tarragona | 12.82 |
| 1995 | - Fco. Javier Rodríguez | CA Laietània | 15.63 |
| 1996 | - Angel Moreno | CAV Andorra | 12.49 |
| 1997 | - Oscar Basanta | AA Catalunya | 12.12 |
| 1998 | - Francisco Burgos | CA Laietània | 13.70 |
| 1999 | - Isaac Clave | CA Laietània | 14.56 |
| 2000 | - Antoni Ortiz | AA Catalunya-UBAE | 14.88 |
| 2001 | - Antoni Ortiz | AA Catalunya-UBAE | 14.85 |
| 2002 | - Eloi Rovira | FC Barcelona | 16.47 |
| 2003 | - Bonaventura Homs | CA Carrefour | 12.78 |
| 2004 | - Eloi Rovira | FC Barcelona | 16.76 |
| 2005 | - Jordi Villanueva | GA Lluïsos-Mataró | 11.46 |
| 2006 | - Unai Olea | CAV Andorra | 11.68 |
| 2007 | - Imanol Cardona | UA Barberà | 11.60 |
| 2008 | - Jaume León | AA Catalunya | 14.70 |
| 2009 | - José Javier Ortega | ISS-L'Hospitalet | 16.48 |
| 2010 | - José Javier Ortega | ISS-L'Hospitalet | 17.01 |
| 2011 | - José Javier Ortega | ISS-L'Hospitalet | 16.71 |
| 2012 | - Albert Herrero | CA Montornès | 14.03 |
| 2013 | - Albert Herrero | CA Montornès | 15.03 |
| 2014 | - Jordi Moya | CA Vic | 13.14 |
| 2015 | - Alex Sánchez | Pratenc AA | 12.02 |
| 2016 | - Viorel Cristian Ravar | UA Montsià | 14.55 |
| 2017 | - Sergi Cabezón | Avinent Manresa | 12.61 |
| 2018 | - Marc Liébana | Lleida UA | 11.98 |
| 2019 | - Aaron Solà | AA Catalunya | 15.03 |
| 2020 | - Aaron Solà | AA Catalunya | 15.57 |
| 2021 | - Aaron Solà | AA Catalunya | 16.23 |
| 2022 | - Daniel Cogul | Aldahra Lleida UA | 14.06 |
| 2023 | - Daniel Cogul | Aldahra Lleida UA | 14.56 |

HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 23 MASCULI

LLANÇAMENT DE DISC

| Any | Guanyador | Club | Marca |
|------|------------------------|-------------------|-------|
| 1986 | - Anton Maria Godall | CN Barcelona | 40.26 |
| 1987 | - Francisco Peralta | CG Tarragona | 39.42 |
| 1988 | - Francisco Peralta | CG Tarragona | 40.86 |
| 1989 | - Luis Santos | AE L'Hospitalet | 42.90 |
| 1990 | - Juan Carlos Espinosa | CPE Canaletes | 35.44 |
| 1991 | - Albert Seguès | CN Reus Ploms | 41.14 |
| 1992 | - Albert Seguès | CN Reus Ploms | 43.28 |
| 1993 | - Marcel lí Quintana | CA Igualada | 37.84 |
| 1994 | - José Luis Valencia | FC Barcelona | 47.48 |
| 1995 | - José Luis Valencia | FC Barcelona | 54.02 |
| 1996 | - José Luis Valencia | FC Barcelona | 53.68 |
| 1997 | - Ivan Tirado | FCA-Larios AAM | 51.26 |
| 1998 | - Isaac Gómez | AA Catalunya | 34.30 |
| 1999 | - Ivan Tirado | Transports T2 | 54.25 |
| 2000 | - Antoni Ortiz | AA Catalunya-UBAE | 46.65 |
| 2001 | - Antoni Ortiz | AA Catalunya-UBAE | 44.39 |
| 2002 | - Antoni Ortiz | AA Catalunya-UBAE | 46.15 |
| 2003 | - Jesús Sánchez | FC Barcelona | 46.35 |
| 2004 | - Eloi Rovira | FC Barcelona | 47.70 |
| 2005 | - Marc Cruells | AA Catalunya-UBAE | 41.51 |
| 2006 | - Unai Olea | CAV Andorra | 36.26 |
| 2007 | - Ferran Tortosa | CA Tarragona | 29.39 |
| 2008 | - Jaume León | AA Catalunya | 50.88 |
| 2009 | - Jaume León | AA Catalunya | 51.08 |
| 2010 | - Jaume León | AA Catalunya | 52.64 |
| 2011 | - Albert Herrero | CA Montornès | 45.12 |
| 2012 | - Albert Herrero | CA Montornès | 48.04 |
| 2013 | - Albert Herrero | CA Montornès | 45.88 |
| 2014 | - Jordi Moya | CA Vic | 39.87 |
| 2015 | - Marc Florenza | AA Catalunya | 44.87 |
| 2016 | - Marc Florenza | AA Catalunya | 44.01 |
| 2017 | - Marc Florenza | AA Catalunya | 44.46 |
| 2018 | - Marc Liébana | Lleida UA | 35.22 |
| 2019 | - Aaron Solà | AA Catalunya | 50.71 |
| 2020 | - Aaron Solà | AA Catalunya | 47.82 |
| 2021 | - Aaron Solà | AA Catalunya | 51.02 |
| 2022 | - Daniel Cogul | Aldahra Lleida UA | 41.40 |
| 2023 | - Daniel Cogul | Aldahra Lleida UA | 41.37 |

HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 23 MASCULI

LLANÇAMENT DE JAVELINA

| Any | Guanyador | Club | Marca |
|------|------------------------|--------------------|-------|
| 1986 | - Enric Bassols | Sicoris Club | 55.52 |
| 1987 | - Emilio Martín | CG Tarragona | 51.34 |
| 1988 | - Isidro González | FC Barcelona | 48.44 |
| 1989 | - Carlos Fernández | JA Sabadell | 55.10 |
| 1990 | - Josep Antoni Segarra | UA Terrassa | 61.12 |
| 1991 | - Josep Antoni Segarra | UA Terrassa | 59.20 |
| 1992 | - Gorka Insausti | CA Granollers | 58.86 |
| 1993 | - Gorka Insausti | FCA-Real Sociedad | 55.38 |
| 1994 | - Màxim Sanz | CA Manresa | 51.32 |
| 1995 | - Marc Frutos | AA Catalunya | 58.88 |
| 1996 | - Alberto Rey | Pratenc AA | 56.32 |
| 1997 | - Raul Fernández | CA Laietània | 51.08 |
| 1998 | - Alberto Rey | Pratenc AA | 59.76 |
| 1999 | - Antonio Cortes | Transports T2 | 55.62 |
| 2000 | - Marc Peralta | CA Laietània | 66.70 |
| 2001 | - Marc Peralta | CA Laietània | 64.52 |
| 2002 | - Marc Peralta | CA Laietània | 62.93 |
| 2003 | - Jordi Villanueva | AA Catalunya-UBAE | 49.62 |
| 2004 | - Jordi Villanueva | AA Catalunya-UBAE | 46.92 |
| 2005 | - Jordi Sánchez | Carrefour-Lleida | 57.35 |
| 2006 | - Jordi Sánchez | Medilast-Carrefour | 61.63 |
| 2007 | - Jordi Sánchez | FC Barcelona | 67.62 |
| 2008 | - Victor Fonseca | FC Barcelona | 61.42 |
| 2009 | - Ivan Alba | CA Castellar | 64.70 |
| 2010 | - Edgar Rodríguez | CA Laietània | 62.12 |
| 2011 | - Edgar Rodríguez | AA Catalunya | 58.99 |
| 2012 | - Edgar Rodríguez | AA Catalunya | 64.00 |
| 2013 | - Alex Sánchez | Pratenc AA | 57.30 |
| 2014 | - Bilal Nouali (e) | AA Catalunya | 65.09 |
| 2015 | - Bilal Nouali (e) | AA Catalunya | 65.54 |
| 2016 | - Marc Alique | AA Catalunya | 56.75 |
| 2017 | - Marc Alique | AA Catalunya | 59.11 |
| 2018 | - Marc Alique | AA Catalunya | 58.84 |
| 2019 | - Jhon Luis Garcia | AA Catalunya | 50.75 |
| 2020 | - Jhon Luis Garcia | AA Catalunya | 61.53 |
| 2021 | - Jhon Luis Garcia | AA Catalunya | 60.59 |
| 2022 | - Pau Rodríguez | AA Catalunya | 59.46 |
| 2023 | - Pau Rodríguez | AA Catalunya | 56.84 |

HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 23 MASCULI

LLANÇAMENT DE MARTELL

| Any | Guanyador | Club | Marca |
|------|-----------------------|------------------------------------|-------|
| 1986 | - | -No es va fer- | |
| 1987 | Victor Solé | CN Barcelona | 57.48 |
| 1988 | Victor Solé | CN Barcelona | 58.84 |
| 1989 | Roger Molist | FC Barcelona | 57.20 |
| 1990 | Alex Marfull | CN Montjuïc | 62.44 |
| 1991 | Alex Marfull | CN Barcelona | 64.22 |
| 1992 | - | -Suspès per manca de participants- | |
| 1993 | Marcel lí Quintana | CA Igualada | 50.48 |
| 1994 | Marcel lí Quintana | CA Igualada | 51.54 |
| 1995 | Marcel lí Quintana | CA Igualada | 50.52 |
| 1996 | Alex Sannicolás | CA Granollers | 47.38 |
| 1997 | - | -Suspès per manca de participants- | |
| 1998 | David Rubio | CA Lleida-UdL | 63.06 |
| 1999 | Anscari Salgado | Airtel AAM | 64.23 |
| 2000 | Moisès Campeny | Airtel AAM | 69.39 |
| 2001 | Moisès Campeny | Airtel AAM | 70.02 |
| 2002 | Joan Josep Bea | Integra 2 | 59.65 |
| 2003 | Jordi Nielsen | AA Catalunya-UBAE | 53.79 |
| 2004 | Jordi Nielsen | CA Dominiques | 54.78 |
| 2005 | Rafael Vaquer | AA Catalunya-UBAE | 48.37 |
| 2006 | Rafael Vaquer | AA Catalunya-UBAE | 48.03 |
| 2007 | Rafael Vaquer | AA Catalunya-UBAE | 50.35 |
| 2008 | Adrián Prats | UA Barberà | 40.60 |
| 2009 | Adrià Solé | Independent | 46.70 |
| 2010 | Edgar Capdevila | Medilast Lleida | 59.52 |
| 2011 | Edgar Capdevila | AA Catalunya | 59.60 |
| 2012 | Rafael Fernández | JA Sabadell | 49.60 |
| 2013 | Sergio Guijo | Simply Scorpio 71 | 57.83 |
| 2014 | Sergio Guijo | Simply Scorpio 71 | 60.41 |
| 2015 | Sergio Guijo | Simply Scorpio 71 | 60.98 |
| 2016 | Viorel Cristian Ravar | UA Montsià | 60.81 |
| 2017 | Miguel Alberto Blanco | FC Barcelona | 69.09 |
| 2018 | Marc Liébana | Lleida UA | 48.71 |
| 2019 | Marc Liébana | Lleida UA | 48.35 |
| 2020 | David Martín | FC Barcelona | 58.74 |
| 2021 | David Martín | FC Barcelona | 62.89 |
| 2022 | David Martín | FC Barcelona | 61.30 |
| 2023 | Daniel Ruiz | FC Barcelona | 54.94 |

HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 23 MASCULI

10.000 METRES MARXA

| Any | Guanyador | Club | Marca |
|------|------------------------|--------------------------|---------------------------|
| 1986 | - Daniel Plaza | CN Barcelona | 43:03.4 |
| 1987 | - Jaime Barroso | AA Catalunya | 45:35.2 |
| 1988 | - Jaime Barroso | AA Catalunya | 45:02.1 |
| 1989 | - Santiago Torres | AA Catalunya | 49:14.06 |
| 1990 | - Albert Francés | GCR La Seda | 44:55.0 |
| 1991 | - Albert Francés | GCR La Seda | 45:12.8 |
| 1992 | - José Maria Rodríguez | CN Montjuïc | 44:35.5 |
| 1993 | - | -Cap atleta participant- | |
| 1994 | - David Pueyo | UGE Badalona | 44:20.05 |
| 1995 | - David Sánchez | AA Catalunya | 43:27.7 |
| 1996 | - Hugo Ruiz | Pratenc AA | 46:19.95 |
| 1997 | - | -Cap atleta participant- | |
| 1998 | - David Márquez | Transports T2 | 44:22.4 |
| 1999 | - David Marquez | Transports T2 | 42:15.0 |
| 2000 | - José A. González | AA Catalunya-UBAE | 43:34.1 |
| 2001 | - Daniel López | CA Laietània | 46:30.7 |
| 2002 | - Daniel López | FC Barcelona | 45:20.83 |
| 2003 | - Daniel López | FC Barcelona | 44:18.6 |
| 2004 | - Javier González | CA Dominiques | 45:15.93 |
| 2005 | - Fco. Javier González | CA Igualada | 45:45.26 |
| 2006 | - Ferran Collados | FC Barcelona | 48:28.54 |
| 2007 | - Ferran Collados | FC Barcelona | 47:05.58 |
| 2008 | - David Cejudo | JA Sabadell | 50:09.0 |
| 2009 | - David Cejudo | JA Sabadell | 44:56.88 |
| 2010 | - Clàudio Villanueva | ISS-L'Hospitalet | 44:11.60 |
| 2011 | - Oriol Soler | CA Laietània | 51:50.46 |
| 2012 | - Marc Cabrera | AA Catalunya | 50:12.00 |
| 2013 | - Pol Martínez | GA Lluïsos Mataró | 1h 01:47.23 |
| 2014 | - | -Cap atleta participant- | |
| 2015 | - Marc Guerrero | FC Barcelona | 46:55.87 |
| 2016 | - Nil Rodés | AA Catalunya | 45:15.99 |
| 2017 | - Nil Rodés | AA Catalunya | 44:50.08 (27/5 Serrahima) |
| 2018 | - Nil Rodés | AA Catalunya | 44:41.30 (26/5 Serrahima) |
| 2019 | - Kevin Cerro | Cornellà At. | 44:34.39 |
| 2020 | - Kevin Cerro | Cornellà At. | 23:03.80 (5.000 m.) |
| 2021 | - Ruben Vera | Cornellà At. | 55:42.44 |
| 2022 | - Joaquim Rico | AA Catalunya | 48:47.31 |
| 2023 | - Joaquim Rico | AA Catalunya | 47:21.19 (18/6 Sabadell) |

HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 23 MASCULI

RELLEUS 4 X 100

| Any | Guanyador | Marca | |
|------|--|-------|---------------------|
| 2008 | - AA CATALUNYA C. CRUZ-E. PEREZ-E. MENDEZ-R. BUENO | 43.26 | |
| 2009 | - JA SABADELL P. GIBERT-C. BLANCA-S. RUIZ-A. GOTAY | 44.17 | |
| 2010 | - AA CATALUNYA I. BENITEZ-E. MENDEZ-R. MONTEJANO-E. PEREZ | 44.31 | |
| 2011 | - Cap equip participant | | |
| 2012 | - JA SABADELL M. DE SA-E. ESTEVE-M. LOBO-S. BERNAT | 45.35 | |
| 2013 | - CA MOLLET A. BURRIEL-J. A. QUINTANAL-A. SELVA-T. STEWART | 42.62 | |
| 2014 | - Cap equip participant | | |
| 2015 | - AA CATALUNYA M. PARA-A. KINGUE-D. G. SANCHEZ-S. TOMAS | 42.71 | (16/5 Lleida) |
| 2016 | - AVINENT MANRESA J. SOLERNOU-B. SINTES-R. CLEMENTE-G. LAYMON | 44.90 | (15/5 L'Hospitalet) |
| 2017 | - Cap equip participant | | (6/5 Cornellà) |
| 2018 | - CORNELLÀ AT. M. GALE-A. NUÑEZ-A. REINA-M. L. VEKEMANS | 42.76 | (5/5 Serrahima) |
| 2019 | - CORNELLÀ AT. M. GALE-A. NUÑEZ-A. REINA-M. L. VEKEMANS | 43.18 | (4/5 L'Hospitalet) |
| 2020 | - - No es va realitzar a causa de la Covid-19 - | | |
| 2021 | - CORNELLÀ AT. B. CANET-M. GARCIA-A. VALVERDE-D. FRADERA | 42.65 | (30/5 Tarragona) |
| 2022 | - BARCELONA AT. G. CRESPI-J. C. BRITO-M. CRESPI-O. GARCIA | 41.18 | (29/5 Palafrugell) |
| 2023 | - BARCELONA AT. G. CRESPI-A. ROMEO-B. SERVERA-M. BEZZELT | 42.26 | |

HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 23 FEMENI

100 METRES LLISOS

| Any | Guanyadora | Club | Marca | Vent |
|------|------------------------|------------------|-------|---------|
| 1986 | - Montse Gómez | CG Barcelonès | 12.2 | |
| 1987 | - Magda Isarn | CA Laietània | 12.3 | (+1.17) |
| 1988 | - Eva Velasco | CN Figueres | 12.94 | (-3.78) |
| 1989 | - Elvira Ruiz | Cornellà At | 12.52 | (-0.47) |
| 1990 | - Assumpció Puig | AE L'Hospitalet | 12.76 | (-0.6) |
| 1991 | - Ana María Megias | CGB-L'Hospitalet | 12.76 | (-1.7) |
| 1992 | - Ana María Megias | CN Poble Nou | 12.59 | (-1.7) |
| 1993 | - Ana María Megias | CN Poble Nou | 11.98 | (+5.8) |
| 1994 | - Carme Blay | CN Reus Ploms | 12.13 | (-1.9) |
| 1995 | - Lorena Ortí | AA Catalunya | 12.16 | (+2.1) |
| 1996 | - Mara Prat | CA Manresa | 12.32 | (+0.4) |
| 1997 | - Laura Mayoral | GEiE Gironí | 12.48 | (+0.2) |
| 1998 | - Laura Gallardo | Transports T2 | 12.45 | (-0.3) |
| 1999 | - Sònia Gracia | GEiE Gironí | 11.98 | (+6.0) |
| 2000 | - Laura Trapero | GEiE Gironí | 12.13 | (+2.1) |
| 2001 | - Marta Roselló | CA Laietània | 12.84 | (-0.7) |
| 2002 | - Laura Trapero | Integra 2 | 12.42 | (-0.6) |
| 2003 | - Laia Forcadell | Integra 2 | 12.43 | (-0.8) |
| 2004 | - Jessica Reeves | UA Rubí | 13.44 | (-1.5) |
| 2005 | - Eva Martín | JA Sabadell | 12.12 | (+1.5) |
| 2006 | - Eva Martín | FC Barcelona | 12.12 | (-0.1) |
| 2007 | - Plàcidia A. Martínez | FC Barcelona | 12.51 | (-1.4) |
| 2008 | - Oyidiya Oji | ISS-L'Hospitalet | 12.35 | (-1.6) |
| 2009 | - Silvia Riba | CA Vic | 12.02 | (-1.9) |
| 2010 | - Cristina Ferrándiz | Pratenc AA | 11.98 | (+2.5) |
| 2011 | - Cristina Ferrándiz | AA Catalunya | 12.68 | (-4.1) |
| 2012 | - Alba Boronat | CA Canaletes | 12.61 | (-1.9) |
| 2013 | - Ana Olea | CA Montornès | 13.15 | (-1.4) |
| 2014 | - Laia Gil | CA Vic | 12.67 | (-1.1) |
| 2015 | - Laia Gil | AA Catalunya | 12.37 | (-1.8) |
| 2016 | - Paula Llistosella | GEiE Gironí | 12.32 | (-2.0) |
| 2017 | - Gemma Rozas | CA Canaletes | 12.38 | (-0.8) |
| 2018 | - Anna Obradors | ISS-L'Hospitalet | 11.80 | (-0.1) |
| 2019 | - Marta Gironés | UA Terrassa | 12.49 | (-0.9) |
| 2020 | - Mar Navarro | UGE Badalona | 14.34 | (-1.0) |
| 2021 | - Laia Solà | Avinent Manresa | 12.39 | (-2.1) |
| 2022 | - Anna Monsó | FC Barcelona | 11.96 | (+2.9) |
| 2023 | - Anna Monsó | FC Barcelona | 11.86 | (+2.5) |

HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 23 FEMENI

200 METRES LLISOS

| Any | Guanyadora | Club | Marca | Vent |
|------|--------------------------|-------------------|-------|---------|
| 1986 | - Montse Gómez | CG Barcelonès | 25.2 | |
| 1987 | - Magda Isarn | CA Laietània | 25.8 | (+1.93) |
| 1988 | - Eva Velasco | CN Figueres | 25.74 | (-2.02) |
| 1989 | - Elvira Ruiz | Cornellà At | 25.42 | (-1.01) |
| 1990 | - Eulàlia Prat | CG Barcelonès | 26.25 | (-1.7) |
| 1991 | - Eulàlia Prat | CGB-L'Hospitalet | 25.75 | (-2.1) |
| 1992 | - Ana María Megias | CN Poble Nou | 25.41 | (-0.6) |
| 1993 | - Ana María Megias | CN Poble Nou | 25.46 | (-1.7) |
| 1994 | - Núria Lezcano | CG Tarragona | 27.14 | (-1.0) |
| 1995 | - Lorena Ortí | AA Catalunya | 24.85 | (+3.5) |
| 1996 | - Mónica Marín | JA Sabadell | 25.13 | (+0.5) |
| 1997 | - Laura Mayoral | GEiE Gironí | 25.58 | (-0.2) |
| 1998 | - Laura Mayoral | GEiE Gironí | 25.66 | (-0.2) |
| 1999 | - Ma. Carme Triguero | FC Barcelona | 25.22 | (+4.7) |
| 2000 | - Laura Trapero | GEiE Gironí | 25.50 | (+2.3) |
| 2001 | - Isabel Vert | AA Catalunya-UBAE | 24.53 | (+1.0) |
| 2002 | - Elena Zapatero | Integra 2 | 24.98 | (+2.2) |
| 2003 | - Alba Grau | CA Vic | 25.62 | (-1.0) |
| 2004 | - Virginia Gómez | FC Barcelona | 26.24 | (-2.9) |
| 2005 | - Eva Martín | JA Sabadell | 24.47 | (+2.3) |
| 2006 | - Plàcidia Martínez | FC Barcelona | 24.95 | (+2.3) |
| 2007 | - Plàcidia Martínez | FC Barcelona | 25.57 | (-1.2) |
| 2008 | - Oyidiya Oji | ISS-L'Hospitalet | 25.19 | (-1.0) |
| 2009 | - Oyidiya Oji | ISS-L'Hospitalet | 25.95 | (-4.6) |
| 2010 | - Oyidiya Oji | ISS-L'Hospitalet | 24.53 | (+1.1) |
| 2011 | - Alba Boronat | CA Canaletes | 25.16 | (-1.8) |
| 2012 | - Alba Boronat | CA Canaletes | 25.54 | (-1.5) |
| 2013 | - Alba Boronat | CA Canaletes | 26.13 | (-1.5) |
| 2014 | - Laia Gil | CA Vic | 26.01 | (-0.5) |
| 2015 | - Laia Gil | AA Catalunya | 25.87 | (-2.2) |
| 2016 | - Judit Feu | JA Sabadell | 25.59 | (+0.1) |
| 2017 | - Marina Tovar | Cornellà At. | 25.34 | (-0.5) |
| 2018 | - Anna Obradors | ISS-L'Hospitalet | 24.22 | (+0.4) |
| 2019 | - Marina Tovar | Cornellà At. | 25.49 | (-1.4) |
| 2020 | - Cap atleta participant | | | |
| 2021 | - Clàudia Camacho | CA Molins | 25.35 | (-0.8) |
| 2022 | - Anna Monsó | FC Barcelona | 24.79 | (-0.2) |
| 2023 | - Anna Monsó | FC Barcelona | 24.64 | (+3.5) |

HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 23 FEMENI

400 METRES LLISOS

| Any | Guanyadora | Club | Marca |
|------|---------------------|---------------------|---------|
| 1986 | Noemí Carreras | CG Barcelonès | 59.6 |
| 1987 | Mireia Vila | CA Manresa | 58.6 |
| 1988 | Núria Velasco | CN Figueres | 59.64 |
| 1989 | Carme Bes | CN Reus Ploms | 57.55 |
| 1990 | Carme Bes | CN Reus Ploms | 56.57 |
| 1991 | Anna Perlasia | CA Laietània | 55.74 |
| 1992 | María José López | CGB-L'Hospitalet | 56.16 |
| 1993 | Marta Clares | FC Barcelona | 1:00.28 |
| 1994 | Natalia Antunez | CA Nou Barris | 58.29 |
| 1995 | Núria Lezcano | CG Tarragona | 59.19 |
| 1996 | Pilar Pérez | CA Granollers | 58.49 |
| 1997 | Verònica Maluenda | UE Badaloní | 56.55 |
| 1998 | Verònica Maluenda | FC Barcelona | 55.36 |
| 1999 | Vanessa Badia | FC Barcelona | 58.13 |
| 2000 | Elena Zapatero | Integra 2 | 59.14 |
| 2001 | Guadalupe Sacristán | Integra 2 | 58.45 |
| 2002 | Alba Grau | CA Vic | 59.07 |
| 2003 | Marta Martín | AA Catalunya-UBAE | 57.52 |
| 2004 | Alba Grau | CA Vic | 58.24 |
| 2005 | Mireia Martí | Integra 2 | 57.54 |
| 2006 | Eva Martín | FC Barcelona | 57.48 |
| 2007 | Sònia Rodríguez | FC Barcelona | 58.00 |
| 2008 | Elia Vallés | AA Palamós | 57.28 |
| 2009 | Elia Vallés | AA Palamós Calonge | 55.97 |
| 2010 | Cristina Ferrándiz | Pratenc AA | 57.58 |
| 2011 | Ainara A. Acevedo | ISS-L'Hospitalet | 57.46 |
| 2012 | Esther Guerrero | FC Barcelona | 57.14 |
| 2013 | Irene Bonilla | AA Catalunya | 58.07 |
| 2014 | Victòria Sauleda | ISS-L'Hospitalet | 56.09 |
| 2015 | Zoya Naumov | AA Catalunya | 57.08 |
| 2016 | Laura Alonso | Ria Ferrol-C.Arenal | 56.54 |
| 2017 | Irene Méndez | AA Catalunya | 56.97 |
| 2018 | Sara Dorda | AA Catalunya | 55.83 |
| 2019 | Laura Girol | Cornellà At. | 59.36 |
| 2020 | Laura Girol | Cornellà At. | 58.71 |
| 2021 | Laura Centella | CG Tarragona | 56.09 |
| 2022 | Meritxell Tarragó | Avinent Manresa | 56.16 |
| 2023 | Laia Monforte | AA Catalunya | 55.51 |

HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 23 FEMENI

800 METRES LLISOS

| Any | Guanyadora | Club | Marca |
|------|--------------------------|---------------------|---------|
| 1986 | - Carme Rovira | CN Barcelona | 2:13.8 |
| 1987 | - Gloria Ramallo | UA Barberà | 2:20.5 |
| 1988 | - Mercedes Armengol | AE L'Hospitalet | 2:12.24 |
| 1989 | - Montse Fontarnau | CA Vic | 2:30.26 |
| 1990 | - Montse Fontarnau | CA Vic | 2:16.73 |
| 1991 | - Marta Bosch | GE Parellada | 2:09.59 |
| 1992 | - Maya García | CE Universitari | 2:20.71 |
| 1993 | - Carme Romero | CN Reus Ploms | 2:19.60 |
| 1994 | - Marta Cusidó | JA Sabadell | 2:18.29 |
| 1995 | - Jaqueline Martín | Canal Isabel II | 2:14.44 |
| 1996 | - Raquel Martín | CN Reus Ploms | 2:18.11 |
| 1997 | - Irene Rodríguez | AA Catalunya | 2:13.81 |
| 1998 | - Silvia Montané | Adidas RT | 2:14.20 |
| 1999 | - Anna Bove | Ria Ferrol | 2:09.95 |
| 2000 | - Montse Mas | FC Barcelona | 2:18.13 |
| 2001 | - Sara Espín | CA Vilafranca | 2:13.08 |
| 2002 | - Griselda Juncà | CA Manresa | 2:12.69 |
| 2003 | - Cristina Casimiro | FC Barcelona | 2:17.19 |
| 2004 | - Cristina Casimiro | Integra 2 | 2:20.13 |
| 2005 | - Alba Mas | CA Igualada | 2:33.62 |
| 2006 | - Emma Almagro | UA Rubí | 2:26.49 |
| 2007 | - Mari Carmen González | CA Laietània | 2:14.03 |
| 2008 | - Emma Almagro | AA Catalunya | 2:21.38 |
| 2009 | - Alba Gallardo | CA Manresa | 2:23.41 |
| 2010 | - Esther Guerrero | FC Barcelona | 2:11.31 |
| 2011 | - Núria Andrés | AA Catalunya | 2:17.22 |
| 2012 | - Núria Andrés | AA Catalunya | 2:23.42 |
| 2013 | - Victòria Sauleda | ISS-L'Hospitalet | 2:16.67 |
| 2014 | - Laura Alonso | Barcelona At. | 2:15.43 |
| 2015 | - Irene Bonilla | AA Catalunya | 2:16.20 |
| 2016 | - Carol Pardo | Ria Ferrol-C.Arenal | 2:12.28 |
| 2017 | - Zoya Naumov | AA Catalunya | 2:07.21 |
| 2018 | - Clàudia Gallego | CE Universitari | 2:15.86 |
| 2019 | - Naima Ait Alibou | CA Igualada | 2:16.24 |
| 2020 | - Cap atleta participant | | |
| 2021 | - Naima Ait Alibou | CA Igualada | 2:13.50 |
| 2022 | - Irene Rubio | L'Hospitalet At. | 2:18.34 |
| 2023 | - Irene Rubio | L'Hospitalet At. | 2:15.70 |

HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 23 FEMENI

1.500 METRES LLISOS

| Any | Guanyadora | Club | Marca |
|------|---------------------|-------------------|---------|
| 1986 | - Maria Betriu | CN Barcelona | 4:38.5 |
| 1987 | - Lurdes Miquel | CA Vic | 4:35.1 |
| 1988 | - Lurdes Miquel | CA Vic | 4:35.05 |
| 1989 | - Marta Domínguez | Masnou AC | 4:54.65 |
| 1990 | - Marta Bosch | GE Parellada | 4:35.48 |
| 1991 | - Ingrid Sala | CA Manresa | 4:46.68 |
| 1992 | - Cristina Faucón | Sport Canet | 4:42.95 |
| 1993 | - Marta Cusidó | JA Sabadell | 5:08.55 |
| 1994 | - Jaqueline Martín | FC Barcelona | 4:26.39 |
| 1995 | - Jaqueline Martín | Canal Isabel II | 4:28.26 |
| 1996 | - Silvia Escofet | CA Vilafranca | 4:55.64 |
| 1997 | - Silvia Escofet | CA Vilafranca | 4:36.05 |
| 1998 | - Ester Solera | JA Sabadell | 4:36.24 |
| 1999 | - Rosa Ma. Morato | JA Sabadell | 4:33.04 |
| 2000 | - Rosa Ma. Morató | JA Sabadell | 4:44.36 |
| 2001 | - Eva Ledesma | CA Lleida-UdL | 4:37.74 |
| 2002 | - Julia Estevez | AA Catalunya-UBAE | 4:37.23 |
| 2003 | - Marisa Casanueva | Integra 2 | 5:02.46 |
| 2004 | - Maria Carbó | Integra 2 | 4:35.64 |
| 2005 | - Núria Puig | Ripollet UA | 4:57.27 |
| 2006 | - Núria Puig | Ripollet UA | 4:35.25 |
| 2007 | - Núria Puig | AA Catalunya-UBAE | 4:36.84 |
| 2008 | - Mireia Casteras | CA Laietània | 4:50.96 |
| 2009 | - Judith Llaveró | CA Laietània | 4:53.80 |
| 2010 | - Alba Gallardo | CA Manresa | 4:52.94 |
| 2011 | - Núria Gil | CN Reus Ploms | 4:39.81 |
| 2012 | - Marina Manjón | AA Catalunya | 4:33.23 |
| 2013 | - Mireia Guarner | AA Catalunya | 4:43.36 |
| 2014 | - Irene Bonilla | AA Catalunya | 4:39.25 |
| 2015 | - Carla Moreno | CA Laietània | 4:45.63 |
| 2016 | - Chaymae Mechaal | AA Palamós | 5:12.28 |
| 2017 | - Zoya Naumov | AA Catalunya | 4:54.36 |
| 2018 | - Núria Tillo | AA Catalunya | 4:34.67 |
| 2019 | - Naima Ait Alibou | CA Igualada | 4:33.12 |
| 2020 | - Naima Ait Alibou | CA Igualada | 4:49.78 |
| 2021 | - Naima Ait Alibou | CA Igualada | 4:34.66 |
| 2022 | - Laura Rodríguez | AA Catalunya | 4:36.07 |
| 2023 | - Bethlehem Manzano | Avinent Manresa | 4:44.29 |

HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 23 FEMENI

5.000 METRES LLISOS

| Any | Guanyadora | Club | Marca | Distància |
|------|----------------------|------------------------------------|----------|-----------------|
| 1986 | - Mònica Espinàs | GG Llu sos | 10:46.4 | (3.000 m.11...) |
| 1987 | - Mònica Marty | CN Montjuïc | 10:18.4 | |
| 1988 | - Mònica Espinàs | GG Llu sos | 10:50.76 | |
| 1989 | - Mònica Marty | CN Montjuïc | 10:22.80 | |
| 1990 | - Marisol Valdés | Nike AC | 10:25.42 | |
| 1991 | - Cristina Faucón | Sport Canet | 10:21.35 | |
| 1992 | - Cristina Faucón | Sport Canet | 10:31.71 | |
| 1993 | - Cristina Faucón | CA Laietània | 10:58.01 | |
| 1994 | - Anna Ortega | FACVAC Valls | 10:52.11 | |
| 1995 | - | -Suspès per manca de participants- | | |
| 1996 | - Trinidad Serrano | Cornellà At. | 18:09.16 | (5.000 m.11...) |
| 1997 | - Trinidad Serrano | FC Barcelona | 16:55.89 | |
| 1998 | - Silvia Fernández | CA Laietània | 17:39.22 | |
| 1999 | - Araceli Rodríguez | CE Montornès | 18:55.45 | |
| 2000 | - Eva Iglesias | CAV Andorra | 18:50.40 | |
| 2001 | - | -Suspès per manca de participants- | | |
| 2002 | - Vinyet Noguero | Integra 2 | 17:55.19 | |
| 2003 | - Vinyet Noguero | Integra 2 | 17:32.84 | |
| 2004 | - | -Suspès per manca de participants- | | (27/3 Calella) |
| 2005 | - Miriam Ortiz | Integra 2 | 16:57.55 | |
| 2006 | - Lidia Rodríguez | Ripollet UA | 17:56.58 | |
| 2007 | - | -Suspès per manca de participants- | | |
| 2008 | - Alba Corredera | CA Manresa | 19:12.63 | |
| 2009 | - Judith Saavedra | Girona CB-CAP | 23:14.69 | |
| 2010 | - Cecilia Pozo | CA Laietània | 18:23.75 | |
| 2011 | - Judith Sancho | FC Barcelona | 18:38.28 | |
| 2012 | - Cristina Saladrich | AA Catalunya | 18:52.72 | |
| 2013 | - Meritxell Soler | Avinent Manresa | 18:42.23 | |
| 2014 | - Natàlia González | Lleida UA | 18:29.82 | |
| 2015 | - Mireia Suñé | FC Barcelona | 20:37.32 | |
| 2016 | - Anna Quilez | CA Lloret-LS | 18:17.82 | |
| 2017 | - Marina Garcia | AA Catalunya | 18:39.53 | |
| 2018 | - Douae Ouboukir (e) | CA Sant Just | 17:58.25 | |
| 2019 | - Khadija Mendou (e) | CA Ascó | 19:40.62 | |
| 2020 | - Laura Rodríguez | Lleida UA | 17:27.99 | |
| 2021 | - Andrea Bernal | Cornellà At. | 18:18.57 | |
| 2022 | - Mercè Sánchez | AA Catalunya | 18:55.62 | |
| 2023 | - Marina Travé | Aldahra Lleida UA | 17:06.74 | |

HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 23 FEMENI

10.000 METRES LLISOS

| Any | Guanyadora | Club | Marca | |
|------|---------------------|---|----------|----------------------|
| 2001 | - | -Cap atleta participant- | | (24/3 Rubí) |
| 2002 | - | -Cap atleta participant- | | (23/3 Olot) |
| 2003 | Bàrbara Ramon | Girona CB-CAP | 40:52.98 | (5/4 Castellar) |
| 2004 | - | -Cap atleta participant- | | (27/3 Calella) |
| 2005 | - | -Cap atleta participant- | | (19/3 Mataró) |
| 2006 | - | -Cap atleta participant- | | (1/4 Castellar) |
| 2007 | Lidia Rodríguez | ISS-L'Hospitalet | 36:39.71 | (24/3 Palafrugell) |
| 2008 | Lidia Rodríguez | ISS-L'Hospitalet | 37:43.37 | (5/4 Olot) |
| 2009 | - | -Cap atleta participant- | | (28/3 Granollers) |
| 2010 | - | -Cap atleta participant- | | (13/3 Manresa) |
| 2011 | - | -Cap atleta participant- | | (19/3 Gavà) |
| 2012 | Vanessa Sancho | FC Barcelona | 43:42.64 | (17/3 Manresa) |
| 2013 | Meritxell Soler | Avinent Manresa | 36:57.14 | (23/3 Gavà) |
| 2014 | Carla Moreno | CA Laietània | 38:43.86 | (22/3 Mataró) |
| 2015 | Natàlia González | Lleida UA | 38:53.28 | (21/3 Olot) |
| 2016 | - | -Cap atleta participant- | | (20/3 Lloret) |
| 2017 | Marina Garcia | AA Catalunya | 38:54.24 | (25/3 Sta.Coloma G.) |
| 2018 | Marina Garcia | AA Catalunya | 39:24.30 | (18/3 Sant Celoni) |
| 2019 | Ariadna Fontcuberta | Unió Colomenca | 41:25.73 | (23/3 Sta.Coloma G.) |
| 2020 | - | - No es va realitzar a causa de la Covid-19 - | | |
| 2021 | Irene Perales | CA Canovelles | 40:24.21 | (4/4 Sta.Coloma G.) |
| 2022 | Laura Rodríguez | AA Catalunya | 37:39.02 | (20/3 Gavà) |
| 2023 | Clara Las Heras | L'Hospitalet At. | 35:51.70 | (4/3 Olot) |

HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 23 FEMENI

100 METRES TANQUES

| Any | Guanyadora | Club | Marca | Vent |
|------|-----------------------|------------------------------------|-------|---------|
| 1986 | - Sara Merchan | CG Barcelonès | 14.4 | |
| 1987 | - Mari Angels Solà | CA Igualada | 14.3 | (+0.96) |
| 1988 | - Elena Martínez | CN Montjuïc | 16.07 | (-2.13) |
| 1989 | - Imma Clopés | CN Figueres | 15.69 | (-1.33) |
| 1990 | - Angeles Inarejos | CA Granollers | 16.48 | (-1.1) |
| 1991 | - Regina Gabarró | CGB-L'Hospitalet | 14.58 | (-1.1) |
| 1992 | - Regina Gabarró | CGB-L'Hospitalet | 14.45 | (-2.4) |
| 1993 | - Silvia Velázquez | GEiE Gironí | 14.83 | (+2.5) |
| 1994 | - Ingrid Barcena | CA Vic | 15.31 | (+1.0) |
| 1995 | - Eva Paniagua | FC Barcelona | 14.55 | (+2.6) |
| 1996 | - Raquel Bautista | Cornellà At. | 14.74 | (+0.8) |
| 1997 | - M Eugenia González | CN Reus Ploms | 15.11 | (-0.6) |
| 1998 | - Esmeralda Arriscado | CA Vic | 14.83 | (-2.4) |
| 1999 | - Geraldine Garcia | CA Lleida-UdL | 14.80 | (+2.6) |
| 2000 | - | -Suspès per manca de participants- | | |
| 2001 | - Marta Roselló | CA Laietània | 15.58 | (-1.0) |
| 2002 | - Marta Roselló | CA Laietània | 15.18 | (-0.4) |
| 2003 | - Laia Forcadell | Integra 2 | 14.75 | (-0.8) |
| 2004 | - Anna Circuns | CA Manresa | 15.12 | (-1.2) |
| 2005 | - Lourdes Padià | UA Rubí | 16.71 | (+1.3) |
| 2006 | - Anna Circuns | CA Manresa | 15.17 | (-0.1) |
| 2007 | - Marta Miró | AA Catalunya-UBAE | 14.99 | (-1.3) |
| 2008 | - Marta Miró | AA Catalunya | 14.26 | (-0.6) |
| 2009 | - Tamara Del Rio | AA Catalunya | 14.70 | (-1.3) |
| 2010 | - Ma. Angeles Fuentes | AA Catalunya | 14.44 | (+3.7) |
| 2011 | - Ma. Angeles Fuentes | AA Catalunya | s/m | (-4.5) |
| 2012 | - Beatriz Indurain | AA Catalunya | 14.78 | (-1.0) |
| 2013 | - Paula Martínez | AA Catalunya | 15.29 | (-1.8) |
| 2014 | - Beatriz Indurain | CA Laietània | 14.35 | (-1.6) |
| 2015 | - Maria Abadal | FC Barcelona | 14.89 | (-1.3) |
| 2016 | - Paula Raul | Avinent Manresa | 14.62 | (-1.0) |
| 2017 | - Paula Raul | Avinent Manresa | 14.58 | (-1.5) |
| 2018 | - Paula Raul | Avinent Manresa | 13.91 | (+1.5) |
| 2019 | - Africa Radsma | Lleida UA | 14.13 | (-2.0) |
| 2020 | - | Cap atleta participant | | |
| 2021 | - Mireia López | CA Tarragona | 14.92 | (-2.1) |
| 2022 | - Mireia López | CA Tarragona | 13.81 | (0.0) |
| 2023 | - Marina Lamata | Unió Colomenca At. | 13.67 | (+4.5) |

HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 23 FEMENI

400 METRES TANQUES

| Any | Guanyadora | Club | Marca |
|------|-----------------------|-------------------|---------|
| 1986 | - Susan Monclús | CN Barcelona | 1:06.8 |
| 1987 | - Susan Monclús | CN Montjuïc | 1:05.0 |
| 1988 | - Mari Angels Solà | CA Igualada | 1:01.77 |
| 1989 | - Montse Fontarnau | CA Vic | 1:04.24 |
| 1990 | - Aida Agea | FC Barcelona | 1:02.64 |
| 1991 | - María José López | CGB-L'Hospitalet | 1:02.27 |
| 1992 | - Eva Muñoz | AA Catalunya | 1:05.76 |
| 1993 | - María José López | CGB-L'Hospitalet | 59.51 |
| 1994 | - Natalia Antunez | CA Nou Barris | 1:03.74 |
| 1995 | - María Angels Casals | CG Barcelonès | 1:07.05 |
| 1996 | - Núria Lezcano | CG Tarragona | 1:04.03 |
| 1997 | - Cristina Masferrer | GEiE Gironí | 1:03.18 |
| 1998 | - Esmeralda Arriscado | CA Vic | 1:02.04 |
| 1999 | - Cristina Masferrer | GEiE Gironí | 1:03.67 |
| 2000 | - Ma. Isabel Pozo | CA Granollers | 1:13.34 |
| 2001 | - Gudalupe Sacristán | Integra 2 | 1:02.15 |
| 2002 | - Julia Estefanell | AA Catalunya-UBAE | 1:03.23 |
| 2003 | - Guadalupe Sacristan | Integra 2 | 1:03.93 |
| 2004 | - Marta Masferrer | GEiE Gironí | 1:02.20 |
| 2005 | - Cristina Casimiro | FC Barcelona | 1:03.76 |
| 2006 | - Núria Cases | AA Catalunya-UBAE | 1:05.81 |
| 2007 | - Olga Ortega | FC Barcelona | 59.95 |
| 2008 | - Irene Garcia | CE Universitari | 1:06.13 |
| 2009 | - Ariadna Aivar | CA Manresa | 1:05.18 |
| 2010 | - Alba Pujol | CA Laietània | 1:09.69 |
| 2011 | - Alba Pujol | CA Laietània | 1:08.85 |
| 2012 | - Ainara A. Acevedo | CA Mollet | 1:04.50 |
| 2013 | - Alba Casanovas | FC Barcelona | 1:03.07 |
| 2014 | - Laura del Paso | Avinent Manresa | 1:06.63 |
| 2015 | - Alba Casanovas | FC Barcelona | 1:00.46 |
| 2016 | - Clàudia Illa | AA Palamós | 1:03.73 |
| 2017 | - Sara Dorda | AA Catalunya | 1:02.99 |
| 2018 | - Lluïsa Mitjà | FC Barcelona | 1:02.16 |
| 2019 | - Lluïsa Mitjà | FC Barcelona | 1:01.72 |
| 2020 | - Geena Stephens | UA Terrassa | 1:00.84 |
| 2021 | - Geena Stephens | FC Barcelona | 1:01.93 |
| 2022 | - Ivet Rovira | GEiE Gironí | 1:04.21 |
| 2023 | - Clàudia Mir | CA Tarragona | 1:02.62 |

HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 23 FEMENI

3.000 METRES OBSTACLES

| Any | Guanyadora | Club | Marca | |
|------|----------------------|--------------------------|----------|-------------|
| 2002 | - Mireia Torrent | FC Barcelona | 13:17.94 | (23/3 Olot) |
| 2003 | - | -Cap atleta participant- | | |
| 2004 | - Mireia Izaguirre | Integra 2 | 11:32.67 | |
| 2005 | - Mireia Izaguirre | AA Catalunya-UBAE | 11:30.98 | |
| 2006 | - | -Cap atleta participant- | | |
| 2007 | - Isabel Rodríguez | FC Barcelona | 12:29.40 | |
| 2008 | - Isabel Rodríguez | FC Barcelona | 11:49.14 | |
| 2009 | - Irene Mayol | FC Barcelona | 12:29.20 | |
| 2010 | - Alba Alemany | CA Vilafranca | 12:01.76 | |
| 2011 | - Sònia Mañas | Ripollet UA | 13:18.46 | |
| 2012 | - Loida Reyes | CA Montornès | 12:30.77 | |
| 2013 | - | -Cap atleta participant- | | |
| 2014 | - | -Cap atleta participant- | | |
| 2015 | - Marina Guerrero | FC Barcelona | 10:50.28 | |
| 2016 | - Marina Guerrero | Independent | 10:55.43 | |
| 2017 | - Douae Ouboukir (e) | CA Sant Just | 10:59.40 | |
| 2018 | - Mercè Guerra | JA Sabadell | 10:55.84 | |
| 2019 | - Cristina Garcia | ISS-L'Hospitalet | 12:28.66 | |
| 2020 | - | Cap atleta participant | | |
| 2021 | - Irene Fernández | L'Hospitalet At. | 11:37.53 | |
| 2022 | - Laura Prieto | FC Barcelona | 12:18.98 | |
| 2023 | - Laura Torres | FC Barcelona | 12:14.77 | |

HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 23 FEMENI

SALT D'ALÇADA

| Any | Guanyadora | Club | Marca |
|------|-----------------------|-------------------|-------|
| 1986 | - Inma Oranias | CA Laietània | 1.56 |
| 1987 | - Carmen Expósito | CA Cambrils | 1.69 |
| 1988 | - Margarita Moreno | CAV Andorra | 1.69 |
| 1989 | - Margarita Moreno | CA Vic | 1.73 |
| 1990 | - Montse López José | CA Granollers | 1.65 |
| 1991 | - Marta Llarch | CGB-L'Hospitalet | 1.65 |
| 1992 | - Pat Vidal | CE Universitari | 1.65 |
| 1993 | - Silvia Velázquez | GEiE Gironí | 1.70 |
| 1994 | - Silvia Delgado | JA Sabadell | 1.56 |
| 1995 | - Virginia Garcia | CA Nou Barris | 1.59 |
| 1996 | - Anna Belén Martínez | GEiE Gironí | 1.64 |
| 1997 | - Anna Belén Martínez | GEiE Gironí | 1.62 |
| 1998 | - Mònica Vicente | FC Barcelona | 1.61 |
| 1999 | - Joaquina Coca | Transports T2 | 1.58 |
| 2000 | - Glòria Romero | JA Sabadell | 1.60 |
| 2001 | - Glòria Romero | FC Barcelona | 1.65 |
| 2002 | - Juliana Esperalba | CA Laietània | 1.52 |
| 2003 | - Estefania Guillena | AA Catalunya-UBAE | 1.75 |
| 2004 | - Laia Saltó | AA Catalunya-UBAE | 1.60 |
| 2005 | - Karolina Valladares | Integra 2 | 1.59 |
| 2006 | - Anna Circuns | CA Manresa | 1.54 |
| 2007 | - Marta Serra | FC Barcelona | 1.64 |
| 2008 | - Marta Miró | AA Catalunya | 1.66 |
| 2009 | - Iris Esteve | JA Sabadell | 1.48 |
| 2010 | - Tània Orłowski | AA Catalunya | 1.68 |
| 2011 | - Mireia Chico | Avinent Manresa | 1.60 |
| 2012 | - Clàudia Garcia | FC Barcelona | 1.76 |
| 2013 | - Clàudia Garcia | FC Barcelona | 1.79 |
| 2014 | - Clàudia Garcia | FC Barcelona | 1.78 |
| 2015 | - Marta Segarra | FC Barcelona | 1.65 |
| 2016 | - Marta Segarra | FC Barcelona | 1.68 |
| 2017 | - Maria Artero | JA Sabadell | 1.62 |
| 2018 | - Lydia Ayuste | Lleida UA | 1.62 |
| 2019 | - Maria Artero | AA Catalunya | 1.76 |
| 2020 | - Anna Pereiras | L'Hospitalet At. | 1.63 |
| 2021 | - Núria Caballero | CA Tarragona | 1.66 |
| 2022 | - Núria Caballero | CA Tarragona | 1.70 |
| 2023 | - Núria Caballero | FC Barcelona | 1.80 |

HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 23 FEMENI

SALT AMB PERXA

| Any | Guanyadora | Club | Marca | |
|------|-----------------------|---------------------|-------|-------------|
| 1994 | - Silvia Delgado | JA Sabadell | 2.80 | Inici Prova |
| 1995 | - Silvia Delgado | JA Sabadell | 3.35 | |
| 1996 | - Teresa Cabezas | CA Vilanova | 3.25 | |
| 1997 | - Teresa Cabezas | CN Barcelona | 3.20 | |
| 1998 | - Cristina Montero | CA Granollers | 2.30 | |
| 1999 | - Gemma Riatos | FC Barcelona | 3.55 | |
| 2000 | - Gemma Riatos | FC Barcelona | 3.30 | |
| 2001 | - Montse Triviño | JA Sabadell | 3.20 | |
| 2002 | - Mònica Ballesteros | Integra 2 | 3.35 | |
| 2003 | - Gemma Pagès | GEiE Gironí | 3.70 | |
| 2004 | - Gemma Pagès | GEiE Gironí | 3.70 | |
| 2005 | - Fatima Bouamri | Girona CB-CAP | 3.30 | |
| 2006 | - Anna Maria Pinero | AA Catalunya-UBAE | 3.80 | |
| 2007 | - Anna Maria Pinero | FC Barcelona | 4.10 | |
| 2008 | - Anna Maria Pinero | FC Barcelona | 4.05 | |
| 2009 | - Meritxell Verdaguer | CA Vic | 2.15 | |
| 2010 | - Jèssica Soto | ISS-L'Hospitalet | 3.50 | |
| 2011 | - Jèssica Soto | ISS-L'Hospitalet | 3.70 | |
| 2012 | - Raquel Cosme | AA Catalunya | 3.80 | |
| 2013 | - Raquel Cosme | AD Marathon | 3.40 | |
| 2014 | - Laura Clemente | Avinent Manresa | 3.70 | |
| 2015 | - Clara Amat | AA Catalunya | 4.00 | |
| 2016 | - Mònica Clemente | Avinent Manresa | 3.50 | |
| 2017 | - Mònica Clemente | Avinent Manresa | 3.70 | |
| 2018 | - Mònica Clemente | Avinent Manresa | 4.05 | |
| 2019 | - Meritxell Benito | Playas de Castellón | 3.75 | |
| 2020 | - Meritxell Benito | Alcampo Scorpio 71 | 3.50 | |
| 2021 | - Laia Tomàs | CA Laietània | 3.75 | |
| 2022 | - Laia Boixet | CA Laietània | 3.65 | |
| 2023 | - Clara Fernández | CD Nike Running | 3.85 | |

HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 23 FEMENI

SALT DE LLARGADA

| Any | Guanyadora | Club | Marca | Vent |
|------|-----------------------|--------------------|-------|---------|
| 1986 | - Marisa Díaz | JA Barcelona | 5.32 | |
| 1987 | - Ana Bonilla | CG Barcelonès | 5.48 | (+2.35) |
| 1988 | - Ester Boix | CA Laietània | 5.85 | (+1.23) |
| 1989 | - Ester Boix | CA Laietània | 5.63 | (-0.66) |
| 1990 | - Alicia Rodriguez | CE Universitari | 5.51 | (+1.9) |
| 1991 | - Silvia Navarro | CG Tarragona | 5.84 | (+3.3) |
| 1992 | - Núria Rochina | CA Granollers | 5.18 | (-1.5) |
| 1993 | - Silvia Velázquez | GEiE Gironí | 5.78 | (+1.9) |
| 1994 | - Dayana Etchenique | FC Barcelona | 5.74 | (+2.2) |
| 1995 | - Dayana Etchenique | FC Barcelona | 6.04 | (+2.0) |
| 1996 | - Ruth Martínez | FC Barcelona | 5.59 | (+2.2) |
| 1997 | - Anna Belen Martínez | GEiE Gironí | 5.58 | (+0.3) |
| 1998 | - Mònica Tort | Transports T2 | 5.55 | (+0.8) |
| 1999 | - Geraldine Garcia | CA Lleida-UdL | 5.69 | (+1.0) |
| 2000 | - Vanessa Sugrañés | GEiE Gironí | 5.58 | (+1.4) |
| 2001 | - Julia Estafanell | AA Catalunya-UBAE | 5.75 | (-0.2) |
| 2002 | - Anna Noria | CA Vic | 5.48 | (+0.6) |
| 2003 | - Anna Noria | CA Vic | 5.59 | (+1.5) |
| 2004 | - Gemma Pagès | GEiE Gironí | 5.44 | (-2.8) |
| 2005 | - Maria Guixà | CA Igualada | 5.63 | (+2.0) |
| 2006 | - Clara Guixà | Medilast-Carrefour | 5.53 | (+0.9) |
| 2007 | - Cristina Rodríguez | Cornellà At. | 5.66 | (+5.6) |
| 2008 | - Silvia Riba | CA Vic | 6.08 | (+1.1) |
| 2009 | - Tamara del Rio | AA Catalunya | 5.94 | (+4.8) |
| 2010 | - Viena Campos | FC Barcelona | 5.84 | (+3.2) |
| 2011 | - Tamara del Rio | AA Catalunya | 5.72 | (+1.7) |
| 2012 | - Miriam Garcia | AA Catalunya | 5.40 | (+0.9) |
| 2013 | - Elena Llobera | Lleida UA | 5.75 | (+0.7) |
| 2014 | - Elena Llobera | Lleida UA | 5.76 | (+1.7) |
| 2015 | - Ariadna Ramos | CA Igualada | 6.03 | (+2.7) |
| 2016 | - Cora Salas | FC Barcelona | 5.75 | (+2.4) |
| 2017 | - Cora Salas | CA Igualada | 6.02 | (+0.9) |
| 2018 | - Mar Vico | FC Barcelona | 5.69 | (+0.5) |
| 2019 | - Ella Bestué | Avinent Manresa | 5.68 | (+1.7) |
| 2020 | - Andrea F. Sabou (e) | AA Catalunya | 5.51 | (+2.1) |
| 2021 | - Clara Gabaldón | AA Catalunya | 5.91 | (+2.1) |
| 2022 | - Clara Gabaldón | AA Catalunya | 5.91 | (+3.4) |
| 2023 | - Ivet Rovira | GEiE Gironí | 5.82 | (+4.7) |

HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 23 FEMENI

TRIPLE SALT

| Any | Guanyadora | Club | Marca | Vent | |
|------|----------------------|---------------------|-------|--------|-------------|
| 1991 | - Soledad Vidal | CG Tarragona | 11.71 | (+1.3) | Inici Prova |
| 1992 | - Mònica Jofresa | CGB-L'Hospitalet | 12.04 | (-0.7) | |
| 1993 | - Aurora Lario | FCA-CA Chpain Jerez | 12.32 | (+7.8) | |
| 1994 | - Mònica Jofresa | L'Hospitalet Atl. | 12.70 | (+0.8) | |
| 1995 | - Georgina Vidal | FC Barcelona | 12.11 | (+2.4) | |
| 1996 | - Lourdes Valls | AA Catalunya | 10.78 | (+2.3) | |
| 1997 | - Cira Romero | CN Barcelona | 11.17 | (+2.8) | |
| 1998 | - Miriam Valls | AA Catalunya | 12.13 | (+0.4) | |
| 1999 | - Miriam Valls | AA Catalunya | 12.04 | (+7.0) | |
| 2000 | - Miriam Valls | AA Catalunya-UBAE | 12.19 | (+2.3) | |
| 2001 | - Teresa Molí | Integra 2 | 12.38 | (-0.8) | |
| 2002 | - Anna Gimeno | CA Granollers | 11.67 | (-0.8) | |
| 2003 | - Meritxell Marfil | CA Igualada | 12.09 | (-0.1) | |
| 2004 | - Marina Garcia | Integra 2 | 11.92 | (-2.8) | |
| 2005 | - Lorena Álvarez | CAV Andorra | 11.16 | (+3.8) | |
| 2006 | - Marina Garcia | FC Barcelona | 12.23 | (+1.5) | |
| 2007 | - Cristina Rodríguez | Cornellà At. | 11.83 | (+1.6) | |
| 2008 | - Tània Jiménez | FC Barcelona | 12.42 | (+0.4) | |
| 2009 | - Débora Calveras | CA Manresa | 12.66 | (+0.9) | |
| 2010 | - Débora Calveras | FC Barcelona | 12.54 | (+3.3) | |
| 2011 | - Sara Gómez | Pratenc AA | 12.00 | (+3.4) | |
| 2012 | - Ester Garcia | AA Catalunya | 12.29 | (0.0) | |
| 2013 | - Ester Garcia | AA Catalunya | 12.45 | (+1.8) | |
| 2014 | - Ariadna Ramos | CA Igualada | 12.77 | (+1.7) | |
| 2015 | - Ariadna Ramos | CA Igualada | 12.91 | (+1.5) | |
| 2016 | - Elisabeth Montaña | Lleida UA | 11.61 | (+0.5) | |
| 2017 | - Elisabeth Montaña | Lleida UA | 11.69 | (+0.2) | |
| 2018 | - Nora Taher | CA Igualada | 12.62 | (+1.8) | |
| 2019 | - Naiara Estanga | AA Catalunya | 13.16 | (+2.6) | |
| 2020 | - Naiara Estanga | AA Catalunya | 12.83 | (+0.0) | |
| 2021 | - Diwa Vila | Cornellà At. | 12.28 | (+0.8) | |
| 2022 | - Rosa Maria Buscà | AA Catalunya | 12.59 | (+1.4) | |
| 2023 | - Elia Ramos | CA Igualada | 11.24 | (+2.6) | |

HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 23 FEMENI

LLANÇAMENT DE PES

| Any | Guanyadora | Club | Marca |
|------|-----------------------|------------------------------------|-------|
| 1986 | - Raquel Domínguez | CA Igualada | 10.33 |
| 1987 | - Sònia Godall | CN Barcelona | 11.76 |
| 1988 | - Esther del Campo | CA Palafrugell | 8.44 |
| 1989 | - Imma Clopés | CN Figueres | 11.39 |
| 1990 | - | -Suspès per manca de participants- | |
| 1991 | - Susana Reg ela | FC Barcelona | 13.73 |
| 1992 | - Susana Reg ela | FC Barcelona | 13.62 |
| 1993 | - Susana Reg ela | FC Barcelona | 13.64 |
| 1994 | - Núria Pérez | CN Reus Ploms | 12.58 |
| 1995 | - Núria Pérez | CN Reus Ploms | 13.10 |
| 1996 | - Esperanza Serrano | Cornellà At. | 12.15 |
| 1997 | - Anna Belén Martínez | GEiE Gironí | 11.12 |
| 1998 | - Irache Quintanal | Transports T2 | 15.04 |
| 1999 | - Raquel Lezcano | AA Catalunya | 10.58 |
| 2000 | - Vanessa Sugrañés | GEiE Gironí | 12.00 |
| 2001 | - Maria Velázquez | CA Manresa | 10.51 |
| 2002 | - Núria Ferrer | AA Catalunya-UBAE | 11.84 |
| 2003 | - Maria Guixà | Integra 2 | 11.97 |
| 2004 | - Maria Guixà | Integra 2 | 11.86 |
| 2005 | - Maria Guixà | CA Igualada | 12.41 |
| 2006 | - Anna Circuns | CA Manresa | 10.46 |
| 2007 | - Marta Miró | AA Catalunya-UBAE | 10.26 |
| 2008 | - Paula Alejo | Girona CB-CAP | 8.90 |
| 2009 | - Elia Pascual | CA Igualada | 12.03 |
| 2010 | - Elia Pascual | CA Igualada | 11.82 |
| 2011 | - Haja Gerewu | FC Barcelona | 12.12 |
| 2012 | - Haja Gerewu | FC Barcelona | 13.03 |
| 2013 | - Haja Gerewu | FC Barcelona | 12.44 |
| 2014 | - Núria Rovira | GEiE Gironí | 9.95 |
| 2015 | - Marina Tibau | CA Tarragona | 11.27 |
| 2016 | - Rosa Val | UA Montsià | 11.60 |
| 2017 | - Rosa Val | UA Montsià | 11.94 |
| 2018 | - Rosa Val | UA Montsià | 11.70 |
| 2019 | - Maria Vega | Cornellà At. | 10.25 |
| 2020 | - Ariadna Domínguez | CA Montornès | 11.36 |
| 2021 | - Ariadna Domínguez | CA Montornès | 11.13 |
| 2022 | - Montserrat Montañés | Avinent Manresa | 12.21 |
| 2023 | - Montserrat Montañés | Avinent Manresa | 12.19 |

HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 23 FEMENI

LLANÇAMENT DE DISC

| Any | Guanyadora | Club | Marca |
|------|--------------------------------------|-------------------|-------|
| 1986 | - Isabel Sance | CPE Canaletes | 34.56 |
| 1987 | - Sònia Godall | CN Barcelona | 45.12 |
| 1988 | - Núria Sabartes | FC Barcelona | 33.10 |
| 1989 | - Sònia Godall | CG Barcelonès | 51.02 |
| 1990 | - Eva Raventós | FC Barcelona | 41.84 |
| 1991 | - Olga Riera | CGB-L'Hospitalet | 48.04 |
| 1992 | - Carme Solé | FCA-València CA | 50.34 |
| 1993 | - Carme Solé | FCA-València CA | 47.88 |
| 1994 | - Marta Fonollosa | UA Terrassa | 42.36 |
| 1995 | - Begoña Sanchiz | FC Barcelona | 43.32 |
| 1996 | - Victoria Montoya | FC Barcelona | 45.68 |
| 1997 | - Victoria Montoya | FC Barcelona | 44.96 |
| 1998 | - Irache Quintanal | Transports T2 | 47.73 |
| 1999 | - Sònia Matas | UA Palafrugell-B. | 37.21 |
| 2000 | - -Suspès per manca de participants- | | |
| 2001 | - Leticia Negrie | AA Catalunya-UBAE | 34.50 |
| 2002 | - Maria del Mar Gili | CN Reus Ploms | 30.57 |
| 2003 | - Anna Mota | AA Catalunya-UBAE | 35.55 |
| 2004 | - Anna Mota | AA Catalunya-UBAE | 35.89 |
| 2005 | - Anna Mota | AA Catalunya-UBAE | 36.97 |
| 2006 | - Bàrbara Pintado | CA Tarragona | 37.84 |
| 2007 | - Anna Gallofré | ISS-L'Hospitalet | 44.19 |
| 2008 | - Laura Redondo | FC Barcelona | 35.78 |
| 2009 | - Laura Redondo | FC Barcelona | 34.53 |
| 2010 | - Anabel Armenteros | UA Barberà | 31.09 |
| 2011 | - Haja Gerewu | FC Barcelona | 43.36 |
| 2012 | - Haja Gerewu | FC Barcelona | 47.77 |
| 2013 | - Haja Gerewu | FC Barcelona | 47.00 |
| 2014 | - Marina Muzas | AA Catalunya | 47.11 |
| 2015 | - Andrea Alarcón | AA Catalunya | 49.03 |
| 2016 | - Marina Muzas | AA Catalunya | 39.06 |
| 2017 | - Maria Montañés | Avinent Manresa | 35.34 |
| 2018 | - Laia Vega | AA Catalunya | 37.05 |
| 2019 | - Laia Vega | AA Catalunya | 36.92 |
| 2020 | - Olga Morraja | L'Hospitalet At. | 36.49 |
| 2021 | - Olga Morraja | L'Hospitalet At. | 39.75 |
| 2022 | - Olga Morraja | L'Hospitalet At. | 39.40 |
| 2023 | - Zaynab Nouali | FC Barcelona | 41.63 |

HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 23 FEMENI

LLANÇAMENT DE JAVELINA

| Any | Guanyadora | Club | Marca |
|------|-----------------------|---------------------|-------|
| 1986 | - Raquel Domínguez | CA Igualada | 37.20 |
| 1987 | - Raquel Domínguez | CA Igualada | 37.92 |
| 1988 | - Olga Martín | CA Laietània | 34.27 |
| 1989 | - Marta Posino | Sicoris Club | 33.48 |
| 1990 | - Angeles Inarejos | CA Granollers | 29.08 |
| 1991 | - Sara Marín | FC Barcelona | 44.56 |
| 1992 | - Emma Díaz | FC Barcelona | 31.92 |
| 1993 | - Silvia Velázquez | GEiE Gironí | 40.44 |
| 1994 | - Sònia Martínez | CA Manresa | 34.78 |
| 1995 | - Eva Uroz | FC Barcelona | 41.08 |
| 1996 | - Patricia Castillo | FC Barcelona | 37.24 |
| 1997 | - Eva Uroz | FC Barcelona | 39.44 |
| 1998 | - Cristina Garcia | CA Granollers | 35.36 |
| 1999 | - Cristina Garcia | CA Granollers | 33.42 |
| 2000 | - Begoña Prados | CA Vic | 33.54 |
| 2001 | - Núria Ferrer | AA Catalunya-UBAE | 41.97 |
| 2002 | - Ana Bélen Pérez | Integra 2 | 39.98 |
| 2003 | - Núria Ferrer | AA Catalunya-UBAE | 41.83 |
| 2004 | - Marta Alonso | Integra 2 | 43.40 |
| 2005 | - Marta Alonso | FC Barcelona | 43.56 |
| 2006 | - Marta Alonso | FC Barcelona | 47.80 |
| 2007 | - Paula Alejo | Girona Costa Brava | 25.36 |
| 2008 | - Gemma Brisa | Aquadiver-GEiEG | 40.25 |
| 2009 | - Elia Pascual | CA Igualada | 44.30 |
| 2010 | - Elia Pascual | CA Igualada | 43.88 |
| 2011 | - Elia Pascual | CA Igualada | 48.22 |
| 2012 | - Níria Pascual | CA Igualada | 44.70 |
| 2013 | - Níria Pascual | CA Igualada | 44.92 |
| 2014 | - Aida Castellblanqué | UA Montsià | 33.12 |
| 2015 | - Aida Castellblanqué | UA Montsià | 32.32 |
| 2016 | - Aida Castellblanqué | UA Montsià | 31.31 |
| 2017 | - Mar Vico | FC Barcelona | 34.42 |
| 2018 | - Laura Matas | AA Catalunya | 31.72 |
| 2019 | - Clàudia Gil | UA Barberà | 26.26 |
| 2020 | - Mireia Coca | Martorell AC | 23.90 |
| 2021 | - Júlia Martí | CA Palafrugell-GiCB | 34.79 |
| 2022 | - Aina Ramos | L'Hospitalet At. | 47.02 |
| 2023 | - Anna Cabrera | Avinent Manresa | 36.53 |

HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 23 FEMENI

LLANÇAMENT DE MARTELL

| Any | Guanyadora | Club | Marca | |
|------|-----------------------|-------------------|-------|-------------|
| 1994 | - Marta Fonollosa | UA Terrassa | 36.58 | Inici Prova |
| 1995 | - Cristina Mañosa | CA Granollers | 39.08 | |
| 1996 | - Irene Polo | CG Tarragona | 47.44 | |
| 1997 | - Irene Polo | CG Tarragona | 48.30 | |
| 1998 | - Irene Polo | CG Tarragona | 50.77 | |
| 1999 | - Belén Mesa | Univ. Salamanca | 46.37 | |
| 2000 | - Belén Mesa | Univ. Salamanca | 51.59 | |
| 2001 | - Ainhoa Cabré | Integra 2 | 52.54 | |
| 2002 | - Montse Morató | CA Manresa | 41.19 | |
| 2003 | - Maria Rosa Cervera | JA Sabadell | 43.74 | |
| 2004 | - Laura Rey | Integra 2 | 46.49 | |
| 2005 | - Laura Rey | Integra 2 | 52.55 | |
| 2006 | - Laura Rey | L'Hospitalet Atl. | 52.32 | |
| 2007 | - Lidia Pons | ISS-L'Hospitalet | 50.72 | |
| 2008 | - Laura Redondo | FC Barcelona | 58.27 | |
| 2009 | - Laura Redondo | FC Barcelona | 61.80 | |
| 2010 | - Laura Redondo | FC Barcelona | 61.83 | |
| 2011 | - Irene Ramos | AA Catalunya | 51.12 | |
| 2012 | - Lúdia Gómez | AA Catalunya | 54.37 | |
| 2013 | - Gemma Fibla | FC Barcelona | 50.70 | |
| 2014 | - Jenifer Nevado | At. San Sebastián | 53.36 | |
| 2015 | - Jenifer Nevado | At. San Sebastián | 53.01 | |
| 2016 | - Jana Coll | CA Vic | 45.46 | |
| 2017 | - Anna Pla | UA Montsià | 46.24 | |
| 2018 | - Cristina Cobo | Cornellà At. | 46.04 | |
| 2019 | - Belén Bermejo | AA Catalunya | 48.77 | |
| 2020 | - Belén Bermejo | CG Tarragona | 45.92 | |
| 2021 | - Belén Bermejo | CG Tarragona | 52.24 | |
| 2022 | - Montserrat Montañés | Avinent Manresa | 52.92 | |
| 2023 | - Montserrat Montañés | Avinent Manresa | 54.64 | |

HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 23 FEMENI

10.000 METRES MARXA

| Any | Guanyadora | Club | Marca | |
|------|---------------------|--------------------------|-------------|------------------|
| 1986 | - Eva Roig | CA Ampostí | 26:48.1 | (5.000 ...) |
| 1987 | - Silvia Llorc | FC Barcelona | 27:24.3 | |
| 1988 | - Yolanda Fernández | CN Barcelona | 26:11.81 | |
| 1989 | - María Rosa Selis | CA Lloret | 25:11.15 | |
| 1990 | - Fina Compte | CA Vic | 26:27.64 | |
| 1991 | - | -Cap atleta participant- | | |
| 1992 | - Eetefania Dalmau | CA Igualada | 27:47.0 | |
| 1993 | - Montse Benavent | CN Reus Ploms | 27:38.3 | |
| 1994 | - Esther Pastor | CN Poble Nou | 26:11.74 | |
| 1995 | - Eva Pérez | Cornellà At | 23:50.2 | |
| 1996 | - Cristina Marín | JA Sabadell | 26:02.8 | |
| 1997 | - Eva Pérez | FC Barcelona | 23:44.2 | |
| 1998 | - Maria Ibars | JA Sabadell | 23:16.5 | |
| 1999 | - Maria Ibars | FC Barcelona | 22:51.6 | |
| 2000 | - Maria Ibars | FC Barcelona | 24:54.59 | |
| 2001 | - Adela Rovira | Integra 2 | 26:30.51 | |
| 2002 | - Esther Serrano | FC Barcelona | 26:09.23 | |
| 2003 | - Marta Nogueira | CA Nou Barris | 29:50.6 | |
| 2004 | - Anna Valls | AA Catalunya-UBAE | 28:00.37 | |
| 2005 | - | -Cap atleta participant- | | |
| 2006 | - Patricia Yuste | AA Catalunya-UBAE | 27:45.84 | |
| 2007 | - Sandra Parellada | Cornellà At. | 30:47.81 | |
| 2008 | - Sandra Parellada | ISS-L'Hospitalet | 30:40.5 | |
| 2009 | - Raquel González | AA Catalunya | 23:30.35 | |
| 2010 | - Alba Sánchez | Medilast Lleida | 23:59.45 | |
| 2011 | - Ester Montaner | CA Igualada | 27:04.85 | |
| 2012 | - Ester Montaner | CA Igualada | 54:57.20 | (10.000 ...) |
| 2013 | - Ester Montaner | CA Igualada | 54:53.77 | |
| 2014 | - Mar Juarez | CA Montornès | 48:37.38 | |
| 2015 | - Mar Juarez | CA Montornès | 48:33.90 | |
| 2016 | - Mariona Martínez | AA Catalunya | 1h:00:47.18 | |
| 2017 | - Mariona Martínez | AA Catalunya | 57:12.36 | (27/5 Serrahima) |
| 2018 | - Tàbata Cano | Cornellà At. | 57:37.04 | (26/5 Serrahima) |
| 2019 | - Eva Muñoz | Avinent Manresa | 59:16.73 | |
| 2020 | - Georgina Ruiz | CA Palafrugell-GiCB | 26:21.79 | (5.000 m.) |
| 2021 | - Mireia Urrutia | L'Hospitalet At. | 50:29.02 | |
| 2022 | - Paula Juárez | UA Terrassa | 52:29.78 | |
| 2023 | - Laura Monje | CA Granollers | 52:47.63 | (18/6 Sabadell) |

HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 23 FEMENI

RELLEUS 4 X 100

| Any | Guanyador | Marca | |
|------|---|-------|---------------------|
| 2008 | - AA CATALUNYA M. PEREZ-E. FORTES-M. MIRO-M. MONTEJANO | 49.51 | |
| 2009 | - AA CATALUNYA M. A. FUENTES-S. RIUS-T. DEL RIO-S. ALBA | 50.51 | |
| 2010 | - JA SABADELL L. BOU-M. SOLE-I. ESTEVE-L. TIRADO | 51.61 | |
| 2011 | - AA CATALUNYA C. FERRANDIZ-M. A. FUENTES-C. FERNANDEZ-N. ANDRES | 50.74 | |
| 2012 | - AA CATALUNYA E. GARCIA-A. MANZANO-M. GARCIA-B. INDURAIN | 49.47 | |
| 2013 | - AA CATALUNYA M. GARCIA-E. GARCIA-P. MARTINEZ-B. INDURAIN | 51.15 | |
| 2014 | - AA CATALUNYA P. MARTINEZ-S. ROSINES-M. QUIROZ-A. MANZANO | 52.46 | |
| 2015 | - AA CATALUNYA C. ANDRES-L. FLIX-L. GIL-L. HIDALGO | 50.8 | (16/5 Lleida) |
| 2016 | - ISS-L' HOSPITALET C. BAILON-A. RUEDA-J. SANZ-M. VILCHES | 50.16 | (15/5 L'Hospitalet) |
| 2017 | - AA CATALUNYA A. GRAU-Y. M. JIMENEZ-S. DORDA-I. MENDEZ | 48.65 | (6/5 Cornellà) |
| 2018 | - AA CATALUNYA S. DORDA-A. GRAU-Y. M. JIMENEZ-E. RAMIREZ | 49.68 | (5/5 Serrahima) |
| 2019 | - CE UNIVERSITARI S. DORDA-A. GRAU-Y. M. JIMENEZ-E. RAMIREZ | 54.51 | (4/5 L'Hospitalet) |
| 2020 | - - No es va realitzar a causa de la Covid-19 - | | |
| 2021 | - AVINENT MANRESA A. CABRERA-M. PUJOL-L. SOLA-M. TARRAGO | 48.28 | (30/5 Tarragona) |
| 2022 | - Cap Club participant | | (29/5 Palafrugell) |
| 2022 | - Cap Club participant | | |