

MILLORS ATLETES CATALANS

MILLORS ATLETES CATALANS - CATEGORIA ABSOLUT MASCULI

| Temporada | Atleta | Any | Club | Entrenador |
|-----------|----------------------------|------|--------------------|----------------------|
| 1978 | Jordi Llopart Ribas | 1952 | GCR La Seda | |
| 1979 | Josep Marín Sospedra | 1950 | CN Barcelona | |
| 1980 | Jordi Llopart Ribas | 1952 | GCR La Seda | |
| 1981 | Antonio Corgos Cervantes | 1960 | FC Barcelona | |
| 1982 | Josep Marín Sospedra | 1950 | CN Barcelona | |
| 1983 | Josep Marín Sospedra | 1950 | CN Barcelona | |
| 1984 | José Manuel Abascal Gómez | 1958 | FC Barcelona | |
| 1985 | José Manuel Abascal Gómez | 1958 | FC Barcelona | |
| 1986 | Carles Sala Molera | 1960 | FC Barcelona | |
| 1987 | Josep Marín Sospedra | 1950 | CN Barcelona | |
| 1988 | Josep Marín Sospedra | 1950 | CN Barcelona | |
| 1989 | Gaietà Cornet Pamies | 1963 | CG Tarragona | |
| 1990 | Daniel Plaza Montero | 1966 | GCR La Seda | |
| 1991 | Benito Nogales Cremades | 1965 | Diadora RT | |
| 1992 | Daniel Plaza Montero | 1966 | Nike AC | |
| 1993 | Valentí Massana Gracia | 1970 | CN Barcelona | |
| 1994 | Valentí Massana Gracia | 1970 | CN Barcelona | |
| 1995 | Valentí Massana Gracia | 1970 | CN Barcelona | |
| 1996 | Valentí Massana Gracia | 1970 | CN Barcelona | |
| 1997 | Jordi Mayoral Rodriguez | 1973 | GEiE Gironí | |
| 1998 | Reyes Estevez Lopez | 1976 | Adidas RT | |
| 1999 | Reyes Estevez Lopez | 1976 | Adidas RT | |
| 2000 | Valentí Massana Gracia | 1970 | Integra 2-L'H-CNB | |
| 2001 | Jesús Angel Garcia Bragado | 1969 | Canal Isabel II | |
| 2002 | Reyes Estevez López | 1976 | CD Nike Int. | |
| 2003 | José Luis Blanco Quevedo | 1975 | Puma Chapín Jerez | |
| 2004 | Jesús Angel Garcia Bragado | 1969 | Canal Isabel II | |
| 2005 | Reyes Estévez López | 1976 | CD Nike Bowerman | |
| 2006 | José Luis Blanco Quevedo | 1975 | Aquadiver-GEiEG | |
| Ex-aequo | Jesús Angel Garcia Bragado | 1969 | Canal Isabel II | |
| 2007 | Jackson Quiñonez Vernaza | 1980 | FC Barcelona | Ascensión Ibáñez |
| 2008 | Jesús Angel Garcia Bragado | 1969 | Canal Isabel II | |
| 2009 | Jesús Angel Garcia Bragado | 1969 | Canal Isabel II | |
| 2010 | Ayad Lamdassem El Mouhcine | 1981 | Atleismo Bikila | Antonio Cánovas |
| 2011 | Ayad Lamdassem El Mouhcine | 1981 | Atleismo Bikila | Antonio Cánovas |
| 2012 | Carles Castillejo Salvador | 1978 | CA Adidas | Juan Ramon Muñoz |
| 2013 | Àngel Mullera Rodríguez | 1984 | CA Lloret La Selva | Isidre Jiménez |
| 2014 | Àngel Mullera Rodríguez | 1984 | CA Lloret La Selva | Isidre Jiménez |
| 2015 | Adel Mechaal Mechaal | 1990 | AA Palamós | Josep Carballude |
| 2016 | Ilias Fifa Tensamani | 1989 | FC Barcelona | Rafael Caro |
| 2017 | Adel Mechaal Mechaal | 1990 | New Balance | |
| 2018 | Adel Mechaal Mechaal | 1990 | New Balance | |
| 2019 | Jesús Angel Garcia Bragado | 1969 | ISS-L'Hospitalet | Montserrat Pastor |
| 2020 | Ayad Lamdassem El Mouhcine | 1981 | Atletismo Bikila | |
| 2021 | Ayad Lamdassem El Mouhcine | 1981 | Atletismo Bikila | Antonio Cánovas |
| 2022 | Pol Retamal Àvila | 1999 | FC Barcelona | David Ruiz |
| 2023 | Adel Mechaal Mechaal | 1990 | Independent | |
| 2024 | Paul McGrath Benito | 2002 | Cornellà At. | Alejandro Aragoneses |
| 2025 | Paul McGrath Benito | 2002 | Cornellà At. | Alejandro Aragoneses |

(*) De 1978 a 1997 categoria Sènior.

MILLORS ATLETES CATALANES - CATEGORIA ABSOLUT FEMENI

| Temporada | Atleta | Any | Club | Entrenador |
|------------------|-----------------------------|------------|-----------------------|-----------------------|
| 1978 | Carmen Valero Omedes | 1955 | CN Barcelona | |
| 1979 | Amanda Naval Gasull | 1959 | CN Barcelona | |
| 1980 | Olga Dalmau Reig | 1959 | CG Barcelonès | |
| 1981 | Montse Pujol Clusellas | 1961 | CN Barcelona | |
| 1982 | Montse Pujol Clusellas | 1961 | CN Barcelona | |
| 1983 | Encarna Gambús de Castro | 1953 | CN Barcelona | |
| 1984 | Teresa Rioné Llano | 1965 | CG Barcelonès | |
| 1985 | Teresa Rioné Llano | 1965 | CG Barcelonès | |
| 1986 | Montse Pujol Clusellas | 1961 | CN Barcelona | |
| 1987 | Ana Isabel Alonso Nieto | 1963 | JA Sabadell | |
| 1988 | Montse Fernández Mulleras | 1966 | GEiE Gironí | |
| 1989 | Marina Prat Vidal | 1951 | CA Vilanova | |
| 1990 | Maria Reyes Sobrino Jiménez | 1967 | CN Barcelona | |
| 1991 | Emilia Cano Camacho | 1963 | Cornella At. | |
| 1992 | Mari Cruz Díaz García | 1969 | CN Barcelona | |
| 1993 | Maria Luisa Muñoz González | 1959 | Oviedo At. | |
| 1994 | Imma Clopés Gasull | 1968 | GEiE Gironí | |
| 1995 | Imma Clopés Gasull | 1968 | CN Barcelona | |
| 1996 | Imma Clopés Gasull | 1968 | CN Barcelona | |
| 1997 | Imma Clopés Gasull | 1968 | CN Barcelona | |
| 1998 | Maria Vasco Gallardo | 1975 | T2-L'H-CNB | |
| 1999 | Maria Vasco Gallardo | 1975 | T2-L'H-CNB | |
| 2000 | Maria Vasco Gallardo | 1975 | Integra 2-L'H-CNB | |
| 2001 | Maria Vasco Gallardo | 1975 | Integra 2-L'H-CNB | |
| 2002 | Natàlia Rodríguez Martínez | 1978 | Adidas RT | Miguel Escalona |
| 2003 | Natàlia Rodríguez Martínez | 1978 | Adidas RT | Miguel Escalona |
| 2004 | Maria Vasco Gallardo | 1975 | EAMJ-Playas de Jandia | Rafael Sánchez |
| 2005 | Natàlia Rodríguez Martínez | 1979 | CA Adidas | Miguel Escalona |
| 2006 | Rosa Maria Morató Rodríguez | 1978 | FC Barcelona | Octavi Garcia |
| 2007 | Maria Vasco Gallardo | 1975 | AE Blanc i Blau | Rafael Sánchez |
| 2008 | Maria Vasco Gallardo | 1975 | AE Blanc i Blau | Rafael Sánchez |
| 2009 | Natàlia Rodríguez Martínez | 1979 | CG Tarragona | Miguel Escalona |
| 2010 | Natàlia Rodríguez Martínez | 1979 | CG Tarragona | Miguel Escalona |
| 2011 | Natàlia Rodríguez Martínez | 1979 | CG Tarragona | Miguel Escalona |
| 2012 | Beatriz Pascual Rodríguez | 1982 | CA València TiM | Josep Marín |
| 2013 | Beatriz Pascual Rodríguez | 1982 | CA València TiM | Josep Marín |
| 2014 | Beatriz Pascual Rodríguez | 1982 | CA València TiM | Josep Marín |
| 2015 | Raquel González Campos | 1989 | FC Barcelona | Josep Marín |
| 2016 | Beatriz Pascual Rodríguez | 1982 | València Esports | Josep Marín |
| 2017 | Esther Guerrero Puigdevall | 1990 | New Balance | Joan Leonart |
| 2018 | Estela Garcia Villalta | 1989 | CD Nike Running | Ricardo Diéguez |
| 2019 | Esther Guerrero Puigdevall | 1990 | New Balance | Joan Leonart |
| 2020 | Esther Guerrero Puigdevall | 1990 | New Balance | Joan Leonart |
| Ex-aequo | Marta Galimany Guasch | 1985 | FC Barcelona | Jordi Toda |
| 2021 | Raquel González Campos | 1989 | FC Barcelona | |
| 2022 | Raquel González Campos | 1989 | FC Barcelona | José Antonio Quintana |
| 2023 | Cristina Montesinos Gil | 1994 | At. Piélagos | Valentí Massana |
| 2024 | Esther Guerrero Puigdevall | 1990 | New Balance Team | Joan Leonart |
| 2025 | Jaël Sakura Bestué Ferrera | 2000 | CA Adidas | Ricardo Diéguez |

(*) De 1978 a 1997 categoria Sènior.

