



MÍTING INTERNACIONAL DE CATALUNYA
Sabadell, Pista Coberta de Catalunya "Carme Valero"
10 de gener de 2025

REGULATIONS

- The Catalan Athletics Federation, with the authorization of the RFEA and World Athletics, will organize the INTERNATIONAL MEETING OF CATALONIA Friday, January 10, 2025, at the Catalonia Indoor Track "Carme Valero" in Sabadell (Camí Can Quadres, 190, 08203 Sabadell, Barcelona)
- The meeting is part of the European Indoor Tour calendar in the Challenger category.
- Technical control will be managed by the Catalan College of Athletics Judges, and there will be electronic timing.

PARTICIPATION

- Athletes with a valid federation license for the current season can apply for participation, they will be admitted based on their performances from the previous season until the allocated spots for each event are filled. The meeting's organizers reserve the right to invite other athletes they deem of interest.

PROGRAM

- The events to be held are:
 - o Men – 60m, 400m, 800m, 1500m, 60m hurdles, long jump, pole vault, shot put
 - o Women – 60m, 400m, 800m, 1500m, 3000m, 60m hurdles, high jump, triple jump

REGISTRATIONS

Athletes must send pre-registrations to canmassa@canmassa.cat before December 20th. December 23, the list of accepted athletes will be published based on the spots allocated by the organizers for each event.



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PRIZES

- Prizes for the podium in each of the 16 scheduled events will be: 300, 200, and 100 euros, respectively.
 - Prize for the top 5 absolute performances according to the WA International Indoor scoring table: 1000, 800, 600, 400, and 200 euros, respectively
 - A bonus of 300 euros will be awarded for setting a new meeting record.
- Note: All prizes will be paid via bank transfer.

Meeting Record Table – Men

60m-	6.66	Arthur Cissé	CIV	6/2/2019
400m -	46.45	Obi Igbokwe	USA	19/2/2020
800m -	1:45.95	Abdelati El Guesse	MAR	27/1/2024
1500m -	3:35.84	Tadesse Lemi	ETH	8/2/2022
60mh -	7.59	Roger Iribarne	CUB	28/1/2023
Long Jump -	7,77	Jianan Wang	XIN	19/2/2016
	7,77	Jean Marie Okutu	ESP	19/2/2016
Pole Vault -	5,55	Claudio Stecchi	ITA	28/1/2023
Shot Put -	21,44	Leonardo Fabri	ITA	19/2/2020

Meeting Record Table – Women

60m-	7.24	Jaël Bestué	ESP	28/1/2023
400m-	52.37	Amandine Brossier	FRA	27/1/2024
800m -	2:00.42	Eglay Nalyanya	KEN	8/2/2022
1500m -	3:59.08	Genzebe Dibaba	ETH	6/2/2019
3000m -	8:22.50	Genzebe Dibaba	ETH	19/2/2016
60mh-	8.12	Tereza Elena Sinova	CZE	27/1/2024
	8.12	Nika Glojnarik	SLO	27/1/2024
Triple Jump -	14,35	Yulimar Rojas	VEN	19/2/2016
High Jump -	1,86	Kateryna Tabashnyk	UKR	28/1/2023

- Complaints must be made verbally to the Chief Judge within 30 minutes after the results are posted.
- The Organization declines any responsibility for possible moral or material damage that participants and spectators may suffer during the competition.
- By registering, participants fully accept these Regulations.
Any issues not covered by these regulations will be resolved by the Chief Judge in accordance with WA (World Athletics) rules.



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EVENT SCHEDULE

- 19.00 - 60mh M s/f	Pole Vault M	Triple Jump W	Shot Put M
- 19.10 - 60mh W s/f			
- 19.30 - 60m M s/f			
- 19.40 - 60m W s/f			
- 19.50 - 400m W B			
- 19.55 - 400m W A			
- 20.05 - 400m M B	High Jump W		
- 20.10 - 400m M A			
- 20.15 - 800m W B			
- 20.23 - 800m W A			
- 20.31 - 800m M B		Long Jump M	
- 20.39 - 800m M A			
- 20.47 - 1500m W			
- 20.57 - 1500m M B			
- 21.07 - 1500m M A			
- 21.17 - 60mh W final			
- 21.27 - 60mh M final			
- 21.37 - 60m W final			
- 21.42 - 60m M final			
- 21.50 - 3000m W			

HJ women – 1,65 -1,75 - 1,80 - 1,84 - 1,87 - 1,90 +0,02

PV men – 5,01 - 5,11 - 5,21 - 5,31 - 5,36 - 5,41 - 5,46 +0,05