

## DATES i ESCENARIS DELS CAMPIONATS DE CATALUNYA SUB 20

| Any  | Dates            | Lloc          | Escenari                           |
|------|------------------|---------------|------------------------------------|
| 1986 | 31 maig-1 juny   | Granollers    | Estadi Municipal                   |
| 1987 | 4-5 juliol       | Granollers    | Estadi Municipal                   |
| 1988 | 11-12 juny       | Vilanova      | Estadi Municipal                   |
| 1989 | 15-16 juliol     | Tarragona     | Estadi Camp Clar                   |
| 1990 | 23-24 juny       | Sant Boi      | Estadi Municipal                   |
| 1991 | 27-28-29 juny    | Granollers    | Estadi Municipal                   |
| 1992 | 11-12 juliol     | Badalona      | Estadi Can Ferrater                |
| 1993 | 26-27 juny       | Barcelona     | Estadi Parc Can Dragó              |
| 1994 | 10-11-12 juny    | L'Hospitalet  | Estadi Municipal L'Hospitalet Nord |
| 1995 | 2-3-4 juny       | Barcelona     | Estadi Joan Serrahima              |
| 1996 | 31 maig 1-2 juny | Barcelona     | Estadi Joan Serrahima              |
| 1997 | 27-28-29 juny    | L'Hospitalet  | Estadi Municipal L'Hospitalet Nord |
| 1998 | 27-28 juny       | Granollers    | Estadi Municipal                   |
| 1999 | 26 juny          | Tarragona     | Estadi Camp Clar                   |
| 2000 | 10 setembre      | Barcelona     | Estadi Joan Serrahima              |
| 2001 | 19-20 maig       | Palafrugell   | Estadi Josep Pla Arbonès           |
| 2002 | 8-9 juny         | Vic           | Estadi Josep Maria Pallàs          |
| 2003 | 28-29 juny       | Igualada      | Estadi Municipal                   |
| 2004 | 5-6 juny         | Sabadell      | Estadi Josep Molins                |
| 2005 | 4-5 juny         | Barcelona     | Estadi Joan Serrahima              |
| 2006 | 9 juliol         | Sabadell      | Estadi Josep Molins                |
| 2007 | 23 juny          | Granollers    | Estadi Municipal                   |
| 2008 | 14 juny          | Granollers    | Estadi Municipal                   |
| 2009 | 27 juny          | Vic           | Estadi Josep Maria Pallàs          |
| 2010 | 20 juny          | Barcelona     | Estadi Joan Serrahima              |
| 2011 | 19 juny          | Barcelona     | Estadi Mar Bella                   |
| 2012 | 17 juny          | Amposta       | Estadi Municipal                   |
| 2013 | 1-2 juny         | Igualada      | Estadi Municipal                   |
| 2014 | 21-22 juny       | Lloret de Mar | Estadi Municipal                   |
| 2015 | 20-21 juny       | Lloret de Mar | Estadi Municipal                   |
| 2016 | 4- 5 juny        | Lloret de Mar | Estadi Municipal                   |
| 2017 | 3- 4 juny        | Lloret de Mar | Estadi Municipal                   |
| 2018 | 2- 3 juny        | Barcelona     | Estadi Joan Serrahima              |
| 2019 | 9 juny           | Tarragona     | Estadi Camp Clar                   |
| 2020 | 26-27 setembre   | Igualada      | Estadi Municipal                   |
| 2021 | 20 juny          | Barcelona     | Estadi Joan Serrahima              |
| 2022 | 3 juliol         | Lleida        | Estadi Municipal Les Basses        |
| 2023 | 17 juny          | Palafrugell   | Estadi Josep Pla Arbonès           |
| 2024 | 13 juliol        | Vic           | Estadi Josep Maria Pallàs          |
| 2025 | 13 juliol        | Sabadell      | Estadi Josep Molins                |

Desde la temporada 2012-2013, els atletes estrangers que per 3r any consecutiu hagin diligenciat llicència amb la FCA poden ser champions.

Desde la temporada 2017-2018 la categoria Júnior canvia el nom a Sub 20.

**RECORDS DELS CAMPIONATS DE CATALUNYA SUB 20 (M)**  
**(fins 19 anys)**

| Prova      | Atleta                                 | Club              | Marca    | Any  |
|------------|----------------------------------------|-------------------|----------|------|
| 100        | Joan MARTINEZ PEÑALVER                 | CA Nou Barris     | 10.54    | 2018 |
| 200        | Pol RETAMAL AVILA                      | FC Barcelona      | 21.17    | 2018 |
| 400        | David CANAL VALERO                     | CG Barcelonès     | 46.79    | 1996 |
| 800        | Elvin Josué CANALES ESCOTO             | GEiE Gironí       | 1:49.90  | 2019 |
| 1.500      | Oriol NIN BARRULL                      | FC Barcelona      | 3:50.86  | 1990 |
| 3.000      | Albert ALSINA MAÑER                    | FC Barcelona      | 8:30.23  | 2025 |
| 5.000      | David PUJOLAR SEGURA                   | Nike AC           | 14:48.84 | 1988 |
| 10.000     | Yashin EZZAYDOUNI (e)                  | CA Laietània      | 31:30.82 | 2014 |
| 110 t      | Aleix PORRAS CANTONS                   | FC Barcelona      | 14.08    | 2017 |
| 400 t      | Fernando SALMERON BUSTAMANTE           | CN Barcelona      | 53.28    | 1997 |
| 3.000 o.   | Antonio ALVAREZ HERNANDEZ              | Cornellà At.      | 9:00.58  | 1995 |
| Alçada     | Lluís GIBERT SANCHEZ                   | CN Reus Ploms     | 2.15     | 1988 |
| Perxa      | Gabriel MARTINEZ PONS                  | CA Laietània      | 5.20     | 1996 |
|            | Didac SALAS PLANAS                     | FC Barcelona      | 5.20     | 2011 |
| Llargada   | Miguel MOYA MORENO                     | AA Catalunya-UBAE | 7.52     | 2003 |
| Triple     | Eduardo PEREZ NEILA                    | CA Laietània      | 15.54    | 1997 |
| Pes        | Carles GERONES SIERRA                  | FC Barcelona      | 16.93    | 1994 |
| Disc       | Aleix CAMATS GARCIA                    | CA Igualada       | 56.29    | 2024 |
| Javelina   | Edgar RODRIGUEZ CARBONERO              | CA Laietània      | 60.51    | 2009 |
| Martell    | Miguel Alb. BLANCO RODRIGUEZ           | FC Barcelona      | 74.83    | 2015 |
| 5000 m.m.  | Eloi ANTON ALMAR                       | FC Barcelona      | 20:58.50 | 2025 |
| 10000 m.m. | Ruben MAYORAL RODENAS                  | UGE Badalona      | 42:59.7  | 1997 |
| 4 x 100    |                                        | CORNELLÀ AT.      | 42.60    | 2018 |
|            | B.CANET-M.GARCIA-I.MARTIN-A.VALVERDE   |                   |          |      |
| 4 x 400    |                                        | FC BARCELONA      | 3:22.92  | 1996 |
|            | D.ALVARADO-R.ALVAREZ-I.ALVAREZ-J.TERAN |                   |          |      |

(\*) Marca aconseguida a les semifinals.

**RECORDS DELS CAMPIONATS DE CATALUNYA SUB 20 (F)**  
**(fins 19 anys)**

| Prova       | Atleta                                    | Club              | Marca    | Any  |
|-------------|-------------------------------------------|-------------------|----------|------|
| 100         | Jaël BESTUE FERRERA                       | FC Barcelona      | 11.63    | 2018 |
| 200         | Jaël BESTUE FERRERA                       | FC Barcelona      | 23.67    | 2018 |
| 400         | Sara GALLEGO SOTELO                       | ISS-L'Hospitalet  | 54.97    | 2018 |
| 800         | Carla BISBAL BELENGUER                    | CA Igualada       | 2:09.95  | 2024 |
| 1.500       | Agata NOGUE BORI                          | CA Vic            | 4:30.3   | 1987 |
| 3.000       | Marwa EL KHOUYA ALI BAHYAOU               | Lleida UA         | 9:56.48  | 2025 |
| 5.000       | Vinyet NOGUERO PLANAS                     | Transports T2     | 17:14.9  | 1999 |
| 10.000      | Cristina FAUCON ARAÑO                     | Nike AC           | 41:30.4  | 1990 |
| 100 t       | Fiona CAVILLI                             | CA Vic            | 13.83    | 2025 |
| 400 t       | María José LOPEZ CORDOBA                  | AE L'Hospitalet   | 1:00.65  | 1990 |
| 3.000 o.    | Marina GARCIA GONZALEZ                    | AA Catalunya      | 11:15.59 | 2016 |
| Alçada      | Clàudia GARCIA JOU                        | FC Barcelona      | 1.78     | 2011 |
| Perxa       | Clara AMAT FERNANDEZ                      | AA Catalunya      | 4.05     | 2012 |
| Llargada    | Cora SALAS PLANAS                         | FC Barcelona      | 6.10     | 2014 |
| Triple      | Cora SALAS PLANAS                         | FC Barcelona      | 13.07    | 2014 |
| Pes         | Irache QUINTANAL FRANCO                   | CN Reus Ploms     | 14.95    | 1997 |
| Disc        | Olga RIERA GARCIA                         | CA Sant Celoni    | 47.58    | 1990 |
| Javelina    | Erika SELLART BORDES                      | Valencia CA       | 47.92    | 2025 |
| Martell     | Berta CASTELLS FRANCO                     | AA Catalunya-UBAE | 65.09    | 2003 |
| 5000 m.m.   | Maria IBARS ALVAREZ                       | JA Sabadell       | 22:45.9  | 1997 |
| 10.000 m.m. | Mireia URRUTIA HERRERA                    | CA Canaletes      | 50:00.63 | 2019 |
| 4 x 100     |                                           | ISS-L'HOSPITALET  | 48.59    | 2010 |
|             | B.INDURAIN-E.GARCIA-A.MANZANO-A.A.ACEVEDO |                   |          |      |
| 4 x 400     |                                           | CN Reus Ploms     | 3:59.12  | 1990 |
|             | A.GARCIA-M.BES-C.MENENDEZ-C.ROMERO        |                   |          |      |

(\*) Marca aconseguida a les semifinals.

# HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 20 MASCULI

## 100 METRES LLISOS

| Any  | Guanyador               | Club              | Marca | Vent    |
|------|-------------------------|-------------------|-------|---------|
| 1986 | - Avelino Fernández     | AE L'Hospitalet   | 10.9  |         |
| 1987 | - Robert Prat           | FC Barcelona      | 10.9  | (-1.89) |
| 1988 | - Marc Luque            | FC Barcelona      | 11.00 | (-0.94) |
| 1989 | - Román Montemayor      | FC Barcelona      | 11.19 | (-3.58) |
| 1990 | - Jesús Puigmartí       | JA Sabadell       | 11.01 | (-2.0)  |
| 1991 | - Gonzalo Corroto       | CGB-L'Hospitalet  | 11.07 | (-1.6)  |
| 1992 | - Jordi Mayoral         | GEiE Gironí       | 10.85 | (-0.6)  |
| 1993 | - Sergio Fernández      | C Fons Sta Coloma | 10.85 | (+4.5)  |
| 1994 | - Sergio Fernández      | C Fons Sta Coloma | 11.19 | (-2.4)  |
| 1995 | - Josep Illán           | CN Reus Ploms     | 10.86 | (+1.9)  |
| 1996 | - Josep Illán           | CN Reus Ploms     | 10.57 | (+1.8)  |
| 1997 | - Antonio José González | UE Badaloní       | 11.02 | (-0.2)  |
| 1998 | - David Salvador        | CN Reus Ploms     | 11.08 | (-0.6)  |
| 1999 | - Lluís Sagristà        | P APA Anem-hi     | 11.14 | (-0.6)  |
| 2000 | - José Guzmán           | CE Universitari   | 10.93 | (+2.5)  |
| 2001 | - Jairo Vera            | Integra 2         | 10.59 | (+5.6)  |
| 2002 | - Eloi Moreno           | FC Barcelona      | 11.09 | (+0.2)  |
| 2003 | - David Castellanos     | AA Catalunya-UBAE | 10.99 | (+1.0)  |
| 2004 | - David Castellanos     | AA Catalunya-UBAE | 11.08 | (-1.5)  |
| 2005 | - José B. Aguilera      | CA Lloret-LS      | 11.05 | (-0.4)  |
| 2006 | - Marc Altés            | CN Reus Ploms     | 11.05 | (-1.5)  |
| 2007 | - Marc Altés            | CN Reus Ploms     | 11.07 | (-1.0)  |
| 2008 | - Alejandro Gotay       | JA Sabadell       | 11.07 | (-1.5)  |
| 2009 | - Eduard Viles          | CA Igualada       | 10.75 | (-1.7)  |
| 2010 | - Eduard Viles          | FC Barcelona      | 10.59 | (+3.3)  |
| 2011 | - Adrià Burriel         | ISS-L'Hospitalet  | 11.13 | (-4.0)  |
| 2012 | - Sergi Tomás           | AA Catalunya      | 11.34 | (-4.1)  |
| 2013 | - Jordi Anguera         | AA Catalunya      | 11.09 | (-0.7)  |
| 2014 | - Xavier Alberto Regino | Cornellà At.      | 11.13 | (-1.0)  |
| 2015 | - Xavier Alberto Regino | Cornellà At.      | 11.20 | (-1.2)  |
| 2016 | - Joel Ferrando         | FC Barcelona      | 11.09 | (-1.5)  |
| 2017 | - Arnau Sala            | FC Barcelona      | 10.86 | (-0.9)  |
| 2018 | - Joan Martínez         | CA Nou Barris     | 10.54 | (+1.6)  |
| 2019 | - Bernat Canet          | Cornellà At.      | 10.86 | (-0.8)  |
| 2020 | - David Jiménez         | UA Rubí           | 11.06 | (+0.0)  |
| 2021 | - Pol Casals            | CA Sant Celoni    | 10.96 | (+0.3)  |
| 2022 | - Pol Casals            | CA Sant Celoni    | 10.99 | ( 0.0)  |
| 2023 | - Pol Elvira            | FC Barcelona      | 10.55 | (+3.2)  |
| 2024 | - Oriol Sánchez         | CE Universitari   | 10.80 | (+1.3)  |
| 2025 | - Unai Yuste            | CA Canaletes      | 10.96 | (-2.9)  |

# HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 20 MASCULI

## 200 METRES LLISOS

| Any  | Guanyador            | Club               | Marca | Vent    |
|------|----------------------|--------------------|-------|---------|
| 1986 | - Lluís Fabrega      | GEiE Gironí        | 21.9  |         |
| 1987 | - Oscar Valdivielso  | CA Laietània       | 22.0  | (desc.) |
| 1988 | - Didac Mañas        | CA Sant Celoni     | 21.5  | (-1.05) |
| 1989 | - Fernando Hernández | FC Barcelona       | 22.83 | (-3.59) |
| 1990 | - Carles Franqués    | CG Tarragona       | 22.18 | (-2.2)  |
| 1991 | - Gonzalo Corroto    | CGB-L'Hospitalet   | 22.07 | (-0.5)  |
| 1992 | - Pau Moreno         | UA Terrassa        | 22.71 | (+2.2)  |
| 1993 | - Jordi Pibernat     | GEiE Gironí        | 22.15 | (+1.8)  |
| 1994 | - Ra l Sánchez       | UA Terrassa        | 22.47 | (+1.2)  |
| 1995 | - Eduard Perales     | AA Catalunya       | 22.08 | (+0.1)  |
| 1996 | - Jaume Pérez        | CA Manresa         | 22.04 | (+2.2)  |
| 1997 | - David Canal        | CN Poble Nou       | 21.73 | (-0.5)  |
| 1998 | - David Navarro      | CA Lloret/La Selva | 22.44 | (-0.5)  |
| 1999 | - Lluís Sagristà     | P APA Anem-hi      | 22.26 | (-0.9)  |
| 2000 | - Lluís Sagristà     | AA Catalunya-UBAE  | 22.13 | (+1.9)  |
| 2001 | - José Guzmán        | Integra 2          | 22.12 | (-1.0)  |
| 2002 | - Diego Luis Gómez   | AA Catalunya-UBAE  | 22.00 | (-0.1)  |
| 2003 | - Alvaro Aljarilla   | AA Catalunya-UBAE  | 21.59 | (+2.7)  |
| 2004 | - Jordi Rabal        | AA Catalunya-UBAE  | 22.31 | (-2.1)  |
| 2005 | - Joel Llorente      | CE Vilanova        | 22.34 | (+3.2)  |
| 2006 | - Javier Ramos       | FC Barcelona       | 22.55 | (-0.8)  |
| 2007 | - Marc Altés         | CN Reus Ploms      | 22.20 | (-0.5)  |
| 2008 | - Marc Orozco        | FC Barcelona       | 21.74 | (-2.1)  |
| 2009 | - Eduard Viles       | CA Igualada        | 22.19 | (-4.6)  |
| 2010 | - Eduard Viles       | FC Barcelona       | 22.39 | (+2.7)  |
| 2011 | - Sergi Tomás        | AA Catalunya       | 22.72 | (-2.4)  |
| 2012 | - Sergi Tomás        | AA Catalunya       | 22.35 | (-3.1)  |
| 2013 | - Jordi Anguera      | AA Catalunya       | 22.24 | (-1.2)  |
| 2014 | - Javier Delgado     | FC Barcelona       | 22.10 | (-0.5)  |
| 2015 | - Jordi Fossas       | AA Catalunya       | 22.35 | (-1.6)  |
| 2016 | - Joel Ferrando      | FC Barcelona       | 21.90 | (+0.6)  |
| 2017 | - Pol Retamal        | FC Barcelona       | 21.37 | (-1.7)  |
| 2018 | - Pol Retamal        | FC Barcelona       | 21.22 | (+1.5)  |
| 2019 | - Josep Maria Llanas | Avinent Manresa    | 22.47 | (-1.9)  |
| 2020 | - Miguel Gasch       | FC Barcelona       | 22.15 | (+0.1)  |
| 2021 | - Isaac Segura       | L'Hospitalet At.   | 21.73 | (+1.7)  |
| 2022 | - Arnau Gómez        | Playas Castellón   | 22.03 | ( 0.0)  |
| 2023 | - Aleix Fuchs        | CA Igualada        | 22.07 | (+3.2)  |
| 2024 | - Oriol Sánchez      | CE Universitari    | 21.88 | (-3.0)  |
| 2025 | - Jan López          | L'Hospitalet At.   | 21.39 | (-0.5)  |

## HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 20 MASCULI

### 400 METRES LLISOS

| Any  | Guanyador               | Club               | Marca |
|------|-------------------------|--------------------|-------|
| 1986 | - Jordi Gendra          | CA Granollers      | 48.9  |
| 1987 | - Lluís Fabrega         | GEiE Gironí        | 49.8  |
| 1988 | - Juan Atonio Ureña     | AA Catalunya       | 50.02 |
| 1989 | - Sergio Heredia        | FC Barcelona       | 50.06 |
| 1990 | - Xavier Paz            | CE Universitari    | 49.13 |
| 1991 | - Joaquim Casadellà     | CO Farners         | 48.78 |
| 1992 | - Joaquim Casadellà     | CO Farners         | 48.63 |
| 1993 | - Juan Ignacio Martínez | CA Granollers      | 49.61 |
| 1994 | - Francesc Uroz         | CA Nou Barris      | 50.33 |
| 1995 | - David Canal           | CG Barcelonès      | 47.96 |
| 1996 | - David Canal           | CG Barcelonès      | 46.79 |
| 1997 | - Raul Alvarez          | FC Barcelona       | 50.03 |
| 1998 | - Enric Martín          | FC Barcelona       | 50.44 |
| 1999 | - Enric Martín          | FC Barcelona       | 49.41 |
| 2000 | - Sergio Arteaga        | Integra 2          | 49.66 |
| 2001 | - Sergio Arteaga        | Integra 2          | 50.09 |
| 2002 | - Jairo Vera            | Integra 2          | 48.80 |
| 2003 | - Carles Doz            | CN Reus Ploms      | 50.80 |
| 2004 | - George Kiramba        | CA Sant Celoni     | 49.98 |
| 2005 | - Carlos Segovia        | Cornellà At.       | 49.93 |
| 2006 | - Pau Fradera           | Medilast-Carrefour | 49.54 |
| 2007 | - Marc Orozco           | CA Olesa           | 48.68 |
| 2008 | - Luis Lizan            | FC Barcelona       | 48.82 |
| 2009 | - Cristian González     | SG Pontevedra      | 49.52 |
| 2010 | - Marc Capell           | Aquadiver-GEiEG    | 50.03 |
| 2011 | - Albert Martínez       | Avinent Manresa    | 50.08 |
| 2012 | - Albert Martínez       | Avinent Manresa    | 49.58 |
| 2013 | - Mohamed Azanay (e)    | CA Vic             | 51.06 |
| 2014 | - Diego Alarcón         | Cornellà At.       | 49.12 |
| 2015 | - Marcel Mondria        | FC Barcelona       | 48.60 |
| 2016 | - Noel Bolos            | CA Granollers      | 50.02 |
| 2017 | - Vladyslav Ivaschenko  | UA Terrassa        | 49.27 |
| 2018 | - Lidier Gilberto Monge | CA Canaletes       | 48.53 |
| 2019 | - Ivan Azuara           | UA Terrassa        | 49.09 |
| 2020 | - Oriol López           | AA Catalunya       | 50.38 |
| 2021 | - Zakaria Cherkaoui (e) | UA Terrassa        | 49.83 |
| 2022 | - Roger Pons            | CE Universitari    | 48.88 |
| 2023 | - Pol Ibáñez            | Barcelona At.      | 50.00 |
| 2024 | - Adrián Priego         | FC Barcelona       | 48.31 |
| 2025 | - Biel Cirujeda         | Avinent Manresa    | 47.27 |

# HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 20 MASCULI

## 800 METRES LLISOS

| Any  | Guanyador                 | Club              | Marca   |
|------|---------------------------|-------------------|---------|
| 1986 | - Domingo Ortega          | Sícoris Club      | 2:00.6  |
| 1987 | - Domingo Ortega          | Sícoris Club      | 1:55.5  |
| 1988 | - José Antonio Prieto     | Nike AC           | 1:54.13 |
| 1989 | - David Puigví            | FC Barcelona      | 1:55.84 |
| 1990 | - José Antonio Fernández  | FC Barcelona      | 1:57.07 |
| 1991 | - José Blas Serrano       | Sport Canet       | 1:56.01 |
| 1992 | - Sergi Giménez           | GEiE Gironí       | 1:57.77 |
| 1993 | - Sergi Giménez           | GEiE Gironí       | 1:55.17 |
| 1994 | - Victor Martínez         | CAV Andorra       | 1:56.74 |
| 1995 | - David Alvarado          | AA Catalunya      | 1:53.58 |
| 1996 | - Isaac González          | CA Manresa        | 2:00.27 |
| 1997 | - Daniel Mesa             | JA Sabadell       | 2:00.18 |
| 1998 | - Lluís Fco. Martín       | GEiE Gironí       | 1:59.96 |
| 1999 | - Rubén Castro            | Transports T2     | 1:57.80 |
| 2000 | - Javier Medina           | JA Sabadell       | 1:54.67 |
| 2001 | - Javier Medina           | JA Sabadell       | 1:58.40 |
| 2002 | - Roger Vila              | FC Barcelona      | 2:00.01 |
| 2003 | - Alex Silvero            | JA Sabadell       | 2:00.49 |
| 2004 | - Francesc Lazaro         | CA Dominiques     | 1:58.77 |
| 2005 | - Arnau Carulla           | AA Catalunya-UBAE | 1:59.60 |
| 2006 | - Arnau Carulla           | AA Catalunya-UBAE | 1:57.48 |
| 2007 | - Abel de la Varga        | Independent       | 1:54.74 |
| 2008 | - Oriol Bonet             | ISS-L'Hospitalet  | 1:51.95 |
| 2009 | - Abdelkabir Zaroual      | ISS-L'Hospitalet  | 1:56.21 |
| 2010 | - Lluç Farrera            | CA Vilafranca     | 1:58.03 |
| 2011 | - Sergio Vellido          | JA Sabadell       | 1:55.32 |
| 2012 | - Pol Solanelles          | UA Terrassa       | 1:57.72 |
| 2013 | - Pol Solanelles          | UA Terrassa       | 1:57.38 |
| 2014 | - Llorenç Esteve          | JA Sabadell       | 1:53.83 |
| 2015 | - Carlos Roguera          | Ripollet UA       | 1:57.31 |
| 2016 | - Miquel Domenech         | CA Gavà           | 1:54.01 |
| 2017 | - Guillem Carner          | CA Igualada       | 1:52.86 |
| 2018 | - Carlos Sáez             | Unió Colomenca    | 1:55.61 |
| 2019 | - Elvin Josué Canales (e) | GEiE Gironí       | 1:49.90 |
| 2020 | - Jan Badia               | Cornellà At.      | 1:56.84 |
| 2021 | - Victor Blasi            | CE Universitari   | 1:53.37 |
| 2022 | - José González           | AA Catalunya      | 1:58.07 |
| 2023 | - Martí Sánchez           | AA Catalunya      | 1:55.29 |
| 2024 | - Mathios Rodríguez       | CA Igualada       | 1:55.20 |
| 2025 | - Karim Fartaz            | FC Barcelona      | 1:51.65 |

## HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 20 MASCULI

### 1.500 METRES LLISOS

| Any  | Guanyador             | Club               | Marca   |
|------|-----------------------|--------------------|---------|
| 1986 | - Ignasi Taló         | CA Viaró           | 3:58.9  |
| 1987 | - Francesc Portet     | CA Granollers      | 4:08.6  |
| 1988 | - Juan José Verdugo   | CE Canaletes       | 3:54.04 |
| 1989 | - David Pujolar       | Nike AC            | 3:57.74 |
| 1990 | - Oriol Nín           | FC Barcelona       | 3:50.86 |
| 1991 | - Fco. Javier Munuera | Sport Canet        | 3:56.33 |
| 1992 | - Fernando Ruiz       | Nike AC            | 4:04.95 |
| 1993 | - Carlos Lafuente     | Nike AC            | 3:58.87 |
| 1994 | - Jordi Sobre         | CAV Andorra        | 3:55.24 |
| 1995 | - Carlos Medina       | AA Catalunya       | 3:53.95 |
| 1996 | - David Alvarado      | FC Barcelona       | 3:59.46 |
| 1997 | - Martín Garcia       | JA Sabadell        | 3:53.45 |
| 1998 | - Eduardo Exposito    | FC Barcelona       | 4:09.88 |
| 1999 | - Xavier Areny        | CA Dominiques      | 4:09.57 |
| 2000 | - Xavier Areny        | CA Dominiques      | 3:59.17 |
| 2001 | - Carles Lorente      | CA Sant Celoni     | 4:07.01 |
| 2002 | - Carles Lorente      | CA Sant Celoni     | 4:00.13 |
| 2003 | - Jordi Gálvez        | FC Barcelona       | 4:12.71 |
| 2004 | - Victor Montaner     | CA Igualada        | 4:06.32 |
| 2005 | - Ramon Gasull        | FC Barcelona       | 4:17.31 |
| 2006 | - Alfons Farrán       | Medilast-Carrefour | 4:20.72 |
| 2007 | - Oriol Bonet         | CA Mollet          | 4:14.19 |
| 2008 | - Aurelià Serra       | ISS-L'Hospitalet   | 4:04.25 |
| 2009 | - Francisco Roldán    | FC Barcelona       | 4:12.44 |
| 2010 | - Lluç Farrera        | CA Vilafranca      | 4:16.25 |
| 2011 | - Lluç Farrera        | CA Vilafranca      | 4:09.52 |
| 2012 | - Marc Alcalà         | FC Barcelona       | 4:13.73 |
| 2013 | - Marc Alcalà         | FC Barcelona       | 3:58.98 |
| 2014 | - Mohamed Zarhouni    | FC Barcelona       | 3:59.11 |
| 2015 | - Marc Zuñiga         | FC Barcelona       | 4:03.04 |
| 2016 | - Alexis Rodríguez    | FC Barcelona       | 4:04.39 |
| 2017 | - Guillem Carner      | CA Igualada        | 3:59.02 |
| 2018 | - Antonio López       | FC Barcelona       | 4:03.87 |
| 2019 | - Raul Villalonga     | CA Viladecans      | 4:10.75 |
| 2020 | - Eric Guzmán         | New Balance Team   | 4:04.00 |
| 2021 | - Eric Guzmán         | New Balance Team   | 4:14.75 |
| 2022 | - Aleix Vives         | FACVAC Valls       | 3:57.44 |
| 2023 | - Mathias Deldicque   | CE Universitari    | 4:01.62 |
| 2024 | - Alex Pintado        | F Playas Castellón | 3:58.39 |
| 2025 | - Pol Molins          | JA Sabadell        | 3:56.09 |



HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 20 MASCULI

**3.000 METRES LLISOS**

| Any  | Guanyador            | Club               | Marca   |
|------|----------------------|--------------------|---------|
| 1986 | - Miguel Vilalta     | Sicoris Club       | 8:37.5  |
| ...  |                      |                    |         |
| 2019 | - Arnau Sala         | Lleida UA          | 9:09.15 |
| 2020 | - Adam Maijo         | AA Catalunya       | 8:33.99 |
| 2021 | - Otmane Hassani (e) | CA Atletestvng.org | 8:38.94 |
| 2022 | - Eric Lore          | Cornellà At.       | 8:50.91 |
| 2023 | - Pol Serriñana      | FC Barcelona       | 8:57.86 |
| 2024 | - Gonçalo José Sousa | JAB-Berga          | 8:41.11 |
| 2025 | - Albert Alsina      | FC Barcelona       | 8:30.23 |

# HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 20 MASCULI

## 5.000 METRES LLISOS

| Any  | Guanyador                                       | Club              | Marca    |                     |
|------|-------------------------------------------------|-------------------|----------|---------------------|
| 1987 | - David Pujolar                                 | CA Canet          | 15:10.3  |                     |
| 1988 | - David Pujolar                                 | Nike AC           | 14:48.84 |                     |
| 1989 | - Javier Caballero                              | Nike AC           | 14:56.06 |                     |
| 1990 | - Javier Caballero                              | Nike AC           | 15:03.8  |                     |
| 1991 | - Fernando Ruiz                                 | Nike AC           | 14:57.36 |                     |
| 1992 | - Vicente Pulido                                | Cornellà At.      | 15:16.02 |                     |
| 1993 | - Carlos Casero                                 | Nike AC           | 15:04.53 |                     |
| 1994 | - Fernando Izaguirre                            | CE Montornès      | 15:00.87 |                     |
| 1995 | - Carlos Bueno                                  | UGE Badalona      | 14:52.28 |                     |
| 1996 | - Antonio Alvarez                               | Nike-CEU          | 15:12.82 |                     |
| 1997 | - Josep Sansa                                   | CAV Andorra       | 15:16.07 |                     |
| 1998 | - Lluís Garcia                                  | CA Castellar      | 15:43.54 |                     |
| 1999 | - Manel Errando                                 | JA Montcada       | 15:32.27 |                     |
| 2000 | - David Bernardo                                | CA Olesa          | 15:02.80 |                     |
| 2001 | - David Bernardo                                | CA Olesa          | 15:17.08 |                     |
| 2002 | - Jaume Leiva                                   | CN Montjuïc       | 15:13.83 | (26/5 Serrahima)    |
| 2003 | - Joaquim Carlús                                | Ripollet UA       | 15:05.08 | ( 8/6 Manresa)      |
| 2004 | - David Martínez                                | CA Manresa        | 15:05.05 | (27/3 Calella)      |
| 2005 | - Lars Udina                                    | CA Laietània      | 16:10.87 |                     |
| 2006 | - Mohamed Jebari                                | CA Calella        | 15:52.67 |                     |
| 2007 | - David Campo                                   | AA Catalunya-UBAE | 15:41.03 |                     |
| 2008 | - Manuel Salvador                               | AA Catalunya      | 15:15.20 |                     |
| 2009 | - Adrià Vila                                    | CAP Alcobendas    | 15:48.16 |                     |
| 2010 | - Vicenç Valls                                  | CA Laietània      | 15:25.90 |                     |
| 2011 | - Wissam Chaouvi                                | CA Laietània      | 16:40.19 |                     |
| 2012 | - Ferran Bochaca                                | FC Barcelona      | 15:34.76 |                     |
| 2013 | - Ibrahim Chakir (e)                            | CA Vilafranca     | 14:52.55 |                     |
| 2014 | - Lahcen Ait Alibou                             | CE Penedès        | 15:50.42 |                     |
| 2015 | - Carles Lladó                                  | Pratenc AA        | 16:12.95 |                     |
| 2016 | - Abde. Oukhelfen (e)                           | CA Igualada       | 15:12.91 |                     |
| 2017 | - Jordi Pujol                                   | AA Catalunya      | 15:40.66 |                     |
| 2018 | - Hassan Hammoummi                              | Lleida UA         | 15:30.61 |                     |
| 2019 | - Kevin Fernández                               | Unió Colomenca    | 15:51.17 |                     |
| 2020 | - - No es va realitzar a causa de la Covid-19 - |                   |          |                     |
| 2021 | - Otmane Hassani (e)                            | CA Atletesvng.org | 15:50.20 | (4/4 Sta.Coloma G.) |
| 2022 | - Roger Suria                                   | CA Igualada       | 15:25.11 | (20/3 Gavà)         |
| 2023 | - Gonçalo José Sousa (e)                        | JAB-Berga         | 15:08.24 | (4/3 Olot)          |
| 2024 | - Gonçalo José Sousa (e)                        | JAB-Berga         | 14:54.07 | (17/2 Gavà)         |
| 2025 | - Biel Morancho                                 | FC Barcelona      | 15:01.19 | ( 5/4 Granollers)   |

## HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 20 MASCULI

### 10.000 METRES LLISOS

| Any  | Guanyador               | Club              | Marca           |                      |
|------|-------------------------|-------------------|-----------------|----------------------|
| 1988 | - Rafael Illán          | CN Sitges         | 31:51.3         | Inici prova          |
| 1989 | - Alberto Pascual       | CA Vilanova       | 32:34.73        |                      |
| 1990 | - David Vico            | Nike AC           | 32:17.02        |                      |
| 1991 | - Carlos Flores         | Sport Canet       | 32:50.68        |                      |
| 1992 | - José Rios             | Nike AC           | Sense marca (*) |                      |
| 1993 | - Manuel Cabrera        | CA Laietània      | 33:32.34        |                      |
| 1994 | - José Ma. Carvajales   | L'Hospitalet Atl. | 32:24.97        |                      |
| 1995 | - Carlos Bueno          | UGE Badalona      | 32:15.23        |                      |
| 1996 | - Carlos Bueno          | UGE Badalona      | 32:18.06        |                      |
| 1997 | - Moises Tresserras     | CA Calella        | 32:32.66        |                      |
| 1998 | - Ivan Limia            | CA Parets         | 33:18.63        |                      |
| 1999 | - Ivan Limia            | CA Granollers     | 31:52.2         | (27/3 Gavà)          |
| 2000 | - Fernando Martínez     | FC Barcelona      | 33:11.81        |                      |
| 2001 | - David Bernardo        | CA Olesa          | 32:00.89        |                      |
| 2002 | - Carles Riba           | FC Barcelona      | 32:42.01        | (23/3 Olot)          |
| 2003 | - Mohamed El Nasri      | AA Catalunya-UBAE | 32:36.61        | ( 5/4 Castellar)     |
| 2004 | - Carlos Casquet        | Integra 2         | 36:37.65        | (27/3 Calella)       |
| 2005 | - David Martínez        | CA Manresa        | 31:05.94        |                      |
| 2006 | - Javier Torres         | L'Hospitalet Atl. | 34:19.66        | ( 1/4 Castellar)     |
| 2007 | - David Campo           | AA Catalunya-UBAE | 34:11.67        | (24/3 Palafrugell)   |
| 2008 | - Souhail Loqmane       | CA Canovelles     | 33:55.39        | ( 5/4 Olot)          |
| 2009 | - Adrià Vila            | CAP Alcobendas    | 31:31.78        | (28/3 Granollers)    |
| 2010 | - Sergio Vellido        | CA Castellar      | 30:41.13        | (13/3 Manresa)       |
| 2011 | - Vicenç Valls          | CA Laietània      | 31:27.69        | (19/3 Gavà)          |
| 2012 | - Omar Es Salmouny      | FC Barcelona      | 34:57.45        | (17/3 Manresa)       |
| 2013 | - Yashin Ezzaydouni (e) | CA Laietània      | 31:53.47        | (23/3 Gavà)          |
| 2014 | - Yashin Ezzaydouny (e) | CA Laietània      | 31:30.82        | (22/3 Mataró)        |
| 2015 | - Carles Lladó          | Pratenc AA        | 33:27.34        | (21/3 Olot)          |
| 2016 | - Bernat Kun            | Barcelona At.     | 34:23.10        | (20/3 Lloret)        |
| 2017 | - Jordi Pujol           | AA Catalunya      | 32:30.39        | (25/3 Sta.Coloma G.) |
| 2018 | - Miquel Corbera        | CA Montornès      | 32:53.62        | (18/3 Sant Celoni)   |
| 2019 | - Kevin Fernández       | Unió Colomenca    | 32:44.85        | (23/3 Sta.Coloma G.) |

(\*) Els atletes van realitzar una volta de més.

\* Aquesta prova ja no es realitza.

# HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 20 MASCULI

## 110 METRES TANQUES

| Any  | Guanyador              | Club              | Marca | Vent    |
|------|------------------------|-------------------|-------|---------|
| 1986 | - David Sanahuja       | FC Barcelona      | 15.2  |         |
| 1987 | - Moises Gongora       | CA Laietània      | 15.2  | (Desc.) |
| 1988 | - Moises Gongora       | CA Laietània      | 15.4  | (-1.43) |
| 1989 | - Xavier Brunet        | CA Igualada       | 15.64 | (-1.96) |
| 1990 | - Jesús Font           | CA Vilanova       | 15.22 | (-0.1)  |
| 1991 | - David Sitjà          | GEiE Gironí       | 14.89 | (-1.2)  |
| 1992 | - Marc Cucala          | FC Barcelona      | 15.15 | (-1.6)  |
| 1993 | - David Sitjà          | GEiE Gironí       | 14.77 | (+0.2)  |
| 1994 | - Daniel Carrillo      | CA Nou Barris     | 15.47 | (-2.2)  |
| 1995 | - Daniel Carrillo      | CA Nou Barris     | 14.74 | (+1.5)  |
| 1996 | - Daniel Carrillo      | AA Catalunya      | 14.70 | (+3.4)  |
| 1997 | - Felix Belmar         | FC Barcelona      | 14.66 | (-0.3)  |
| 1998 | - Cristian López       | FC Barcelona      | 14.97 | (-1.3)  |
| 1999 | - Cristian López       | FC Barcelona      | 14.97 | (-1.6)  |
| 2000 | - Sergi Raya           | FC Barcelona      | 15.47 | (+0.7)  |
| 2001 | - Alberto Castillo     | FC Barcelona      | 15.25 | (+4.2)  |
| 2002 | - Xavier Puyol         | Integra 2         | 15.84 | (+1.1)  |
| 2003 | - Marc Girós           | FC Barcelona      | 15.46 | ( 0.0)  |
| 2004 | - Jairo Lorenzo        | UA Rubí           | 16.36 | (-3.6)  |
| 2005 | - Daniel Pedro Garcia  | CA Gavà           | 16.03 | (+0.9)  |
| 2006 | - Daniel Pedro Garcia  | L'Hospitalet Atl. | 15.25 | (-1.9)  |
| 2007 | - Albert Alvarez       | CA Manresa        | 15.76 | (-2.9)  |
| 2008 | - Gerard Sans          | Medilast Sport    | 15.58 | (-1.2)  |
| 2009 | - José Ángel Quintanal | CA Mollet         | 15.21 | (-1.1)  |
| 2010 | - Arnau Erta           | FC Barcelona      | 14.48 | (+3.5)  |
| 2011 | - Arnau Erta           | FC Barcelona      | 14.84 | (-0.5)  |
| 2012 | - Marcel Moliner       | FC Barcelona      | 15.02 | (-3.7)  |
| 2013 | - Marc Sánchez         | CA Igualada       | 15.40 | (-1.9)  |
|      | - Santi Ramos          | CA Igualada       | 15.40 | (-1.9)  |
| 2014 | - Gerard Mateu Porras  | FC Barcelona      | 14.15 | (-1.6)  |
| 2015 | - Gerard Mateu Porras  | FC Barcelona      | 14.17 | (-1.3)  |
| 2016 | - Eric Pérez           | UA Rubí           | 14.33 | (-1.0)  |
| 2017 | - Aleix Porras         | FC Barcelona      | 14.08 | (-1.8)  |
| 2018 | - Aleix Porras         | FC Barcelona      | 14.24 | ( 0.0)  |
| 2019 | - Joan Moreno          | ISS-L'Hospitalet  | 14.97 | (-1.6)  |
| 2020 | - Eloi Santafé         | CA igualada       | 14.79 | (-1.1)  |
| 2021 | - Biel Salas           | Avinent Manresa   | 14.58 | (+0.3)  |
| 2022 | - Biel Salas           | Avinent Manresa   | 14.11 | (+3.5)  |
| 2023 | - Jordi Sánchez        | L'Hospitalet At.  | 14.74 | (+3.7)  |
| 2024 | - Xavier Martínez      | CA Canaletes      | 15.24 | (-1.8)  |
| 2025 | - Mario Stefanov       | CA Ascó           | 14.50 | (-1.6)  |

## HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 20 MASCULI

### 400 METRES TANQUES

| Any  | Guanyador             | Club              | Marca | Distància    |
|------|-----------------------|-------------------|-------|--------------|
| 1986 | - David Sanahuja      | FC Barcelona      | 38.2  | (300 m.t...) |
| 1987 | - Enrique de la Hoz   | FC Barcelona      | 39.1  |              |
| 1988 | - Enrique de la Hoz   | FC Barcelona      | 54.43 | (400 m.t...) |
| 1989 | - Roger Torras        | CA Manresa        | 54.51 |              |
| 1990 | - Alberto González    | CG Barcelonès     | 53.92 |              |
| 1991 | - Roger Ang es        | CGB-L'Hospitalet  | 55.43 |              |
| 1992 | - Rafael Navarro      | CN Poble Nou      | 55.62 |              |
| 1993 | - Rafael Navarro      | CN Poble Nou      | 53.82 |              |
| 1994 | - Antonio Delgado     | L'Hospitalet Atl. | 53.42 |              |
| 1995 | - Emilio Pérez        | CN Poble Nou      | 54.28 |              |
| 1996 | - Fernando Salmerón   | CA Vilanova       | 54.19 |              |
| 1997 | - Fernando Salmerón   | CN Barcelona      | 53.28 |              |
| 1998 | - Victor Cazorla      | FC Barcelona      | 55.34 |              |
| 1999 | - Bernat Bartolomé    | AA Catalunya      | 54.13 |              |
| 2000 | - Jordi Altès         | Integra 2         | 56.28 |              |
| 2001 | - Cristobal Garcia    | CE Montornès      | 56.15 |              |
| 2002 | - Borja Carbó         | CG Tarragona      | 57.42 |              |
| 2003 | - Sergi Soler         | Integra 2         | 56.59 |              |
| 2004 | - Sergi Soler         | Integra 2         | 56.48 |              |
| 2005 | - Jordi Rabal         | FC Barcelona      | 54.31 |              |
| 2006 | - Daniel Pedro Garcia | L'Hospitalet Atl. | 54.36 |              |
| 2007 | - Eduard Zamora       | UGE Badalona      | 55.95 |              |
| 2008 | - Samuel Carnicero    | CA Calella        | 56.73 |              |
| 2009 | - Samuel Carnicero    | CA Calella        | 53.98 |              |
| 2010 | - Oriol Piqueras      | ISS-L'Hospitalet  | 56.99 |              |
| 2011 | - Marc Valero         | Avinent Manresa   | 54.27 |              |
| 2012 | - Marc Valero         | Avinent Manresa   | 54.62 |              |
| 2013 | - Roberto Tello       | JA Sabadell       | 55.73 |              |
| 2014 | - E. Fdez.-Dávila (e) | ISS-L'Hospitalet  | 54.53 |              |
| 2015 | - Javier Delgado      | FC Barcelona      | 53.72 |              |
| 2016 | - Igors Pavlovs (e)   | UA Barberà        | 56.17 |              |
| 2017 | - Iker Gómez          | UA Rubí           | 55.19 |              |
| 2018 | - Joel Martín         | AA Catalunya      | 54.54 |              |
| 2019 | - Pau Rey             | GA Lluïsos Mataró | 55.45 |              |
| 2020 | - Enric Piñera        | CD Surco Lucena   | 56.11 |              |
| 2021 | - Joan Comas          | AA Catalunya      | 55.79 |              |
| 2022 | - Mario Santín        | Barcelona At.     | 53.69 |              |
| 2023 | - Gerard Rodríguez    | Playas Castellón  | 53.36 |              |
| 2024 | - Max Cassidy         | L'Hospitalet At.  | 55.65 |              |
| 2025 | - Jan Pol Catot       | Avinent Manresa   | 54.86 |              |

# HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 20 MASCULI

## 3.000 METRES OBSTACLES

| Any  | Guanyador               | Club               | Marca    | Distància        |
|------|-------------------------|--------------------|----------|------------------|
| 1986 | - José Luis Varas       | FC Barcelona       | 6:02.3   | (2.000 m.obs...) |
| 1987 | - Albert Casals         | CA Manresa         | 6:05.0   |                  |
| 1988 | - Joan Beascochea       | Nike AC            | 9:29.0   | (3.000 m.Obs...) |
| 1989 | - Fco. Javier Munuera   | Nike AC            | 9:33.39  |                  |
| 1990 | - Fco. Javier Munuera   | Nike AC            | 9:13.11  |                  |
| 1991 | - José M . Reche        | CN Reus Ploms      | 9:20.68  |                  |
| 1992 | - José Maria Hernández  | Nike AC            | 9:12.62  |                  |
| 1993 | - Marc Ruiz             | JA Sabadell        | 9:11.12  |                  |
| 1994 | - José Luis Blanco      | CA Lloret          | 9:08.31  |                  |
| 1995 | - Antonio Álvarez       | Cornellà At        | 9:00.58  |                  |
| 1996 | - Juan Diego Cerrillo   | CE Montornès       | 9:12.68  |                  |
| 1997 | - Juan Diego Cerrillo   | CE Montornès       | 9:20.02  |                  |
| 1998 | - Eric Segura           | JA Sabadell        | 9:17.48  |                  |
| 1999 | - Rubén Palomeque       | Puma SA            | 9:34.60  |                  |
| 2000 | - Guillem Farran        | CA Dominiques      | 9:46.89  |                  |
| 2001 | - Oriol Cascallo        | CM Sant Cugat      | 9:43.07  |                  |
| 2002 | - Angel Mullera         | CA Lloret-La Selva | 9:31.19  | (2/6 Serrahima)  |
| 2003 | - Angel Mullera         | CA Lloret-La Selva | 9:37.19  |                  |
| 2004 | - Albert Camarasa       | CA Dominiques      | 9:55.83  |                  |
| 2005 | - Marc Gispert          | CA Lloret-LS       | 9:57.95  |                  |
| 2006 | - Javier Torres         | L'Hospitalet Atl.  | 10:18.14 |                  |
| 2007 | - Jonathan Hernández    | CA Lloret-La Selva | 9:48.26  |                  |
| 2008 | - Fran Garcia           | CA Calella         | 10:36.55 |                  |
| 2009 | - Jonatan Ponce         | UA Barberà         | 9:26.79  |                  |
| 2010 | - Germán Muñoz          | CA Nou Barris      | 10:03.19 |                  |
| 2011 | - Brú Trabal            | AA Catalunya       | 9:42.84  |                  |
| 2012 | - Brú Trabal            | AA Catalunya       | 9:34.98  |                  |
| 2013 | - Jonathan Romeo        | FC Barcelona       | 9:20.86  |                  |
| 2014 | - Joubair Makhfaoui (e) | CA Lloret-LS       | 9:26.99  |                  |
| 2015 | - Boubacar Sabaly (e)   | CA Lloret-LS       | 9:23.43  |                  |
| 2016 | - Boubacar Sabaly (e)   | CA Lloret-LS       | 9:19.59  |                  |
| 2017 | - Marc Rodríguez        | Unió Colomenca     | 9:42.15  |                  |
| 2018 | - Alex Salas            | Cornellà At.       | 9:23.44  |                  |
| 2019 | - Toni Baños            | Avinent Manresa    | 9:16.44  |                  |
| 2020 | - Marc Fernández        | AA Catalunya       | 9:45.68  |                  |
| 2021 | - Marc Fernández        | AA Catalunya       | 9:43.87  |                  |
| 2022 | - Oscar Lefler          | CA Tarragona       | 10:22.43 |                  |
| 2023 | - Cesc Boix             | CA Igualada        | 9:18.42  |                  |
| 2024 | - Biel Morancho         | FC Barcelona       | 9:33.57  |                  |
| 2025 | - Bakr El Asri          | CA Lloret-LS       | 9:24.62  |                  |

## HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 20 MASCULI

### SALT D'ALÇADA

| Any  | Guanyador          | Club               | Marca |
|------|--------------------|--------------------|-------|
| 1986 | - Jacinto Arenas   | JA Sabadell        | 1.92  |
| 1987 | - Lluís Gibert     | CN Reus Ploms      | 2.02  |
| 1988 | - Lluís Gibert     | CN Reus Ploms      | 2.15  |
| 1989 | - Xavier López     | CA Vilanova        | 2.03  |
| 1990 | - Xavier Brunet    | CN Montju c        | 2.10  |
| 1991 | - Domènec Barbara  | UGE Badalona       | 1.99  |
| 1992 | - Roberto Zamora   | CGB-L'Hospitalet   | 1.97  |
| 1993 | - Jordi Rofes      | CN Reus Ploms      | 2.05  |
| 1994 | - Esteve Martín    | CAV Andorra        | 2.01  |
| 1995 | - Jordi Rofes      | CN Reus Ploms      | 2.09  |
| 1996 | - Sergi Lanau      | FC Barcelona       | 1.99  |
| 1997 | - Pasqual Martínez | UA Terrassa        | 1.87  |
| 1998 | - Josep M Torres   | JA Sabadell        | 1.92  |
| 1999 | - Josep Ma. Gener  | GEiE Gironí        | 2.00  |
| 2000 | - Lemen Fatty      | CA Lleida-UdL      | 2.00  |
| 2001 | - Lemen Fatty      | Integra 2          | 1.98  |
| 2002 | - Miquel Vélez     | FC Barcelona       | 2.10  |
| 2003 | - Frederic Cubells | FC Barcelona       | 1.95  |
| 2004 | - Jordi Vallés     | CA Laietània       | 1.90  |
| 2005 | - Ignasi Abián     | AA Catalunya-UBAE  | 1.93  |
| 2006 | - Carles Triadó    | L'Hospitalet Atl.  | 1.95  |
| 2007 | - Francesc Bonjoch | AA Catalunya-UBAE  | 1.86  |
| 2008 | - Albert Álvarez   | CA Manresa         | 1.79  |
| 2009 | - Marc Bertrán     | AA Catalunya       | 1.98  |
| 2010 | - Angel Vilalta    | CA Castellar       | 1.89  |
| 2011 | - Marcel Moliner   | FC Barcelona       | 1.92  |
| 2012 | - Roger Ribó       | CE Universitari    | 1.86  |
| 2013 | - Marc Sánchez     | CA Igualada        | 2.01  |
| 2014 | - Marc Sánchez     | CA Igualada        | 2.07  |
| 2015 | - Xesc Tresens     | Unió Colomenca At. | 1.98  |
| 2016 | - Xesc Tresens     | Unió Colomenca At. | 1.98  |
| 2017 | - Daniel Lorente   | Pratenc AA         | 1.92  |
| 2018 | - Sergi Liébana    | Lleida UA          | 1.92  |
| 2019 | - Hector Ramos     | FC Barcelona       | 2.04  |
| 2020 | - Daniel Torrero   | AA Catalunya       | 2.00  |
| 2021 | - Edgar Climent    | Unió Colomenca     | 2.09  |
| 2022 | - Isaac Baltà      | CA Igualada        | 1.95  |
| 2023 | - Antoni González  | CA Igualada        | 2.00  |
| 2024 | - Antoni González  | CA Igualada        | 2.00  |
| 2025 | - Nil Sharma       | AA Catalunya       | 1.83  |

## HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 20 MASCULI

### SALT AMB PERXA

| Any  | Guanyador               | Club              | Marca |
|------|-------------------------|-------------------|-------|
| 1986 | - Frances Mas           | FC Barcelona      | 4.00  |
| 1987 | - Jaume Carreras        | UGE Badalona      | 4.00  |
| 1988 | - David Gracia          | FC Barcelona      | 4.60  |
| 1989 | - Benjamín Iruela       | CN Reus Ploms     | 4.10  |
| 1990 | - Juan G. Concepción    | CA Calella        | 4.44  |
| 1991 | - Juan G. Concepción    | CGB-L'Hospitalet  | 5.00  |
| 1992 | - Sergio Valdivieso     | JA Sabadell       | 4.30  |
| 1993 | - Santiago Bañón        | JA Sabadell       | 4.72  |
| 1994 | - Sergio Soldado        | UA Terrassa       | 4.72  |
| 1995 | - Gabriel Martínez      | CA Laietània      | 5.00  |
| 1996 | - Gabriel Martínez      | CA Laietània      | 5.20  |
| 1997 | - Jordi Villalabeitia   | CN Barcelona      | 4.60  |
| 1998 | - Raul Mayor            | JA Sabadell       | 4.45  |
| 1999 | - Alex Martín           | AE Santa Eulàlia  | 3.90  |
| 2000 | - Roger Noguera         | Integra 2         | 4.90  |
| 2001 | - Roger Noguera         | Integra 2         | 4.60  |
| 2002 | - Victor Zardoya        | CA Laietània      | 4.70  |
| 2003 | - Oriol Adeva           | AA Catalunya-UBAE | 4.50  |
| 2004 | - Edgar Botellero       | CA Dominiques     | 4.50  |
| 2005 | - Joan Gambín           | GA Lluïsos-Mataró | 4.80  |
| 2006 | - Albert Vélez          | FC Barcelona      | 4.80  |
| 2007 | - Albert Vélez          | FC Barcelona      | 5.00  |
| 2008 | - Manel Concepción      | Playas Castellón  | 5.00  |
| 2009 | - Adrià Puig            | CA Laietània      | 4.30  |
| 2010 | - Eloi Guimerà          | JA Sabadell       | 4.80  |
| 2011 | - Didac Salas           | FC Barcelona      | 5.20  |
| 2012 | - Marc Vela             | FC Barcelona      | 4.80  |
| 2013 | - Ricard Clemente       | Avinent Manresa   | 4.20  |
| 2014 | - Aleix Pi              | AA Catalunya      | 4.55  |
| 2015 | - Aleix Pi              | AA Catalunya      | 4.70  |
| 2016 | - Nahuel Agustín Rusafa | JA Sabadell       | 4.20  |
| 2017 | - Victor Coll           | FC Barcelona      | 4.70  |
| 2018 | - Oscar Prieto          | FC Barcelona      | 4.70  |
| 2019 | - Marc Tomey            | JA Sabadell       | 4.90  |
| 2020 | - Arnau Padrosa         | UA Montsià        | 4.50  |
| 2021 | - Daniel Díaz           | Cornellà At.      | 4.60  |
| 2022 | - Alex Teruel           | CA Canaletes      | 4.70  |
| 2023 | - Martí Serra           | Avinent Manresa   | 4.90  |
| 2024 | - Adrià Ripollès        | FC Barcelona      | 5.00  |
| 2025 | - Adrià Ripollès        | FC Barcelona      | 5.16  |



## HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 20 MASCULI

### SALT DE LLARGADA

| Any  | Guanyador           | Club              | Marca | Vent    |
|------|---------------------|-------------------|-------|---------|
| 1986 | - Jordi Queralt     | CA Granollers     | 7.27  |         |
| 1987 | - Jesús F. Montoliu | CN Reus Ploms     | 7.04  | (-0.37) |
| 1988 | - Jesús F. Montoliu | CN Reus Ploms     | 7.11  | (+3.81) |
| 1989 | - Jordi Alcaide     | Sant Ignasi       | 7.39  | (+0.22) |
| 1990 | - Ponciano Ramírez  | Independent       | 7.12  | (+1.2)  |
| 1991 | - Francesc Garcia   | CAV Andorra       | 7.08  | (+1.8)  |
| 1992 | - Manuel Ruiz       | CA Tarragona      | 6.83  | (+2.1)  |
| 1993 | - Oscar Moratonas   | JA Sabadell       | 7.07  | (+3.0)  |
| 1994 | - Alvaro Bartolomé  | Independent       | 7.10  | (+0.3)  |
| 1995 | - Jordi Llop        | CG Tarragona      | 7.29  | (+1.4)  |
| 1996 | - Kirian Pérez      | CN Barcelona      | 6.85  | (+1.9)  |
| 1997 | - Eduardo Pérez     | CA Laietània      | 7.29  | (-1.3)  |
| 1998 | - Josep M. Gener    | GEiE Gironí       | 7.06  | (+1.8)  |
| 1999 | - Rubén Ferrer      | CA Lleida-UdL     | 7.19  | (+0.4)  |
| 2000 | - Rubén Ferrer      | Integra 2         | 7.06  | (+0.5)  |
| 2001 | - Alberto Castillo  | FC Barcelona      | 6.92  | (+4.4)  |
| 2002 | - Adrià Serres      | CA Tarragona      | 6.57  | (-0.8)  |
| 2003 | - Miguel Moya       | AA Catalunya-UBAE | 7.52  | (+2.9)  |
| 2004 | - Pere Joseph       | FC Barcelona      | 7.02  | (+2.0)  |
| 2005 | - Roger Carulla     | Carrefour-Lleida  | 7.45  | (+2.6)  |
| 2006 | - Victor Martínez   | FC Barcelona      | 6.61  | (+1.5)  |
| 2007 | - Gerard Puig       | CA Laietània      | 7.21  | (+1.3)  |
| 2008 | - Rubén Pros        | Medilast Lleida   | 7.51  | (+0.8)  |
| 2009 | - Rubén Pros        | Medilast Lleida   | 7.53  | (+3.4)  |
| 2010 | - Guillem Domingo   | FC Barcelona      | 6.95  | (+2.6)  |
| 2011 | - Guillem Domingo   | FC Barcelona      | 7.00  | (+1.2)  |
| 2012 | - Alejandro Suárez  | FC Barcelona      | 6.80  | (+2.9)  |
| 2013 | - Sergio Acera      | AA Catalunya      | 7.49  | (+2.2)  |
| 2014 | - Jordi Y. Matsuoka | CA Igualada       | 7.18  | (+1.6)  |
| 2015 | - Jordi Y. Matsuoka | CA Igualada       | 7.45  | (+0.9)  |
| 2016 | - Aleix Marín       | CA Igualada       | 7.21  | (+0.5)  |
| 2017 | - Jaime Guerra      | Cornellà At.      | 7.25  | (+2.0)  |
| 2018 | - Jaime Guerra      | Cornellà At.      | 7.35  | (+1.6)  |
| 2019 | - Xavier Barrubés   | CA Canaletes      | 7.39  | (+2.5)  |
| 2020 | - Adrià Navajón     | FC Barcelona      | 7.19  | (+3.8)  |
| 2021 | - David Muñoz       | CA Igualada       | 7.04  | (+2.9)  |
| 2022 | - Jan Díaz          | Avinent Manresa   | 7.11  | (-1.5)  |
| 2023 | - Jan Díaz          | Avinent Manresa   | 7.10  | (-1.0)  |
| 2024 | - Ruben Paredes     | FACVAC Valls      | 7.03  | (+0.5)  |
| 2025 | - Ivan Garcia       | FC Barcelona      | 7.33  | (-0.5)  |

# HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 20 MASCULI

## TRIPLE SALT

| Any  | Guanyador             | Club              | Marca | Vent    |
|------|-----------------------|-------------------|-------|---------|
| 1986 | - Joan Garrido        | CA Manresa        | 13.42 |         |
| 1987 | - Oscar Palacín       | EE Brafa          | 13.82 | (+2.08) |
| 1988 | - Josep Maria Charles | CE Canaletes      | 14.17 | (+1.55) |
| 1989 | - Xavier Valls        | UGE Badalona      | 14.57 | (+0.26) |
| 1990 | - Xavier Valls        | CG Barcelonès     | 15.27 | (+1.0)  |
| 1991 | - Manuel Ruiz         | CA Tarragona      | 14.22 | (+1.0)  |
| 1992 | - Oscar Moratonas     | JA Sabadell       | 14.39 | (+1.2)  |
| 1993 | - Alvaro Bartolomé    | Sícoris Club      | 14.35 | (+0.3)  |
| 1994 | - Alvaro Bartolomé    | Independent       | 15.05 | (+1.0)  |
| 1995 | - Albert Andrade      | FC Barcelona      | 15.05 | (+1.9)  |
| 1996 | - Eduardo Pérez       | CA Laietània      | 15.25 | (+3.2)  |
| 1997 | - Eduardo Pérez       | CA Laietània      | 15.54 | (-0.1)  |
| 1998 | - Miguel A. Rodríguez | JA Sabadell       | 14.32 | (+0.5)  |
| 1999 | - Rubén Ferrer        | CA Lleida-UdL     | 15.43 | (+0.7)  |
| 2000 | - Rubén Ferrer        | Integra 2         | 14.26 | (+1.5)  |
| 2001 | - Alberto González    | CA Laietània      | 14.42 | (+5.0)  |
| 2002 | - Alberto González    | CA Laietània      | 14.01 | (-1.4)  |
| 2003 | - Xavier Manuel       | CN Reus Ploms     | 13.69 | (+0.7)  |
| 2004 | - Pere Joseph         | FC Barcelona      | 15.22 | (-1.5)  |
| 2005 | - Gabriel Vilchez     | Unió Colomenca    | 13.12 | (+1.8)  |
| 2006 | - Robert Díez         | L'Hospitalet Atl. | 14.15 | (+1.9)  |
| 2007 | - Gerard Puig         | CA Laietània      | 15.02 | (+1.6)  |
| 2008 | - Gerard Puig         | Puerto Alicante   | 15.21 | (+1.1)  |
| 2009 | - Lamin Jammeh        | CA Laietània      | 14.72 | ( 0.0)  |
| 2010 | - Guillem Domingo     | FC Barcelona      | 14.19 | ( 0.0)  |
| 2011 | - Guillem Domingo     | FC Barcelona      | 14.81 | (-2.4)  |
| 2012 | - Albert Raga         | JA Sabadell       | 15.06 | (+1.3)  |
| 2013 | - Albert Raga         | JA Sabadell       | 15.44 | (+0.6)  |
| 2014 | - Victor del Rio      | FC Barcelona      | 15.04 | (+1.2)  |
| 2015 | - Dario Sirerol       | CM Sant Cugat     | 14.71 | (+2.0)  |
| 2016 | - Ramon Adalia        | FC Barcelona      | 14.38 | (+7.0)  |
| 2017 | - Ramon Adalia        | FC Barcelona      | 15.06 | (+2.0)  |
| 2018 | - Jaime Guerra        | Cornellà At.      | 15.50 | (+0.7)  |
| 2019 | - Israel Ferrón       | CA Montornès      | 13.91 | (+1.7)  |
| 2020 | - Israel Ferrón       | CA Montornès      | 13.76 | (+0.4)  |
| 2021 | - Andrey Lavila       | L'Hospitalet At.  | 14.70 | (+2.9)  |
| 2022 | - Marc Sala           | AA Catalunya      | 14.87 | ( 0.0)  |
| 2023 | - Pau Vergès          | Barcelona At.     | 15.25 | (+3.1)  |
| 2024 | - Bruno Rivera        | Dinami-k Vilanova | 15.34 | (+2.6)  |
| 2025 | - Pau Caparrós        | JA Sabadell       | 14.86 | (-1.8)  |

## HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 20 MASCULI

### LLANÇAMENT DE PES

| Any  | Guanyador               | Club              | Marca |
|------|-------------------------|-------------------|-------|
| 1986 | - Angel Palomo          | Sícoris Club      | 14.83 |
| 1987 | - Josep Antoni Segarra  | UA Terrassa       | 15.57 |
| 1988 | - Josep Antoni Segarra  | UA Terrassa       | 14.28 |
| 1989 | - Xavier Parrón         | FC Barcelona      | 11.50 |
| 1990 | - Sergi Moliner         | CN Barcelona      | 15.81 |
| 1991 | - Xavier Rodríguez      | GG Llu sos        | 12.91 |
| 1992 | - Jordi Solé            | CA Tarragona      | 12.52 |
| 1993 | - Xavier Rodríguez      | CA Laietània      | 14.75 |
| 1994 | - Carles Geronès        | FC Barcelona      | 16.93 |
| 1995 | - Ivan Tirado           | Larios AAM        | 13.64 |
| 1996 | - Ivan Tirado           | Larios AAM        | 13.97 |
| 1997 | - David Rubio           | CA Lleida-UdL     | 13.69 |
| 1998 | - Antoni Ortiz          | CA Lleida-UdL     | 14.80 |
| 1999 | - Antoni Ortiz          | CA Lleida-UdL     | 14.55 |
| 2000 | - Eloi Rovira           | FC Barcelona      | 14.88 |
| 2001 | - Eloi Rovira           | FC Barcelona      | 15.50 |
| 2002 | - Marc Cruells          | Integra 2         | 13.62 |
| 2003 | - Salvador Llas         | Integra 2         | 13.69 |
| 2004 | - Francesc Roca         | AA Catalunya-UBAE | 12.58 |
| 2005 | - Francesc Roca         | AA Catalunya-UBAE | 11.69 |
| 2006 | - Jaume León            | AA Catalunya-UBAE | 13.93 |
| 2007 | - Jaume León            | AA Catalunya-UBAE | 14.65 |
| 2008 | - José Javier Ortega    | ISS-L'Hospitalet  | 16.64 |
| 2009 | - Albert Herrero        | Medilast Lleida   | 14.96 |
| 2010 | - Albert Herrero        | Medilast Lleida   | 15.51 |
| 2011 | - Jesús Castillo        | Cornellà At       | 13.19 |
| 2012 | - Jordi Moya            | CA Vic            | 13.79 |
| 2013 | - Jordi Moya            | CA Vic            | 15.42 |
| 2014 | - Viorel Cristian Ravar | AA Catalunya      | 14.29 |
| 2015 | - Sergi Cabezón         | Avinent Manresa   | 14.81 |
| 2016 | - Sergi Cabezón         | Avinent Manresa   | 14.58 |
| 2017 | - Aaron Solà            | AA Catalunya      | 15.41 |
| 2018 | - Iker Vaqué            | Pratenc AA        | 14.21 |
| 2019 | - Iker Vaqué            | AA Catalunya      | 15.25 |
| 2020 | - Daniel Cogul          | Lleida UA         | 16.38 |
| 2021 | - Arnau Gabaldón        | AA Catalunya      | 14.28 |
| 2022 | - Arnau Gabaldón        | AA Catalunya      | 13.71 |
| 2023 | - Ismael Romero         | Cornellà At.      | 14.84 |
| 2024 | - Guillem Giménez       | Cornellà At.      | 12.20 |
| 2025 | - Pau Coll              | CA Porqueres      | 12.64 |

# HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 20 MASCULI

## LLANÇAMENT DE DISC

| Any  | Guanyador              | Club              | Marca |
|------|------------------------|-------------------|-------|
| 1986 | - Francisco M. Peralta | CG Tarragona      | 40.46 |
| 1987 | - Luis Santos          | CA Igualada       | 48.54 |
| 1988 | - Luis Santos          | AE L'Hospitalet   | 48.20 |
| 1989 | - Albert Seguès        | CN Reus Ploms     | 36.48 |
| 1990 | - Albert Seguès        | CN Reus Ploms     | 37.42 |
| 1991 | - José Luis Valencia   | CGB-L'Hospitalet  | 42.00 |
| 1992 | - José Luis Valencia   | FC Barcelona      | 43.18 |
| 1993 | - José Luis Valencia   | FC Barcelona      | 53.96 |
| 1994 | - Daniel Sánchez       | UGE Badalona      | 46.98 |
| 1995 | - Ivan Tirado          | Larios AAM        | 47.76 |
| 1996 | - Ivan Tirado          | Larios AAM        | 43.48 |
| 1997 | - David Rubio          | CA Lleida-UdL     | 40.40 |
| 1998 | - Antoni Ortiz         | CA Lleida-UdL     | 41.35 |
| 1999 | - Antoni Ortiz         | CA Lleida-UdL     | 43.59 |
| 2000 | - Jesús Sánchez        | FC Barcelona      | 43.05 |
| 2001 | - Iban Torres          | UGA Badalona      | 37.35 |
| 2002 | - Marc Cruells         | Integra 2         | 45.77 |
| 2003 | - Marc Cruells         | Integra 2         | 45.79 |
| 2004 | - Francesc Roca        | AA Catalunya-UBAE | 39.40 |
| 2005 | - José Delgado         | FC Barcelona      | 41.30 |
| 2006 | - Jaume León           | AA Catalunya-UBAE | 46.93 |
| 2007 | - Jaume León           | AA Catalunya-UBAE | 50.11 |
| 2008 | - José A. Cifuentes    | Pratenc AA        | 45.20 |
| 2009 | - Albert Herrero       | Medilast Lleida   | 44.65 |
| 2010 | - Albert Herrero       | Medilast Lleida   | 48.89 |
| 2011 | - Pedro José Martín    | Playas Castellón  | 43.57 |
| 2012 | - Jordi Moya           | CA Vic            | 42.37 |
| 2013 | - Marc Florenza        | AA Catalunya      | 48.87 |
| 2014 | - Marc Florenza        | AA Catalunya      | 52.17 |
| 2015 | - Arnau Moya           | CA Vic            | 38.76 |
| 2016 | - Daniel Collar        | AA Catalunya      | 46.17 |
| 2017 | - Aaron Solà           | AA Catalunya      | 50.79 |
| 2018 | - Pau Mercadal         | ISS-L'Hospitalet  | 41.30 |
| 2019 | - Daniel Cogul         | Lleida UA         | 45.32 |
| 2020 | - Daniel Cogul         | Lleida UA         | 43.10 |
| 2021 | - Pol Ferrer           | Cornellà At.      | 40.04 |
| 2022 | - Pol Ferrer           | Cornellà At.      | 44.01 |
| 2023 | - Aleix Camats         | CA Igualada       | 52.56 |
| 2024 | - Aleix Camats         | CA Igualada       | 56.29 |
| 2025 | - Guillem Giménez      | Cornellà At.      | 40.34 |

## HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 20 MASCULI

### LLANÇAMENT DE JAVELINA

| Any  | Guanyador          | Club              | Marca |
|------|--------------------|-------------------|-------|
| 1986 | - Antoni Solà      | JA Sabadell       | 51.54 |
| 1987 | - Antoni Solà      | CA Igualada       | 57.74 |
| 1988 | - Antoni Solà      | CA Igualada       | 56.94 |
| 1989 | - Rafael Domínguez | CG Barcelonès     | 54.64 |
| 1990 | - Màxim Sanz       | CA Manresa        | 52.48 |
| 1991 | - Jordi Costa      | UA Terrassa       | 54.24 |
| 1992 | - Marc Frutos      | CN Poble Nou      | 49.68 |
| 1993 | - Jordi Costa      | UA Terrassa       | 53.10 |
| 1994 | - Alberto Rey      | Pratenc AA        | 48.62 |
| 1995 | - Alberto Rey      | Pratenc AA        | 56.66 |
| 1996 | - Raúl Fernández   | CA Laietània      | 51.66 |
| 1997 | - Antonio Cortés   | CN Poble Nou      | 49.14 |
| 1998 | - Marc Peralta     | CA Laietània      | 56.46 |
| 1999 | - Marc Peralta     | CA Laietània      | 56.25 |
| 2000 | - Joan Vallvé      | FACVAC            | 53.93 |
| 2001 | - Jordi Villanueva | AA Catalunya-UBAE | 44.19 |
| 2002 | - Sergio Garcia    | Integra 2         | 53.61 |
| 2003 | - Arnau González   | CA Laietània      | 54.35 |
| 2004 | - Arnau González   | CA Laietània      | 52.11 |
| 2005 | - Marc Alonso      | AA Catalunya-UBAE | 53.46 |
| 2006 | - Pol Rueda        | AA Catalunya-UBAE | 53.33 |
| 2007 | - Victor Fonseca   | FC Barcelona      | 54.94 |
| 2008 | - Edgar Rodríguez  | CA Laietània      | 58.26 |
| 2009 | - Edgar Rodríguez  | CA Laietània      | 60.51 |
| 2010 | - Ivan Torres      | JA Sabadell       | 51.72 |
| 2011 | - Ivan Torres      | JA Sabadell       | 57.30 |
| 2012 | - Alex Sánchez     | Pratenc AA        | 51.63 |
| 2013 | - Bilal Nouali (e) | AA Catalunya      | 62.60 |
| 2014 | - Gerard Ruiz      | CA Montornès      | 56.26 |
| 2015 | - Marc Alique      | AA Catalunya      | 58.44 |
| 2016 | - Victor Serrano   | Cornellà At.      | 52.58 |
| 2017 | - Miquel Rodríguez | GEiE Gironí       | 46.83 |
| 2018 | - Miquel Rodríguez | ACE Riudellots    | 47.76 |
| 2019 | - Arnau Ribé       | UA Terrassa       | 53.86 |
| 2020 | - Pau Rodríguez    | UA Terrassa       | 54.84 |
| 2021 | - Alex González    | CA Igualada       | 57.31 |
| 2022 | - Alex González    | CA Igualada       | 58.14 |
| 2023 | - Mikel Arlegui    | CM Sant Cugat     | 54.37 |
| 2024 | - Guim Morcillo    | CA Igualada       | 59.38 |
| 2025 | - Aaron Ramírez    | Cornellà At.      | 58.69 |

## HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 20 MASCULI

### LLANÇAMENT DE MARTELL

| Any  | Guanyador               | Club                | Marca |
|------|-------------------------|---------------------|-------|
| 1986 | - Joan Gil              | CG Barcelonès       | 50.12 |
| 1987 | - Alex Marfull          | CN Montju c         | 63.42 |
| 1988 | - Alex Marfull          | CN Montju c         | 59.24 |
| 1989 | - Aandrés Romero        | FC Barcelona        | 51.41 |
| 1990 | - Victor Sánchez        | CN Barcelona        | 50.18 |
| 1991 | - Carlos Magdaleno      | UA Terrassa         | 50.04 |
| 1992 | - Xavier Gracia         | CN Reus Ploms       | 45.26 |
| 1993 | - Javier Garcia         | CA Vilanova         | 46.84 |
| 1994 | - Anscari Salgado       | CG Tarragona        | 55.58 |
| 1995 | - Anscari Salgado       | CG Tarragona        | 60.50 |
| 1996 | - Anscari Salgado       | FC Barcelona        | 63.00 |
| 1997 | - David Rubio           | CA Lleida-UdL       | 50.20 |
| 1998 | - Joan Josep Bea        | Transports T2       | 53.58 |
| 1999 | - Joan Josep Bea        | Transports T2       | 54.92 |
| 2000 | - Jordi Nielsen         | AA Catalunya-UBAE   | 47.19 |
| 2001 | - Jordi Nielsen         | AA Catalunya-UBAE   | 53.03 |
| 2002 | - Sebastià Gilart       | AA Catalunya-UBAE   | 50.63 |
| 2003 | - Rafael Vaquer         | AA Catalunya-UBAE   | 50.33 |
| 2004 | - Rafael Vaquer         | AA Catalunya-UBAE   | 53.54 |
| 2005 | - José Maria Izquierdo  | Pratenc AA          | 45.72 |
| 2006 | - Adrián Prats          | FC Barcelona        | 50.56 |
| 2007 | - Adrián Prats          | FC Barcelona        | 45.06 |
| 2008 | - Edgar Capdevila       | Medilast Lleida     | 54.06 |
| 2009 | - Edgar Capdevila       | Medilast Lleida     | 60.60 |
| 2010 | - Pedro José Martín     | AA Catalunya        | 64.05 |
| 2011 | - Pedro José Martín     | Playas Castellón    | 72.47 |
| 2012 | - Aitor Llevot          | Real Sociedad       | 64.67 |
| 2013 | - Viorel C. Ravar (e)   | AA Catalunya        | 58.71 |
| 2014 | - Miguel Alberto Blanco | FC Barcelona        | 74.27 |
| 2015 | - Miguel Alberto Blanco | FC Barcelona        | 74.83 |
| 2016 | - Marc Liébana          | Lleida UA           | 65.02 |
| 2017 | - Marc Liébana          | Lleida UA           | 58.49 |
| 2018 | - Daniel Noguera        | Cornellà At.        | 47.28 |
| 2019 | - David Martín          | FC Barcelona        | 69.60 |
| 2020 | - Alex Sala             | Runners El Vendrell | 52.81 |
| 2021 | - Daniel Ruiz           | CA Palafrugell-GiCB | 58.44 |
| 2022 | - Daniel Ruiz           | CA Palafrugell-GiCB | 60.60 |
| 2023 | - Adrián Sedano         | Avinent Manresa     | 62.81 |
| 2024 | - Jordi Pizarro         | AA Catalunya        | 52.73 |
| 2025 | - Fabio Sánchez         | Runners Vendrell    | 49.76 |

# HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 20 MASCULI

## 10.000 METRES MARXA

| Any  | Guanyador              | Club             | Marca                     |
|------|------------------------|------------------|---------------------------|
| 1986 | - Santiago Torres      | AA Catalunya     | 44:41.0                   |
| 1987 | - Germán Nieto         | Cornellà At.     | 43:17.3                   |
| 1988 | - Jordi Picó           | FC Barcelona     | 47:20.7                   |
| 1989 | - Sergio Roca          | CA Llinars       | 45:56.1                   |
| 1990 | - Francisco Abellán    | CN Montju c      | 45:27.88                  |
| 1991 | - José Maria Rodríguez | AE Sta Eulàlia   | 45:23.6                   |
| 1992 | - Enric Miralles       | AE Sta Eulàlia   | 49:35.74                  |
| 1993 | - Carlos Díaz          | FC Barcelona     | 48:16.52                  |
| 1994 | - Oscar Gálvez         | CA Vilanova      | 47:19.84                  |
| 1995 | - David Márquez        | CN Barcelona     | 43:07.7                   |
| 1996 | - David Pardo          | Cornellà At.     | 47:10.58                  |
| 1997 | - Ruben Mayoral        | UGE Badalona     | 42:59.7                   |
| 1998 | - Antonio González     | CA Igualada      | 46:59.6                   |
| 1999 | - Daniel López         | CA Laietània     | 46:44.54                  |
| 2000 | - Alex Jaques          | UA Terrassa      | 47:13.6                   |
| 2001 | - Fco. Javier González | Integra 2        | 47:10.1                   |
| 2002 | - Jordi Latorre        | Independent      | 45:53.25                  |
| 2003 | - Jonathan Carmona     | Cornellà At.     | 50:07.19                  |
| 2004 | - Jonathan Carmona     | Cornellà At.     | 48:06.43                  |
| 2005 | - Sergi Álvarez        | CA Sant Celoni   | 51:46.37                  |
| 2006 | - David Cejudo         | FC Barcelona     | 56:55.25                  |
| 2007 | - David Cejudo         | FC Barcelona     | 53:43.43                  |
| 2008 | - Francisco Yuste      | AA Catalunya     | 45:27.0                   |
| 2009 | - Oriol Soler          | CA Laietània     | 46:35.64                  |
| 2010 | - Imanol Martín        | ISS-L'Hospitalet | 46:53.17                  |
| 2011 | - Adrià Galín          | FC Barcelona     | 47:36.19                  |
| 2012 | - Adrià Galín          | FC Barcelona     | 48:36.60                  |
| 2013 | - Marc Guerrero        | ISS-L'Hospitalet | 46:08.75                  |
| 2014 | - Nil Rodés            | AA Catalunya     | 44:53.25                  |
| 2015 | - Nil Rodés            | AA Catalunya     | 46:41.71                  |
| 2016 | - Kevin Cerro          | Cornellà At.     | 48:42.17                  |
| 2017 | - Kevin Cerro          | Cornellà At.     | 48:28.72 (27/5 Serrahima) |
| 2018 | - Gabriel Ballester    | CM Sant Cugat    | 49:57.88 (26/5 Serrahima) |
| 2019 | - Antonio Leal         | CA Canovelles    | 48:53.33                  |
| 2020 | - Joaquim Rico         | AA Catalunya     | 52:45.38                  |
| 2021 | - Joaquim Rico         | AA Catalunya     | 47:41.38                  |
| 2022 | - Oscar Martínez       | Cornellà At.     | 47:35.54                  |
| 2023 | - Ruben Liste          | L'Hospitalet At. | 47:45.96 (18/6 Sabadell)  |
| 2024 | - Elies Ballester      | Cornellà At.     | 22:42.00 (5.000 ... )     |
| 2025 | - Eloi Antón           | FC Barcelona     | 20:58.50                  |

# HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 20 MASCULI

## RELLEUS 4 X 100

| Any  | Guanyador                                                       | Marca                 |
|------|-----------------------------------------------------------------|-----------------------|
| 1990 | JA SABADELL<br>C.HEREDIA-X.MARSAL-M.ALCaine-J.PUIGMARTI         | 42.96                 |
| 1991 | UGE BADALONA<br>V.PINEDO-J.BLANCAFORT-R.RODRIGUEZ-F.MOLINA      | 43.26                 |
| 1992 | GEiE GIRONI<br>J.ALBERTI-R.PAGANS-J.PIBERNAT-J.MAYORAL          | 43.62                 |
| 1993 | GEiE GIRONI<br>L.CASABO-J.LL.GARCIA-J.ALBERTI-J.PIBERNAT        | 44.41                 |
| 1994 | FC BARCELONA<br>V.DEL CAMPO-S.ANDRADE-J.RODA-J.MAS              | 42.87                 |
| 1995 | CA MANRESA<br>A.ESTRUCH-F.ESQUIUS-M.ROMERO-J.PEREZ              | 43.49                 |
| 1996 | UE BADALONI<br>D.ALFONSO-E.MARTINEZ-R.VELAZQUEZ-A.J.GONZALEZ    | 44.78                 |
| 1997 | FC BARCELONA<br>C.LOPEZ-E.ESPIN-X.MARTINEZ-F.BELMAR             | 43.43                 |
| 1998 | FC BARCELONA<br>E.MARTIN-X.MARTINEZ-I.RUIZ-C.LOPEZ              | 44.15                 |
| 1999 | FC BARCELONA                                                    | 43.95                 |
| 2000 | INTEGRA 2 - L'H-CNB<br>R.NOQUERA-R.FERRER-C.EZENNAYA-F.RECASENS | 44.01                 |
| 2001 | INTEGRA 2 - L'H-CNB<br>R.NOQUERA-A.MIRAMBELL-S.ARTEAGA-J.GUZMAN | 43.38                 |
| 2002 | CA GAVA<br>R.AVILA-J.OLIAS-M.REDONDO-T.GARCIA                   | 46.16                 |
| 2003 | FC BARCELONA<br>P.JOSEPH-M.GIROS-E.MORENO-J.MARTIN              | 43.27                 |
| 2004 | AA CATALUNYA-UBAE<br>R.BUENO-C.CRUIZ-A.CRISTIA-M.COLOM          | 44.44                 |
| 2005 | CA CASTELLAR<br>M.VILLANUEVA-M.GODOY-F.MARTORI-X.ARTIGAS        | 45.70                 |
| 2006 | UA BARBERÀ<br>I.CARDONA-R.ORDOÑEZ-J.MERINO-C.MUÑOZ              | 46.53                 |
| 2007 | CA VIC<br>G.MASNOU-X.FREIXA-D.SANZ-L.LIZAN                      | 47.26 (17/6 Sabadell) |
| 2008 | ISS - L'HOSPITALET<br>N.COSTA-M.ROCA-A.ALFEREZ-L.JAMMEH         | 44.18                 |
| 2009 | ISS - L'HOSPITALET<br>O.PIQUERAS-A.PUCHOL-L.JAMMEH-M.DE MANUEL  | 43.79                 |
| 2010 | CA MANRESA<br>J.TRAPE-V.TORRAS-G.LLIMOS-P.SOLIVA                | 45.50                 |
| 2011 | AVINENT CA MANRESA<br>V.TORRAS-A.BABI-A.MARTINEZ-M.VALERO       | 43.43                 |
| 2012 | AA CATALUNYA<br>J.COTANO-G.DESCARREGA-M.PARA-S.TOMAS            | 45.08                 |
| 2013 | LLEIDA UA<br>M.GARCIA-G.ROGES-V.SANZ DE LA MAZA-S.VIDAL         | 44.58                 |
| 2014 | LLEIDA UA<br>D.RODRIGUEZ-G.ROGES-G.VALLS-S.VIDAL                | 42.61                 |



# HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 20 MASCULI

## RELLEUS 4 X 100

| Any  | Guanyador                                                       | Marca                     |
|------|-----------------------------------------------------------------|---------------------------|
| 2015 | - AA CATALUNYA<br>J.FOSSAS-J.SALA-A.ROS-R.ABEL                  | 43.33 (16/5 Lleida)       |
| 2016 | - UA RUBÍ<br>I.GOMEZ-F.MERINO-E.PEREZ-G.OLLE                    | 43.12 (15/5 L'Hospitalet) |
| 2017 | - CA GAVÀ<br>J.ESCOFET-J.GARRALAGA-J.PEREZ-M.L.VEKEMANS         | 43.62 (6/5 Cornellà)      |
| 2018 | - CORNELLÀ AT.<br>B.CANET-M.GARCIA-I.MARTIN-A.VALVERDE          | 42.60 (5/5 Serrahima)     |
| 2019 | - AA CATALUNYA<br>S.ALASTRUE-P.ROSAL-G.TAULATS-P.COMAS          | 44.17 (4/5 L'Hospitalet)  |
| 2020 | - Cap Club participant                                          |                           |
| 2021 | - Cap Club participant                                          |                           |
| 2022 | - BARCELONA AT.<br>B.SERVERA-M.BEZZELT-S.RUIZ-P.CABRE           | 42.85 (29/5 Palafrugell)  |
| 2023 | - Cap Club participant                                          |                           |
| 2024 | - CA TERRES DE L'EBRE<br>B.CALVET-P.MONFORTE-H.COLOME-D.GALIANA | 44.02                     |
| 2025 | - CORNELLÀ AT.<br>L.MORAN-G.FONT-L.FERRANDO-E.MELIA             | 44.35                     |

# HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 20 MASCULI

## RELLEUS 4 X 400

| Any  | Guanyador                                                                | Marca                   |
|------|--------------------------------------------------------------------------|-------------------------|
| 1990 | JA SABADELL<br>S.MORET-E.MARTINEZ-A.ABRIL-F.LOPEZ                        | 3:25.01                 |
| 1991 | CN REUS PLOMS<br>O.MENDOZA-V.LLAMBRIC-LL.LOPEZ-X.SALVAT                  | 3:25.10                 |
| 1992 | GEiE GIRONI<br>G.JUANES-S.GIMENEZ-M.CASELLAS-J.MAYORAL                   | 3:27.34                 |
| 1993 | CN POBLE NOU<br>T.VAZQUEZ-J.F.DE LA CRUZ-I.FEBRER-R.NAVARRO              | 3:24.71                 |
| 1994 | L'HOSPITALET ATL.<br>N.LOPEZ-L.ESTEO-A.PEREZ-A.DELGADO                   | 3:25.56                 |
| 1995 | AA CATALUNYA<br>D.ALVARADO-J.GARCIA-R.ALVAREZ-I.ALVAREZ                  | 3:23.24                 |
| 1996 | FC BARCELONA<br>D.ALVARADO-R.ALVAREZ-I.ALVAREZ-J.TERAN                   | 3:22.92                 |
| 1997 | FC BARCELONA<br>R.ALVAREZ-D.ALVARADO-J.J.PEÑARROYA-S.SEGON               | 3:24.07                 |
| 1998 | FC BARCELONA<br>E.EXPOSITO-E.MARTIN-I.MARTIN-V.CAZORLA                   | 3:28.58                 |
| 1999 | FC BARCELONA                                                             | 3:25.00                 |
| 2000 | INTEGRA 2 - L'H-CNB<br>S.ARTEAGA-A.LOUAH-J.ALTES-R.CASTRO                | 3:24.53                 |
| 2001 | FC BARCELONA<br>R.CONSENTINO-I.RUIZ-D.PRECIADO-E.GARCIA                  | 3:30.57                 |
| 2002 | CA SANT CELONI<br>G.KIRAMBA-G.BLANCHE-A.GRAU-C.LORENTE                   | 3:34.81                 |
| 2003 | AA CATALUNYA-UBAE<br>G.CANTONI-P.AUBANELL-B.BIOSCA-D.L.GOMEZ             | 3:25.09                 |
| 2004 | AA CATALUNYA-UBAE<br>G.CANTONI-J.RABAL-M.A.FERNANDEZ-H.EL YAAKOUBI       | 3:27.84                 |
| 2005 | FC BARCELONA<br>J.RABAL-A.LOPEZ-R.APARICIO-A.QUIRANTE                    | 3:27.14                 |
| 2006 | CA CASTELLAR<br>A.MORENO-A.CORTES-J.GRAELLS-D.LOPEZ                      | 3:43.94                 |
| 2007 | CA CASTELLAR<br>J.GRAELLS-A.MORENO-V.CANDELA-D.LOPEZ                     | 3:46.52 (17/6 Sabadell) |
| 2008 | ISS - L'HOSPITALET<br>O.BONET-A.RODRIGUEZ-A.ZAROUAL-A.SERRA              | 3:32.62                 |
| 2009 | AA CATALUNYA<br>Z.BOURIHOU-M.FERRER-B.ROCA-E.SALES                       | 3:36.16                 |
| 2010 | CA MANRESA<br>P.SOLIVA-J.SANS-J.TRAPE-G.LLIMOS                           | 3:41.53                 |
| 2011 | AVINENT CA MANRESA<br>A.MARTINEZ-M.VALERO-J.SANS-V.TORRAS                | 3:30.92                 |
| 2012 | CE PENEDES<br>J.COLOME-A.MATA-A.CHAKIR-N.BARO                            | 3:42.92                 |
| 2013 | AA CATALUNYA<br>G.DEMBAGA-M.ERICSSON-D.UREÑA-J.ANGUERA                   | 3:29.86                 |
| 2014 | ISS - L'HOSPITALET<br>E.FERNANDEZ-DAVILA-P.BLANCO-C.A.JUSTINIANO-Y.FATEH | 3:29.71                 |

# HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 20 MASCULI

## RELLEUS 4 X 400

| Any  | Guanyador                                                       | Marca   |                     |
|------|-----------------------------------------------------------------|---------|---------------------|
| 2015 | - FC BARCELONA<br>R.AGUILO-D.ALARCON-M.CANALDA-J.DELGADO        | 3:27.05 | (16/5 Lleida)       |
| 2016 | - UA RUBI<br>O.BRAVO-I.GOMEZ-F.MERINO-G.OLLE                    | 3:30.21 | (15/5 L'Hospitalet) |
| 2017 | - CA GAVÀ<br>J.ESCOFET-M.L.VEKEMANS-I.LOPEZ-J.GARRALAGA         | 3:28.09 | (6/5 Cornellà)      |
| 2018 | - CORNELLÀ AT.<br>D.FRADERA-I.MARTIN-Y.MUÑOZ-A.VALVERDE         | 3:29.25 | (5/5 Serrahima)     |
| 2019 | - GA LLUÏSOS MATARÓ<br>A.AZNAR-J.LARROY-O.BLAL-P.REY            | 3:29.44 | (4/5 L'Hospitalet)  |
| 2020 | - Cap Club participant                                          |         |                     |
| 2021 | - CORNELLÀ AT.<br>M.CANET-P.FERRER-A.GORDO-R.MARTINEZ           | 3:36.80 | (30/5 Tarragona)    |
| 2022 | - UA TERRASSA<br>G.FUENTES-E.FERNANDEZ-V.DEL ROSAL-A.MALDONADO  | 3:28.48 | (29/5 Palafrugell)  |
| 2023 | - CA GRANOLLERS<br>A.CLAVELL-P.FERNANDEZ-P.PORTET-J.B.ROCA      | 3:32.43 |                     |
| 2024 | - GA LLUÏSOS MATARÓ<br>L.BERGADA-R.FERNANDEZ-P.GALEOTE-P.LANCHO | 3:34.91 |                     |
| 2025 | - FC BARCELONA<br>R.CONDE-M.PON-A.A.FABREGA-E.ALVAREZ           | 3:32.94 |                     |

# HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 20 FEMENI

## 100 METRES LLISOS

| Any  | Guanyadora              | Club               | Marca | Vent    |
|------|-------------------------|--------------------|-------|---------|
| 1986 | - Eva Velasco           | CN Figueres        | 12.1  |         |
| 1987 | - Elvira Ruiz           | Cornellà At.       | 12.7  | (-2.17) |
| 1988 | - Elvira Ruiz           | Cornellà At.       | 12.4  | (-0.07) |
| 1989 | - Tatiana Vangerwen     | CG Barcelonès      | 12.49 | (-2.15) |
| 1990 | - Carme Blay            | CA Vilanova        | 12.37 | (-0.9)  |
| 1991 | - Carme Blay            | CA Sitges          | 12.24 | (-0.7)  |
| 1992 | - Sara Hernández        | FC Barcelona       | 12.35 | (+1.7)  |
| 1993 | - Mónica Marín          | JA Sabadell        | 12.26 | (+2.7)  |
| 1994 | - Ruth Martínez         | FC Barcelona       | 12.58 | (-2.0)  |
| 1995 | - Laura Gallardo        | CE Universitari    | 12.48 | (+2.0)  |
| 1996 | - Maribel Florido       | CA Lloret/La Selva | 12.44 | (+1.4)  |
| 1997 | - Sonia Bocanegra       | CA Mollet          | 12.55 | (-0.2)  |
| 1998 | - Betania Duarte        | GA Llu sos-Mataró  | 12.89 | (-1.2)  |
| 1999 | - Laura Trapero         | GEiE Gironí        | 12.68 | (-2.5)  |
| 2000 | - Isabel Vert           | FC Barcelona       | 12.27 | (+2.7)  |
| 2001 | - Marta Heredia         | Integra 2          | 12.28 | (+4.7)  |
| 2002 | - Mireia Parés          | CA Vic             | 12.86 | (-0.4)  |
| 2003 | - Mireia Martí          | Integra 2          | 12.70 | (+0.4)  |
| 2004 | - Plàcida Martínez      | FC Barcelona       | 12.59 | (-1.3)  |
| 2005 | - Silvia Riba           | CA Vic             | 12.35 | (+0.4)  |
| 2006 | - Silvia Riba           | CA Vic             | 12.31 | (-1.5)  |
| 2007 | - Cristina Ferrándiz    | ISS-L'Hospitalet   | 12.48 | (-1.5)  |
| 2008 | - Carmen Sánchez        | ISS-L'Hospitalet   | 12.33 | (-0.6)  |
| 2009 | - Carmen Sánchez        | ISS-L'Hospitalet   | 12.30 | (+0.2)  |
| 2010 | - Alba Boronat          | CA Canaletes       | 12.25 | (+4.8)  |
| 2011 | - Beatriz Indurain      | ISS-L'Hospitalet   | 13.11 | (-3.5)  |
| 2012 | - Paula Llistosella     | FC Barcelona       | 12.27 | (-1.6)  |
| 2013 | - Cristina Lara         | FC Barcelona       | 12.30 | (-1.1)  |
| 2014 | - Paula Raul            | Avinent Manresa    | 12.61 | (-0.8)  |
| 2015 | - Ingrid Andrés         | FC Barcelona       | 12.20 | (-0.8)  |
| 2016 | - Yésica M. Jiménez     | JA Sabadell        | 12.39 | (-0.9)  |
| 2017 | - Martina Ballesteros   | CA Laietània       | 12.31 | (-0.4)  |
| 2018 | - Jaël Bestué           | FC Barcelona       | 11.63 | (+1.3)  |
| 2019 | - Laia Solà             | Avinent Manresa    | 12.25 | (-0.9)  |
| 2020 | - Anna Monsó            | CM Sant Cugat      | 12.42 | (-1.6)  |
| 2021 | - Anna Monsó            | FC Barcelona       | 12.47 | (-1.8)  |
| 2022 | - Carla Gascón          | FC Barcelona       | 12.29 | ( 0.0)  |
| 2023 | - Ericka Badeau Maseras | Independent        | 11.75 | (+4.6)  |
| 2024 | - Ericka Badeau Maseras | Unió Colomenca At. | 11.87 | (-0.2)  |
| 2025 | - Lucia Jiménez         | L'Hospitalet At.   | 12.52 | (-3.3)  |

# HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 20 FEMENI

## 200 METRES LLISOS

| Any  | Guanyadora              | Club               | Marca | Vent    |
|------|-------------------------|--------------------|-------|---------|
| 1986 | - Isabel Rodríguez      | FC Barcelona       | 26.0  |         |
| 1987 | - Elvira Ruiz           | Cornellà At.       | 25.4  | (Desc.) |
| 1988 | - Isabel Rodríguez      | AE L'Hospitalet    | 25.2  | (-0.51) |
| 1989 | - Silvia Agut           | AE L'Hospitalet    | 26.23 | (-3.59) |
| 1990 | - Lorena Ortí           | FC Barcelona       | 25.33 | (-0.5)  |
| 1991 | - Lorena Ortí           | FC Barcelona       | 25.30 | (-3.4)  |
| 1992 | - Mara Prat             | CA Manresa         | 26.05 | (+1.8)  |
| 1993 | - Iolanda Díaz          | CN Reus Ploms      | 25.74 | (+1.3)  |
| 1994 | - Mònica Marín          | JA Sabadell        | 25.11 | (-1.9)  |
| 1995 | - Vanessa Badia         | CG Barcelonès      | 25.19 | (+4.8)  |
| 1996 | - Vanessa Badia         | CG Barcelonès      | 24.97 | (+2.5)  |
| 1997 | - Mònica González       | CA Lloret/La Selva | 25.91 | (-0.1)  |
| 1998 | - Ma. Carmen Triguero   | Transports T2      | 25.93 | (-1.3)  |
| 1999 | - Laura Trapero         | GEiE Gironí        | 26.01 | (-1.0)  |
| 2000 | - Isabel Vert           | FC Barcelona       | 24.62 | (+1.2)  |
| 2001 | - Marta Heredia         | Integra 2          | 25.43 | (-0.3)  |
| 2002 | - Virginia Gómez        | CA Gavà            | 25.99 | (+0.3)  |
| 2003 | - Eva Martín            | JA Sabadell        | 25.01 | (+2.4)  |
| 2004 | - Mireia Martí          | Integra 2          | 25.15 | (-1.5)  |
| 2005 | - Ingrid Perelló        | CN Reus Ploms      | 25.91 | (+0.4)  |
| 2006 | - Elia Vallès           | Independent        | 26.14 | (-1.5)  |
| 2007 | - Cristina Ferrándiz    | ISS-L'Hospitalet   | 25.34 | (-1.6)  |
| 2008 | - Lydia Tirado          | JA Sabadell        | 25.81 | (-1.3)  |
| 2009 | - Cristina Galán        | Aquadiver-GEiEG    | 26.09 | (-5.1)  |
| 2010 | - Alba Boronat          | CA Canaletes       | 25.18 | (+1.6)  |
| 2011 | - Beatriz Indurain      | ISS-L'Hospitalet   | 26.74 | (-2.0)  |
| 2012 | - Paula Llistosella     | FC Barcelona       | 25.98 | (-3.8)  |
| 2013 | - Laura Hernández       | FC Barcelona       | 25.25 | (-2.1)  |
| 2014 | - Fàtima Balde (e)      | Girona CB-CAP      | 26.07 | (-0.7)  |
| 2015 | - Irene Méndez          | AA Catalunya       | 25.35 | (-2.4)  |
| 2016 | - Anna Obradors         | ISS-L'Hospitalet   | 25.59 | (+0.2)  |
| 2017 | - Martina Ballesteros   | CA Laietània       | 25.34 | (-0.8)  |
| 2018 | - Jaël Bestué           | FC Barcelona       | 23.67 | (+1.0)  |
| 2019 | - Maria Botella         | AA Catalunya       | 25.74 | (-2.2)  |
| 2020 | - Anna Monsó            | CM Sant Cugat      | 25.59 | (-1.2)  |
| 2021 | - Anna Monsó            | FC Barcelona       | 25.15 | (-2.1)  |
| 2022 | - Berta Segura          | Aldahra Lleida UA  | 24.03 | ( 0.0)  |
| 2023 | - Ericka Badeau Maseras | Independent        | 24.77 | (+3.8)  |
| 2024 | - Carla Cagigós         | Aldhara Lleida UA  | 25.59 | (-2.6)  |
| 2025 | - Carla Cagigós         | Lleida UA          | 24.71 | (-1.2)  |

## HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 20 FEMENI

### 400 METRES LLISOS

| Any  | Guanyadora           | Club                | Marca   |
|------|----------------------|---------------------|---------|
| 1986 | - Carme Bes          | CN Reus Ploms       | 57.7    |
| 1987 | - Carme Bes          | CN Reus Ploms       | 56.8    |
| 1988 | - Anna Perlasia      | CA Laietània        | 58.0    |
| 1989 | - Mireia Gorju       | AA Catalunya        | 58.50   |
| 1990 | - Mercè Bes          | CN Reus Ploms       | 58.27   |
| 1991 | - Meritxell Salguero | UA Terrassa         | 57.63   |
| 1992 | - Meritxell Salguero | UA Terrassa         | 57.87   |
| 1993 | - Meritxell Salguero | UA Terrassa         | 58.41   |
| 1994 | - Veronica Maluenda  | CF Badalona         | 58.33   |
| 1995 | - Silvia Gibert      | UA Terrassa         | 58.67   |
| 1996 | - Anna Sanchis       | L'Hospitalet Atl.   | 58.12   |
| 1997 | - Elisabet Prieto    | CN Poble Nou        | 59.43   |
| 1998 | - Elisabet Prieto    | Transports T2       | 57.48   |
| 1999 | - Elena Zapatero     | Transports T2       | 58.37   |
| 2000 | - Griselda Juncà     | CA Manresa          | 1:00.10 |
| 2001 | - Cristina Casimiro  | CN Reus Ploms       | 58.87   |
| 2002 | - Angela Castelló    | Integra 2           | 59.68   |
| 2003 | - Carolina Tello     | FC Barcelona        | 1:01.29 |
| 2004 | - Mireia Martí       | Integra 2           | 56.24   |
| 2005 | - Laia Vilalta       | Carrefour-Lleida    | 57.09   |
| 2006 | - Lorea Ayala        | At. San Sebastián   | 1:00.48 |
| 2007 | - Anna Vallhonestà   | CA Manresa          | 58.74   |
| 2008 | - Esther Guerrero    | Girona CB-CAP       | 57.67   |
| 2009 | - Esther Guerrero    | FC Barcelona        | 57.02   |
| 2010 | - Ainara A. Acevedo  | ISS-L'Hospitalet    | 57.81   |
| 2011 | - Victòria Sauleda   | CA Laietània        | 57.63   |
| 2012 | - Marina Guerrero    | FC Barcelona        | 59.47   |
| 2013 | - Núria Tió          | Avinent Manresa     | 57.83   |
| 2014 | - Mar Mesa           | JA Sabadell         | 58.22   |
| 2015 | - Sònia Nasarre      | ISS-L'Hospitalet    | 56.28   |
| 2016 | - Sara Dorda         | AA Catalunya        | 57.09   |
| 2017 | - Geena Stephens     | UA Terrassa         | 57.65   |
| 2018 | - Sara Gallego       | ISS-L'Hospitalet    | 54.97   |
| 2019 | - Meritxell Tarragó  | Avinent Manresa     | 55.84   |
| 2020 | - Laura Centella     | CG Tarragona        | 1:00.49 |
| 2021 | - Laia Monforte      | CA Terres de l'Ebre | 56.82   |
| 2022 | - Maria Vidal        | UA Montsià          | 57.88   |
| 2023 | - Berta Calvera      | FC Barcelona        | 57.62   |
| 2024 | - Duna Viñals        | Andorra At.         | 56.38   |
| 2025 | - Coralí Jou         | FC Barcelona        | 55.43   |

# HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 20 FEMENI

## 800 METRES LLISOS

| Any  | Guanyadora            | Club                | Marca   |
|------|-----------------------|---------------------|---------|
| 1986 | - Silvia Codina       | CA Vic              | 2:14.3  |
| 1987 | - Marta Bosch         | GE Parellada        | 2:18.2  |
| 1988 | - Montse Fontarnau    | CA Vic              | 2:17.47 |
| 1989 | - Carme Romero        | CN Reus Ploms       | 2:12.71 |
| 1990 | - Carme Romero        | CN Reus Ploms       | 2:12.96 |
| 1991 | - Raquel Pérez        | CG Tarragona        | 2:18.95 |
| 1992 | - Jaqueline Martín    | FC Barcelona        | 2:16.11 |
| 1993 | - Raquel Martín       | CN Reus Ploms       | 2:14.63 |
| 1994 | - Irene Rodríguez     | AA Catalunya        | 2:13.49 |
| 1995 | - Irene Rodríguez     | AA Catalunya        | 2:14.75 |
| 1996 | - Meritxell Calduch   | CA Manresa          | 2:14.35 |
| 1997 | - Laura Rebol·lall    | FC Barcelona        | 2:17.82 |
| 1998 | - Julia Estevez       | AA Catalunya        | 2:15.01 |
| 1999 | - Elisabeth Martínez  | FC Barcelona        | 2:16.75 |
| 2000 | - Marta Martín        | Integra 2           | 2:15.32 |
| 2001 | - Cristina Vallès     | JA Sabadell         | 2:22.05 |
| 2002 | - Judit Barberà       | CN Reus Ploms       | 2:15.47 |
| 2003 | - Judit Barberà       | CN Reus Ploms       | 2:14.63 |
| 2004 | - Núria Puig          | Ripollet UA         | 2:17.54 |
| 2005 | - Ma. Carmen González | CA Laietània        | 2:19.60 |
| 2006 | - Anna Vallhonestà    | CA Manresa          | 2:22.27 |
| 2007 | - Anna Vallhonestà    | CA Manresa          | 2:14.54 |
| 2008 | - Esther Guerrero     | Girona CB-CAP       | 2:19.10 |
| 2009 | - Ana Maria Chico     | ISS-L'Hospitalet    | 2:26.03 |
| 2010 | - Marina Manjón       | AA Catalunya        | 2:12.43 |
| 2011 | - Mercedes Herreras   | Barcelona At        | 2:27.50 |
| 2012 | - Irene Bonilla       | AA Catalunya        | 2:12.44 |
| 2013 | - Noèlia Medina       | Unió Colomenca At   | 2:20.20 |
| 2014 | - Silvia Guerra       | FC Barcelona        | 2:15.59 |
| 2015 | - Blanca González     | UGE Badalona        | 2:16.15 |
| 2016 | - Andrea Pérez        | JA Sabadell         | 2:18.14 |
| 2017 | - Irene Batlle        | GEiE Gironí         | 2:16.65 |
| 2018 | - Laia Casajoana      | JA Sabadell         | 2:12.21 |
| 2019 | - Marina Freixa       | CA Ascó             | 2:19.89 |
| 2020 | - Marina Martínez     | CA Laietània        | 2:25.11 |
| 2021 | - Irene Rubio         | L'Hospitalet At.    | 2:19.13 |
| 2022 | - Ona Alonso          | Ria Ferrol-C.Arenal | 2:19.66 |
| 2023 | - Carla Bisbal        | CA Igualada         | 2:14.15 |
| 2024 | - Carla Bisbal        | CA Igualada         | 2:09.95 |
| 2025 | - Coralí Jou          | FC Barcelona        | 2:16.72 |

## HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 20 FEMENI

### 1.500 METRES LLISOS

| Any  | Guanyadora            | Club                | Marca   |
|------|-----------------------|---------------------|---------|
| 1986 | - Felisa Pozas        | CA Vilanova         | 4:48.0  |
| 1987 | - Agata Nogué         | CA Vic              | 4:30.3  |
| 1988 | - Ester Pozas         | CA Vic              | 4:38.5  |
| 1989 | - Maite Rodríguez     | Cornellà At.        | 4:47.13 |
| 1990 | - Ana Isabel Prieto   | Cornellà At.        | 4:50.92 |
| 1991 | - Marta Cusidó        | JA Sabadell         | 4:45.44 |
| 1992 | - Eva Jiménez         | CA Manresa          | 4:49.72 |
| 1993 | - Mireia Dosil        | CE Vall Bianya      | 4:58.62 |
| 1994 | - Ingrid Lafuente     | FC Barcelona        | 4:41.40 |
| 1995 | - Silvia Montané      | CA Vilafranca       | 4:36.25 |
| 1996 | - Judit Plà           | CN Barcelona        | 4:35.38 |
| 1997 | - Judit Plà           | CN Barcelona        | 4:36.49 |
| 1998 | - Rosa M Morató       | JA Sabadell         | 4:36.44 |
| 1999 | - Eva Ledesma         | CA Lleida-UdL       | 4:51.01 |
| 2000 | - Núria Garrigós      | CN Montju c         | 5:14.80 |
| 2001 | - Llivia Puig         | Ripollet UA         | 5:03.61 |
| 2002 | - Ariadna Cañellas    | AA Catalunya-UBAE   | 4:48.56 |
| 2003 | - Núria Puig          | Ripollet UA         | 4:50.14 |
| 2004 | - Lidia Ruz           | FC Barcelona        | 4:54.27 |
| 2005 | - Alba Martínez       | CA Manresa          | 4:56.64 |
| 2006 | - Elena Fonalleras    | AA Palamós          | 4:47.36 |
| 2007 | - Ester Guerrero      | CAB Puerto Alicante | 4:40.21 |
| 2008 | - Carolina Rius       | CN Reus Ploms       | 5:08.87 |
| 2009 | - Ekhiñe Otaola       | CA Manresa          | 5:03.32 |
| 2010 | - Clàudia Fernández   | AA Catalunya        | 4:54.75 |
| 2011 | - Marina Manjón       | AA Catalunya        | 4:37.64 |
| 2012 | - Georgina Grau       | AA Catalunya        | 5:05.68 |
| 2013 | - Ingrid Pino         | FC Barcelona        | 4:42.55 |
| 2014 | - Ingrid Pino         | FC Barcelona        | 4:38.44 |
| 2015 | - Estefania Zarco     | FC Barcelona        | 4:51.25 |
| 2016 | - Núria Tillo         | AA Catalunya        | 4:46.63 |
| 2017 | - Núria Tillo         | AA Catalunya        | 4:55.98 |
| 2018 | - Carla Rafols        | AA Catalunya        | 4:52.10 |
| 2019 | - Marina Freixa       | CA Ascó             | 4:56.96 |
| 2020 | - Bethlehem Manzano   | Avinent Manresa     | 4:54.41 |
| 2021 | - Bethlehem Manzano   | Avinent Manresa     | 4:42.97 |
| 2022 | - Júlia de la Piedra  | FC Barcelona        | 4:52.10 |
| 2023 | - Anna Roviroso       | FACVAC Valls        | 4:45.32 |
| 2024 | - Marwa El Khouya Ali | Aldahra Lleida UA   | 4:40.19 |
| 2025 | - Carla Yanguas       | CA Canovelles       | 4:54.03 |



# HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 20 FEMENI

## 3.000 METRES LLISOS

| Any   | Guanyadora                                  | Club              | Marca    |
|-------|---------------------------------------------|-------------------|----------|
| 1986  | - Angels Valls                              | JA Sabadell       | 10:20.7  |
| 1987  | - Marisol Valdés                            | UGE Badalona      | 10:19.0  |
| 1988  | - Marisol Valdés                            | UGE Badalona      | 10:11.2  |
| 1989  | - Marisol Valdés                            | Nike AC           | 10:09.67 |
| 1990  | - Sandra Rubio                              | GE Parellada      | 10:15.40 |
| 1991  | - Mònica Alaez                              | CG Tarragona      | 10:24.25 |
| 1992  | - Mònica Alaez                              | CG Tarragona      | 10:08.23 |
| 1993  | - Silvia Escofet                            | CA Vilafranca     | 10:12.10 |
| 1994  | - Anna Moix                                 | Sicoris Club      | 9:57.83  |
| 1995  | - Silvia Fernández                          | CA Laietània      | 10:13.26 |
| 1996  | - - No es va realitzar -                    |                   |          |
| 1997  | - Verònica Fernández                        | GA llu sos-Mataró | 10:33.55 |
| 1998  | - -Les atletes participants van retirar-se- |                   |          |
| 1999  | - Aintzane Urbizu                           | CN Montju c       | 10:13.56 |
| 2000  | - Mònica Dosouto                            | Integra 2         | 10:19.58 |
| 2001  | - -Les atletes participants van retirar-se- |                   |          |
| 2002  | - Miriam Ortiz                              | Integra 2         | 10:04.92 |
| 2003  | - -Suspès per manca de participants-        |                   |          |
| 2004  | - Annabel Martí                             | CA Tarragona      | 12:14.65 |
| ..... |                                             |                   |          |
| 2019  | - Núria Bota                                | CM Sant Cugat     | 10:53.28 |
| 2020  | - Marina Martínez                           | CA Laietània      | 10:36.75 |
| 2021  | - Sofia De Sousa                            | CM Sant Cugat     | 10:16.83 |
| 2022  | - Laura Torres                              | CA Narón          | 10:29.12 |
| 2023  | - Ambar Tomàs                               | FC Barcelona      | 10:10.33 |
| 2024  | - Mar Serrano                               | FC Barcelona      | 11:17.35 |
| 2025  | - Marwa El Khouya                           | Lleida UA         | 9:56.48  |

# HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 20 FEMENI

## 5.000 METRES LLISOS

| Any  | Guanyadora                                      | Club             | Marca    |                     |
|------|-------------------------------------------------|------------------|----------|---------------------|
| 1996 | - Silvia Fernández                              | CA Laietània     | 18:20.40 |                     |
| 1997 | - Silvia Fernández                              | CA Laietània     | 18:21.62 |                     |
| 1998 | - Mònica Elies                                  | CN Reus Ploms    | 18:54.78 |                     |
| 1999 | - Vinyet Noguero                                | Transports T2    | 17:14.9  | (27/3 Gavà)         |
| 2000 | - Vinyet Noguero                                | Integra 2        | 17:44.42 |                     |
| 2001 | - Agnès Vilanova                                | CN Olot          | 19:05.68 |                     |
| 2002 | - Maria Sarrado                                 | Integra 2        | 19:46.31 |                     |
| 2003 | - Miriam Ortiz                                  | Integra 2        | 17:13.45 | ( 8/6 Manresa)      |
| 2004 | - -Cap atleta participant-                      |                  |          | (27/3 Calella)      |
| 2005 | - Lidia Rodríguez                               | Ripollet UA      | 17:53.73 |                     |
| 2006 | - -Cap atleta participant-                      |                  |          |                     |
| 2007 | - -Cap atleta participant-                      |                  |          |                     |
| 2008 | - -Cap atleta participant-                      |                  |          |                     |
| 2009 | - Alba Alemany                                  | AA Catalunya     | 20:33.63 |                     |
| 2010 | - Judith Sancho                                 | FC Barcelona     | 19:06.70 |                     |
| 2011 | - Meritxell Soler                               | Avinent Manresa  | 18:16.36 |                     |
| 2012 | - Laura Munné                                   | UGE Badalona     | 20:28.70 |                     |
| 2013 | - Mireia Montaner                               | CA Vilafranca    | 18:59.20 |                     |
| 2014 | - Jasmina Martín                                | Ripollet UA      | 18:58.80 |                     |
| 2015 | - Lorena Cubillas                               | Avinent Manresa  | 19:27.06 |                     |
| 2016 | - Najwa Chouati (e)                             | Avinent Manresa  | 19:21.71 |                     |
| 2017 | - Anna Mestres                                  | ISS-L'Hospitalet | 18:35.99 |                     |
| 2018 | - Anna Mestres                                  | ISS-L'Hospitalet | 18:46.36 |                     |
| 2019 | - Carlota Rodés                                 | CA Canaletes     | 18:41.78 |                     |
| 2020 | - - No es va realitzar a causa de la Covid-19 - |                  |          |                     |
| 2021 | - Bethlehem Manzano                             | Avinent Manresa  | 19:11.32 | (4/4 Sta.Coloma G.) |
| 2022 | - Cap atleta participant                        |                  |          | (20/3 Gavà)         |
| 2023 | - Yousra Laghmich                               | CA Canovelles    | 20:24.23 | (4/3 Olot)          |
| 2024 | - Mar Serrano                                   | FC Barcelona     | 19:23.39 | (17/2 Gavà)         |
| 2025 | - Carla Ferrara                                 | Lleida UA        | 17:21.99 | ( 5/4 Granollers)   |

# HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 20 FEMENI

## 10.000 METRES LLISOS

| Any  | Guanyadora        | Club                               | Marca    |             |
|------|-------------------|------------------------------------|----------|-------------|
| 1990 | - Cristina Faucón | Nike AC                            | 41:30.4  | Inici prova |
| 1991 | -                 | -Suspès per manca de participants- |          |             |
| 1992 | -                 | -Suspès per manca de participants- |          |             |
| 1993 | -                 | -Suspès per manca de participants- |          |             |
| 1994 | -                 | -Suspès per manca de participants- |          |             |
| 1995 | - Marta Trigo     | CA Dominiques                      | 44:29.19 |             |
| 1996 | -                 | -Suspès per manca de participants- |          |             |

\* Aquesta prova ja no es realitza.

## HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 20 FEMENI

### 100 METRES TANQUES

| Any  | Guanyadora             | Club                | Marca | Vent    |
|------|------------------------|---------------------|-------|---------|
| 1986 | - Mari Angels Solà     | CA Igualada         | 16.0  |         |
| 1987 | - Yolanda Tello        | FC Barcelona        | 14.3  | (Desc.) |
| 1988 | - Yolanda Tello        | AE L'Hospitalet     | 14.85 | (-1.86) |
| 1989 | - Silvia Soriano       | AE L'Hospitalet     | 15.63 | (-3.85) |
| 1990 | - Regina Gabarró       | CA Igualada         | 14.5  | (-0.6)  |
| 1991 | - Eva Paniagua         | CPE Canaletes       | 15.29 | (-0.3)  |
| 1992 | - Eva Paniagua         | CN Poble Nou        | 14.60 | (-1.3)  |
| 1993 | - Eva Paniagua         | CN Poble Nou        | 14.5  | (-1.4)  |
| 1994 | - Angels Batlle        | Sicoris Club        | 14.99 | (-3.0)  |
| 1995 | - Angels Batlle        | FC Barcelona        | 14.45 | (+2.9)  |
| 1996 | - Laia Galofré         | FC Barcelona        | 15.02 | (+2.0)  |
| 1997 | - Begoña Prados        | CN Poble Nou        | 15.07 | (-0.1)  |
| 1998 | - Montserrat Torrell   | CG Tarragona        | 15.56 | (-1.4)  |
| 1999 | - Julia Estafanell     | CA Granollers       | 15.91 | (-2.2)  |
| 2000 | - Marta Roselló        | CA Laietània        | 15.16 | (+0.6)  |
| 2001 | - Marta Masferrer      | GEiE Gironí         | 14.61 | (+3.7)  |
| 2002 | - Marta Masferrer      | GEiE Gironí         | 14.96 | (-2.3)  |
| 2003 | - Olga Ortega          | JA Sabadell         | 14.29 | (+1.7)  |
| 2004 | - Maria Rocafiguera    | CA Vic              | 14.36 | (-2.0)  |
| 2005 | - Marta Serra          | FC Barcelona        | 15.04 | (+0.4)  |
| 2006 | - Marta Serra          | FC Barcelona        | 15.40 | (-1.7)  |
| 2007 | - Arantxa Murillo      | AA Catalunya-UBAE   | 15.20 | (-2.2)  |
| 2008 | - Mari Angeles Fuentes | AA Catalunya        | 15.08 | (-1.4)  |
| 2009 | - Clara Remacha        | FC Barcelona        | 15.43 | (-0.6)  |
| 2010 | - Alba Manzano         | ISS-L'Hospitalet    | 14.56 | (+5.0)  |
| 2011 | - Maria Aznar          | FC Barcelona        | s/m   | (-4.5)  |
| 2012 | - Paula Martínez       | AA Catalunya        | 15.28 | (-1.8)  |
| 2013 | - Marta Vilches        | ISS-L'Hospitalet    | 15.34 | (-3.1)  |
| 2014 | - Alba Villaronga      | ISS-L'Hospitalet    | 14.72 | (-1.0)  |
| 2015 | - Emilia del Hoyo      | Avinent Manresa     | 14.59 | (-3.1)  |
| 2016 | - Mar Ramírez          | AA Catalunya        | 14.43 | (-1.9)  |
| 2017 | - Africa Radsma        | Lleida UA           | 14.97 | (-1.4)  |
| 2018 | - Sara Gallego         | ISS-L'Hospitalet    | 14.28 | (+0.3)  |
| 2019 | - Xènia Benach         | Cornellà At.        | 14.61 | (-3.0)  |
| 2020 | - Aitana Radsma        | Playas de Castellón | 14.31 | (-3.2)  |
| 2021 | - Marina Lamata        | Unió Colomenca At.  | 14.58 | (+0.0)  |
| 2022 | - Jana Bruses          | CA Figueres         | 14.17 | (-0.8)  |
| 2023 | - Igambo Muakuku       | L'Hospitalet At.    | 13.97 | (+3.8)  |
| 2024 | - Elia Medina          | Pratenc AA          | 14.89 | (-1.5)  |
| 2025 | - Fiona Cavalli        | CA Vic              | 13.83 | (-1.0)  |

# HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 20 FEMENI

## 400 METRES TANQUES

| Any  | Guanyadora            | Club                | Marca   |
|------|-----------------------|---------------------|---------|
| 1986 | - Mari Angels Solà    | CA Igualada         | 1:04.2  |
| 1987 | - Ester Corbelle      | AA Catalunya        | 1:04.5  |
| 1988 | - Yolanda Tello       | AE L'Hospitalet     | 1:03.01 |
| 1989 | - Elisabeth Albà      | CA Vilanova         | 1:03.80 |
| 1990 | - Maria José López    | AE L'Hospitalet     | 1:00.65 |
| 1991 | - Eva Paniagua        | CPE Canaletes       | 1:02.31 |
| 1992 | - Eva Paniagua        | CN Poble Nou        | 1:01.63 |
| 1993 | - Eva Paniagua        | CN Poble Nou        | 1:01.04 |
| 1994 | - Esmeralda Arriscado | GG Llu sos          | 1:06.16 |
| 1995 | - Veronica Maluenda   | CF Badalona         | 1:02.43 |
| 1996 | - Verónica Maluenda   | UE Badaloní         | 1:03.17 |
| 1997 | - Carmen Rodríguez    | CN Poble Nou        | 1:05.18 |
| 1998 | - Susana Fraile       | FC Barcelona        | 1:08.34 |
| 1999 | - Julia Estafanell    | CA Granollers       | 1:03.91 |
| 2000 | - Julia Estafanell    | CA Granollers       | 1:03.88 |
| 2001 | - Laia Forcadell      | Integra 2           | 1:03.70 |
| 2002 | - Marta Masferrer     | GEiE Gironí         | 1:04.16 |
| 2003 | - Olga Ortega         | JA Sabadell         | 1:02.37 |
| 2004 | - Olga Ortega         | FC Barcelona        | 1:01.55 |
| 2005 | - Núria Cases         | AA Catalunya-UBAE   | 1:05.58 |
| 2006 | - Sònia Rodríguez     | FC Barcelona        | 1:02.62 |
| 2007 | - Ariadna Izcara      | CA Igualada         | 1:04.30 |
| 2008 | - Celia Guasch        | CN Reus Ploms       | 1:05.40 |
| 2009 | - Olatz Mompeó        | CA Manresa          | 1:05.93 |
| 2010 | - Alba Manzano        | ISS-L'Hospitalet    | 1:06.47 |
| 2011 | - Anna Puigbert       | FC Barcelona        | 1:04.56 |
| 2012 | - Marina Guerrero     | FC Barcelona        | 1:06.97 |
| 2013 | - Marina Guerrero     | FC Barcelona        | 1:03.87 |
| 2014 | - Sònia Nasarre       | ISS-L'Hospitalet    | 1:03.26 |
| 2015 | - Sara Dorda          | AA Catalunya        | 1:03.03 |
| 2016 | - Lluïsa Mitjà        | Playas de Castellón | 1:02.21 |
| 2017 | - Lluïsa Mitjà        | Playas de Castellón | 1:01.99 |
| 2018 | - Irina Belmonte      | Lleida UA           | 1:04.16 |
| 2019 | - Irina Belmonte      | Lleida UA           | 1:04.80 |
| 2020 | - Melango Muakuku     | FC Barcelona        | 1:08.47 |
| 2021 | - Dounia Routbi       | CA Figueres         | 1:02.51 |
| 2022 | - Dounia Routbi       | CA Figueres         | 1:03.74 |
| 2023 | - Jana Hurtado        | L'Hospitalet At.    | 1:04.58 |
| 2024 | - Martina Zunino      | FC Barcelona        | 1:01.30 |
| 2025 | - Helena Santacana    | FC Barcelona        | 1:01.65 |

# HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 20 FEMENI

## 3.000 METRES OBSTACLES

| Any  | Guanyadora             | Club                               | Marca    |                       |
|------|------------------------|------------------------------------|----------|-----------------------|
| 2002 | - Bàrbara Ramon        | Girona CB-CAP                      | 7:48.9   | 2.000 obs (23/3 Olot) |
| 2003 | -                      | -Suspès per manca de participants- |          |                       |
| 2004 | - Alba Grau            | CA Manresa                         | 11:30.19 | 3.000 obs ...         |
| 2005 | - Estefania Martín     | Pratenc AA                         | 13:38.65 |                       |
| 2006 | - Susana Pallega       | CA Lloret-La Selva                 | 12:42.64 |                       |
| 2007 | - Irene Giménez        | FC Barcelona                       | 13:02.50 |                       |
| 2008 | - Alba Alemany         | AA Catalunya                       | 11:55.80 |                       |
| 2009 | -                      | -Suspès per manca de participants- |          |                       |
| 2010 | - Gemma Colomé         | AA Catalunya                       | 11:49.87 |                       |
| 2011 | - Gemma Colomé         | AA Catalunya                       | 11:37.55 |                       |
| 2012 | -                      | -Suspès per manca de participants- |          |                       |
| 2013 | - Teresa Moya          | AA Catalunya                       | 12:14.75 |                       |
| 2014 | - Paula A. Hritiuc (e) | FC Barcelona                       | 11:56.72 |                       |
| 2015 | - Najwa Chouati (e)    | Avinent Manresa                    | 11:43.92 |                       |
| 2016 | - Marina Garcia        | AA Catalunya                       | 11:15.59 |                       |
| 2017 | - Carla Rafols         | AA Catalunya                       | 11:37.33 |                       |
| 2018 | - Anna Huguet          | Cornellà At.                       | 11:35.69 |                       |
| 2019 | - Ia Vidal             | CA Lloret-LS                       | 11:36.13 |                       |
| 2020 | - Andrea Bernal        | Cornellà At.                       | 11:25.60 |                       |
| 2021 | - Bethlehem Manzano    | Avinent Manresa                    | 11:35.81 |                       |
| 2022 | - Laura Torres         | CA Narón                           | 12:09.81 |                       |
| 2023 | - Joana Minguet        | UA Terrassa                        | 12:31.47 |                       |
| 2024 | - Marta Mas            | FC Barcelona                       | 12:27.45 |                       |
| 2025 | - Estel Jordán         | Lleida UA                          | 12:11.11 |                       |

# HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 20 FEMENI

## SALT D'ALÇADA

| Any  | Guanyadora            | Club              | Marca |
|------|-----------------------|-------------------|-------|
| 1986 | - Carme Expósito      | CA Cambrils       | 1.64  |
| 1987 | - Montse López        | CA Granollers     | 1.63  |
| 1988 | - Montse López        | CA Granollers     | 1.65  |
| 1989 | - Esperanza Rodríguez | CN Montju c       | 1.61  |
| 1990 | - Silvia Velázquez    | GEiE Gironí       | 1.71  |
| 1991 | - Ninoska Martín      | FC Barcelona      | 1.65  |
| 1992 | - Ana Belén Martínez  | GEiE Gironí       | 1.65  |
| 1993 | - Lourdes Valls       | AA Catalunya      | 1.65  |
| 1994 | - Ana Dieguez         | Cornellà At.      | 1.65  |
| 1995 | - Ana Dieguez         | CG Barcelonès     | 1.66  |
| 1996 | - Susanna Serrano     | CN Poble Nou      | 1.67  |
| 1997 | - Begoña Prados       | CN Poble Nou      | 1.51  |
| 1998 | - Susanna Escolà      | CA Lleida-UdL     | 1.61  |
| 1999 | - Elvi Saenz          | CO Vidreres       | 1.58  |
| 2000 | - Luz Ma. Delgado     | Integra 2         | 1.46  |
| 2001 | - Estefania Guillena  | AA Catalunya-UBAE | 1.66  |
| 2002 | - Berta Fontarnau     | CA Vic            | 1.58  |
| 2003 | - Anna Circuns        | CA Manresa        | 1.57  |
| 2004 | - Lorenaa Álvarez     | CAV Andorra       | 1.49  |
| 2005 | - Marta Serra         | FC Barcelona      | 1.65  |
| 2006 | - Marta Serra         | FC Barcelona      | 1.65  |
| 2007 | - Silvia Fortuño      | AA Catalunya-UBAE | 1.58  |
| 2008 | - Tània Orlowski      | AA Catalunya      | 1.68  |
| 2009 | - Tània Orlowski      | AA Catalunya      | 1.72  |
| 2010 | - Clàudia Garcia      | FC Barcelona      | 1.64  |
| 2011 | - Clàudia Garcia      | FC Barcelona      | 1.78  |
| 2012 | - Dàcil Rodríguez     | Pratenc AA        | 1.60  |
| 2013 | - Marta Segarra       | AA Catalunya      | 1.72  |
| 2014 | - Marta Segarra       | FC Barcelona      | 1.70  |
| 2015 | - Maria Alvarez       | CA Tarragona      | 1.57  |
| 2016 | - Sandra Checa        | Martorell AC      | 1.55  |
| 2017 | - Dasha Malevich (e)  | CA Igualada       | 1.66  |
| 2018 | - Irina Belmonte      | Lleida UA         | 1.60  |
| 2019 | - Núria Caballero     | CA Cambrils       | 1.66  |
| 2020 | - Aina Rabadán        | FC Barcelona      | 1.67  |
| 2021 | - Irene Clemente      | Cornellà At.      | 1.72  |
| 2022 | - Irene Clemente      | Cornellà At.      | 1.65  |
| 2023 | - Laura Escamilla     | CA Nou Barris     | 1.56  |
| 2024 | - Fatoumata Diallo    | JA Sabadell       | 1.73  |
| 2025 | - Fatoumata Diallo    | JA Sabadell       | 1.75  |

## HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 20 FEMENI

### SALT AMB PERXA

| Any  | Guanyadora          | Club                | Marca |
|------|---------------------|---------------------|-------|
| 1995 | - Sheila Solà       | CA Nou Barris       | 2.74  |
| 1996 | - Esther Ibañez     | GEiE Gironí         | 2.90  |
| 1997 | - Mònica Delgado    | CA Laietània        | 3.50  |
| 1998 | - Gemma Riatos      | FC Barcelona        | 3.25  |
| 1999 | - Marta Cot         | CA Laietània        | 2.65  |
| 2000 | - Irene Garcia      | València TM         | 3.25  |
| 2001 | - Laia Martínez     | Cornellà At.        | 3.45  |
| 2002 | - Gemma Pagès       | GEiE Gironí         | 3.70  |
| 2003 | - Gemma Piquer      | FC Barcelona        | 3.40  |
| 2004 | - Anna Maria Pinero | AA Catalunya-UBAE   | 3.70  |
| 2005 | - Anna Maria Pinero | AA Catalunya-UBAE   | 3.91  |
| 2006 | - Meritxell Pérez   | AA Catalunya-UBAE   | 3.00  |
| 2007 | - Ana Fernández     | FC Barcelona        | 2.25  |
| 2008 | - Jesica Soto       | ISS-L'Hospitalet    | 3.50  |
| 2009 | - Jesica Soto       | ISS-L'Hospitalet    | 3.50  |
| 2010 | - Mireia Bonjoch    | FC Barcelona        | 3.70  |
| 2011 | - Raquel Cosme      | AA Catalunya        | 3.40  |
| 2012 | - Clara Amat        | AA Catalunya        | 4.05  |
| 2013 | - Laura Clemente    | Avinent Manresa     | 3.10  |
| 2014 | - Mònica Clemente   | Avinent Manresa     | 3.55  |
| 2015 | - Mònica Clemente   | Avinent Manresa     | 3.70  |
| 2016 | - Anna Massa        | CA Palafrugell-GiCB | 3.70  |
| 2017 | - Meritxell Benito  | Playas de Castellón | 3.94  |
| 2018 | - Meritxell Benito  | Playas de Castellón | 3.75  |
| 2019 | - Helena Torres     | CA Laietània        | 3.45  |
| 2020 | - Maria Garcia      | Unió Colomenca      | 3.25  |
| 2021 | - Clara Fernández   | CD Nike Running     | 3.80  |
| 2022 | - Clara Fernández   | CD Nike Running     | 3.80  |
| 2023 | - Mireia Fèlix      | UA Montsià          | 3.20  |
| 2024 | - Silvia Ruiz       | Cornellà At.        | 3.75  |
| 2025 | - Noa Martínez      | FC Barcelona        | 3.46  |



# HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 20 FEMENI

## SALT DE LLARGADA

| Any  | Guanyadora          | Club              | Marca | Vent    |
|------|---------------------|-------------------|-------|---------|
| 1986 | - Montse López      | CA Granollers     | 5.26  |         |
| 1987 | - Fatima Melero     | CN Barcelona      | 5.61  | (+0.56) |
| 1988 | - Silvia Navarro    | CG Tarragona      | 5.53  | (-1.86) |
| 1989 | - Silvia Navarro    | CG Tarragona      | 5.41  | (+0.15) |
| 1990 | - Aurora Lario      | CG Tarragona      | 5.91  | (+3.8)  |
| 1991 | - Aurora Lario      | CG Tarragona      | 5.93  | (+3.2)  |
| 1992 | - Ana Adosis        | FC Barcelona      | 5.52  | (+1.1)  |
| 1993 | - Sònia Moreno      | JA Sabadell       | 5.30  | (+2.1)  |
| 1994 | - Anahí Vázquez     | CG Barcelonès     | 5.57  | (+3.5)  |
| 1995 | - Anahí Vázquez     | CG Barcelonès     | 5.54  | (+2.7)  |
| 1996 | - Mònica Tort       | L'Hospitalet Atl. | 5.90  | (+1.2)  |
| 1997 | - Ma Carme Triguero | CA Vilanova       | 5.48  | (-1.0)  |
| 1998 | - Ma Carme Triguero | Transports T2     | 5.20  | (+1.9)  |
| 1999 | - Julia Estafanell  | CA Granollers     | 5.68  | (-3.1)  |
| 2000 | - Julia Estafanell  | CA Granollers     | 5.45  | (+2.3)  |
| 2001 | - Maria Guixà       | Integra 2         | 5.58  | (+1.7)  |
| 2002 | - Tània Pérez       | AA Catalunya-UBAE | 5.14  | (+0.2)  |
| 2003 | - Anna Circuns      | CA Manresa        | 5.29  | (+2.0)  |
| 2004 | - Marta Miró        | CA Espluguí       | 5.16  | (-2.0)  |
| 2005 | - Silvia Riba       | CA Vic            | 5.80  | (+1.8)  |
| 2006 | - Silvia Riba       | CA Vic            | 5.92  | (+1.3)  |
| 2007 | - Jenny Serra       | Aquadiver-GEiEG   | 5.71  | (+1.9)  |
| 2008 | - Tamara del Rio    | AA Catalunya      | 5.58  | (+1.8)  |
| 2009 | - Clara Remacha     | FC Barcelona      | 5.39  | (+4.5)  |
| 2010 | - Ester Garcia      | ISS-L'Hospitalet  | 5.70  | (+4.5)  |
| 2011 | - Elena Llobera     | Medilast Lleida   | 5.54  | (+2.3)  |
| 2012 | - Elena Llobera     | Lleida UA         | 5.52  | (+4.2)  |
| 2013 | - Cora Salas        | FC Barcelona      | 6.02  | (+1.2)  |
| 2014 | - Cora Salas        | FC Barcelona      | 6.10  | (+1.9)  |
| 2015 | - Emilia del Hoyo   | Avinent Manresa   | 6.00  | (+1.1)  |
| 2016 | - Sheila Garcia     | FC Barcelona      | 5.67  | (+2.3)  |
| 2017 | - Laura Perpinyà    | AA Catalunya      | 5.46  | (+1.1)  |
| 2018 | - Andrea Trapé      | AA Catalunya      | 5.63  | (+2.1)  |
| 2019 | - Núria Caballero   | CA Cambrils       | 5.66  | (+0.1)  |
| 2020 | - Diwa Vila         | Cornellà At.      | 5.55  | (+0.2)  |
| 2021 | - Marta Gallo       | CA Igualada       | 5.75  | (-1.0)  |
| 2022 | - Candela Esteve    | Aldahra Lleida UA | 5.32  | (-0.7)  |
| 2023 | - Paula Niubó       | Aldahra Lleida UA | 5.55  | ( 0.0)  |
| 2024 | - Elda Romeva       | FC Barcelona      | 5.88  | ( 0.0)  |
| 2025 | - Maria Reverte     | UA Montsià        | 5.48  | (+1.4)  |

# HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 20 FEMENI

## TRIPLE SALT

| Any  | Guanyadora              | Club              | Marca | Vent   |             |
|------|-------------------------|-------------------|-------|--------|-------------|
| 1991 | - Aurora Lario          | CG Tarragona      | 12.31 | (+1.2) | Inici prova |
| 1992 | - Georgina Vidal        | FC Barcelona      | 11.45 | (+0.6) |             |
| 1993 | - Lourdes Valls         | AA Catalunya      | 11.31 | (+0.3) |             |
| 1994 | - Meritxell Cruells     | CA Vic            | 10.74 | (+0.4) |             |
| 1995 | - Miriam Valls          | FC Barcelona      | 11.68 | (+1.4) |             |
| 1996 | - Miriam Valls          | FC Barcelona      | 11.66 | (+1.4) |             |
| 1997 | - Teresa Plana          | FACVAC Valls      | 9.83  | (-1.0) |             |
| 1998 | - Teresa Molí           | CA Lleida-UdL     | 12.01 | ( 0.0) |             |
| 1999 | - Raquel Palacios       | CA Granollers     | 11.55 | (+1.3) |             |
| 2000 | - Anna Noria            | CA Vic            | 11.60 | (+3.6) |             |
| 2001 | - Roser Rios            | Integra 2         | 11.50 | (+3.4) |             |
| 2002 | - Ma. Amparo González   | AA Catalunya-UBAE | 11.07 | (-0.7) |             |
| 2003 | - Gemma Soldevila       | AA Catalunya-UBAE | 11.61 | (+0.7) |             |
| 2004 | - Laura Rossell         | CAV Andorra       | 10.46 | (-3.1) |             |
| 2005 | - Cristina Rodríguez    | Cornellà At.      | 11.67 | (+1.8) |             |
| 2006 | - Debora Calveras       | CA Manresa        | 12.25 | (+2.4) |             |
| 2007 | - Natàlia Hurtado       | CA Igualada       | 12.45 | (+1.6) |             |
| 2008 | - Natàlia Hurtado       | CA Igualada       | 12.23 | ( 0.0) |             |
| 2009 | - Sara Gómez            | Pratenc AA        | 12.16 | (+1.6) |             |
| 2010 | - Ariadna Calzada       | FC Barcelona      | 12.36 | (+3.8) |             |
| 2011 | - Ariadna Calzada       | FC Barcelona      | 11.96 | (+5.8) |             |
| 2012 | - Ariadna Ramos         | CA Igualada       | 12.61 | (+0.8) |             |
| 2013 | - Ariadna Ramos         | CA Igualada       | 12.86 | (+3.1) |             |
| 2014 | - Cora Salas            | FC Barcelona      | 13.07 | (+1.1) |             |
| 2015 | - Ella Bestué           | FC Barcelona      | 12.22 | (+3.1) |             |
| 2016 | - Naiara Estanga        | AA Catalunya      | 12.30 | (+1.4) |             |
| 2017 | - Naiara Estanga        | AA Catalunya      | 12.91 | (+1.6) |             |
| 2018 | - Maria Diébaná Badji   | CA Laietània      | 11.58 | (-0.8) |             |
| 2019 | - Diwa Vila             | Cornellà At.      | 12.20 | (+1.2) |             |
| 2020 | - Diwa Vila             | Cornellà At.      | 12.17 | (+1.5) |             |
| 2021 | - Irene Clemente        | Cornellà At.      | 11.98 | (+0.6) |             |
| 2022 | - Martina Aragó         | L'Hospitalet At.  | 11.89 | ( 0.0) |             |
| 2023 | - Laurine Elisa Marimón | CA Tarragona      | 12.56 | (+2.4) |             |
| 2024 | - Shelly Bruchstein (e) | Cornellà At.      | 11.18 | (+1.6) |             |
| 2025 | - Carla Gelabert        | Ripollet UA       | 11.76 | (-0.7) |             |

# HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 20 FEMENI

## LLANÇAMENT DE PES

| Any  | Guanyadora            | Club              | Marca |
|------|-----------------------|-------------------|-------|
| 1986 | - Ciria Clotet        | Independent       | 9.74  |
| 1987 | - Ana Ruiz            | CN Figueres       | 10.82 |
| 1988 | - Núria Toldrà        | CN Reus Ploms     | 12.65 |
| 1989 | - Susana Reg ela      | FC Barcelona      | 12.95 |
| 1990 | - Núria Toldrà        | CN Reus Ploms     | 12.08 |
| 1991 | - Emma Díaz           | FC Barcelona      | 12.17 |
| 1992 | - Núria Pérez         | CA Sitges         | 12.69 |
| 1993 | - Begoña Sanchis      | Sicoris Club      | 11.88 |
| 1994 | - Begoña Sanchis      | Sicoris Club      | 11.76 |
| 1995 | - Irache Quintanal    | CN Reus Ploms     | 11.64 |
| 1996 | - Irache Quintanal    | CN Reus Ploms     | 14.28 |
| 1997 | - Irache Quintanal    | CN Reus Ploms     | 14.95 |
| 1998 | - Maria Velázquez     | CA Manresa        | 10.94 |
| 1999 | - Núria Ferrer        | CA Femení B.-T.   | 12.79 |
| 2000 | - Núria Ferrer        | AA Catalunya-UBAE | 11.96 |
| 2001 | - Cristina Barcena    | AA Catalunya-UBAE | 10.09 |
| 2002 | - Flor Fatty          | Integra 2         | 13.78 |
| 2003 | - Eva Carmona         | CA Manresa        | 10.27 |
| 2004 | - Clara Guixà         | CA Igualada       | 10.21 |
| 2005 | - Myriam Fernández    | GA Lluïsos-Mataró | 8.68  |
| 2006 | - Laura Redondo       | FC Barcelona      | 10.96 |
| 2007 | - Laura Redondo       | FC Barcelona      | 11.10 |
| 2008 | - Elia Pascual        | CA Igualada       | 11.49 |
| 2009 | - Haja Gerewu         | Medilast Lleida   | 12.45 |
| 2010 | - Haja Gerewu         | FC Barcelona      | 12.77 |
| 2011 | - Elia de Genover     | FC Barcelona      | 11.05 |
| 2012 | - Andrea Alarcón      | AA Catalunya      | 10.43 |
| 2013 | - Georgina Vila       | AA Catalunya      | 12.39 |
| 2014 | - Anna Ruiz           | ISS-L'Hospitalet  | 11.18 |
| 2015 | - Paula López         | UA Barberà        | 11.37 |
| 2016 | - Cristina Fernández  | CA Igualada       | 9.47  |
| 2017 | - Maria Vega          | Cornellà At.      | 10.32 |
| 2018 | - Ariadna Domínguez   | CA Montornès      | 10.73 |
| 2019 | - Montserrat Montañés | Avinent Manresa   | 11.24 |
| 2020 | - Maria Navarro       | AA Catalunya      | 9.79  |
| 2021 | - Bàrbara Arranz      | Cornellà At.      | 10.75 |
| 2022 | - Estel Pons          | GEiE Gironí       | 10.07 |
| 2023 | - Daniela Fernández   | Valencia CA       | 12.84 |
| 2024 | - Mònica Vallès       | Aldahra Lleida UA | 10.63 |
| 2025 | - Laia Ribera         | CA Castellar      | 12.08 |

## HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 20 FEMENI

### LLANÇAMENT DE DISC

| Any  | Guanyadora            | Club                | Marca |
|------|-----------------------|---------------------|-------|
| 1986 | - Ciria Clotet        | Independent         | 35.68 |
| 1987 | - M. Fernanda Moreno  | CA Cambrils         | 35.72 |
| 1988 | - Olga Riera          | CA Sant Celoni      | 41.46 |
| 1989 | - Olga Riera          | CA Sant Celoni      | 45.86 |
| 1990 | - Olga Riera          | CA Sant Celoni      | 47.58 |
| 1991 | - Emma Diaz           | FC Barcelona        | 39.02 |
| 1992 | - Marta Fonollosa     | UA Terrassa         | 36.62 |
| 1993 | - Victoria Montoya    | AA Catalunya        | 41.14 |
| 1994 | - Victoria Montoya    | CN Reus Ploms       | 42.62 |
| 1995 | - Victoria Montoya    | CN Reus Ploms       | 44.42 |
| 1996 | - Irache Quintanal    | CN Reus Ploms       | 47.56 |
| 1997 | - Irache Quintanal    | CN Reus Ploms       | 47.54 |
| 1998 | - Ainhoa Cabré        | CG Tarragona        | 35.54 |
| 1999 | - Maria Velázquez     | CA Manresa          | 35.85 |
| 2000 | - Maria del Mar Gili  | CN Reus Ploms       | 31.39 |
| 2001 | - Anna Mota           | AA Catalunya-UBAE   | 31.86 |
| 2002 | - Anna Mota           | AA Catalunya-UBAE   | 31.05 |
| 2003 | - Bàrbara Pintado     | CA Tarragona        | 31.56 |
| 2004 | - Bàrbara Pintado     | CA Tarragona        | 33.22 |
| 2005 | - Anna Gallofré       | Playas de Castellón | 40.62 |
| 2006 | - Laura Redondo       | FC Barcelona        | 37.39 |
| 2007 | - Sandra Garcia       | CN Reus Ploms       | 33.82 |
| 2008 | - Cristina López      | AA Catalunya        | 30.57 |
| 2009 | - Haja Gerewu         | Medilast Lleida     | 35.78 |
| 2010 | - Haja Gerewu         | FC Barcelona        | 42.43 |
| 2011 | - Mar Alferez         | ISS-L'Hospitalet    | 31.69 |
| 2012 | - Marina Muzas        | UGE Badalona        | 42.51 |
| 2013 | - Marina Muzas        | AA Catalunya        | 44.76 |
| 2014 | - Maria Montañés      | CA Tarragona        | 36.16 |
| 2015 | - Mireia Royo         | FC Barcelona        | 33.39 |
| 2016 | - Mireia Royo         | FC Barcelona        | 34.08 |
| 2017 | - Laia Vega           | AA Catalunya        | 34.99 |
| 2018 | - Olga Morraja        | ISS-L'Hospitalet    | 36.96 |
| 2019 | - Montserrat Montañés | Avinent Manresa     | 37.45 |
| 2020 | - Andrea Vizuite      | UGE Badalona        | 31.80 |
| 2021 | - Zaynab Nouali (e)   | FC Barcelona        | 33.86 |
| 2022 | - Aina Calbó          | AA Catalunya        | 37.60 |
| 2023 | - Daniela Fernández   | Valencia CA         | 47.41 |
| 2024 | - Daniela Fernández   | Valencia CA         | 46.27 |
| 2025 | - Maria Vallès        | Lleida UA           | 40.56 |

## HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 20 FEMENI

### LLANÇAMENT DE JAVELINA

| Any  | Guanyadora               | Club               | Marca |
|------|--------------------------|--------------------|-------|
| 1986 | - Carmen Huertas         | FC Barcelona       | 33.50 |
| 1987 | - Sara Marín             | CA Igualada        | 39.16 |
| 1988 | - Sara Marín             | CA Igualada        | 39.52 |
| 1989 | - Sara Marín             | CA Igualada        | 37.58 |
| 1990 | - Silvia Velázquez       | GEiE Gironí        | 36.54 |
| 1991 | - Montse Taulina         | GEiE Gironí        | 33.68 |
| 1992 | - Eva Uroz               | JA Sabadell        | 38.56 |
| 1993 | - Eva Uroz               | JA Sabadell        | 38.34 |
| 1994 | - Eva Uroz               | JA Sabadell        | 40.80 |
| 1995 | - Anna Puig              | CA Laietània       | 39.28 |
| 1996 | - Cristina Garcia        | GG Llu sos         | 35.50 |
| 1997 | - Dori Apolo             | CA Laietània       | 41.28 |
| 1998 | - M Carmen Ortiz         | Transports T2      | 35.48 |
| 1999 | - Lorena Carreño         | Transports T2      | 37.02 |
| 2000 | - Núria Ferrer           | AA Catalunya-UBAE  | 39.43 |
| 2001 | - Maria Simó             | GEiE Gironí        | 33.85 |
| 2002 | - Marta Alonso           | Integra 2          | 44.95 |
| 2003 | - Marta Alonso           | Integra 2          | 47.39 |
| 2004 | - Marta Miró             | CA Espluguí        | 34.21 |
| 2005 | - Jessica López          | Aquadiver-GEiEG    | 40.43 |
| 2006 | - Gemma Brisa            | Medilast-Carrefour | 38.46 |
| 2007 | - Gemma Brisa            | Medilast Sport     | 40.59 |
| 2008 | - Elia Pascual           | CA Igualada        | 44.66 |
| 2009 | - Níria Pascual          | CA Igualada        | 41.96 |
| 2010 | - Níria Pascual          | CA Igualada        | 42.84 |
| 2011 | - Elia de Genover        | FC Barcelona       | 39.53 |
| 2012 | - Núria Rovira           | GEiE Gironí        | 31.50 |
| 2013 | - Núria Rovira           | GEiE Gironí        | 34.02 |
| 2014 | - Katia Coquis           | AA Catalunya       | 36.34 |
| 2015 | - Katia Coquis           | AA Catalunya       | 44.54 |
| 2016 | - Clàudia Rofes          | FC Barcelona       | 35.72 |
| 2017 | - Clàudia Rofes          | FC Barcelona       | 32.28 |
| 2018 | - Judith Sellarés        | Avinent Manresa    | 40.01 |
| 2019 | - Clara Gabaldón         | AA Catalunya       | 39.85 |
| 2020 | - Aina Ramos             | L'Hospitalet At.   | 43.29 |
| 2021 | - Aina Ramos             | L'Hospitalet At.   | 45.43 |
| 2022 | - Aisha Mohammed-mariche | Avinent Manresa    | 34.86 |
| 2023 | - Anna Tuñón             | Cornellà At.       | 33.43 |
| 2024 | - Ingrid Valcárcel       | FC Barcelona       | 42.55 |
| 2025 | - Erika Sellart          | Valencia CA        | 47.92 |

## HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 20 FEMENI

### LLANÇAMENT DE MARTELL

| Any  | Guanyadora              | Club              | Marca |
|------|-------------------------|-------------------|-------|
| 1995 | - Carmen Garcia         | CG Tarragona      | 42.52 |
| 1996 | - Carmen Garcia         | CG Tarragona      | 44.22 |
| 1997 | - Ainhoa Cabré          | CG Tarragona      | 46.58 |
| 1998 | - Ainhoa Cabré          | CG Tarragona      | 50.40 |
| 1999 | - Ma. Teresa Los Santos | FC Barcelona      | 46.76 |
| 2000 | - Montse Morató         | JA Sabadell       | 42.39 |
| 2001 | - Rosa Ma. Cervera      | JA Sabadell       | 39.00 |
| 2002 | - Berta Castells        | AA Catalunya-UBAE | 59.17 |
| 2003 | - Berta Castells        | AA Catalunya-UBAE | 65.09 |
| 2004 | - Melania Pascual       | FC Barcelona      | 46.33 |
| 2005 | - Lidia Pons            | CA Espluguí       | 49.12 |
| 2006 | - Laura Redondo         | FC Barcelona      | 55.10 |
| 2007 | - Laura Redondo         | FC Barcelona      | 58.10 |
| 2008 | - Lidia Gómez           | AA Catalunya      | 45.57 |
| 2009 | - Irene Ramos           | AA Catalunya      | 52.08 |
| 2010 | - Irene Ramos           | AA Catalunya      | 54.36 |
| 2011 | - Gemma Fibla           | FC Barcelona      | 54.71 |
| 2012 | - Jenifer Nevado        | At. San Sebastián | 53.02 |
| 2013 | - Andrea León           | FC Barcelona      | 47.86 |
| 2014 | - Andrea León           | FC Barcelona      | 48.63 |
| 2015 | - Carla Llistosella     | GEiE Gironí       | 45.26 |
| 2016 | - Anna Pla              | FC Barcelona      | 46.92 |
| 2017 | - Cristina Cobo         | Cornellà At.      | 44.51 |
| 2018 | - Belén Bermejo         | AA Catalunya      | 50.82 |
| 2019 | - Montserrat Montañés   | Avinent Manresa   | 52.83 |
| 2020 | - Maria Navarro         | AA Catalunya      | 49.23 |
| 2021 | - Andrea Pascual        | CG Tarragona      | 47.90 |
| 2022 | - Alba Ruiz             | CA Nou Barris     | 44.55 |
| 2023 | - Alba Ruiz             | CA Nou Barris     | 48.77 |
| 2024 | - Carla Serral          | FC Barcelona      | 51.98 |
| 2025 | - Carla Serral          | Valencia CA       | 54.35 |

# HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 20 FEMENI

## 10.000 METRES MARXA

| Any  | Guanyadora         | Club                     | Marca    |                  |
|------|--------------------|--------------------------|----------|------------------|
| 1986 | - Emilia Cano      | Cornellà At.             | 23:38.7  | (5.000 ...)      |
| 1987 | - Olga Sánchez     | AA Catalunya             | 25:09.4  |                  |
| 1988 | - Rosa Selis       | AA La Selva              | 25:23.85 |                  |
| 1989 | - Encarna Granados | GEiE Gironí              | 26:07.80 |                  |
| 1990 | - Encarna Granados | GEiE Gironí              | 25:02.08 |                  |
| 1991 | - Elena Alcover    | GEiE Gironí              | 26:09.2  |                  |
| 1992 | - Elena Alcover    | CA Lloret                | 26:02.99 |                  |
| 1993 | - Maria Vasco      | CN Barcelona             | 24:04.04 |                  |
| 1994 | - Gemma Godia      | Sicoris Club             | 26:11.95 |                  |
| 1995 | - Raquel Rodríguez | FC Barcelona             | 24:50.1  |                  |
| 1996 | - Raquel Rodríguez | FC Barcelona             | 24:49.1  |                  |
| 1997 | - Maria Ibars      | JA Sabadell              | 22:45.9  |                  |
| 1998 | - Regina Gras      | Independent              | 24:43.9  |                  |
| 1999 | - Esther Serrano   | FC Barcelona             | 25:52.3  |                  |
| 2000 | - Beatriz Pascual  | JA Sabadell              | 24:52.8  |                  |
| 2001 | - Alicia Pérez     | Cornellà At.             | 29:03.3  |                  |
| 2002 | - Yolanda Coca     | Cornellà At.             | 30:48.64 |                  |
| 2003 | -                  | -Cap atleta participant- |          |                  |
| 2004 | - Raquel Juan      | Pratenc AA               | 27:42.83 |                  |
| 2005 | - Georgina Delgado | FC Barcelona             | 28:21.22 |                  |
| 2006 | - Sandra Parellada | Cornellà At.             | 28:12.71 |                  |
| 2007 | - Marta Mulero     | ISS-L'Hospitalet         | 28:29.07 |                  |
| 2008 | - Raquel González  | AA Catalunya             | 23:50.3  |                  |
| 2009 | - Ester Montaner   | CA Igualada              | 26:50.24 |                  |
| 2010 | - Ester Montaner   | CA Igualada              | 26:45.79 |                  |
| 2011 | - Paula Martínez   | FC Barcelona             | 23:56.25 |                  |
| 2012 | - Mar Juarez       | AA Catalunya             | 51:37.00 | (10.000 ...)     |
| 2013 | - Lorena Pedrero   | ISS-L'Hospitalet         | 56:20.06 |                  |
| 2014 | - Mariona Martínez | AA Catalunya             | 58:59.69 |                  |
| 2015 | -                  | -Cap atleta participant- |          |                  |
| 2016 | - Tàbata Cano      | Simply-Scorpio 71        | 56:31.21 |                  |
| 2017 | - Georgina Ruiz    | CA Palafrugell-GiCB      | 54:43.20 | (27/5 Serrahima) |
| 2018 | - Mariona Garcia   | FC Barcelona             | 50:20.82 | (26/5 Serrahima) |
| 2019 | - Mireia Urrutia   | CA Canaletes             | 50:00.63 |                  |
| 2020 | - Iria Teijeiro    | Hinaco Monzón            | 53:33.22 |                  |
| 2021 | - Iria Teijeiro    | FC Barcelona             | 53:49.50 |                  |
| 2022 | - Carla Garcia     | CA Canaletes             | 57:33.13 |                  |
| 2023 | - Griselda Serret  | At. Alcorcón             | 49:48.19 | (18/6 Sabadell)  |
| 2024 | - Griselda Serret  | Avinent Manresa          | 22:52.38 | (5.000 ...)      |
| 2025 | - Gina Torres      | L'Hospitalet At.         | 23:38.10 |                  |

# HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 20 FEMENÍ

## RELLEUS 4 X 100

| Any  | Guanyador                                                            | Marca                 |
|------|----------------------------------------------------------------------|-----------------------|
| 1990 | - CG BARCELONES<br>M.MARCO-G.MONTAGUT-A.SERRA-T.VANGERWEN            | 48.90                 |
| 1991 | - AA CATALUNYA<br>N.MARTIN-M.GORJU-B.MEDINA-A.CEÑA                   | 50.88                 |
| 1992 | - FC BARCELONA<br>A.GIL-C.GARCIA-A.ADOSIS-S.HERNANDEZ                | 50.58                 |
| 1993 | - AA CATALUNYA<br>N.MARTI-V.GUIRAL-O.SANCHEZ-S.MATEO                 | 54.23                 |
| 1994 | - GEIE GIRONI<br>S.GRACIA-L.MAYORAL-A.SAGUER-M.PIBERNAT              | 49.54                 |
| 1995 | - CG BARCELONÈS<br>S.FIDALGO-A.VAZQUEZ-A.DIEGUEZ-V.BADIA             | 49.40                 |
| 1996 | - CG BARCELONES<br>R.ABAD-A.DIEGUEZ-A.VAZQUEZ-C.RODRIGUEZ            | 50.34                 |
| 1997 | - FC BARCELONA<br>G.RIATOS-P.ESPADA-E.MORENO-A.BENITO                | 51.64                 |
| 1998 | - TRANSPORTS T2 - L'H-CNB<br>P.ESPADA-E.ZAPATERO-E.PRIETO-C.TRIGUERO | 50.13                 |
| 1999 | - TRANSPORTS T2 - L'H-CNB                                            | 51.49                 |
| 2000 | - FC BARCELONA<br>I.VERT-M.BORRELL-R.POBLET-S.GARCIA                 | 52.54                 |
| 2001 | - CN REUS PLOMS<br>N.TUERO-C.ALTES-C.CASIMIRO-J.BARBERA              | 50.53                 |
| 2002 | - FC BARCELONA<br>S.MIRET-M.CAPARROS-B.MIRALPEIX-P.MARTINEZ          | 50.57                 |
| 2003 | - CA VIC<br>M.ROCAFIGUERA-E.PUIG-B.PUIGDOMENECH-S.RIBA               | 49.69                 |
| 2004 | - CA VIC<br>M.ROCAFIGUERA-E.PUIG-B.PUIGDOMENECH-S.RIBA               | 49.85                 |
| 2005 | - CA VIC<br>M.SANCHEZ-E.PUIG-B.PUIGDOMENECH-S.RIBA                   | 50.42                 |
| 2006 | - CA VIC<br>M.SANCHEZ-O.PUIGDERRAJOLS-E.PUIG-S.RIBA                  | 51.30                 |
| 2007 | - AA CATALUNYA-UBAE<br>M.C.CRUS-B.ADELL-M.A.FUENTES-A.MURILLO        | 49.37 (17/6 Sabadell) |
| 2008 | - AA CATALUNYA<br>M.FUENTES-T.DEL RIO-S.RIUS-S.ALBA                  | 49.51                 |
| 2009 | - Cap equip participant                                              |                       |
| 2010 | - ISS - L'HOSPITALET<br>B.INDURAIN-E.GARCIA-A.MANZANO-A.A.ACEVEDO    | 48.59                 |
| 2011 | - AA CATALUNYA<br>I.BERTOMEU-I.BONILLA-J.COSTA-M.GRAU                | 50.85                 |
| 2012 | - AA CATALUNYA<br>C.ANDRES-I.BONILLA-J.FEU-L.PLA                     | 50.60                 |
| 2013 | - AA CATALUNYA<br>C.ANDRES-J.FEU-L.FLIX-M.LARRIBA                    | 49.75                 |
| 2014 | - ISS - L'HOSPITALET<br>C.BAILON-S.NASARRE-M.VILCHES-A.VILLARONGA    | 49.24                 |



# HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 20 FEMENÍ

## RELLEUS 4 X 100

| Any  | Guanyador                                                       | Marca                     |
|------|-----------------------------------------------------------------|---------------------------|
| 2015 | - Cap equip participant                                         | (16/5 Lleida)             |
| 2016 | - AA CATALUNYA<br>H.MARTINEZ-E.RAMIREZ-A.YUS-C.GIL              | 51.93 (15/5 L'Hospitalet) |
| 2017 | - CA CANALETES<br>M.GOMEZ-A.PASTOR-P.R.DE LA NOGAREDA-L.RIBAS   | 50.62 (6/5 Cornellà)      |
| 2018 | - AA CATALUNYA<br>I.BARBE-M.BOTELLA-M.MARTIN-B.HEREDIA          | 49.08 (5/5 Serrahima)     |
| 2019 | - AA CATALUNYA<br>M.BOTELLA-C.GABALDON-B.HEREDIA-A.VERGES       | 49.55 (4/5 L'Hospitalet)  |
| 2020 | - CA SANT CELONI<br>E.MORIST-M.MARCHANTE-C.MOLLEVI-E.VIVES      | 53.26                     |
| 2021 | - CA SANT CELONI<br>M.MARCHANTE-C.MOLLEVI-E.MORIST-E.VIVES      | 51.97 (30/5 Tarragona)    |
| 2022 | - CORNELLÀ AT.<br>I.BARRAGAN-P.REY-N.PLAZA-C.VIVERO)            | 55:80 (29/5 Palafrugell)  |
| 2023 | - ALDAHRA LLEIDA UA<br>M.HERNANDEZ-C.MARTINEZ-P.NIUBO-J.ALEMANY | 49.38                     |
| 2024 | - ALDAHRA LLEIDA UA<br>C.CAGIGOS-D.FERNANDEZ-C.MARTINEZ-P.NIUBO | 49.49                     |
| 2025 | - RIPOLLET UA<br>L.PINO-P.GASCON-I.NAVALPOTRO-C.GELABERT        | 49.83                     |

# HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 20 FEMENÍ

## RELLEUS 4 X 400

| Any  | Guanyador                                                         | Marca                   |
|------|-------------------------------------------------------------------|-------------------------|
| 1990 | - CN REUS PLOMS<br>A.GARCIA-M.BES-C.MENENDEZ-C.ROMERO             | 3:59.12                 |
| 1991 | - GEIE GIRONI<br>R.GALLART-G.GUITART-C.ROIG-C.VILA                | 4:02.86                 |
| 1992 | - Cap equip participant                                           |                         |
| 1993 | - AA CATALUNYA<br>O.SANCHEZ-M.VILAS-J.LOPEZ-I.RODRIGUEZ           | 4:11.61                 |
| 1994 | - CG BARCELONES<br>A.VAZQUEZ-N.VAZQUEZ-V.BADIA-A.SANCHIS          | 4:04.06                 |
| 1995 | - AA CATALUNYA<br>I.RODRIGUEZ-C.ENRIQUEZ-I.GONZALEZ-M.BILURBINA   | 4:05.12                 |
| 1996 | - Cap equip participant                                           |                         |
| 1997 | - FC BARCELONA<br>E.MORENO-P.ESPADA-L.REBOLLAL-S.FRAILE           | 4:04.98                 |
| 1998 | - Cap equip participant                                           |                         |
| 1999 | - TRANSPORTS T2 - L'H-CNB                                         | 4:02.85                 |
| 2000 | - INTEGRA 2 - L'H-CNB<br>G.SACRISTAN-L.DELGADO-M.DOSOUTO-M.MARTIN | 4:08.34                 |
| 2001 | - JA SABADELL<br>C.VALLS-M.OCAÑA-M.VALLS-A.BELLET                 | 4:10.86                 |
| 2002 | - Cap equip participant                                           |                         |
| 2003 | - AA CATALUNYA-UBAE<br>A.FERREZ-M.CRUCES-S.ORTE-A.BENAIGES        | 4:06.93                 |
| 2004 | - AA CATALUNYA-UBAE<br>J.SANCHEZ-A.BENAIGES-A.FERREZ-A.FUENTES    | 4:02.11                 |
| 2005 | - AA CATALUNYA-UBAE<br>A.FERREZ-A.BENAIGES-M.TORRES-N.CASES       | 4:03.82                 |
| 2006 | - CA CASTELLAR<br>A.OLIVE-C.IBAÑEZ-M.CORDOBA-M.LOPEZ              | 4:37.58                 |
| 2007 | - CA CASTELLAR<br>M.CORDOBA-M.LOPEZ-C.IBAÑEZ-A.OLIVE              | 4:29.05 (17/6 Sabadell) |
| 2008 | - Cap equip participant                                           |                         |
| 2009 | - Cap equip participant                                           |                         |
| 2010 | - AA CATALUNYA<br>N.ANDRES-C.FERNANDEZ-M.GUARNER-M.MANJON         | 4:18.22                 |
| 2011 | - AA CATALUNYA<br>I.BONILLA-J.COSTA-M.MANJON-M.GUARNER            | 4:14.34                 |
| 2012 | - AA CATALUNYA<br>C.ANDRES-I.BONILLA-J.COSTA-G.GRAU               | 4:34.72                 |
| 2013 | - AA CATALUNYA<br>N.BERLANGA-L.HIDALGO-M.MESA-Z.NAUMOV            | 4:02.51                 |
| 2014 | - ISS - L'HOSPITALET<br>S.NASARRE-M.VILCHES-A.MUÑOZ-A.VILLARONGA  | 4:02.42                 |

# HISTORIAL DEL CAMPIONAT DE CATALUNYA SUB 20 FEMENÍ

## RELLEUS 4 X 400

| Any  | Guanyador                                                      | Marca                      |
|------|----------------------------------------------------------------|----------------------------|
| 2015 | - AA CATALUNYA<br>A.GARCIA-C.VALERO-E.RAMIREZ-C.MORILLO        | 4:31.15 (16/5 Lleida)      |
| 2016 | - Cap equip participant                                        | (15/5 L'Hospitalet)        |
| 2017 | - ISS-L'HOSPITALET<br>V.BIGORDA-C.BOUNOUAR-C.GARCIA-M.MARCOS   | 4:22.52 (6/5 Cornellà)     |
| 2018 | - AA CATALUNYA<br>I.BARBE-M.BOTELLA-L.VIRGILI-L.RUIZ           | 4:16.98 (5/5 Serrahima)    |
| 2019 | - CE UNVERSITARI<br>B.TCHOUMO-NOUMJIO-M.POCH-N.GRAU-A.FERRET   | 4:41.06 (4/5 L'Hospitalet) |
| 2020 | - UNIÓ COLOMENCA AT.<br>M.LAMATA-S.LOPEZ-N.F.ARGUETA-M.PAJUELO | 4:19.77                    |
| 2021 | - FC BARCELONA<br>C.M.MALAGA-M.MARTINEZ-A.MONSO-D.PRANDI       | 4:01.24 (30/5 Tarragona)   |
| 2022 | - CORNELLÀ AT.<br>I.BARRAGAN-N.PLAZA-M.HERRERA-C.VIVERO        | 4:44.46 (29/5 Palafrugell) |
| 2023 | - Cap equip participant                                        |                            |
| 2024 | - CA SANT JUST<br>I.CALLEJA-L.FERNANDEZ-M.M.GARCIA-S.GOMEZ     | 4:23.28                    |
| 2025 | - Cap equip participant                                        |                            |