MILLORS ATLETES CATALANS - CATEGORIA SUB-23 MASCULI

| Temporada | Atleta | Any | Club | Entrenador |
|------------------|---------------------------------|------------|------------------------|----------------------|
| 1986 | Ricard Pueyo Ministral | 1967 | UGE Badalona | |
| 1987 | Ricard Pueyo Ministral | 1967 | UGE Badalona | |
| 1988 | Ricard Pueyo Ministral | 1967 | UGE Badalona | |
| 1989 | Jaume Barroso Ramírez | 1968 | AA Catalunya | |
| 1990 | Valentí Massana Gracia | 1970 | CN Barcelona | |
| 1991 | Valentí Massana Gracia | 1970 | CN Barcelona | |
| 1992 | Xavier Brunet Pamies | 1971 | CN Montjuïc | |
| 1993 | Daniel Martí Lluch | 1973 | Larios AAM | |
| 1994 | Daniel Martí Lluch | 1973 | Larios AAM | |
| 1995 | Jordi Mayoral Rodríguez | 1973 | GEiE Gironí | |
| 1996 | Reyes Estevez López | 1976 | Adidas RT | |
| 1997 | Reyes Estevez López | 1976 | Adidas RT | |
| 1998 | David Canal Valero | 1978 | Adidas RT | |
| 1999 | Yusef El Nasri Serhani | 1979 | Adidas RT | |
| 2000 | David Canal Valero | 1978 | Adidas RT | |
| 2001 | Moisès Campeny Brugué | 1979 | Airtel AAM | |
| 2002 | Marc Peralta Fernández | 1980 | CA Laietània | Manuel Alique |
| 2003 | Xavier Areny Cluet | 1981 | FC Barcelona | Antonio Cánovas |
| 2004 | Roger Noguera Fornós | 1982 | CA Dominiques | Hans Ruf |
| 2005 | Pere Joseph Vilaplana | 1985 | FC Barcelona | Jordi Inglavaga |
| 2006 | Pere Joseph Vilaplana | 1985 | FC Barcelona | Jordi Inglavaga |
| 2007 | Pere Joseph Vilaplana | 1985 | FC Barcelona | Jordi Inglavaga |
| 2008 | Víctor Montaner Novellón | 1986 | CA Igualada | Mustapha Louchit |
| 2009 | Albert Vélez Martín | 1988 | FC Barcelona | Hans Ruf |
| 2010 | Marc Orozco Torres | 1989 | FC Barcelona | Luis Sevillano |
| 2011 | Abdelaziz Merzougui Nourddine | 1991 | CA Camargo | Antonio Cánovas |
| 2012 | Abdelaziz Merzougui Nourddine | 1991 | FC Barcelona | Antonio Cánovas |
| 2013 | Abdelaziz Merzougui Nourddine | 1991 | FC Barcelona | Antonio Cánovas |
| 2014 | Adrià Burriel Guerrero | 1992 | FC Barcelona | Raúl Gracia |
| 2015 | Marc Alcalá Ibáñez | 1994 | FC Barcelona | José Antonio Prieto |
| 2016 | Marc Alcalá Ibáñez | 1994 | FC Barcelona | José Antonio Prieto |
| 2017 | Mohamed Zarhouni Zaitouni | 1995 | FC Barcelona | José Antonio Prieto |
| 2018 | Javier Delgado Osorio | 1996 | FC Barcelona | Alex Codina |
| 2019 | Abdessamad Oukhelfen Ben Haddou | 1998 | CA Igualada | Maria Carbó |
| Ex-aequo | Pol Retamal Avila | 1999 | FC Barcelona | David Ruiz |
| 2020 | Abdessamad Oukhelfen Ben Haddou | 1998 | CA Playas de Castellón | Maria Carbó |
| 2021 | Bernat Erta Majó | 2001 | New Balance Team | Joaquim Erta |
| 2022 | Bernat Canet Vidal | 2000 | Cornellà At. | Alex Mancheño |
| 2023 | Paul McGrath Benito | 2002 | Cornellà At. | Alejandro Aragoneses |
| 2024 | Guillem Crespí Hromcova | 2002 | Barcelona At. | Pau Fradera |
| Ex-aequo | Jan Torrella Oller | 2004 | JAB-Berga | Alfonso López |
| 2025 | Pol Ferrer Moncusí | 2003 | Cornellà At. | Alejandro Mancheño |

MILLORS ATLETES CATALANES - CATEGORIA SUB-23 FEMENI

| Temporada | Atleta | Any | Club | Entrenador |
|------------------|-----------------------------|------------|-------------------------|---------------------------------|
| 1986 | Maria Reyes Sobrino Jiménez | 1967 | CN Barcelona | |
| 1987 | Maria Reyes Sobrino Jiménez | 1967 | CN Barcelona | |
| 1988 | Maria Reyes Sobrino Jiménez | 1967 | CN Barcelona | |
| 1989 | Mari Cruz Díaz García | 1969 | CN Barcelona | |
| 1990 | Marta Bosch Jiménez | 1970 | GE Parellada | |
| 1991 | Susana Regüela Saez | 1971 | FC Barcelona | |
| 1992 | Encarna Granados Aguilera | 1972 | GEiE Gironí | |
| 1993 | Encarna Granados Aguilera | 1972 | GEiE Gironí | |
| 1994 | Mònica Jofresa Prats | 1972 | L'Hospitalet Atl. | |
| 1995 | Dayana Etchenique Picardo | 1973 | FC Barcelona | |
| 1996 | Eva Paniagua Vela | 1974 | FC Barcelona | |
| 1997 | Maria Vasco Gallardo | 1975 | CN Barcelona | |
| 1998 | Irache Quintanal Franco | 1978 | T2-L'H-CNB | |
| 1999 | Irache Quintanal Franco | 1978 | FC Barcelona | |
| 2000 | Natalia Rodriguez Martinez | 1979 | CD Nike Int. | |
| 2001 | Natàlia Rodríguez Martínez | 1979 | CD Nike Int | |
| 2002 | Beatriz Pascual Rodríguez | 1982 | JA Sabadell | Marcos Flores |
| 2003 | Beatriz Pascual Rodríguez | 1982 | JA Sabadell | Josep Marín |
| 2004 | Berta Castells Franco | 1984 | UD Torredembarra | José Luis Velasco |
| 2005 | Berta Castells Franco | 1984 | UD Torredembarra | José Luis Velasco |
| 2006 | Berta Castells Franco | 1984 | CA València Terra i Mar | José Luis Velasco |
| 2007 | Eva Martín Estévez | 1985 | FC Barcelona | Ricardo Dieguez |
| Ex-aequo | Anna Maria Pinero Ortiz | 1986 | FC Barcelona | Hans Ruf |
| 2008 | Silvia Riba Ylla-Català | 1987 | CA Vic | M Cumeras-JM Padullès |
| 2009 | Laura Redondo Mora | 1988 | FC Barcelona | Llorenç Cassi |
| 2010 | Laura Redondo Mora | 1988 | FC Barcelona | Llorenç Cassi |
| 2011 | Elia Pascual Hernández | 1989 | CA Igualada | Níria Pascual |
| 2012 | Clàudia Garcia Jou | 1992 | FC Barcelona | Miguel Vélez |
| 2013 | Clàudia Garcia Jou | 1992 | FC Barcelona | Miguel Vélez |
| 2014 | Clàudia Garcia Jou | 1992 | FC Barcelona | Miguel Vélez |
| 2015 | Cristina Lara Pérez | 1995 | FC Barcelona | Ricardo Diéguez |
| 2016 | Andrea Alarcón Sánchez | 1994 | AA Catalunya | Lazaro Torrente |
| Ex-aequo | Cristina Lara Pérez | 1995 | FC Barcelona | Ricardo Diéguez |
| 2017 | Cristina Lara Pérez | 1995 | FC Barcelona | Ricardo Diéguez |
| 2018 | Mònica Clemente Martí | 1996 | Avinent Manresa | Alberto Ruiz |
| 2019 | Anna Obradors Baró | 1997 | ISS-L'Hospitalet | Armando Alvarez / Agustí Chicón |
| 2020 | Jaël Bestué Ferrera | 2000 | FC Barcelona | Ricardo Diéguez |
| Ex-aequo | Sara Gallego Sotelo | 2000 | L'Hospitalet Atletisme | Agutín Chicón |
| 2021 | Sara Gallego Sotelo | 2000 | L'Hospitalet Atletisme | Àlex Codina |
| 2022 | Sara Gallego Sotelo | 2000 | CD Nike Running | Àlex Codina |
| 2023 | Berta Segura Berenjeno | 2003 | Independent | Ivan Espilez |
| 2024 | Berta Segura Berenjeno | 2003 | Independent | Ivan Espilez |
| 2025 | Griselda Serret Menéndez | 2005 | Avinent Manresa | Sergi Calatayud |

MILLORS ATLETES CATALANS - CATEGORIA SUB-20 MASCULI

| Temporada | Atleta | Any | Club | Entrenador |
|------------------|---------------------------------|------------|---------------------|-----------------------|
| 1978 | Antonio Corgos Cervantes | 1960 | CE Universitari | |
| 1979 | Antonio Corgos Cervantes | 1960 | CE Universitari | |
| 1980 | Jordi García González | 1961 | FC Barcelona | |
| 1981 | Francisco Botonero Garrido | 1963 | CA Sant Celoni | |
| 1982 | Francisco Botonero Garrido | 1963 | CA Sant Celoni | |
| 1983 | Pere Arco Pinilla | 1964 | C Olímpic Farners | |
| 1984 | Pere Casacuberta Camps | 1965 | CA Vic | |
| 1985 | Daniel Plaza Montero | 1966 | GCR La Seda | |
| 1986 | Victor Solé Díaz | 1968 | CN Barcelona | |
| 1987 | Valentí Massana Gracia | 1970 | CN Barcelona | |
| 1988 | Valentí Massana Gracia | 1970 | CN Barcelona | |
| 1989 | Valentí Massana Gracia | 1970 | CN Barcelona | |
| 1990 | Fco. Javier Munuera García | 1972 | Nike AC | |
| 1991 | Fco. Javier Munuera García | 1972 | Sport Canet | |
| 1992 | Daniel Martí Lluch | 1973 | FC Barcelona | |
| 1993 | Reyes Estévez López | 1976 | Cornellà At. | |
| Ex-aequo | Ricard Fernández Carrión | 1974 | CA Laietània | |
| 1994 | Reyes Estévez López | 1976 | Cornellà Atlètic | |
| 1995 | Reyes Estévez López | 1976 | Adidas RT | |
| 1996 | David Márquez Laguna | 1977 | CN Barcelona | |
| Ex-aequo | David Canal Valero | 1978 | CG Barcelonès | |
| 1997 | David Canal Valero | 1978 | CN Poble Nou | |
| 1998 | Yusef El Nasri Serhani | 1979 | Adidas RT | |
| 1999 | Josep Ma. Gener Boadas | 1980 | GEiE Gironí | |
| 2000 | Xavier Areny Cluet | 1981 | CA Dominiques | |
| Ex-aequo | Robert Villa Carol | 1981 | València CA | |
| 2001 | Roger Noguera Fornos | 1982 | Integra 2-L'H-CNB | |
| 2002 | Gonzalo Ferrer Minguez | 1983 | CE Universitari | Antonio Corgos |
| Ex-aequo | Miquel Vélez Martín | 1984 | FC Barcelona | Miguel Vélez |
| 2003 | Pere Joseph Vilaplana | 1985 | FC Barcelona | Jordi Inglavaga |
| 2004 | Victor Montaner Novellón | 1986 | CA Igualada | Roger Roca |
| 2005 | Roger Carulla Ensink | 1987 | Carrefour-Lleida UA | Antonio Corgos |
| 2006 | Roger Carulla Ensink | 1987 | Carrefour-Lleida UA | Antonio Corgos |
| 2007 | Marc Altés Virgili | 1988 | CN Reus Ploms | Manel Jiménez |
| Ex-aequo | Jaume León Fernández de Sevilla | 1988 | AA Catalunya | Lazaro Torrente |
| 2008 | Marc Orozco Torres | 1989 | FC Barcelona | Luis Sevillano |
| 2009 | Xavier Carrión Pla | 1991 | JA Sabadell | Natàlia Amiel |
| Ex-aequo | Eduard Viles Farreny | 1991 | FC Barcelona | Alex Codina |
| 2010 | Abdelaziz Merzougui Nourddine | 1991 | CA Ascó | Antonio Cánovas |
| 2011 | Didac Salas Planas | 1993 | FC Barcelona | Hans Ruf |
| 2012 | Didac Salas Planas | 1993 | FC Barcelona | Gabriel Martínez |
| 2013 | Sergio Acera Villanueva | 1994 | AA Catalunya | David Serrano |
| 2014 | Aleix Pi Portet | 1996 | AA Catalunya | Gabriel Martínez |
| 2015 | Miguel Alberto Blanco Rodríguez | 1996 | FC Barcelona | Llorenç Cassi |
| 2016 | Jordi Torrents Teixidor | 1997 | FC Barcelona | Maria Carbó |
| 2017 | Pol Retamal Avila | 1999 | FC Barcelona | David Ruiz |
| 2018 | Pol Retamal Avila | 1999 | FC Barcelona | David Ruiz |
| 2019 | Bernat Erta Majó | 2001 | FC Barcelona | Joaquim Erta |
| 2020 | Bernat Erta Majó | 2001 | FC Barcelona | Joaquim Erta |
| 2021 | Paul McGrath Benito | 2002 | Cornellà At. | Alejandro Aragoneses |
| 2022 | Óscar Martínez Rodríguez | 2003 | Cornellà At. | José Manuel Rodríguez |
| 2023 | Jan Díaz Basullas | 2004 | Avinent Manresa | Alba Martí |
| 2024 | Alex Pintado Aznar | 2006 | Playas de Castellón | Domingo López |
| 2025 | Oriol Sánchez Cortés | 2006 | CE Universitari | Albert Balada |

MILLORS ATLETES CATALANES - CATEGORIA SUB-20 FEMENI

| Temporada | Atleta | Any | Club | Entrenador |
|------------------|-----------------------------|------------|----------------------------|----------------------|
| 1978 | Montse Pujol Clusellas | 1961 | JA Sabadell | |
| 1979 | Gloria Pallé Torres | 1961 | AD Antorxa | |
| 1980 | Yolanda Dolz Pérez Cobos | 1962 | CN Montjuïc | |
| 1981 | Ana Maria Bermúdez Guerrero | 1963 | AA Catalunya | |
| 1982 | Teresa Rioné Llano | 1965 | CE Universitari | |
| 1983 | Teresa Rioné Llano | 1965 | CE Universitari | |
| 1984 | Maria Reyes Sobrino Jiménez | 1967 | CN Barcelona | |
| 1985 | Maria Reyes Sobrino Jiménez | 1967 | CN Barcelona | |
| 1986 | Mari Cruz Díaz García | 1969 | CN Barcelona | |
| 1987 | Mari Cruz Díaz García | 1969 | CN Barcelona | |
| 1988 | Mari Cruz Díaz García | 1969 | CN Barcelona | |
| 1989 | Olga Sánchez Armona | 1970 | AA Catalunya | |
| 1990 | Silvia Velázquez Roca | 1970 | GEiE Gironí | |
| 1991 | Sonia Rallo Rodríguez | 1972 | JA Sabadell | |
| 1992 | Aurora Lario Marco | 1973 | CG Tarragona | |
| 1993 | Mónica Marín Durán | 1976 | JA Sabadell | |
| 1994 | María Vasco Gallardo | 1975 | CN Barcelona | |
| 1995 | Silvia Montané Bonilla | 1977 | CA Vilafranca | |
| 1996 | Irache Quintanal Franco | 1978 | CN Reus Ploms | |
| 1997 | Judit Plà Roig | 1978 | CN Barcelona | |
| 1998 | Natalia Rodriguez Martinez | 1979 | CD Nike Int. | |
| 1999 | Isabel Vert Carbó | 1981 | CA Femení-Barberà Terrassa | |
| 2000 | Beatriz Pascual Rodriguez | 1982 | JA Sabadell | |
| 2001 | Beatriz Pascual Rodríguez | 1982 | JA Sabadell | |
| 2002 | Berta Castells Franco | 1984 | AA Catalunya-UBAE | José Luis Velasco |
| 2003 | Berta Castells Franco | 1984 | AA Catalunya-UBAE | José Luis Velasco |
| 2004 | Olga Ortega Almagro | 1985 | FC Barcelona | Lluís González |
| 2005 | Anna Maria Pinero Ortiz | 1986 | AA Catalunya-UBAE | Hans Ruf |
| 2006 | Andrea Díez Ibañez | 1988 | L'Hospitalet Atl. | Armando Álvarez |
| 2007 | Elia Pascual Hernández | 1989 | CA Igualada | Jaume Basas |
| Ex-aequo | Laura Redondo Mora | 1988 | FC Barcelona | Llorenç Cassi |
| 2008 | Carmen Sánchez Silva | 1990 | ISS-L'Hospitalet | Alex Codina |
| 2009 | Esther Guerrero Puigdevall | 1990 | FC Barcelona | Ferran Gutiérrez |
| 2010 | Mireia Bonjoch Freginals | 1991 | FC Barcelona | Norbert de Haro |
| 2011 | Clàudia Garcia Jou | 1992 | FC Barcelona | Miguel Vélez |
| 2012 | Clara Amat Fernández | 1994 | AA Catalunya | Gabriel Martínez |
| 2013 | Clara Amat Fernández | 1994 | AA Catalunya | Gabriel Martínez |
| 2014 | Cristina Lara Pérez | 1995 | FC Barcelona | Ricardo Diéguez |
| 2015 | Sheila Garcia Muntané | 1997 | CA Igualada | Antonio Corgos |
| Ex-aequo | Emilia del Hoyo Pérez | 1997 | Avinent CA Manresa | Angel Luis Garcia |
| 2016 | Sara Dorda Sans | 1997 | AA Catalunya | Xavier Grau |
| 2017 | Meritxell Benito Villarraso | 1999 | Playas de Castellón | Josep Benito |
| 2018 | Sara Gallego Sotelo | 2000 | ISS-L'Hospitalet | Armando Álvarez |
| 2019 | Maria Vicente Garcia | 2001 | CD Nike Running | Fernando Martínez |
| 2020 | Maria Vicente Garcia | 2001 | CD Nike Running | |
| 2021 | Carla Domínguez Torner | 2003 | JA Sabadell | Albert Parreño |
| 2022 | Berta Segura Berenjano | 2003 | Aldahra Lleida UA | Iván Espilez |
| 2023 | Griselda Serret Menéndez | 2005 | CA Alcorcón | Sergi Calatayud |
| Ex-aequo | Daniela Fernández de Haro | 2005 | Valencia CA | Sergio Peña |
| 2024 | Marta Mitjans Muñoz | 2006 | Playas de Castellón | Alfonso Guillén |
| 2025 | Sofia Santacreu Calatayud | 2006 | CD Nike Running | Alejandro Aragoneses |
| Ex-aequo | Ona Bonet Bernadich | 2006 | CD Nike Running | Gustavo A. Becker |
| Ex-aequo | Marta Mitjans Muñoz | 2006 | CD Nike Running | Alfonso Guillén |

MILLORS ATLETES CATALANS - CATEGORIA SUB-18 MASCULI

| Temporada | Atleta | Any | Club | Entrenador |
|------------------|---------------------------------|------------|---------------------|-------------------------|
| 1978 | Antonio Fernández Agudo | 1961 | CN Barcelona | |
| 1979 | Higinio López García | 1963 | CG Barcelonès | |
| 1980 | Francisco Botonero Garrido | 1963 | CA Sant Celoni | |
| 1981 | Pere Arco Pinilla | 1964 | C Olímpic Farners | |
| 1982 | Teofilo Benito Padilla | 1966 | CN Reus Ploms | |
| 1983 | Pedro Viudes Reyes | 1966 | CG Barcelonés | |
| 1984 | Marc Pujol Rique | 1968 | CB Leon XII - CNB | |
| 1985 | Avelino Fernández Molina | 1968 | CE Canaletes | |
| | Víctor Solé Díaz | 1968 | CN Barcelona | |
| 1986 | | | | |
| | | | | |
| 1995 | | | | |
| 1996 | Moises Campeny Brugué | 1979 | ACE Riudellots | |
| 1997 | Bernat Bartolomé Casamitjana | 1980 | JA Sabadell | |
| 1998 | Robert Villa Carol | 1981 | CA Laietània | |
| 1999 | Moisés Gilabert Dragó | 1982 | UA Montsià | |
| Ex-aequo | Roger Noguera Fornos | 1982 | Sícoris Club | |
| 2000 | Jairo Vera Guillen | 1983 | Integra 2-L'H-CNB | |
| 2001 | Joaquim Carlús Martín | 1984 | Ripollet UA | |
| 2002 | Pere Joseph Vilaplana | 1985 | FC Barcelona | Jordi Inglavaga |
| 2003 | Víctor Montaner Novellón | 1986 | CA Igualada | Roger Roca |
| 2004 | Albert Vélez Martín | 1988 | FC Barcelona | Hans Ruf |
| 2005 | Albert Vélez Martín | 1988 | FC Barcelona | Hans Ruf |
| 2006 | Omar Vizúete Cabrera | 1989 | CA Castellar | Joan Manel Sesé |
| 2007 | Manel Concepción Martín | 1990 | Playas de Castellón | Hans Ruf |
| 2008 | Xavier Carrión Pla | 1991 | JA Sabadell | Natàlia Amiel |
| 2009 | Arnau Erta Majó | 1992 | FC Barcelona | Ascensión Ibáñez |
| 2010 | Didac Salas Planas | 1993 | ISS - L'Hospitalet | Hans Ruf |
| 2011 | Sergio Acera Villanueva | 1994 | CA Nou Barris | David Serrano |
| 2012 | Miguel Alberto Blanco Rodríguez | 1996 | Girona CB-CAP | Llorenç Cassi |
| 2013 | Aleix Pi Portet | 1996 | AA Catalunya | Gabriel Martínez |
| 2014 | Noel del Cerro Vilalta | 1997 | AA Catalunya | Gabriel Martínez |
| 2015 | Aleix Porrás Cantons | 1999 | FC Barcelona | Salvador Porrás |
| 2016 | Aleix Porrás Cantons | 1999 | FC Barcelona | Salvador Porrás |
| 2017 | Aaron Las Heras Rupérez | 2000 | Playas de Castellón | Domingo López |
| 2018 | Eric Guzmán González | 2002 | Cerdanyola CH | Juan Carlos Ginés |
| 2019 | Paul McGrath Benito | 2002 | Cornellà At. | Alejandro Aragoneses |
| Ex-aequo | Joaquim Rodríguez Fauroux | 2002 | ISS-L'Hospitalet | Alvaro Fernández-Dávila |
| 2020 | Arnau Gómez Verdugo | 2004 | CA Canaletes | Adrián Revilla |
| Ex-aequo | Marçal Herraiz Prat | 2003 | CA Mollet | Rogelio Vega |
| 2021 | Jan Díaz Basullas | 2004 | Avinent Manresa | Maria Alba Martí |
| 2022 | David Pérez Bruque | 2005 | Avinent Manresa | Eulàlia Torrescasana |
| 2023 | Isaias Artigas Medina | 2006 | CM Sant Cugat | Guillermo López |
| 2024 | Bakr El Asri Mohsine | 2007 | CA Lloret-La Selva | |
| 2025 | Alejandro Morante Martín | 2008 | CA Nou Barris | Emilio Pérez |

MILLORS ATLETES CATALANES - CATEGORIA SUB-18 FEMENI

| Temporada | Atleta | Any | Club | Entrenador |
|------------------|----------------------------|------------|-----------------------|----------------------------|
| 1978 | Margarita Colomer Termens | 1963 | CG Barcelonès | |
| 1979 | Rosa Pérez Atué | 1963 | CA Vilanova | |
| 1980 | Teresa Rioné Llano | 1965 | CE Universitari | |
| 1981 | Teresa Rioné Llano | 1965 | CE Universitari | |
| 1982 | Maite Montaña Fernández | 1967 | UD Torredembarra | |
| 1983 | Lurdes Miquel Sabatès | 1967 | CA Vic | |
| 1984 | Mari Cruz Díaz García | 1969 | CN Barcelona | |
| 1985 | Mari Cruz Díaz García | 1969 | CN Barcelona | |
| 1986 | | | | |
| | | | | |
| 1995 | | | | |
| 1996 | Natalia Rodríguez Martínez | 1979 | CG Tarragona | |
| 1997 | Julia Estevez Apostolo | 1980 | AA Catalunya | |
| 1998 | Marta Mata Baquero | 1981 | CA El Vendrell | |
| 1999 | Ariadna Salgado Sendra | 1982 | T2-L'H-CNB | |
| 2000 | Maria Guixà Solé | 1983 | Integra 2-L'H-CNB | |
| 2001 | Berta Castells Franco | 1984 | AA Catalunya-UBAE | |
| 2002 | Maria Rocafiguera Boy | 1985 | CA Vic | Manuel Cumeras |
| 2003 | Anna Maria Pinero Ortiz | 1986 | JA Sabadell | Hans Ruf |
| 2004 | Andrea Díez Ibañez | 1988 | CA Sant Celoni | Armando Álvarez |
| Ex-aequo | Ester Guerrero Muñoz | 1988 | Cornellà At. | Daniel Álvarez |
| Ex-aequo | Silvia Riba Ylla-Català | 1987 | CA Vic | Manel Cumeras |
| 2005 | Andrea Díez Ibañez | 1988 | CA Sant Celoni | Armando Álvarez |
| 2006 | Arantxa Murillo Prim | 1989 | UA Rubí | Pere Llonch |
| 2007 | Núria Gil Clapera | 1991 | CN Reus Ploms | Roser Gil |
| 2008 | Núria Gil Clapera | 1991 | CN Reus Ploms | Roser Gil |
| 2009 | Clàudia Garcia Jou | 1992 | FC Barcelona | Miguel Vélez |
| 2010 | Ariadna Ramos Gandia | 1994 | CA Igualada | Sergi Badet |
| 2011 | Clara Amat Fernández | 1994 | AA Catalunya | Gabriel Martínez |
| 2012 | Cristina Lara Pérez | 1995 | FC Barcelona | Domingo Mayoral |
| 2013 | Ingrid Andrés Bocanegra | 1997 | CA Mollet | Raúl Gracia |
| 2014 | Emilia del Hoyo Pèrez | 1997 | Avinent CA Manresa | Angel Luis Garcia |
| 2015 | Lluïsa Mitjà Clopés | 1998 | JA Sabadell | Fausto Augusto Godínez |
| 2016 | Sara Gallego Sotelo | 2000 | ISS – L'Hospitalet | Armando Álvarez |
| 2017 | Maria Vicente Garcia | 2001 | ISS – L'Hospitalet | Alvaro J. Fernández-Dávila |
| Ex-aequo | Jaël Bestué Ferrera | 2000 | Muntanyenc Sant Cugat | Ricardo Diéguez |
| 2018 | Maria Vicente Garcia | 2001 | ISS – L'Hospitalet | Fernando Martínez |
| 2019 | Clara Fernández Ortiz | 2003 | CM Sant Cugat | Alberto Ruiz |
| 2020 | Clara Fernández Ortiz | 2003 | CD Nike Running | Alberto Ruiz |
| 2021 | Marina Pérez Ramos | 2004 | Unió Colomenca Atl. | Joaquim Garcia |
| 2022 | Sofia Santacreu Calatayud | 2006 | JA Sabadell | Sergio Ezquerro |
| 2023 | Sofia Santacreu Calatayud | 2006 | JA Sabadell | Sergio Ezquerro |
| 2024 | Gina Torres Auberni | 2007 | Lleida UA | Ernesto Alonso |
| 2025 | Alba Benito Rodríguez | 2009 | FC Barcelona | Gabriel Martínez |

MILLORS ATLETES CATALANES - CATEGORIA SUB-16 MASCULI

| Temporada | Atleta | Any | Club | Entrenador |
|------------------|---------------------------------|------------|----------------------------|----------------------------|
| 1978 | Higinio López Garcia | 1963 | CG Barcelonès | |
| 1979 | Luis Ureña Sanz | 1964 | EE Brafa | |
| 1980 | Josep Maria Pol González | 1965 | CA Granollers | |
| Ex-aequo | Juan C. Ureña Sanz | 1965 | EE Brafa | |
| 1981 | Jordi Gras Magriñà | 1966 | CN Reus Ploms | |
| 1982 | Angel Fariñas Carrión | 1967 | CA Santa Coloma | |
| 1983 | José González Arilla | 1968 | CA Cambrils | |
| 1984 | Roger Molist Casals | 1969 | FC Barcelona | |
| 1985 | Enric de la Hoz González | 1970 | FC Barcelona | |
| 1986 | Enric de la Hoz González | 1970 | FC Barcelona | |
| 1987 | Albert Segué Solsona | 1971 | CE Bellví | |
| 1988 | Oleguer Pujol Ferrusola | 1972 | FC Barcelona | |
| 1989 | Daniel Martí Lluch | 1973 | CN Barcelona | |
| 1990 | José Luis Valencia Gil | 1974 | Masnou AC | |
| 1991 | Carles Geronès Sierra | 1975 | CA Palafrugell | |
| 1992 | Reyes Estevez López | 1976 | Cornellà At. | |
| 1993 | Antonio Álvarez Hernández | 1977 | Cornellà At. | |
| 1994 | David Alvarado Díaz | 1978 | AA Catalunya | |
| 1995 | Moises Campeny Brugué | 1979 | ACE Riudellots | |
| 1996 | Antonio Alonso Estepa | 1980 | FC Barcelona | |
| 1997 | Ruben Ferrer López | 1981 | CA Lleida-UdL | |
| 1998 | Xavier Izquierdo Barrera | 1982 | UA Rubí | |
| 1999 | Jairo Vera Guillén | 1983 | T2-L'H-CNB | |
| 2000 | Miguel Moya Moreno | 1984 | UE Badaloní | |
| 2001 | Pere Joseph Vilaplana | 1985 | FC Barcelona | |
| 2002 | Xavier Pozuelo Montfort | 1987 | FC Barcelona | Miquel Consegal |
| 2003 | Albert Vélez Martín | 1988 | FC Barcelona | Hans Ruf |
| 2004 | Albert Álvarez López | 1989 | CA Manresa | Angel Garcia |
| Ex-aequo | Omar Vizuet Cabrera | 1989 | CA Castellar | Joan Manel Sesé |
| 2005 | Ramon Montejano Moreso | 1990 | FC Barcelona | Sebastián Conesa |
| 2006 | Marc De Manuel Montero | 1991 | L'Hospitalet Atl. | Joaquin Hernández |
| 2007 | Albert Babí Oller | 1992 | CA Manresa | Maria Alba Martí |
| Ex-aequo | Arnau Erta Majó | 1992 | FC Barcelona | Ascensión Ibáñez |
| 2008 | Marc José Díaz | 1993 | CA Tarragona | Pere Pardines |
| 2009 | Sergio Acera Villanueva | 1994 | CA Nou Barris | David Serrano |
| 2010 | Marc Guerrero Plaza | 1995 | ISS – L'Hospitalet | Marcos Flores |
| Ex-aequo | Marc Sánchez Alonso | 1995 | CA Igualada | Sergi Badet |
| Ex-aequo | Viorel Cristian Ravar | 1995 | AA Catalunya | Pau Cecilia |
| 2011 | Miguel Alberto Blanco Rodríguez | 1996 | Girona CB-CAP | Llorenç Cassi |
| Ex-aequo | Javier Delgado Osorio | 1996 | Cornellà At | Alex Mancheño Pérez |
| 2012 | Ángel Bazán Castelló | 1997 | AE Sant Andreu de la Barca | Josep Maria Peralta |
| 2013 | Joel Ferrando Ruiz | 1998 | FC Barcelona | Bernat Guerri |
| 2014 | Aaron Solà Sanjuán | 1999 | AA Catalunya | |
| 2015 | Aaron Las Heras Rupérez | 2000 | AA Catalunya | Esther Rodríguez |
| 2016 | Eloi Santafé Garcia | 2001 | JA Sabadell | Llorenç Esteve |
| 2017 | Joaquim Rodríguez Fauroux | 2002 | ISS-L'Hospitalet | Alvaro J. Fernández-Dávila |
| Ex-aequo | Aitor Caldito Gandia | 2002 | CA Igualada | Sergi Badet |
| 2018 | Pol Ferrer Moncusí | 2003 | Cornellà At. | Guillem Valverde |
| 2019 | Arnau Gómez Verdugo | 2004 | CA Canaletes | Adrián Revilla |
| 2020 | Adrián Gómez Carmona | 2005 | UA Barberà | Pere Llonch |
| 2021 | Hailu Estrampes Mateu | 2006 | CA Ascó - Ribera d'Ebre | Cristian Gutiérrez |
| 2022 | Iván García Román | 2007 | UA Rubí | Ferran Merino |
| 2023 | Alejandro Muñoz Rodríguez | 2008 | CA Mollet | Raúl Gracia |
| Ex-aequo | Pere Mas Ferrus | 2008 | AA Xafatolls | Fran Carrillo |

MILLORS ATLETES CATALANES - CATEGORIA SUB-16 MASCULI

| Temporada | Atleta | Any | Club | Entrenador |
|------------------|-------------------|------------|----------------------------|-------------------|
| 2024 | Qixiang Liu | 2009 | CA Sant Andreu de la Barca | Sergio Valle |
| 2025 | Eros Alegre Gómez | 2010 | UA Montsià | Pau Cecilia |

MILLORS ATLETES CATALANES - CATEGORIA SUB-16 FEMENI

| Temporada | Atleta | Any | Club | Entrenador |
|------------------|----------------------------|------------|--------------------------|----------------------------|
| 1978 | Esther Pallisà Nuñez | 1964 | CA Igualada | |
| 1979 | Teresa Rioné Llano | 1965 | CE Universitari | |
| 1980 | Carme Rovira Salvador | 1966 | CN Barcelona | |
| 1981 | Esther Boix Tubau | 1968 | CA Laietània | |
| 1982 | Sonia Godall Cassi | 1968 | CN Barcelona | |
| 1983 | Mari Cruz Díaz Garcia | 1969 | CN Barcelona | |
| 1984 | Agata Nogué Borí | 1970 | CA Vic | |
| 1985 | Gemma Sabaté Garcia | 1971 | Pratenc AA | |
| 1986 | Agata Nogué Borí | 1970 | CA Vic | |
| 1987 | Regina Gabarró Romeu | 1971 | CA Igualada | |
| 1988 | Tatiana Van Gerwen López | 1972 | CG Barcelonès | |
| 1989 | Aurora Lario Marco | 1973 | CG Tarragona | |
| 1990 | Eva Paniagua Vela | 1974 | CPE Canaletes | |
| 1991 | Ana Belén Martínez Segura | 1975 | C Olímpic Farners | |
| Ex-aequo | Maria Vasco Gallardo | 1975 | CN Barcelona | |
| 1992 | Angels Batlle Escolies | 1976 | Sícoris Club | |
| 1993 | Mar Codó Bas | 1977 | JA Sabadell | |
| 1994 | Natalia Rodríguez Martínez | 1979 | CG Tarragona | |
| 1995 | Natalia Rodríguez Martínez | 1979 | CG Tarragona | |
| 1996 | Mireia Clarós Benito | 1981 | CN Reus Ploms | |
| 1997 | Marta Mata Baquero | 1981 | CA El Vendrell | |
| 1998 | Anna Jordà Ruiz de Assin | 1982 | JA Sabadell | |
| 1999 | Berta Castells Franco | 1984 | UD Torredembarra | |
| 2000 | Berta Castells Franco | 1984 | UD Torredembarra | |
| 2001 | Gemma Piquer Roda | 1985 | FC Barcelona | |
| Ex-aequo | Maria Rocafiguera Boy | 1985 | CA Vic | |
| 2002 | Silvia Riba Ylla-Català | 1987 | CA Vic | Manuel Cumeras |
| 2003 | Laura Redondo Mora | 1988 | CA Gavà | Rafael López |
| 2004 | Esther Guerrero Puigdevall | 1990 | CN Banyoles | Ferran Gutiérrez |
| Ex-aequo | Elia Pascual Hernández | 1989 | CA Igualada | Jaume Basas |
| 2005 | Ana Maria Chico Juste | 1990 | CA Mollet | Rogelio Vega |
| Ex-aequo | Esther Guerrero Puigdevall | 1990 | CN Banyoles | Ferran Gutiérrez |
| 2006 | Maria Aznar Cuadrado | 1992 | L'Hospitalet Atl. | Pere Suñé |
| 2007 | Maria Aznar Cuadrado | 1992 | ISS-L'Hospitalet | Armando Àlvarez |
| Ex-aequo | Ester Garcia Lanzas | 1992 | ISS-L'Hospitalet | Armando Àlvarez |
| 2008 | Judit Rovira Salvat | 1993 | Girona Costa Brava-CAP | Pere Viudez |
| Ex-aequo | Ariadna Ramos Gandia | 1994 | CA Igualada | Sergi Badet |
| 2009 | Clara Amat Fernández | 1994 | AA Catalunya | Gabriel Martínez |
| Ex-aequo | Ariadna Ramos Gandia | 1994 | CA Igualada | Sergi Badet |
| 2010 | Laura Herández Arteaga | 1995 | ISS – L'Hospitalet | Fausto Augusto Godinez |
| Ex-aequo | Sandra Troyano Marcos | 1995 | ISS – L'Hospitalet | Marcos Flores |
| 2011 | Blanca González Melarde | 1996 | UGE Badalona | David Gallego |
| 2012 | Ingrid Andrés Bocanegra | 1997 | CA Mollet | Raúl Gracia |
| Ex-aequo | Emilia del Hoyo Pérez | 1997 | Avinent Manresa | Ángel Luis Garcia |
| 2013 | Anna Massa Pires | 1998 | Girona Costa Brava – CAP | Josep Massa |
| 2014 | Marina Carrasco Martín | 1999 | Cornellà At. | Alex Mancheño |
| Ex-aequo | Andrea Trapé Pérez | 1999 | AA Catalunya | Jesús Velasco |
| 2015 | Maria Vicente Garcia | 2001 | ISS – L'Hospitalet | Alvaro J. Fernández-Dávila |
| 2016 | Maria Vicente Garcia | 2001 | ISS – L'Hospitalet | Alvaro J. Fernández-Dávila |
| 2017 | Júlia de la Piedra Sitjas | 2003 | CA Canovelles | Alfons Guillén |
| 2018 | Júlia de la Piedra Sitjas | 2003 | CA Canovelles | Alfons Guillén |
| Ex-aequo | Júlia Garcia Fuentes | 2003 | Cerdanyola CH | Ruben Bona |
| Ex-aequo | Clara Fernández Ortiz | 2003 | CM Sant Cugat | Alberto Ruiz |
| 2019 | Marina Pérez Ramos | 2004 | Unió Colomenca | Joaquim Garcia |

MILLORS ATLETES CATALANES - CATEGORIA SUB-16 FEMENI

| Temporada | Atleta | Any | Club | Entrenador |
|------------------|------------------------|------------|---------------------|-------------------|
| 2020 | Bemnet Vidal Casadesús | 2005 | CA Nou Barris | Youssef Kouah |
| Ex-aequo | Laia Zurita Carbó | 2005 | UGE Badalona | David Gallego |
| 2021 | Marta Mitjans Muñoz | 2006 | CA Canovelles | Zenon Tomàs |
| 2022 | Erika Sellart Bordes | 2007 | CA Terres de Ponent | Jaume Sellart |
| 2023 | Alba Benito Rodríguez | 2009 | CA Laietània | Gabriel Martínez |
| 2024 | Alba Benito Rodríguez | 2009 | CA Laietània | Gabriel Martínez |
| Ex-aequo | Mariona Armero Montané | 2009 | Lleida UA | Sebastià Vidal |
| 2025 | Maia Parés Mateo | 2010 | FC Barcelona | Domingo Mayoral |

MILLORS ATLETES CATALANES - CATEGORIA SUB-14 MASCULI

| Temporada | Atleta | Any | Club | Entrenador |
|------------------|-------------------------------|------------|----------------------------|---------------------|
| 1978 | José A. López Garcia | 1965 | CG Barcelonès | |
| 1979 | Enrique Rodero de la Morena | 1966 | JA Barcelona | |
| 1980 | Ildefons Irun Alonso | 1967 | CG Tarragona | |
| 1981 | José Maria Dieguez Garcia | 1968 | CG Barcelonès | |
| 1982 | Josep Adroguer Sunyer | 1969 | CO Vidreres | |
| 1983 | German Nieto Montesinos | 1970 | Cornellà At. | |
| 1984 | Alex Andrés Martínez | 1971 | CA Valls d'Andorra | |
| 1985 | Manuel Cruz Rodríguez | 1972 | UA Terrassa | |
| 1986 | Manuel Cruz Rodríguez | 1972 | UA Terrassa | |
| 1987 | David Pueyo Ministral | 1973 | UGE Badalona | |
| 1988 | Josep Maria Campanales Roca | 1974 | CN Reus Ploms | |
| Ex-aequo | David Sitjà Serra | 1974 | GEiE Gironí | |
| Ex-aequo | Marc Ruiz Valls | 1974 | JA Sabadell | |
| 1989 | David Sánchez Matencio | 1975 | AE Santa Eulàlia | |
| 1990 | Robert Abella Carsi | 1976 | FC Barcelona | |
| 1991 | Benet Totusaus Gargallo | 1977 | CA El Vendrell | |
| Ex-aequo | Antonio Álvarez Hernández | 1977 | Cornellà At. | |
| 1992 | Eduardo Martínez Cano | 1978 | AE Santa Eulàlia | |
| 1993 | Moises Campeny Brugué | 1979 | ACE Riudellots | |
| 1994 | Ivan Ruiz Palomeque | 1980 | CA Vic | |
| 1995 | Eduard Tiers Moreno | 1981 | Escola Terraferma | |
| 1996 | Hector Morcillo Muñoz | 1982 | CA Granollers | |
| 1997 | David Sirolla López | 1983 | CN Reus Ploms | |
| 1998 | Luis Sobrado Garcia | 1984 | UGE Badalona | |
| 1999 | Pol Farrerons Puig | 1985 | GEiE Gironí | |
| 2000 | Alberto Bueno Hernandez | 1986 | UD Torredembarra | |
| 2001 | Alberto Estevez Pérez | 1987 | AA Catalunya-UBAE | |
| 2002 | Josep Segué Sabaté | 1989 | CA Lleida-UdL | Marc Julià |
| Ex-aequo | Sergi Puigvert Serrat | 1989 | CA Calella | Angels Guitart |
| 2003 | Marc Bertrán Santos | 1990 | CG Tarragona-FAAC | Manuel Gómez |
| 2004 | Marc de Manuel Montero | 1991 | CN Poble Nou | Victor Llevot |
| Ex-aequo | Sergi Miró Manero | 1991 | CA Espluguí | Jordi Miró |
| Ex-aequo | Sergi Serrano Garcia | 1991 | Integra 2-L'H-CNB | Joaquim Hernández |
| 2005 | Albert Babí Oller | 1992 | CA Manresa | Jordi Pierola |
| 2006 | Carlos Rodríguez Pérez | 1993 | Pratenc AA | Jaume Vilà |
| 2007 | Sergio Acera Villanueva | 1994 | CA Nou Barris | David Serrano |
| 2008 | Esteban Fernández-Davila Lazo | 1995 | ISS-L'Hospitalet | Pere Suñé |
| Ex-aequo | Marc Guerrero Plaza | 1995 | ISS-L'Hospitalet | Marcos Flores |
| 2009 | Aleix Pi Portet | 1996 | CA Calella | Gabriel Sanguino |
| 2010 | Ángel Bazán Castelló | 1997 | AE Sant Andreu de la Barca | Josep Maria Peralta |
| 2011 | Marc Liébana Jordán | 1998 | Lleida UA | Albert Segué |
| Ex-aequo | Mouad Mbarki | 1998 | CA Granollers | Ismael Subirà |
| 2012 | Meskelu Curado Bailina | 1999 | JA Sabadell | Natàlia Amiel |
| 2013 | Andrés Aguilera Cabello | 2000 | UA Terrassa | Iván González |
| 2014 | Joan Artigas Medina | 2001 | C Muntanyenc Sant Cugat | Antonio Corgos |
| 2015 | Aitor Caldito Gandía | 2002 | CA Igualada | Sergi Badet |
| Ex-aequo | Adam Avila Llorens | 2002 | AA Catalunya | Ferran Batiste |
| 2016 | Yeray Campos Menéndez | 2003 | CM Sant Cugat | Carles Triadó |
| 2017 | Marc Garcia Martínez | 2004 | UGE Badalona | David Gallego |
| 2018 | Pol Elvira Martín | 2005 | CA Viladecans | Salvador Lerma |
| 2019 | Hailu Estrampes Mateu | 2006 | CA Ascó | Cristian Gutiérrez |
| 2020 | Lluc Subirós Brasero | 2007 | CA Tarragona | Bernat Rocamora |
| 2021 | Ivan Martínez Jorquera | 2008 | CA Sant Celoni | Josep Mollevi |
| Ex-aequo | Victor Jiménez Garcia | 2008 | CA Tarragona | Bernat Rocamora |

MILLORS ATLETES CATALANES - CATEGORIA SUB-14 MASCULI

| <u>Temporada</u> | <u>Atleta</u> | <u>Any</u> | <u>Club</u> | <u>Entrenador</u> |
|-------------------------|-------------------------|-------------------|--------------------|--------------------------|
| 2022 | Hector Robledo Saavedra | 2009 | CA Canaletes | Victor Guerrero |
| 2023 | Mateo Garrido Rizzo | 2010 | FACVAC Valls | Jordi Miró |
| 2024 | Jeremiah Obró Iyamu | 2011 | CG Tarragona | Sebastià Gilart |

RECONeixEMENT ATLETES SUB-14 MASCULI

| <u>Temporada</u> | <u>Atleta</u> | <u>Any</u> | <u>Club</u> |
|-------------------------|------------------------|-------------------|--------------------|
| 2025 | Hugo Rodríguez Guixà | 2012 | CA Palafolls |
| 2025 | Lucas Siqueira Ribeiro | 2012 | L'Hospitalet At. |
| 2025 | Atila Hernández Raya | 2012 | Cornellà At. |

MILLORS ATLETES CATALANES - CATEGORIA SUB-14 FEMENI

| Temporada | Atleta | Any | Club | Entrenador |
|------------------|-----------------------------|------------|----------------------|-------------------|
| 1978 | Carmen Escucha Ortega | 1966 | CA Igualada | |
| 1979 | Sabina Macaya de Moras | 1967 | CG Tarragona | |
| 1980 | Esther Gago Caballero | 1968 | FC Barcelona | |
| 1981 | Fatima Melero Ramirez | 1969 | CN Barcelona | |
| 1982 | Juana Maria López Murcia | 1970 | Pratenc AA | |
| 1983 | Silvia Navarro Erena | 1971 | CG Tarragona | |
| 1984 | Emma Díaz Carvajal | 1972 | FC Barcelona | |
| 1985 | Gemma Cassi Padrós | 1973 | CN Barcelona | |
| Ex-aequo | Ana Isabel Prieto | 1973 | Cornellà At. | |
| 1986 | Maria José Mayoral Vilar | 1972 | CA Ampostí | |
| 1987 | Gemma Cassi Padrós | 1973 | CN Barcelona | |
| 1988 | Carme Alegret Albesa | 1974 | CA Canet | |
| 1989 | Ana Belén Martínez Segura | 1975 | CA Lloret | |
| 1990 | Mònica Marín Durán | 1976 | UA Ripollet | |
| 1991 | Mar Codo Bas | 1977 | JA Sabadell | |
| 1992 | Anna Vera Montiel | 1978 | CA Igualada | |
| 1993 | Gloria Romero Quijada | 1979 | JA Sabadell | |
| 1994 | Elisabet Noguera Perarnau | 1980 | CA Laietània | |
| 1995 | Anna Noria Cáceres | 1981 | CA Vic | |
| 1996 | Roser Rios Baldellou | 1982 | CG Barcelonès | |
| 1997 | Berta Castells Franco | 1984 | UD Torredembarra | |
| 1998 | Berta Castells Franco | 1984 | UD Torredembarra | |
| 1999 | Gemma Soldevila Casanovas | 1985 | AA Catalunya | |
| 2000 | Anna Pinero Ortiz | 1986 | JA Sabadell | |
| 2001 | Silvia Riba Ylla-Català | 1987 | CA Vic | |
| 2002 | Elia Pascual Hernández | 1989 | CA Igualada | Maribel Pujabet |
| Ex-aequo | Berta Vilanova Ventura | 1989 | CA Laietània | Eugènia Garcia |
| 2003 | Esther Guerrero Puigdevall | 1990 | CN Banyoles | Ferran Gutierrez |
| 2004 | Haja Gerewu Griñó | 1991 | CA Lleida-UdL | Marcel·li Campayo |
| 2005 | Maria Aznar Cuadrado | 1992 | Integra 2-L'H-CNB | Pere Suñé |
| 2006 | Alba Aguilà Charles | 1993 | Carrefour Lleida UA | Fanny Majó |
| 2007 | Ariadna Ramos Gandia | 1994 | CA Igualada | Sergi Badet |
| 2008 | Sandra Troyano Marcos | 1995 | ISS-L'Hospitalet | Marcos Flores |
| 2009 | Mònica Clemente Martí | 1996 | CA Manresa | Jordi Pierola |
| Ex-aequo | Mar Vico Rios | 1996 | ISS-L'Hospitalet | Pere Suñé |
| 2010 | Judit Pérez Marzo | 1997 | ISS - L'Hospitalet | Marcos Flores |
| 2011 | Anna Massa Pirés | 1998 | Girona CB-CAP | Hans Ruf |
| Ex-aequo | Ona Rossell Font | 1998 | CA Calella | Gabriel Sanguino |
| 2012 | Andrea Trapé Pérez | 1999 | CA Torredembarra | Jesús Velasco |
| 2013 | Maria Vicente Garcia | 2001 | ISS - L'Hospitalet | Pere Suñé |
| 2014 | Maria Vicente Garcia | 2001 | ISS - L'Hospitalet | Pere Suñé |
| 2015 | Aina Rabadán Coll | 2002 | CA Laietània | Norbert de Haro |
| 2016 | Júlia de la Piedra Sitjas | 2003 | CA Canovelles | Jordi Martos |
| 2017 | Igambo Muakuku Eñeso | 2004 | CA Nou Barris | Marc Moreno |
| 2018 | Lerato Pagès Maboka | 2005 | Dinami-k CA Vilanova | Maria Pilar Egea |
| Ex-aequo | Laia Zurita Carbó | 2005 | UGE Badalona | David Gallego |
| 2019 | Ona Bonet Bernadich | 2006 | Avinent Manresa | Maria Alba Pla |
| 2020 | Erika Sellart Bordes | 2007 | CA Terres de Ponent | Jaume Sellart |
| 2021 | Marta Escalera Canela | 2008 | Avinent Manresa | Jordi Pierola |
| Ex-aequo | Lucia Molina Gómez | 2008 | Independent | Santiago Ramos |
| 2022 | Esperanza Ebube AdibeOsuala | 2009 | CA Vic | Manel Cumeras |
| Ex-aequo | Jana Queralt Morales | 2009 | CA Terres dePonent | Salvador Porrás |
| 2023 | Martina Peña Prats | 2010 | UA Barberà | Aketza León |
| Ex-aequo | Maia Parés Mateo | 2010 | CA Canovelles | Carlos Díaz |

MILLORS ATLETES CATALANES - CATEGORIA SUB-14 FEMENI

| Temporada | Atleta | Any | Club | Entrenador |
|------------------|---------------------|------------|-------------|-------------------|
| 2024 | Laia Morera Argilés | 2011 | UA Terrassa | Martha Valdez |

RECONeixEMENT ATLETES SUB-14 FEMENI

| Temporada | Atleta | Any | Club |
|------------------|-----------------------|------------|---------------------|
| 2025 | Alisa Dyomina | 2012 | FC Barcelona |
| 2025 | Paula Sintorres Recio | 2012 | CA Terres de l'Ebre |
| 2025 | Júlia Planas Vives | 2012 | Avinent Manresa |

MILLORS ATLETES CATALANES - CATEGORIA MÀSTER MASCULÍ

| Temporada | Atleta | Any | Club |
|------------------|----------------------------|------------|--------------------|
| 1996 | Fernando Díaz Abril | 1958 | FC Barcelona |
| Ex-aequo | Juan Manuel Pérez Gómez | 1936 | CA Lloret-La Selva |
| 1997 | Jordi Vilà Viñas | 1955 | CN Barcelona |
| 1998 | Angel Joaniquet Ibarz | 1933 | T2-L'H-CNB |
| 1999 | Fernando Diaz Perez | 1951 | FC Barcelona |
| Ex-aequo | Angel Joaniquet Ibarz | 1933 | T2-L'H-CNB |
| 2000 | Josep Orriols Verges | 1950 | CA Castellar |
| 2001 | Jordi Vila Viñas | 1955 | CA Laietània |
| 2002 | Josep Sitjà Aguyé | 1937 | CA Lloret-La Selva |
| Ex-aequo | Fernando Díaz Pérez | 1951 | FC Barcelona |
| 2003 | Xavier Antón Bofill | 1928 | CA Vic |
| Ex-aequo | Fernando Díaz Pérez | 1951 | FC Barcelona |
| 2004 | Fabián Campo Sánchez | 1948 | CA Diputació Bcn |
| 2005 | Josep Maria Sanza Agreda | 1935 | ACA Veterans |
| 2006 | Josep Maria Sanza Agreda | 1935 | ACA Veterans |
| 2007 | Fernando Díaz Pérez | 1951 | FC Barcelona |
| 2008 | Ignasi Melo Valls | 1952 | UA Rubí |
| 2009 | Ignasi Melo Valls | 1952 | UA Rubí |
| 2010 | Ignasi Melo Valls | 1952 | UA Rubí |
| 2011 | Valentí Huch Moré | 1919 | ACA Veterans |
| 2012 | Valentí Huch Moré | 1919 | ACA Veterans |
| 2013 | Valentí Huch Moré | 1919 | ACA Veterans |
| 2014 | Joaquim Joyas Albertus | 1958 | GA Lluïsos Mataró |
| 2015 | Josep Maria Sanza Agreda | 1935 | Pratenc AA |
| 2016 | Valentí Huch Moré | 1919 | Barcelona At. |
| 2017 | Miguel Angel Balagué Rubio | 1970 | CE Picornell |
| Ex-aequo | Xavi Bosch Ortiz | 1972 | UA Terrassa |
| 2018 | Ignasi Melo Valls | 1952 | UA Rubí |
| 2019 | Joaquim Joyas Albertus | 1958 | GA Lluïsos Mataró |
| 2020 | Josep Maria Sanza Agreda | 1935 | Pratenc AA |
| 2021 | Francisco Aragón Muñoz | 1954 | UA Rubí |
| 2022 | Josep Maria Sanza Agreda | 1935 | Pratenc AA |
| 2023 | Javier Segovia Fernández | 1972 | Joaquim Garcia |
| 2024 | Eduard Hernández Teixidor | 1981 | CE Penedès |
| 2025 | Marc Julià Bonmatí | 1978 | GEiE Gironí |

MILLORS ATLETES CATALANES - CATEGORIA MÀSTER FEMENI

| Temporada | Atleta | Any | Club | |
|------------------|-----------------------------|------------|------------------------|------------------|
| 1996 | Gloria Guerrero González | 1944 | CN Catalunya | |
| 1997 | Remei Gil Charral | 1954 | AA Catalunya | |
| 1998 | Marina Hoernecke Penzold | 1942 | CA Lloret-La Selva | |
| 1999 | Maria Rosa Busquets Fuster | 1956 | CN Montjuïc | |
| 2000 | Rosa Maria Tena Reales | 1934 | ACA Veterans | |
| 2001 | Maria Rosa Escribano Checa | 1958 | GEiE Gironí | |
| 2002 | Equip Relleus Catalunya | | | |
| | Montse Capel Hernández | 1958 | CA Granollers | |
| | Maria Rosa Busquets Fuster | 1956 | CN Montjuïc | |
| | Maria Rosa Escribano Checa | 1958 | GEiE Gironí | |
| | Trinitat Canals Perelló | 1957 | CE Universitari | |
| 2003 | Maria Rosa Escribano Checa | 1958 | GEiE Gironí | |
| 2004 | Maria Rosa Escribano Checa | 1958 | GEiE Gironí | |
| 2005 | Maria Rosa Escribano Checa | 1958 | Aquadiver-GEiEG | |
| 2006 | Mari Carmen Garcia Frontons | 1960 | Hinaco Monzón | |
| 2007 | Maria Rosa Escribano Checa | 1958 | Aquadiver-GEiEG | |
| 2008 | Maria Rosa Escribano Checa | 1958 | Aquadiver-GEiEG | |
| 2009 | Maria Rosa Escribano Checa | 1958 | Barcelona Atl | |
| 2010 | Emilia Vaquero Sánchez | 1949 | Domingo Catalán FC | |
| 2011 | Emilia Vaquero Sánchez | 1949 | Domingo Catalán FC | |
| 2012 | Emilia Vaquero Sánchez | 1949 | Domingo Catalán FC | |
| 2013 | Silvia Cortés Terns | 1962 | UGE Badalona | |
| 2014 | Emilia Vaquero Sánchez | 1949 | CE Penedès | |
| 2015 | Maria Rosa Escribano Checa | 1958 | GEiE Gironí | |
| 2016 | Maria Rosa Escribano Checa | 1958 | AA Palamós | |
| 2017 | Emilia Vaquero Sánchez | 1949 | CE Penedès | |
| 2018 | Lluïsa Casanovas Gaset | 1952 | Barcelona At. | |
| 2019 | Maria Rosa Escribano Checa | 1958 | CA Playas de Castellón | |
| 2020 | Maria Rosa Escribano Checa | 1958 | CA Playas de Castellón | |
| 2021 | Alicia Henández Martínez | 1961 | CM Sant Cugat | Antonio Corgos |
| 2022 | Lluïsa Casanovas Gaset | 1952 | Barcelona At. | Jordi Marco |
| 2023 | Olga Cabrera Ysas | 1974 | CA La Blanca | |
| 2024 | Maria Rosa Escribano Checa | 1958 | Dawako ACD | |
| 2025 | Marta Camps Galí | 1970 | Barcelona At. | Guillermo Alonso |